



COUNTY OF SAN DIEGO NEWS RELEASE

FOR IMMEDIATE RELEASE: October 14, 2009 **CONTACT:** Tom Christensen (619) 515-6535

H1N1 INFLUENZA WEEKLY UPDATE

County Reports Death of 5-year-old; Media Availability Today 4:30 p.m.

The County of San Diego Health and Human Services Agency (HHSA) is reporting one additional death associated with the pandemic H1N1 Influenza virus. The deceased is a 5-year-old female with no known underlying medical conditions.

Dr. Wilma Wooten, M.D., M. P.H., County Public Health Officer, together with Dr. John Bradley, Director, Division of Infectious Disease for Rady Children's Hospital, will be available for media interviews today at 4:30 p.m. outside Health and Human Services Agency, 1700 Pacific Highway.

San Diego County has had 332 hospitalized cases of pandemic H1N1 Influenza to date. There have been 24 deaths of San Diego County residents associated with H1N1, plus three deaths of non-residents.

The general public is encouraged to stay home from work or school if they have influenza-like illness or symptoms similar to the seasonal flu which include fever, cough, sore throat, body aches, headache, chills and fatigue. It is recommended that you stay home for at least 24 hours after your fever is gone without the use of fever-reducing medicine.

Individuals with underlying medical conditions experiencing influenza-like illness or symptoms should contact their primary care physician in a timely manner.

For additional information on pandemic H1N1 influenza visit www.sdcounty.ca.gov or www.cdc.gov or call 2-1-1 San Diego.

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