



COUNTY OF SAN DIEGO

NEWS RELEASE

FOR IMMEDIATE RELEASE:
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H1N1 INFLUENZA WEEKLY UPDATE

The County of San Diego Health and Human Services Agency (HHSA) is reporting four additional deaths associated with the pandemic H1N1 Influenza virus. They are:

- 58 year-old male with underlying medical conditions
- 43 year-old female with no underlying medical conditions
- 29 year-old female with underlying medical conditions
- 27 year-old female with underlying medical conditions

San Diego County has had 564 hospitalized cases of pandemic H1N1 Influenza to date. There have been 32 deaths of San Diego County residents associated with H1N1, plus four deaths of non-residents.

The general public is encouraged to stay home from work or school if they have influenza-like illness or symptoms similar to the seasonal flu which include fever, cough, sore throat, body aches, headache, chills and fatigue. It is recommended that you stay home for at least 24 hours after your fever is gone without the use of fever-reducing medicine.

Individuals with underlying medical conditions experiencing influenza-like illness or symptoms should contact their primary care physician in a timely manner.

VACCINE UPDATE

Currently, the County's six public health centers and vaccination clinic have very limited supplies of H1N1 nasal spray vaccine. Nasal spray vaccine is for healthy individuals in the CDC priority groups which include children and young adults 2 to 24 years-old, and household contacts (25 to 49 years old) of infants less than 6 months. Nasal spray vaccine is not approved for use in people with ongoing medical conditions or women who are pregnant.

Please visit www.sdcountry.ca.gov or call 2-1-1 for additional information on H1N1 influenza or vaccine availability at County vaccination facilities.

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