

Care Transitions Programs

Transforming Care Across the Continuum



Live Well, San Diego!

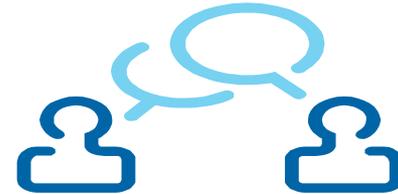


Information and Assistance (I&A)



Short Term Service Coordination

Options Counseling



Care Transitions



AIS Care Transitions Activities

—**2010** ADRC
Enhancement

—**2010** CMS/AoA ADRC
Care Transitions Grant

—**2011** Tech4Impact Grant

—**2011** Beacon Community
Award

—**2012** Community-Based
Care Transitions Program
(CCTP)



Care Transitions Intervention (CTI) Model

- Evidence based program
- Patient and caregiver centered
- 4 week program
- Patients are supported by a coach
- Patients with complex care needs receive specific tools-can choose electronic or paper
- Patients learn self-management skills



Key Elements of CTI

❖ Referral Process

❖ Hospital Visit



❖ Phone call to patient after discharge from hospital

❖ Home visit within 2 days after discharge



❖ Phone calls to patient 7 days and 14 days after the home visit



CTI- Focus on 4 Pillars



Medication Management



Patient Centered Record



Physician Follow up

Knowledge of Red flags



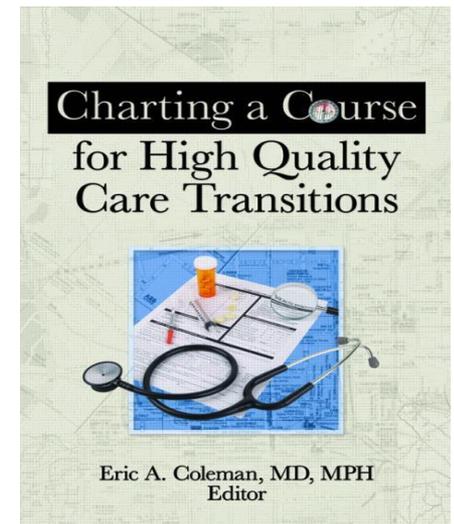
Community-Based Care Transitions Program (CCTP)



- \$500 M CMS funding under Sec. 3026 of ACA
- Improve quality, reduce cost and improve patient experience for Medicare beneficiaries (including duals) through partnerships
- Target Medicare beneficiaries with multiple chronic conditions including CHF, AMI, PNEU and at high risk for readmission
- Preferred Applicants:
 - AoA funded ADRCs partnering with multiple hospitals
 - Hospitals with high readmission rates partnering with CBOs
- Program runs for 5 years-2 year agreement initially
- Rolling application process began April 12, 2011

San Diego Care Transitions Partnership (SDCTP)

- Partnership between the County HHSA AIS and Palomar Health, Scripps Health, Sharp HealthCare and UC San Diego Health System-11 hospitals with 13 campuses
- Planning began in October 2011- application submitted on April 16, 2012
- Planning Team- HHSA/AIS, Hospitals, HSAG, Dr. Joanne Lynn and Grant Writer
- Planning Process
 - Each hospital system completed an RCA
 - Each hospital system identified interventions
 - Each hospital system established a blended rate
 - SDCTP blended rate was created
 - Implementation Plan was created
- Establishing a LAN



SDCTP Program

Primary Causes of Readmissions and Planned Interventions

- 1. Inadequate and inconsistent continuity of care coordination and hand-off to downstream providers within hospital systems**
 - Re-engineer discharge and post-discharge practices**
 - Project BOOST and Project RED; Bridges Program – Advanced Care Planning
- 2. Lack of patient or caregiver activation**
 - Implement an evidence-based care transition model**
 - Care Transition Intervention (CTI)
 - Pharmacy Intervention



SDCTP Program

Primary Causes of Readmissions and Planned Interventions Cont.

3. Insufficient connections to social supports and services

- Provide short term intense care coordination
 - CTI Care Enhancement

4. Need for medication education and reconciliation

- Implement a comprehensive Pharmacy Intervention

- Pharmacy Intervention

*San Diego Care Transitions Partnership
Transforming Care Across the Continuum*



Live Well, San Diego!

SDCTP Proposal

- benefit approximately 23,828 Medicare fee-for-service (FFS) patients each year within the four hospital systems
- reduce the number of readmissions by at least 845 (20%) each year
- based upon an average cost of readmission in San Diego (\$14,226), will result in annual readmission savings of \$12,020,666
- requesting up to \$10,276,954 per year from CMS - an overall blended rate of \$431.30

Benefit of SDCTP to CMS

- opportunity to learn what is required to scale up CCTP to large, medically and socially complex, and diverse populations
- prospect to test care transitions improvements for Medicare FFS beneficiaries in a predominantly managed care market
- chance to innovate with clinical and social service partners who endorse a shared vision and have made a commitment to ongoing learning

Questions

?

