

THE ACCESS CENTER

THE ACCESS CENTER, founded in 1976, is San Diego's Independent Living Center, managed and staffed by persons with disabilities and professionals who are role models to their peers by conveying positive attitudes toward independence, employment and public involvement.

OUR MISSION: The Access Center, through advocacy, education, and opportunity, promotes full inclusion by empowering and challenging people with disabilities to achieve their greatest potential.

Our Center Services Include:

- Information and Referral
- Housing Options
- Personal Assistance Services
- Peer Counseling
- Independent Living Program
- Individual Advocacy
- Client Assistance Program
- Volunteer Program
- Systems Advocacy
- Assistive Technology Program
- Hispanic Outreach Team

This publication can be made available in Braille, large print, electronically, or on audio tape



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We have satellite offices in:

Imperial County Office



**The Access Center
of Imperial Valley**
584 Main Street, Ste. C
El Centro, CA 92243

(760) 353-4191 Voice
(760) 353-4474 Fax
(760) 353-2802 TTY/TDD

Vista Office



**The Access Center
of San Diego, Inc.**
North County
209 E. Broadway
Vista, CA 92084

(760) 643-0447 Voice
(760) 643-0453 Fax
(760) 643-0452 TTY/TDD

We own and operate:

THE SPOKE SHOP

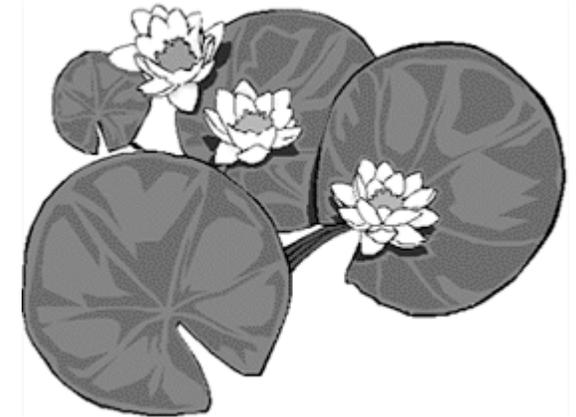
A sales, service & repair shop of wheelchairs, hand cycles & other durable medical equipment.

**1295 University Ave., Suite #2
San Diego, CA 92103**

(619) 296-8012 Voice
(619) 296-5269 Fax
(619) 293-7757 TTY/TDD

www.spokeshopsd.org

LiliPad Initiative



 A program of
*The Access Center
of San Diego, Inc.*

Funded by the California Endowment

www.accesscentersd.org

Living Independently—An Initiative for People With Disabilities (LiliPad)

Choose your Home

It is your right to decide where you want to live.

In June of 1999, the U.S. Supreme Court issued a ruling in the case of *Olmstead vs. L.C.* that declared:

It is an unconstitutional form of discrimination for individuals to be institutionalized against their will.

The scope of the LiliPad Initiative is to align community-based services to assist individuals in achieving personal goals for independence, such as:

- **Equality of opportunity**
- **Full participation**
- **Independent living**
- **Economic self-sufficiency**

The LiliPad Initiative is a pilot program of the Access Center, in collaboration with Edgemoor Hospital, Scripps Encinitas and Sharp Rehab Hospital. Through integrating the services of each partner with those of the Access Center, the LiliPad Initiative seeks to create a continuum of care that extends from institutional living to a more independent, community-based setting.

Program Description

The LiliPad Initiative is founded on the principle that people with disabilities can achieve full and independent lives. It is simply a matter of locating community-based services.

To help you achieve independence:

- **Program Specialists will work with you to ensure availability of community based services.**
- **Peer Support Specialists will provide one-on-one and group mentoring to assist you with adjusting to your new environment.**

The LiliPad initiative embraces the sentiment of the current legislation regarding individuals with disabilities:

- **Disability is a natural part of the human experience.**
- **The objective is to fix the environment and conditions of care, not the individual.**

LiliPad Initiative staff and partners are committed to ending the cycle of unnecessary institutionalization. We believe it is the right of everyone to be able to direct their own life. Through individual and systems-level advocacy we hope to create a world with minimal barriers, where everyone is in command of their own life.

Eligibility

The target population for the LiliPad Initiative is persons with recently acquired traumatic brain injuries or spinal cord injuries, however, our services will be extended to anyone with a disability who is currently institutionalized, or in danger of becoming institutionalized.

You are eligible for this program if:

- **You are disabled, and can benefit from our services.**
- **If you are institutionalized, or in danger of becoming Institutionalized.**
- **You have the desire to take control of your life and live Independently.**

The Access Center provides a wide range of services, as well as Information and Referral, to the disabled community in San Diego County. Our services and office locations are listed on the back of this

The Access Center of San Diego, Inc.

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