

Children, Youth and Families (CYF) Behavioral Health Services



Provider Resource Manual

Available on line at:

<http://www.sdcounty.ca.gov/hhsa/programs/bhs/documents/CYFBHSPRMDecember2012.pdf>



Live Well, San Diego!

San Diego County Health and Human Services Agency

The Access and Crisis Line

Crisis Intervention
Behavioral Health Information and Referral
Suicide Intervention
Resources



24 hours a day, 7 days a week

- Professional Counselors Will Answer Your Call
- Multi-Lingual Capability Through AT&T Language Line Services
 - Spanish Speaking Counselors Available
- The Access and Crisis Line is able to make referrals to the entire system including individual contracted Fee For Service providers

“It helps to talk it over”

(888) 724-7240

TTY for the Deaf and Hard of Hearing (619) 641-6992
San Diego County

Health and Human Services Agency
Children, Youth and Families Behavioral Health Services

Provider Resource Manual
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Introduction

The County of San Diego, Health and Human Services Agency Behavioral Health Services administers Children, Youth and Families Behavioral Health Services. This provider resource manual describes the services currently funded by the County of San Diego, which include County operated and contracted programs.

P.O. Box 85524
SAN DIEGO, CA 92186-5524
VOICE (619) 563-2750
FAX (619) 563-2775

Access and Eligibility for Services

County funded Behavioral health services are intended for children and adolescents who are either experiencing a behavioral health crisis (such as depression, suicidal thoughts, extreme anxiety, substance abuse/dependence) or who require behavioral health services in order to function in school, at home or in the community. Generally services are targeted for the medically indigent and Medi-Cal populations up to age 21. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals may make direct contact with any of the resources listed in this manual. ***However, it should be noted that, in some cases, access to services is managed through specific procedures and may be limited to certain special populations.*** Where possible, this information has been included in this manual. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at **(888) 724-7240**.

Fees and Funding

Behavioral health services provided through the County of San Diego are financed through Medi-Cal, patient fees, private insurers, County general funds, State funds, and specialized grants.

Anyone may receive treatment from San Diego County behavioral health programs regardless of financial status. Fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be taken into account in determining the individual's monthly payment. *No person who otherwise qualifies for services will be turned away due to lack of funds.*

Access to Language Services

Clients have a right to free language assistance in a language they understand. Clients have the option to choose or use a family member or a friend as an interpreter. Clients shall be provided interpreter services as a part of their therapeutic services. The client/family are not expected to provide their own translator. All Behavioral Health programs have access to translators.

San Diego Network of Care – <http://www.sandiego.networkofcare.org/mh>

This website is a resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features. Regardless of where you begin your search for assistance with behavioral health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services. This website can greatly assist in our efforts to protect our greatest human asset - our beautiful minds. Information is available in Spanish, Cantonese, Russian, Tagalog, Vietnamese, Cambodian, Korean, Arabic, Somali, American Sign Language, French, Italian, and, Portuguese.

Organizational Providers- Serve children/youth with complex needs.

CYFBHS has integrated Mental Health Services (MHS) and Drug and Alcohol Services (ADS) for children, youth and families and gender specific Alcohol and Drug Services through the perinatal ADS Women's programs. CYFBHS embraces the principles of a Comprehensive Continuous Integrated System of Care for co-occurring disorders. CYFBHS emphasizes wellness and physical health integration and *Live Well, San Diego!* in a holistic approach with children, youth and families.

This manual was revised by Grisel Ortega of BHS. If you have any revisions, edits, and or comments, please call 619-563-2772 or e-mail at:

Grisel.Ortega@sdcounty.ca.gov

Children, Youth and Families Behavioral Health **Mission/Vision Statement**

Mission

The mission of Children, Youth and Families Behavioral Health Services is to advance a rich array of services delivered through an integrated, community-based, behavioral health System of Care that enables children and adolescents to achieve positive outcomes. These desired outcomes are the basis for the goals of the System of Care:

- ◇ Children and youth live at home or in home-like settings
- ◇ Children and youth stay out of trouble
- ◇ Children and youth are successful in school
- ◇ Children and youth are safe

Vision

Children, Youth and Families Behavioral Health Services (CYFBHS) works with a broad constituency of stakeholders embracing the HHSA *Live Well, San Diego!* initiative to build a community of families, neighbors, schools and child serving agencies, that fosters physically and mentally healthy children and adolescents, maximizes their potential in school and in the home, and prepares them to be productive and responsible adults.

Definitions

FULL PARTNERSHIP SERVICES (FSP)

Full Partnership Services (FSP) provides an array of services to children and youth and their families beyond the scope of traditional clinic-based outpatient mental health services. FSP services provide additional supports to promote stability and successful functioning within the community. Services and linkages are provided in the home or community, guided by a commitment to do "whatever it takes," to help children, youth and their families achieve self-defined goals toward resilience and wellness.

FAMILY AND YOUTH PARTNERS

Family and Youth Partners is an overarching term for: a caregiver of a child/youth who is/was a consumer in a public agency serving children, an individual with experience as a consumer in a public agency serving children, youth and family partner roles may include, but are not limited to: Support Partners; Peer to Peer; Case Management; Advocacy/Community Engagement; Training and Supervision; Outcomes and Evaluation; Administrative.

ADVOCACY AND SUPPORT SERVICES

Advocacy services are crucial to ensuring that the mandated rights of children, youth, and their families are protected and that complaints and grievances are satisfactorily resolved. Support services offer families and their children the opportunities to share their concerns with other families and mental health professionals.

CRISIS SERVICES

24 hour crisis response. Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve Children, Youth and Families in crisis are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources.

INPATIENT PSYCHIATRIC HOSPITALS

Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision for individuals who are a danger to self, dangers to others or gravely disabled.

RESIDENTIAL DAY/OUTPATIENT PROGRAMS

Residential Level 12 and 14 programs offer day treatment and outpatient services for children and adolescents who are placed in a residential treatment facility. Access to these programs is generally through or Juvenile Court involvement.

RESIDENTIAL SERVICES

Residential services provides assessment, placement and case management services for children and youth who are dependent children of the San Diego County Juvenile Court and who are in need of mental health treatment level settings because of emotional or behavioral problems and/or diagnosed mental illness. Reunification and other services are provided to the families of the dependent minor. Treatment settings include Residential Care Facilities, Licensed Group Homes, and Specialized Foster Home Agency settings. Contract development, monitoring and investigation of these facilities are also services provided. Access to residential services is through CWS, Probation and the Juvenile Court.

INTENSIVE CASE MANAGEMENT

Intensive Case Management are community-based interventions services that emphasize the strengths of the child and family and includes the delivery of coordinated, high individualized unconditional services to address needs and achieve positive outcomes in their lives. Provider engage in a unique assessment and treatment planning process that is characterized by the formation of a child, family and multi-agency team, community and natural supports through intensive case management and make available an array of therapeutic interventions, which may include behavioral support services, crisis planning and intervention, parent coaching and education, mobile therapy, and medication monitoring.

THERAPEUTIC BEHAVIORAL SERVICES

Therapeutic Behavioral Services offer specialized short-term one to one behavioral services designed to prevent re-hospitalizations, placements in higher levels of care, and/or assist with transition to lower levels of care. TBS is an ancillary service Home in the home or at the child/youth current residential placement. Therapeutic Behavioral Services are provided countywide to eligible Full-Scope Medi-Cal recipients.

DAY TREATMENT PROGRAMS

Day treatment programs provide services several times a day including all Mental Health services and educational Milieu based mental health services. Day Treatment also offers medication management. Residential Day Programs have day treatment for children and adolescents who are place in Residential Treatment Facilities. Access is through Probations or Child Welfare Services (CWS).

TEEN RECOVERY CENTERS DAY TREATMENT/OUTPATIENT PROGRAM

Adolescent Teen Recovery Center programs provide developmentally appropriate substance abuse treatment for adolescents and their families including those with co-occurring disorders. Regional programs provide outpatient services, day treatment services and crisis intervention.

OUTPATIENT SERVICES

Outpatient programs offer psychiatric evaluation, medication management, individual, group, and family therapy, rehabilitative services and case management. Outpatient clinics offer limited crisis intervention services during business hours. While it is possible to walk in to some programs and receive timely service, most appreciate a phone call and can then provide an appointment to see a clinician as needed. Outpatient services provide services for Medi-cal children/youth and indigent youth through Mental Health Service Act (MHSA) who meet criteria for specialty mental health services.

SCHOOL BASED SERVICES- Outpatient and day services provided at over 350 school sites throughout the County.

ALCOHOL AND DRUG SERVICES (ADS) - WOMEN'S PROGRAMS

The county of San Diego offers substance abuse treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children and pregnant women and teens. Treatment programs for women are located all over the county with many services available. Some of these services for participants may include: free childcare onsite, low-cost services, free services for women with Medi-Cal, transportation to and from services, residential treatment and recovery, Spanish-speaking staff, work separations activities and classes for improving self-esteem, parenting, life skills and healthy relationships.

PREVENTION AND EARLY INTERVENTION (PEI)

Prevention programs bring mental health awareness into the live of all members of the community through public education initiatives and dialogue. To facilitate accessing supports at the earliest possible signs of mental health problems and concerns, PEI builds capacity for providing mental health early intervention services at sites where people go for other routine activities (e.g., health provider, education facilities, community organizations). Mental health becomes part of wellness for individuals and the community, reducing the potential for stigma and discrimination against individuals with mental illness.

INNOVATIONS (INN)

Innovations are defined as novel, creative and/or ingenious mental health practices/approaches that are expected to contribute to learning, which are developed within communities through a process that is inclusive and representative, especially of unserved and underserved individuals. The Innovations Component allows Counties the opportunity to “tryout” new approaches that can inform current and future mental health practices/approaches.

FFS Network

Services for medical beneficiaries access through Optum Health/Access and Crisis Line.

TRANSITIONAL AGE YOUTH (TAY)

Youth ages 16-21. TAY youth may be served in the CYFSOC, TAY specific programs or for those TAY 18 and older that are seriously mentally ill, the Adult/Older Adult SOC.

Advocacy and Support Services

Breaking Down Barriers

(619) 543-0412

4069 30th Street
San Diego, CA 92104

Population: Children and Adults
Service: Mental health education, outreach, community linkage and collaboration
Specialty Populations: Unserved and underserved diverse cultural groups
Parent Organization: Mental Health America of San Diego County
County of San Diego Program Monitor: Tabatha Lang

Consumer Center for Health, Education and Advocacy

(877) 734-3258

1764 San Diego Avenue
San Diego, CA 92110

Hours: M-F 9:00-5:00
Population: Children and Adults
Service: Assistance with accessing health services and benefits
Specialty Populations: N/A
Parent Organization: The Legal Aid Society
County of San Diego Program Monitor: Alex Arevalo

Jewish Family Service of San Diego Patient Advocacy Program

(619) 282-1134

(800) 479-2233

2710 Adams Avenue
San Diego, CA 92116

Hours: 7 days – 24 hours
Population: Children and Adults
Service: Patient advocacy and protection of patient's rights when in acute care residential programs. Provides support and representation at certification and other hospital related hearings. Handles patient complaints and ensures that mandated rights are protected
Specialty Populations: N/A
Parent Organization: Jewish Family Service
County of San Diego Program Monitor: Elizabeth Miles

Family and Youth Liaison

(619) 546-5852

345 15th Street #A
San Diego, CA 92101

Population: Children, youth and families
Service: Coordinates and advances family youth professional partnership in Children's Behavioral Health Services
Specialty Populations: N/A
Parent Organization: Family and Youth Roundtable
County of San Diego Program Monitor: Yael Koenig

Family Youth Employment Training Academy

(619) 546-5852

345 15th Street #A
San Diego, CA 92101

Population: Children, youth and families
Service: Provides basic employment training preparing youth and family partners to work within the Children's System of Care, Education Professionals on working with family/youth partners.
Specialty Populations: N/A
Parent Organization: Family and Youth Roundtable
County of San Diego Program Monitor: Yael Koenig

Interpreters Unlimited

(800) 726-9891

11305 Rancho Bernardo Road Suite 101
San Diego, CA 92127

Hours: M-F 6:00-5:00
Population: Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families
Service: Interpretation for all behavioral health and case management services and linkages with families in need of language translation
Specialty Populations: Unserved, underserved individuals who have difficulty in speaking or understanding English
Parent Organization: Interpreters Unlimited
County of San Diego Program Monitor: Kenneth Barnes

Network Interpreting Service

www.networkinterpretingservice.com

Hours: 7 days a week, 24 hours a day
Population: Children, Adolescents, Transitional Age Youth, Adults, Older Adults and their families
Service: Sign Language and English Interpretation. Deaf and Hard of Hearing (American Sign Language, Mexican Sign Language, English)
Specialty Populations: Deaf and Hard of Hearing
Parent Organization: Network Interpreting Service
County of San Diego Program Monitor: Kenneth Barnes

Family/Youth Partner Program

(619) 857-6799

5275 Market Street Suite E
San Diego, CA 92114

Hours: M-F 9:00-4:30 and by appointment
Population: Parents and clients and TAY youth of the South East Mental Health Clinic
Service: Full Service Partnership (FSP), parent and peer support, family and peer advocacy, information and referral, support services.
Specialty Populations: N/A
Parent Organization: Harmonium, Inc.
County of San Diego Program Monitor: Wendy Maramba

Family/Youth Peer Support Program

(619) 525-9903

2250 4th Avenue Suite 301
San Diego, CA 92103

Hours: M-F 9:00-5:00 Office hours/ Family Youth Support Partners available 24 hours a day
Population: Up to age 21 years old, Severely Emotionally Disturbed, currently receiving mental health services from homeless and other Full Service Partnership (FSP) programs.
Service: Family and Youth Partners provide additional support and linkage to other services and community resources for youth and their families receiving mental health treatment using a wraparound approach (countywide). Provides cultural/linguistic services: Full time Spanish speaking Family Support Partner, ability to access interpretation services
Specialty Populations: Homeless youth and families
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Wendy Maramba

Caring Helpers

(858) 292-0903

4660 Viewridge Avenue
San Diego, CA 92123

Population: Children and Youth Seriously Emotionally Disturbed (0-18 years old) and their families
Services: Educational Forum, training development plans for children/youth and families, outreach and training to underserved and unserved population
Specialty Populations: Latino and Asian/Pacific Islander
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Linda Bridgeman-Smith

Crisis Services

Access and Crisis Line

1 (888) 724-7240

TDD/TTY for Hearing Impaired: (619) 641-6992

Hours: 7 days - 24 hours Hotline

Population: Children/TAY and Adults/Older Adults (or all ages).

Service: Behavioral Health Access and Crisis Line (ACL), crisis/suicide/substance abuse intervention, behavioral health information and referral.

Specialty Populations: N/A

Parent Organization: OptumHealth/United Behavioral Health

County of San Diego Program Monitor: Tabatha Lang

Emergency Screening Unit (ESU)

(619) 421-6900

730 Medical Center Court

Chula Vista, CA 91911

Hours: 7 days - 24 hours

Population: Children and youth under age 18

Service: Emergency psychiatric evaluation, including screening for inpatient hospitalization and crisis stabilization.

Specialty Populations: All psychiatric emergencies are seen

Parent Organization: County of San Diego

Children's Behavioral Health Services Chief: Yael Koenig

Emergency Screening Unit (ESU) Medication Clinic

(619) 397-6900

730 Medical Center Court

Chula Vista, CA 91911

Hours: By appointment only on M/W/F 9:00-12:00

Population: Children, youth and families with emergency/crisis medication refill needs

Service: Emergency/crisis refill service when the primary treating psychiatrist or physician have been contacted and are not available to see the client/family to prevent a medication crisis.

Specialty Populations: Children/youth in emergency/crisis related to psychiatric medication management

Parent Organization: County of San Diego

Children's Behavioral Health Services Chief: Yael Koenig

**Psychiatric Emergency Response Team (PERT)
(619) 276-8112**

1094 Cudahy Place Suite 314
San Diego, CA 92110

Population: Children, Transitional Age Youth (TAY), Older Adults, Veterans, Homeless, Native Americans Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment

Service: The service pairs law enforcement officers with psychiatric emergency clinicians to serve children and adults throughout the County. Provides mental health consultation, case coordination, linkage and limited crisis intervention services to mentally ill clients who come in contact with law enforcement officers

Specialty Populations: Individuals with a mental health crisis who have come in contact with local law enforcement agencies and/or who need immediate mental health crisis intervention and/or assessment

Parent Organization: PERT, Inc.

County of San Diego Program Monitor: Kenneth Barnes

**Rady Children's Outpatient Psychiatry Behavioral Crisis Center
Assessment Center Mobile Outreach**

(760) 730-5900

3605 Vista Way, Suite 258
Oceanside, CA 92056

Hours: M-F from Noon-8:00 PM

Population: Unserved, uninsured, Medi-cal and underserved Seriously, Emotionally Disturbed children/youth up to the age of 21 and their families experiencing a mental health crisis or urgent need for mental health services

Service: Mobile Psychiatric Emergency Response and walk-in assessment clinic Assessment, information, referral, medication management, linkage to hospital when required, follow up visits

Specialty Populations: Youth to age 21 requiring immediate mental health services

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Laretta Monise

**Medication Support for
Polinsky Children's Center Residents**

(858) 514-4740

9400 Ruffin Road
San Diego, CA 92123

Population: Children and youth residing at Polinsky Children's Center who have been prescribed psychotropic medications

Service: Medication support, crisis intervention, and referral services to children and youth who are currently placed in or being discharged from Polinsky Children's Center

Specialty Populations: Children/Youth residing in Polinsky Children's Center

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Laretta Monise

Inpatient Psychiatric Hospitals

Aurora Behavioral Health Care/San Diego (858) 487-4200

11878 Avenue of Industry
San Diego, CA 92128

Hours: 7 days, 24 hours
Population: Children and adolescents
Service: FFS and Acute psychiatric inpatient services- back up beds for ingenious parents. Medi-cal only.
Specialty Populations: N/A
Parent Organization: Signature Healthcare
County of San Diego Program Monitor: Yael Koenig

RADY Children's Hospital Child and Adolescent Psychiatry Service (CAPS) (619) 229-3700

6535 Alvarado Road
San Diego, CA 92120

Hours: 7 days, 24 hours
Population: Children and Adolescents under the age of 18
Service: Acute psychiatric inpatient contracts for Medi-cal and indigenous children/youth
Specialty Populations: N/A
Parent Organization: RADY Children's Hospital
County of San Diego Program Monitor: Yael Koenig

Residential Day/Outpatient Programs

Casa de Amparo (760) 453-2300

4070 Mission Avenue
Oceanside, CA 92057

Hours: M-F 12:00-7:30 (Outpatient services M-Su as needed)
Population: Children and youth ages 6 to 18 residents of San Diego and who currently reside at Casa de Amparo RCL 12
Service: Full Day Rehabilitation program for children and youth placed at Casa de Amparo and outpatient aftercare transitional services
Specialty Populations: Juvenile Court dependents
Parent Organization: Casa de Amparo
County of San Diego Program Monitor: Frances Edwards

Clark Adolescent Treatment-Level 14 Program (858) 277-9550

3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 2:30-8:00 (Evening and weekend hours available as needed)
Population: Children ages 13 to 18 who can reside in Clark RTC.
Service: Day Rehabilitation Program for children currently residing in Clark residential treatment center enhanced with TAY life skills training. Co-occurring disorders service capability
Specialty Populations: Juvenile Court Dependents, TAY youth; Co-occurring
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

Fred Finch Youth Center Day Treatment (619) 797-1090

3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8:00-5:00
Population: 12 to 18 year old referred by Child Welfare Services and San Diego Regional Center and who currently reside in Fred Finch residential facility
Service: Full Day Rehabilitation and outpatient services.
Specialty Populations: Emotionally disturbed youth with developmental disability
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Frances Edwards

Hillcrest Day Program

(619) 543-0840

4307 Third Avenue
San Diego, CA 92103

Hours: M-F 2:30-7:30

Population: Children or Adolescents to 18 referred by Child Welfare Services or Juvenile Court who currently reside in Hillcrest Residential Facility

Service: Full Day Rehabilitation and Outpatient

Specialty Populations: Juvenile court Dependents

Parent Organization: New Alternatives Inc.

County of San Diego Program Monitor: Frances Edwards

New Alternatives Herrick Children's Center

(619) 590-1879

2815 Steele Canyon Road
El Cajon, CA 92019

Hours: M-F 3:00-6:00

Population: Children ages 6 to 12 referred by Child Welfare Services or Juvenile Court residing at New Alternatives Herrick Children's Center, Medi-Cal only.

Service: Full Day Rehabilitation

Specialty Populations: Juvenile Court Dependents

Parent Organization: New Alternatives Inc

County of San Diego Program Monitor: Frances Edwards

New Alternatives, Inc. #16

South Campus

(619) 421-6900

730 Medical Center Court
Chula Vista, CA 91911

Hours: M-F 2:30-7:30

Population: Adolescents referred by or Juvenile Court. Ages 13 to 18.

Service: Full Day Rehabilitation and Outpatient

Specialty Populations: Transition Age Youth, youth
Gay/Lesbian, transgender, Juvenile Court Dependents

Parent Organization: New Alternatives Inc.

County of San Diego Program Monitor: Frances Edwards

Phoenix House Academy of San Diego

(619) 445-0405

23981 Sherilton Valley Road
Descanso, CA 91916

Hours: 7:00 am – 3:30 pm
Population: Adolescents (age 12 to 18) with substance abuse issues.
Service: Provides 24 hour adolescent residential alcohol and other drug treatment, recovery and ancillary services. Youth benefit from PEI services and Day Treatment Intensive Services Full Day Program services (Medi-cal eligible clients)
Specialty Populations: Adolescents with substance abuse issues
Parent Organization: Phoenix House of San Diego, Inc.
County of San Diego Program Monitor: Frances Edwards

San Diego Center for Children - Level 12 Program

(858) 277-9550

3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 8:00-6:00
Population: Children ages 6 to 13. Referred by Juvenile Court
Service: Full Day Rehabilitation
Specialty Populations: Juvenile Court Dependents
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

San Diego Center for Children - Level 14 Program

(858) 277-9550

3004 Armstrong Street
San Diego, CA 92111

Hours: M-F 8:00-6:00
Population: Children ages 6 - 13. Referred by Juvenile Court
Service: Full Day Rehabilitation
Specialty Populations: Juvenile Court Dependents
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Frances Edwards

San Pasqual Academy

(760) 233-6005

17701 San Pasqual Valley Road
Escondido, CA 92025

Hours: M-F 8:00-5:00
Population: Medi-Cal eligible children and adolescents
Service: Full day rehabilitation for residents of San Pasqual Academy (SPA)
Specialty Populations: Transition Age Youth, Juvenile Court Dependents residing at SPA
Parent Organization: New Alternatives
County of San Diego Program Monitor: Laurretta Monise

The Bridgman Home

(619) 585-1508

968 Corte Maria
Chula Vista, CA 91911

Hours: M-F 10:00-6:00

Population: Youth residing at The Bridgman Home and the Bridge RCL 12 group homes associated with San Diego Youth Services

Service: Outpatient mental health services

Specialty Populations: Deaf and Hard of Hearing

Parent Organization: San Diego Youth Services

County of San Diego Program Monitor: Frances Edwards

McAlister Institute for Treatment and Education

(MITE) Group Homes

(619) 461-4871

2315 Bar Bit Road
Spring Valley, CA 91978

McAlister Institute for Treatment and Education

(MITE) Group Homes

(619) 337-3830

2219 Odessa Court
Lemon Grove, CA 91945

McAlister Institute for Treatment and Education

(MITE) Group Homes

(760) 806-1495

3744 Santa Ynez Way
Oceanside, CA 92054

Hours: 24/7

Population: Adolescents (age 12 to 18) who have a primary alcohol or other drug dependency problem other than tobacco or ordinary caffeine containing beverages

Service: Provide 24-hour adolescent residential alcohol and other drug (AOD) treatment/recovery and ancillary services to the community. AOD residential adolescent services shall be designed to engage the community's racial, ethnic and economic populations. PEI services added FY 12-13

Specialty Populations: Adolescents with alcohol or other drug dependency problem

Parent Organization: MITE – McAlister Institute for Treatment and Education.

County of San Diego Program Monitor: Frances Edwards

Residential Services

Residential Services

(619) 767-5009

7947 Mission Center Court, MS W-466
San Diego, CA 92108-1440

Hours: M-F 8:00-5:00

Population: CWS dependent children and adolescents of the San Diego County Juvenile Court who need out of home placement which includes foster family homes (FFA)

Service: Screening, case management, case consultation, child abuse investigations, family reunification, institution evaluation, facility contracting, monitoring and investigation

Specialty Populations: Juvenile Court Dependents

Parent Organization: County of San Diego

Child Welfare Services Chief: Theresa Peleska

AB12 Services

(619) 767-5009

7947 Mission Center Court, MS W-466
San Diego, CA 92108-1440

Hours: M-F 8:00-5:00

Population: Non minor dependents 18 to 21

Service: Screening, case management, case consultation, housing and other transitional services supports

Specialty Populations:

Parent Organization: County of San Diego

Child Welfare Services Chief: Barry Fox

Intensive Case Management

Families Forward Wraparound (858) 380-4676

9445 Farnham Street, Suite 100
San Diego, CA 92123

Hours: M-F 8:00-5:00 office hours / 24 hours availability
Population: 6 to 21 years old, severely emotionally disturbed
Service: Provides intensive case management and mental health services, utilizing the wraparound approach principals. Mental health services are provided with the goal of preventing the youth from needing a higher level of care. Intensive services include, but are not limited to, crisis intervention, case management, medication management, individual therapy, assessment, and family therapy
Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Wendy Maramba

Fred Finch Youth Center Wraparound (619) 281-3706

3434 Grove Street
Lemon Grove, CA 91945

Hours: M-F 8:00-5:00/ 24 hour availability
Population: Seriously Emotionally Disturbed children and youth ages 6 to 21
Service: Full Partnership Services (FSP), Provides intensive case management and mental health wraparound services. Mental health services are provided with the goal of assisting youth to step-down to lower level of care. Intensive services include, but are not limited to, crisis intervention, medication management, individual therapy, assessment, group and family therapy, Full Partnership Services (FSP)
Specialty Populations: Children who are dependent of the Court and Juvenile Court Wards
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Frances Edwards

Therapeutic Behavioral Services

Therapeutic Behavioral Services (TBS)

(619) 563-2756

Fax (858) 467-9029

County of San Diego
Behavioral Health Services
3255 Camino del Rio South
San Diego, CA 92108

Coordination of services and point of access for TBS referrals

Therapeutic Behavioral Services (Mental Health Systems)

(858) 380-4669

9445 Farnham Street, Suite 100
San Diego, CA 92123

Hours: M-F 8:00-5:00 (coaching hours per need)
Population: Medi-Cal children, adolescents and families
Service: One on one behavioral, in home coaching services, case management.
Services provided by referral through County TBS only
Specialty Populations: Transition Age Youth, Preschool aged children
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Laretta Monise

Therapeutic Behavioral Services (New Alternatives, Inc)

(619) 615-0701

2535 Kettner Blvd. 1A4
San Diego, CA 92110

Hours: M-F 8:00-5:00 (coaching hours per need)
Population: Medi-Cal children, adolescents and families
Service: One on one behavioral, in home coaching services, case management. By
referral
through County TBS only
Specialty Populations: Transition Age Youth, Preschool aged children
Parent Organization: New Alternatives
County of San Diego Program Monitor: Laretta Monise

Day Treatment Programs

Cajon Valley School Project (619) 588-3653

550 E. Park Avenue #305
El Cajon, CA 92020

Hours: M-F 8:00-4:00
Population: Children & Adolescents, Medi-Cal only, kindergarten thru 8th grade
Service: Day Rehabilitation or Outpatient Services for children in the Cajon Valley Union School District Educationally Related Day Rehab Program for East Region Elementary School Districts
Specialty Populations: Cajon Valley School District students
Parent Organization: New Alternatives
County of San Diego Program Monitor: Yael Koenig

Frontier Adolescent Day Treatment Center (619) 448-1162

8585 Blossom Lane
Spring Valley, CA 91977

Hours: M-F 7:30-4:30, T and Th until 7:00
Population: Medi-Cal eligible adolescents referred by school district, 9-12 grade
Service: Day Rehabilitation
Specialty Populations: Grossmont School District students
Parent Organization: Vista Hill
County of San Diego Program Monitor: Yael Koenig

Marcy Day Rehabilitation Program (619) 525-7372

2716 Marcy Avenue
San Diego, CA 92113

Hours: M-F 7:30-4:00
Population: Medi-cal eligible adolescents referred by school district, 9-12 grade
Service: Day rehabilitation, individual therapy and medication support services
Specialty Populations: San Diego Unified School District students only
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba

New Dawn Day Rehab Program

(858) 496-1655

5650 Mt. Ackerly Drive
San Diego, CA 92111

Hours: M-F 8:00-4:30 T, Th - late appointments possible
Population: San Diego Unified School District High School emotionally disturbed student's grades 9-12, Medi-Cal eligible
Service: Day rehabilitation, individual therapy and medication support services
Specialty Populations: San Diego Unified School District students
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba

Polinsky Day Rehabilitation

(858) 514-4625

9400 Ruffin Road
San Diego, CA 92123

Hours: M-F 3:00-8:00
Population: Dependent children and adolescents detained in shelter care at Polinsky Children's Center
Service: Day Rehabilitation and transitional services
Specialty Populations: Child Welfare Services dependents residing at Polinsky Children's Center
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Laretta Monise

Reflections

(619) 668-0363

8376 Hercules Street
La Mesa, CA 91942

Hours: M-Th 8:00 – 4:30, F 8:00 – 4:00
Population: Adolescents up to 18 years referred by the Juvenile Court who are SED Juvenile Court and/or Breaking Cycles Assessment Team determines placement. Provide treatment to wards of the Juvenile Court and their families
Service: Day Rehabilitation. Provide family-based services to adolescents and their families. Offer competency-based school programs, youth and family monitoring, in-home treatment services, family support groups, positive peer selection, violence prevention and alcohol and drug services
Specialty Populations: Juvenile Court Wards
Parent Organization: County of San Diego
Children's Mental Health Services Chief: Frances Edwards

STEPS-Adolescents Day Treatment

(858) 565-2510

4660 Viewridge Avenue
San Diego, CA 92123

Hours: M-F 8:00-4:00

Population: Sexually reactive youth (male and female)

Service: Day Treatment Intensive (males), Outpatient (males and females, age 6-17)

Specialty Populations: Juvenile Court Dependents, Juvenile Court Wards, Medi-Cal

Parent Organization: Mental Health Systems

County of San Diego Program Monitor: Frances Edwards

Unified Day Treatment

(858) 292-9523

5650 Mt. Ackerly Drive
San Diego, CA 92111

Hours: M-F 8:00-5:00

Population: Medi-Cal eligible Children and Adolescents referred through school districts

Service: Day Rehabilitation and Full Service Partnership (FSP)

Specialty Populations: San Diego Unified School District students

Parent Organization: San Diego Unified School District

County of San Diego Program Monitor: Wendy Maramba

Teen Recovery Centers Day Treatment/ Outpatient Programs

McAlister Institute (MITE) North Central Teen Recovery Center (858) 277-4633

7867 Convoy Court, Bldg #5, Suite 302
San Diego, CA 92111

Hours: M-Sat 10:30-7:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and intensive Day Care Habilitative (DCH) services to youth with alcohol and other drug-induced problems in an environment free of alcohol and other drugs. PEI services added in FY 12-13
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: MITE – McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Wendy Maramba

McAlister Institute (MITE) East County (North) Teen Recovery Center (619) 588-5361

550 Fesler Street, Suite G-3
El Cajon, CA 92020

Hours: M-F 10:30-7:00, Sat 9:00-1:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and intensive Day Care Habilitative (DCH) services to youth with alcohol and other drug-induced problems in an environment free of alcohol and other drugs. PEI services added in FY 12-13
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: MITE – McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Yael Koenig

**McAlister Institute (MITE)
East County (South) Teen Recovery Center
(619) 465-4349**

7800 University Avenue, Suite A-1
La Mesa, CA 91945

Hours: M-F 10:30-7:00, Sat 9:00-1:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and intensive Day Care Habilitative (DCH) services to youth with alcohol and other drug-induced problems in an environment free of alcohol and other drugs. PEI services added in FY 12-13
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: MITE – McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Yael Koenig

**McAlister Institute (MITE)
North Rural Teen Recovery Center
(760) 788-6520**

323 Hunter Street
Ramona, CA 92065

Hours: M-F 10:30-7:00, Sat 10:00-2:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and intensive Day Care Habilitative (DCH) services to youth with alcohol and other drug-induced problems in an environment free of alcohol and other drugs. PEI services added in FY 12-13
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: MITE – McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Laretta Monise

**McAlister Institute (MITE)
South Bay East Teen Recovery Center
(619) 482-9300**

2429 Fenton Street, Bldg 5
Chula Vista, CA 91914

Hours: M-F 10:30-7:00, Sat 10:00-2:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Non-residential treatment, recovery, and ancillary services that are non-institutional and non-medical. Outpatient Drug-Free (ODF) treatment and intensive Day Care Habilitative (DCH) services to youth with alcohol and other drug-induced problems in an environment free of alcohol and other drugs. PEI services added in FY 12-13
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: MITE – McAlister Institute for Treatment and Education.
County of San Diego Program Monitor: Yael Koenig

**Mental Health Systems, Inc. (MHS)
North Inland Teen Recovery Center
(760) 744-3672**

340 Rancheros Drive
San Marcos, CA 92069

Hours: M-F 9:00-6:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Out-patient Drug Free (ODF) individual and group sessions, Day Care
Habilitative (DCH) group sessions; Recovery Services
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: Mental Health Systems, Inc., North Inland TRC
County of San Diego Program Monitor: Laretta Monise

**Palavra Tree
Central South Teen Recovery Center
(619) 263-7768**

1212 South 43rd Street, Suite C
San Diego, CA 92113

Hours: M-F 8:30-5:30
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Out-patient Drug Free (ODF) individual and group sessions, Day Care
Habilitative(DCH) group sessions; Recovery Services; PEI Services
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: Palavra Tree, Inc.,
County of San Diego Program Monitor: Wendy Maramba

**Palavra Tree
Central North Teen Recovery Center
(619) 280-2300**

4001 El Cajon Blvd, Suite 206
San Diego, CA 92105

Hours: M-F 8:30-6:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Out-patient Drug Free (ODF) individual and group sessions, Day Care
Habilitative(DCH) group sessions; Recovery Services
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: Palavra Tree, Inc.,
County of San Diego Program Monitor: Wendy Maramba

**Phoenix House of San Diego
North Coastal Teen Recovery Center
(760) 729-2830**

785 Grand Avenue, Suite 220
Carlsbad, CA 92008

Hours: M-F 10:00- 8:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Out-patient Drug Free (ODF) individual and group sessions, Day Care
Habilitative (DCH) group sessions; Recovery Services, PEI Services
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: Phoenix House of San Diego, Inc.
County of San Diego Program Monitor: Laretta Monise

**San Diego Youth Services (SDYS) Teen Options
(Parent & Parenting Adolescents)
(619) 521-2250**

3660 Fairmount Avenue
San Diego, CA 92105

Hours: M-F 8:00-4:30
Population: Youth
Service: Adolescent perinatal non-residential treatment services
Specialty Populations: Pregnant or Parenting Teens with AOD Issues, up to age 18
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Jean Avila

**Union Pan Asian Communities (UPAC)
(Drug Medi-Cal only)
(619) 521-5720**

3288 El Cajon Blvd, Suite 13
San Diego, CA 92104

Hours: M-F 10:00-7:00
Population: Adolescents (age 12 to 18) with substance use and abuse issues
Service: Non-residential alcohol and other drug (AOD) treatment services to Drug
Medi-Cal (DMC)-eligible adolescents, age twelve (12) through seventeen
(17) years, as they recover from alcoholism and other drug
dependency
Specialty Populations: Adolescents ages 12 to 18
Parent Organization: UPAC – Union of Pan Asian Communities
County of San Diego Program Monitor: Wendy Maramba

Outpatient Services

Paradise Valley Advocating, Listening, and Leading the Youth (ALLY) South Bay Program

(619) 628-2591

490 Emory Street
Imperial Beach, CA 91932

Hours: M and W 10:00-7:00, T and F 8:30-5:00
Population: Children and adolescents on Medi-Cal up to age 21
Service: Early Periodic Screening, Diagnosis and Treatment (EPSDT) services, outpatient therapy, individual, group and family therapy, and medication management. South Bay Union School District
Specialty Populations: School based/ South bay Union School District

Parent Organization: Prime Healthcare
County of San Diego Program Monitor: Yael Koenig

Paradise Valley ALLY National City Program

(619) 267-5115

502 Euclid Avenue
National City, CA 91950

Hours: M-F 8:00-5:00
Population: Children and adolescents on Medi-Cal up to age 21
Service: Outpatient clinic services, pediatric referrals and school-based services Individual, group, and family therapy. Psychiatric services and medication management. School-based services in National City and Sweetwater District (National City area)

Specialty Populations: School based/National City/ Sweetwater District
Parent Organization: Prime Healthcare
County of San Diego Program Monitor: Yael Koenig

Catalyst

(858) 300-0460

7155 Mission Gorge Road
San Diego, CA 92120

Hours: M-F 9:00-6:00
Population: Transition Age Youth (TAY) ages 16 to 24 Medi-Cal or indigent who have a Serious Emotional Disturbance (SED) or a Serious Mental Illness (SMI) and who may have a co-occurring mental illness and substance abuse disorder and who have been homeless or are at risk of homelessness, have transitioned from foster care, may have been in juvenile institutions or justice system and /or are users of acute inpatient care
Service: Assertive Community Treatment program that includes psychiatric assessment, medication management, individual supportive therapy, substance abuse treatment, co-occurring disorders treatment, supportive housing, basic needs, family psycho-education, supportive employment development, legal assistance and Full Service Partnership (FSP)

Specialty Populations: N/A
Parent Organization: Providence Community Services
County of San Diego Program Monitor: Tabatha Lang

Chaldean-Middle Eastern Social Services

(619) 631-7400

436 S. Magnolia Avenue Suite #201
El Cajon, CA 92020

Hours: M-F 9:00-5:00
Population: Medi-Cal and unfunded Children and Youth 0-21
Service: School based support groups and Outpatient mental health services
Specialty Population: Middle Eastern Refugees
Parent Organization: Chaldean-Middle Eastern Social Services
County of San Diego Program Monitor: Yael Koenig

Community Circle Central

(619) 515-2355

2204 National Avenue
San Diego, CA 92113

Hours: M, T, W 8:00-8:00, Th & F 8:00-5:00 (Home visits by appointments)
Population: School-based Children and Adolescents with Medi-Cal and MHSA up to age 21
Service: Outpatient mental health clinic services. Individual, group and family therapy. School-based mental health services for children, youth and their families. Service location is Logan Heights/Southeast San Diego
Specialty Populations: Bilingual English and Spanish, Latino population
Parent Organization: Family Health Centers of San Diego
County of San Diego Program Monitor: Wendy Maramba

Community Circle East/Spring Valley

(619) 515-2380

3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8:00-5:00 (home visits by appointment)
Population: Children and Adolescents on Medi-Cal and MHSA up to age 21
Service: Outpatient clinic services, pediatric referrals and school-based mental health services. Individual, group and family therapy. Psychiatric services and medication management. School-based services are provided in La Mesa-Spring Valley School District
Specialty Populations: N/A
Parent Organization: Family Health Centers of San Diego
County of San Diego Program Monitor: Wendy Maramba

**Community Research Foundation
Cultural Access Resource Enhancement (CARE)**

(858) 836-1090

8775 Aero Drive #333
San Diego, CA 92123

Hours: M-F 9:00-5:00 (Evening and Saturday hours by appointment)
Population: Children, Adolescents and their families; un-insured and Medi-Cal accepted up to age 21
Service: Full Service Partnership (FSP) Program, Culturally and linguistically competent services, including: community based services, outreach and engagement, mental health education, crisis intervention, individual, group, and family counseling, case management, psychiatric services including medication
Specialty Populations: Latino and Asian/Pacific Islander
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Wendy Maramba

Cornerstone

(619) 640-3266

4660 El Cajon Blvd., Suite 210
San Diego, CA 92115

Hours: 8:30-5:00 Day and evening hours available by appointment
Population: MHSA and Medi-Cal children/youth up to age 21
Service: Outpatient mental health services, Individual group, and skill-building, family therapy services, psychiatric services, and medication management
Specialty Populations: Clinic and school-based, San Diego Unified School District
Parent Organization: Providence Community Services
County of San Diego Program Monitor: Wendy Maramba

Counseling Cove

(619) 525-9903

2250 Fourth Avenue, Suite 301
San Diego, CA 92103

Hours: M-F 9:00-6:00 Weekend and evenings by appointment
Population: Severely emotionally disturbed, homeless, runaway youth throughout entire county of San Diego ages 12-21
Service: Outreach and engagement, crisis intervention, psychiatric evaluation, counseling, case management, medication monitoring, rehabilitative, support services and Full Service Partnership (FSP)
Specialty Populations: Homeless and runaway youth, TAY population; youth with co-occurring disorders
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Wendy Maramba

Crossroads Family Center

(619) 441-1907

1679 E. Main Street, Suite 102
El Cajon, CA 92021

Hours: M, Tu, Thur, Fri 9:00-5:00 (Evenings by appointment), Wed 8:30-6:30
Population: Children and youth with Medi-Cal, Healthy Families, uninsured (MHSA eligible)
Service: Crisis and community support, individual, group and family therapy, case management medication management with therapy, school based services in Rural East county districts and Full Service Partnership (FSP)
Specialty Populations: Transition Age Youth Outreach to rural East County area
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Yael Koenig

Developmental Evaluation Clinic

(858) 966-5817

3020 Children's Way, MS 5843
San Diego, CA 92123

Hours: M-F 8:00-5:00
Population: Infants, pre-school and school age children
Service: Children's Developmental Evaluation Clinic provides developmental and psychological evaluation of infants, pre-school and school aged children. Licensed psychologists, neuro-psychologists and post-doctoral psychology interns evaluate children using a variety of psychometric tests. Identification of developmental and social delays, the significance of the delays and behavioral problems assessments, evaluation of the need for further assessment/intervention and recommendation of educational and therapeutic programs
Specialty Populations: Children under the age of 6
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Yael Koenig

**Douglas Young Youth and Family Services
(858) 300-8282**

7907 Ostrow Street, Suite F
San Diego, CA 92111

Hours: M, T, W 9:30-6:00, Th - 12:00-8:00 & F - 9:00-5:00
Population: Children and Adolescents, Healthy Families, Medi-Cal, uninsured (MHSA eligible)
Service: Clinic and School-Based outpatient mental services including crisis intervention, individual, family and group counseling, case management, psychiatric services including medication management, Full Service Partnership (FSP) and School-based services within San Diego Unified School District
Specialty Populations: Transition Age Youth and Co-Occurring Disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Wendy Maramba

**Early Childhood Mental Health (ECMH)
Incredible Years
(619) 238-0471**

3510 Newton Avenue, Building B103
San Diego, CA 92113

Hours: M-F 8:00-5:00
Population: SED children ages birth to five in San Diego Unified School District pre-school(s) who have been assessed and diagnosed with aggressive behavior problems and other emotional disturbance
Service: School-based mental health services that utilizes the Incredible Years curriculum
Specialty Populations: Latino and Asian Pacific Islander SED children and their families
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Wendy Maramba

**Green Oak Ranch
(760) 598-2803**

1237 Green Oak Road
Vista, CA 92083

Hours: M-F 9:00-8:00
Population: Children and Adolescents diverted from Polinsky Center residing in North County
Service: Assessment, case management services
Specialty Populations: Children under the age of 6, Juvenile Court Dependents
Parent Organization: New Alternatives Inc.
County of San Diego Program Monitor: Yael Koenig

**KidSTART Center EPSDT Clinic
(Central-North Central)
(858) 576-1700 Ext. 5803**

3665 Kearny Villa Road, Suite 501
San Diego, CA 92123

Hours: M 8:00-6:00, T-F 8:00-5:00 (Additional evening and weekend hours as needed)

**KidSTART Center EPSDT North Coastal Clinic
(760) 967-7082**

3605 Vista Way, Suite 101
Oceanside, CA 92056

Hours: M-F 8:00-6:00 (Evening hours one day a week)

**KidSTART Center EPSDT South Clinic
(619) 420-5611**

1261-D Third Avenue
Chula Vista, CA 91911

Hours: M-F 8:00-6:00 (Evening hours one day a week)

Population: Medi-Cal eligible children ages birth to 5 years

Service: Outpatient mental health services treatment for children experiencing atypical development and behavior and their families and caregivers. Referrals to this program are made primarily by the KidSTART Center

Specialty Populations: Child Welfare Services children ages 0-5

Parent Organization: Rady Children's Hospital

County of San Diego Program Monitor: Yael Koenig

**Mental Health Resource Center
(858) 573-2227**

2351 Cardinal Lane, Annex B
San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evening hours available by appointment)

Population: San Diego Unified School District students, by referral only. Includes referrals from ALBA, Student Attendance Review Board (SARB), Medi-Cal, MHSA, Probation/MST Program, and selected preschool sites Also includes referred elementary and middle school Emotionally Disturbed students

Service: School based Outpatient Mental Health Services

Specialty Populations: Preschool children, Transition Age Youth, Juvenile Court Wards. MHSA serves children and youth 3-18 and their families; outreach to underserved Severely Emotional Disturbed (SED) Asian and Latino children and youth

Parent Organization: San Diego Unified School District

County of San Diego Program Monitor: Wendy Maramba

MHS Community Assessment Team-Youth at Risk (CAT-YAR)
(760) 747-0205

940 E. Valley Parkway, Suite D
Escondido, CA. 92025

Hours: M-Th 8:00-7:00, F 8:00-5:00
Population: Youth 8-17 at risk, and families covered by Medi-Cal
Service: Individual, family and group therapy; community support, case management, medication management, outreach and community based services
Specialty Populations: Youth at risk of delinquency; North Inland San Diego County
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Laretta Monise

MHS Central School-Based Program
(858) 278-3292

4660 Viewridge Avenue
San Diego, CA 92123

Hours: M-F 7:30-5:00
Population: Children and adolescents - Medi-Cal and uninsured (MHSA eligible) and must be in San Diego Unified School District. Uninsured (MHSA eligible)
Service: School Based, Individual, family, and group therapy. Case management, medication evaluation and monitoring, bilingual services and interpreters available
Specialty Populations: N/A
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Wendy Maramba

Mobile Adolescent Services Team (MAST)
(619) 398-3261

1202 Morena Blvd., Suite 300
San Diego, CA 92110

Hours: M-F 9:00-5:00 (evening sessions by appointment only)
Population: Children and adolescents enrolled in Juvenile Court and Community Schools (JCCS) district. Must be Medi-Cal eligible or uninsured (MHSA eligible)
Service: School based Juvenile Court and Community Schools (JCCS), Individual, family and group therapy; crisis and community support; medication management; school/community based services
Specialty Populations: Children/adolescents at risk of entering into (or going further into) the Juvenile Justice system. Pregnant teens/teen mothers, youth with co-occurring substance abuse disorders
Parent Organization: Community Research Foundation
County of San Diego Program Monitor: Wendy Maramba

North County Lifeline
Community Assessment Team-Youth At Risk (CAT-YAR) I
(760) 726-4900
200 Michigan Avenue
Vista, CA 92084

North County Lifeline-
Community Assessment Team-Youth at Risk (CAT-YAR) II
(760) 757-0118
707 Oceanside Blvd.
Oceanside, CA 92054

Hours: M-Th 8:30 - 8:00, F 8:00-5:00 or by appointment

Population: Youth ages 6 – 17

Service: CAT provides juvenile delinquency prevention and diversion, school dropout prevention, youth leadership and peer education, counseling, drug and alcohol prevention and treatment, independent living skills training, recreation, career/vocational guidance, direct connection to available community services. CAT-YAR Early Periodic Screening, Diagnosis and Treatment (EPSDT) outpatient programs provide assessment, individual, group, and family therapy and medication support services, provided at clinic, school sites and in-home. The youth must be Medi-Cal eligible

Specialty Populations: Youth at risk of delinquency

Parent Organization: North County Lifeline, Inc.

County of San Diego Program Monitor: Laretta Monise

Nueva Vista Family Services
(619) 585-7686

1161 Bay Blvd., Suite B
Chula Vista, CA 91911

Hours: M & F 9:00-5:00, T, W, Th 9:00-7:00

Population: Children and Adolescents, Medi-Cal, Healthy Families, and uninsured (MHSA eligible)

Service: Outpatient psychiatric services, Full Service Partnership (FSP), medication management, individual, family and case management, Clinical based services and EPSDT services for National School District, Chula Vista Elementary School District, and Sweetwater High School District

Specialty Populations: Spanish speaking

Parent Organization: Community Research Foundation

County of San Diego Program Monitor: Yael Koenig

Palomar Family Counseling

(760) 731-3235

120 W Hawthorne Street
Fallbrook, CA 92028

Hours: M-F 8:30-5:30

Population: Children and adolescents on Medi-Cal and MHSA eligible

Service: Individual, group and family therapy, medication management and case management. Provides school based services to Fallbrook High School District, Fallbrook Elementary District

Specialty Populations: N/A

Parent Organization: Palomar Family Counseling

County of San Diego Program Monitor: Laretta Monise

Palomar Family Counseling North Inland/North Coastal

(760) 741-2660

1002 East Grand Avenue
Escondido, CA 92025

Hours: M-F 8:30-5:00

Population: Children and adolescents on Medi-Cal and MHSA eligible

Service: School based, outpatient mental health services, rehabilitation and case management for Medi-Cal and MHSA eligible

Specialty Populations: Oceanside, Vista, Valley Center and Escondido High School District

Parent Organization: Palomar Family Counseling

County of San Diego Program Monitor: Laretta Monise

Palomar Family Counseling-Childnet

(760) 741-2660

1002 East Grand Avenue
Escondido, CA 92025

Hours: M-F 8:30-5:00, Sat 9:00-5:00

Population: Medi-Cal and MHSA eligible, children ages 0-5 and their families

Service: Assessment, behavioral intervention, teacher intervention at designated preschools, implementation of Incredible Years Curriculum. Provides behavioral intervention and preschool teacher training to assist young children succeed in preschool and the community

Specialty Populations: N/A

Parent Organization: Palomar Family Counseling

County of San Diego Program Monitor: Laretta Monise

**Para Las Familias Center
(619) 565-2650**

1340 Imperial Beach Blvd., Suite 204
Imperial Beach, CA 91932

Hours: M-F 8:00-5:00 (Evening hours available to families)
Population: Children, ages 0 - 5, on Medi-Cal and non-insured children
Service: Assessment, individual, filial and family therapy. Services provided at clinic, Pre-school sites and in-home services
Specialty Populations: Children under the age of 6; Juvenile Court Dependents
Parent Organization: Episcopal Community Services
County of San Diego Program Monitor: Yael Koenig

**Incredible Families
ParentCare Center
(619) 668-4200**

4990 Williams Avenue
La Mesa, CA 91941

Hours: M-F 8:00-5:00 (Evening/weekend hours available pursuant to the needs of the clients)
Population: Juvenile Court dependent children, ages 0 – 11 referred by CWS
Service: Provides brief mental health services based on the Incredible Years model, including Basic Parent Group training in East and Central Regions
Specialty Populations: Juvenile Court Dependent children through age 11
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

**Rady Children's Outpatient Psychiatry – Central Clinic
(858) 966-5832**

3665 Kearny Villa Road #101
San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evenings by appointment: 5:00-7:00)
Population: Children and adolescents, Medi-Cal, MHSA, and Healthy Families, uninsured
Service: Clinic based outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Wendy Maramba

**Rady Children's Outpatient Psychiatry – Central/East/South
(858) 966-5832**

3665 Kearny Villa Road #101
San Diego, CA 92123

Hours: M-F 8:00-5:00 (Evenings by appointment: 5:00-7:00)
Population: Children and adolescents, Medi-Cal, MHSA, and Healthy Families, uninsured
Service: School-based mental health services in SDUSD, East Region (Grossmont/Santee) and South Region (San Ysidro District), medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Yael Koenig

**Rady Children's Outpatient Psychiatry - North Coastal
(760) 758-1480**

3605 Vista Way, Suite 258
Oceanside, CA 92056

Hours: M-F 8:00-5:00 (Evenings by appointment)
Population: Children & Adolescents, Medi-Cal, Healthy Families, indigent
Service: Clinic based outpatient psychiatric services, medication management, individual, group, family therapy, Full Service Partnership (FSP) and School based outpatient services with Medi-Cal eligible children/youth in North Coastal Region
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Laretta Monise

**Rady Children's Outpatient Psychiatry
North Inland
(760) 294-9270**

625 W. Citracado Parkway, Suite 102
Escondido, CA 92025

Hours: M-F 8:00-4:30 (Evenings by appointment)
Population: Children and youth
Service: Outpatient psychiatric services, medication management, individual, group, family therapy, and Full Service Partnership (FSP)
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital San Diego
County of San Diego Program Monitor: Laretta Monise

**San Diego Center for Children East Outpatient
Counseling Program**

(619) 668-6200

7339 El Cajon Blvd. Suite K
La Mesa, CA 91941

Hours: M-F 8:00-5:00
Population: Children and youth who are Medi-Cal eligible and uninsured (MHSA)
Service: School based mental health services in Lemon Grove School District, La Mesa- Spring Valley District and Grossmont School District
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Yael Koenig

**San Diego Center for Children
MTFC-P**

(858) 277-9550

3002 Armstrong Street
San Diego, CA 92111

Hours: M-F 8:00-5:00, evening and weekend appointments as needed
Population: Medi-Cal eligible children and adolescents
Service: Multi-dimensional Treatment Foster Care (MTFC), medication monitoring
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Wendy Maramba

San Diego Deaf Mental Health Services

(858) 410-1067

707 Broadway, 2nd Floor
San Diego, CA 92101

TDD for Hearing Impaired: (858) 410-1067
Hours: M-F 8:30-5:00
Population: Unfunded, Serious Emotional Disturbed and Seriously Mentally ill that are deaf or hard of hearing
Service: Assessment, crisis intervention, individual therapy, collateral contact, group therapy services
Specialty Populations: Deaf or hard of hearing, individuals with co-occurring substance abuse disorders
Parent Organization: San Diego Deaf Mental Health Services
County of San Diego Program Monitor: Virginia West/Frances Edwards

**San Diego Youth Services
East County Behavioral Health Center
Community Assessment Team-Youth at Risk (CAT-YAR)
(619) 448-9700**

1870 Cordell Court, Suite 101
El Cajon, CA 92020

Hours: M-F 9:00-6:00 (Weekends/evenings by appointment)
Population: At risk children and youth ages 6 – 18 and their families. Medi-Cal children/youth attending Lakeside, Santee and Grossmont Union School Districts
Service: Individual, group and family therapy, case-management, crisis intervention, psychiatric evaluations, medication management
Specialty Populations: Youth at risk of delinquency
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Yael Koenig

**San Diego Youth Services
East School-Based
(619) 448-9700**

1870 Cordell Court, Suite 101
El Cajon, CA 92020

Hours: M-F 9:00-5:30
Population: Medi-Cal eligible children and youth up to 21 years old; and uninsured children and youth 0-18 years old and their families
Service: School-based outpatient program serving Lakeside Union, Santee, and Grossmont Union School Districts
Specialty Populations: N/A
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Yael Koenig

**Social Advocates for Youth (SAY) San Diego
Community Assessment Team (CAT-YAR)
(619) 283-9624**

4275 El Cajon Blvd., Suite 101
San Diego, CA 92105

Hours: M-F 9:00-5:00 (weekends/evenings by appointment)
Population: At risk youth 8 - 18 and their families, Medi-Cal
Service: Individual, group and family, rehabilitation
Specialty Populations: Youth at risk of delinquency
Parent Organization: SAY San Diego
County of San Diego Program Monitor: Wendy Maramba

**Social Advocates for Youth (SAY) San Diego
School-Based Services
(619) 283-9624**

4275 El Cajon Blvd., Suite 101
San Diego, CA 92105

Hours: M-F 9:00-5:00 (weekends/evenings by appointment)
Population: Medi-Cal eligible children and youth up to age 21 and their families and MESA eligible children and youth up to age 18
Service: School based outpatient diagnosis and brief treatment services; case management and rehabilitative services with San Diego Unified School District
Specialty Populations: N/A
Parent Organization: SAY San Diego
County of San Diego Program Monitor: Wendy Maramba

**South Bay Community Services
Community Assessment Team-Youth at Risk (CAT-YAR)
(619) 420-3620**

430 F Street
Chula Vista, CA 91910

Hours: M-Th 8:30-8:30 and F 8:30-6:00
Population: Medi-Cal eligible children and adolescents at risk
Service: Assessment, individual, group and family therapy services, provided at clinic, school sites and in-home
Specialty Populations: N/A
Parent Organization: South Bay Community Services
County of San Diego Program Monitor: Yael Koenig

**Southeast County Mental Health Clinic
(619) 595-4400**

3177 Ocean View Blvd.
San Diego, CA 92113

Hours: M-Th 8:00-6:00, W -8:00-7:00, F - 8:00-5:00
Population: Children and adolescents
Service: Outpatient therapy, individual, group and family therapy, medication management, school liaison and advocacy. Spanish speaking, and licensed therapists and Full Service Partnership (FSP)
Specialty Populations: N/A
Parent Organization: County of San Diego
Children's Behavioral Health Services Chief: Wendy Maramba

Survivors of Torture International

(619) 278-2400

P.O. Box 151240
San Diego, CA 92175

Hours: M-F 8:30-5:00
Population: Uninsured, unserved, Seriously Emotional Disturbed, and Seriously Mentally ill
Service: Mental health assessment, dual diagnosis services, individual and group therapy, case management and referrals
Specialty Populations: Victims of trauma and torture
Parent Organization: Survivors of Torture International
County of San Diego Program Monitor: Tabatha Lang

Union of Pan Asian Communities (UPAC)

Multi-Cultural Family Services

(619) 232-6454

1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30-5:00
Population: Children and adolescents
Service: Outpatient individual, group and family therapy, crisis and community support, medication management, case management, psychiatric evaluation, and Full Services Partnership (FSP)
Specialty Populations: Asian Pacific cultures
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Wendy Maramba

Union of Pan Asian Communities (UPAC) Rainbow Center

(619) 232-6454

1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30-5:00
Population: Children and adolescents
Service: School-based counseling services, individual and group counseling, family counseling, substance abuse counseling, case management, and outreach. Services provided at designated schools within San Diego Unified School District
Specialty Populations: N/A
Parent Organization: Union of Pan Asian Communities
County of San Diego Program Monitor: Wendy Maramba

**Vista Hill Learning Center
Ramona/North Inland Program**

(760) 788-9724

1012 Main Street
Ramona, CA 92065

Hours: M-F 8:00-5:30 (Evenings and weekend hours are available)
Population: Children and adolescents
Service: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal and Mental Health Services Act for uninsured/underinsured children. School-based services provided in Ramona, Borrego Springs, Julian (elementary/middle and high school districts), San Pasqual Union, Warner Springs, and Spencer Valley
Specialty Populations: N/A
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Laretta Monise

Vista Hill Learning Foundation Lincoln Annex- Escondido

(760) 489-4126

1029 N Broadway
Escondido, CA 92026

Hours: M-F 8:00-5:00 (Evening and weekend hours available for families)
Population: Elementary and Middle School Children and families within Escondido Union Elementary School District
Service: School and home based mental health services including individual, group and family therapy, case management, rehabilitation, and medication management (psychiatry). Services provided through Medi-Cal, Mental Health Services Act for uninsured/underinsured children. School-based services provided in Escondido Union Elementary School District (elementary and middle school students) and in San Pasqual Union
Specialty Populations: N/A
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Laretta Monise

YMCA

Therapeutic Interventions Designed to Empower Students (TIDES)

(619) 543-9850

4080 Centre Street
San Diego, CA 92103

Hours: M-F 8:30-5:00 (appointments are also available from 5:00 to 8:00 pm)
Population: Ages 5 – 21; Medi-Cal and MHSA. Referred by school or community
Service: Provides outpatient services at different school sites in San Diego Unified School district as well in the community from the main office-YMCA Youth and Family Services outpatient clinic. Services include individual, family, group therapy, psychiatric evaluation and medication monitoring, case management with home visits
Specialty Populations: Children and adolescents
Parent Organization: YMCA
County of San Diego Program Monitor: Wendy Maramba

Youth Enhancement Services (YES)

(619) 428-5533

3025 Beyer Blvd. E101
San Diego, CA 92154

Hours: M,T 10:00-7:00, W-F 9:00-6:00
Population: Children & Adolescents, also Medi-Cal and uninsured
Service: Outpatient clinic based services, psychiatric services, medication management. School based EPSDT and MHSA services provided for San Ysidro School District and Sweetwater Union High School District and Full Services Partnership (FSP)
Specialty Populations: Spanish speaking
Parent Organization: San Ysidro Health Center, Inc.
County of San Diego Program Monitor: Yael Koenig

Cabrillo Assessment Center

(619) 591-5740

730 Medical Center Court
Chula Vista, CA 91911

Hours: M-F 8:00-6:00, program hours vary. 24 hour assistance available
Population: Children and adolescents age 5 to 18 (with exception, up to 21 years of age) who are in out of home placements, in change of placement situations or at risk of removal from home, foster home, or group home setting. Must be receiving services through HHSA, be full scope Medi-Cal, and meet medical necessity. Referrals made by HHSA. Additionally, Cabrillo Assessment Center also accepts children 5 to 18 who have had a psychiatric hospitalization or a screening at the Emergency Screening Unit (ESU) with full scope Medi-Cal or no insurance
Service: In-home comprehensive assessment, mental health services (individual, family, and group therapy), case management, and behavior management strategies
Specialty Populations: Transition Age Youth, Youth Gay/Lesbian Transgender
Juvenile Court Dependents
Parent Organization: New Alternatives
County of San Diego Program Monitor: Yael Koenig

Juvenile Forensic Services

Juvenile Forensic Services provide a variety of mental health services to children and adolescents who are involved with the Juvenile Court either through criminal or dependency proceedings. Access to services is managed through the Court, Juvenile Probation or Social Services.

Services with Probation

Program Administration and Technical Support

(619) 584-3015

3255 Camino Del Rio South
San Diego, CA 92108

Hours: M-F 7:30-5:00

Population: Delinquents and Dependents

Service: Interagency mental health and chemical dependency consultation and program development. Clinical and administrative supervision

Specialty Populations: Juvenile Court Wards

Parent Organization: County of San Diego

Children's Behavioral Health Services Chief: Frances Edwards

Juvenile Forensic Services Probation

Stabilization Treatment and Transition (STAT) Team

(858) 694-4680

2901 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 8:00-7:00

Population: Children and adolescents detained in Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF), Camp Barnett, and Campo (JRF)

Service: Crisis intervention, counseling, medical evaluations, brief assessment, Consultation, transitional mental health services and community stabilization

Specialty Populations: Juvenile Court Wards

Parent Organization: County of San Diego

Children's Behavioral Health Services Chief: Frances Edwards

**Social Advocates for Youth (SAY) San Diego
Dual Diagnosis Services
(For Probation Institutions)
(619) 283-9624**

2901 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 8:00-5:00 (Various evening hours)
Population: Probation youth at Kearny Mesa Juvenile Hall (KMJDF), East Mesa (EMJDF), Girls Rehabilitation Facility (GRF), Juvenile Ranch Facility (JRF), Camp Barnett, Reflections, Youth Day Center, and Youth in Juvenile Drug Court, Co-occurring
Service: Mental health and substance abuse services including individual, group, and family counseling, psychosocial and substance abuse education
Specialty Populations: Juvenile Court Wards
Parent Organization: Social Advocates for Youth (SAY) San Diego
County of San Diego Program Monitor: Frances Edwards

**Family Intensive Treatment-Juvenile Justice
(619) 225-9621**

4302 Valeta Street, Building B4
San Diego, CA 92107

Hours: M-F 8:00-5:00 (Evening hours available as needed)
Population: San Diego Unified School district students that are SED have been detained at the Kearny Mesa Juvenile Detention Facility
Service: Home based Multi-Systemic Therapy (MST) and Assertive Community Treatment (ACT) which require family participation
Specialty Populations: Adolescent probation wards referred by the Probation Department
Parent Organization: San Diego Unified School District
County of San Diego Program Monitor: Frances Edwards

**Vista Hill Juvenile Court Clinic
(858) 571-1964**

2851 Meadow Lark Drive
San Diego, CA 92123

Hours: M-F 9:00-5:00
Population: Seriously Emotionally Disturbed Children/Youth and family that are Wards and Dependents of the Court without funding and/or have exhausted medication resources and are referred by the Probation Department and or Child Welfare Services
Service: Assessment, medication management services, case management, linkage and referral for on-going care including one-to-one therapy and family counseling when required
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Frances Edwards

**OptumHealth Treatment & Evaluation Resource Management
OptumHealth-TERM Team
(877) 824-8376
Fax: (619) 641-6779**

3111 Camino del Rio North, Suite 500
San Diego, CA 92108

Hours: M-F 8:30-5:00
Population: Child Welfare Services (CWS), Juvenile Probation
Service: Quality management of the mental health treatment, evaluation and assessment services provided to Child Welfare Services and Juvenile Probation clients. Referrals to a network of community providers
Specialty Populations: Children involved in the CWS and Juvenile Probation systems and their Family/Caretakers
Parent Organization: OptumHealth/United Behavioral Health
County of San Diego Program Monitor: Elizabeth Miles/
Lauretta Monise (Liaison)

Services with CWS

**Polinsky
Stabilization Treatment and Transition (STAT) Team
(858) 514-4612**

9400 Ruffin Road
San Diego, CA 92123

Hours: M-F 8:00 A.M.-9:00 P.M. and Sunday 9:00 A.M.-7:00 P.M. (Coverage provided Sunday through Friday)
Population: Dependent children and youths detained in shelter care at Polinsky Children's Center
Service: Mental health services, crisis intervention, transitional services and community stabilization
Specialty Populations: Juvenile Court Dependents
Parent Organization: County of San Diego
Children's Behavioral Health Services Chief: Lauretta Monise

**Medication Support for
Polinsky Children's Center Residents
(858) 514-4740**

9400 Ruffin Road
San Diego, CA 92123

Population: Children and youth residing at Polinsky Children's Center who have been prescribed psychotropic medications
Service: Medication support, crisis intervention, and referral services to children and youth who are currently placed in or being discharged from Polinsky Children's Center
Specialty Populations: N/A
Parent Organization: Rady Children's Hospital
County of San Diego Program Monitor: Lauretta Monise

**Multi-Dimensional Treatment Foster Care
(MTFC) C-Program**

(619) 221-8600

3255 Wing Street
San Diego, CA 92110

Hours: M-F 9:00-5:00
Population: Children ages 7-12 identified by Child Welfare Services
Service: Community/home based intensive treatment foster care
Specialty Populations: N/A
Parent Organization: San Diego Youth Services
County of San Diego Program Monitor: Yael Koenig

**Multi-Dimensional Treatment Foster Care
(MTFC) P-Program**

(858) 277-9550

3002 Armstrong Street
San Diego, CA 92111

Hours: M-W-F 9:00-5:00, T and Th 9:00-7:00
Population: Children 3-6 identified by Child Welfare Services
Service: Community/home based intensive treatment foster care
Specialty Populations: N/A
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Yael Koenig

**OptumHealth Treatment & Evaluation Resource Management
OptumHealth-TERM Team**

(877) 824-8376

Fax: (619) 641-6779

3111 Camino del Rio North, Suite 500
San Diego, CA 92108

Hours: M-F 8:30-5:00
Population: Child Welfare Services (CWS), Juvenile Probation
Service: Quality management of the mental health treatment, evaluation and assessment services provided to Child Welfare Services and Juvenile Probation clients. Referrals to a network of community providers
Specialty Populations: Children involved in the CWS and Juvenile Probation systems and their Family/Caretakers
Parent Organization: OptumHealth/United Behavioral Health
County of San Diego Program Monitor: Elizabeth Miles/
Lauretta Monise (Liaison)

Fred Finch Youth Center
Comprehensive Assessment and Stabilization Services (CASS)
(619) 281-3706

3434 Grove Street
Lemon Grove, CA 91945

Hours: M-F 8:00-5:00
Population: Seriously Emotionally Disturbed children and adolescents under the age of 18, reside at home, foster care, small group home (6 or less) and are at risk of change of placement to a higher level of care
Service: Assessment, evaluation, case management treatment (including Evidence-Based Practices), case consultation and other needed mental health interventions. Referrals are made by Child Welfare Social Workers
Specialty Populations: Children who are dependent of the Court
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Laretta Monise

San Diego Center for Children
Foster Family Agency Stabilization & Treatment (FFAST)
(858) 633-4115

8775 Aero Drive, Suite 132
San Diego, 92123

Hours: M-F 8:30-5:00 (additional evening & weekend hours as needed)
Population: Full Scope Medi-cal eligible beneficiaries up to 21 years of age who reside in FFA homes and meet medical necessity diagnostic and impairment criteria in accordance with California Code of Regulations Title 9
Service: Provide specialty mental health services: individual therapy, family therapy, group therapy, parent training groups, crisis intervention, family support/rehab, case management, collateral support, and medication evaluation/monitoring
Specialty Populations: Children/youth who are dependents or wards of the Juvenile Court and reside in San Diego County Foster Family Agency homes
Parent Organization: San Diego Center for Children
County of San Diego Program Monitor: Wendy Maramba

Alcohol and Drug Services- Women's Programs

Perinatal

San Diego Youth Services

Teen Options

(619) 521-2250

3660 Fairmont Avenue

San Diego, CA 92105

Hours: M-F 8:00-4:30

Population: Youth

Service: Adolescent perinatal non-residential treatment services

Specialty Populations: Pregnant or Parenting Teens with AOD Issues, up to age 18

Parent Organization: San Diego Youth Services

County of San Diego Program Monitor: Jean Avila

KIVA

(619) 465-7302

2049 Skyline Drive

Lemon Grove, CA 91945

Hours: 24 Hour Residential AOD Detox and Treatment

Population: Women

Service: Long-term residential program (6 to 12 months) for substance-abusing women and their children. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and parenting instruction

Specialty Populations: Pregnant and/or Parenting women and their children up to age 12

Parent Organization: McAlister Institute for Treatment and Education, Prevention and Early Intervention (PEI) services

County of San Diego Program Monitor: Jean Avila

Peri C M & DDC Services

(619) 668-4265

4990 Williams Avenue

La Mesa, CA 91942

Hours: M-F 8:00-5:00 (other hours by appointment)

Population: Pregnant & parenting women at risk of substance abuse; parents - CWS referrals where substance abuse is a major factor in the children's removal from parents' custody

Service: Perinatal case management and dependency drug court services

Specialty Populations: Pregnant and parenting women

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor: Jean Avila

**Harmony West
(619) 285-1718**

6154 Mission Gorge Drive, #120
San Diego, CA 92120

Hours: M-F 9:00- 8:30
Population: Women and Children
Services: Women's perinatal non-residential Alcohol and Other Drugs (AOD) treatment services, HDS
Specialty Populations: Pregnant and/or parenting women and their children up to age 12
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Jean Avila

**Serenity Too
(760) 741-5098**

130 S. Fig Street
Escondido, CA 92025

Hours: M-F 8:00-5:00
Population: Women, primarily pregnant & parenting
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, evidence-based parenting instruction, and prevention and early intervention mental health services. North Inland Region services
Specialty Populations: Pregnant and parenting women
Parent Organization: North County Serenity House Inc
County of San Diego Program Monitor: Jean Avila

**ParentCare East
(619) 668-4200**

4990 Williams Avenue
La Mesa, CA 91942

Hours: M-F 8:00-5:00
Population: Women, primarily pregnant & parenting
Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services, East Region
Specialty Populations: Pregnant and parenting women
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Jean Avila

MHS, Inc. CalWORKs Mental Health

CRF Step Forward

(619) 295-6067

2772 4th Avenue
San Diego, CA 92103

Mental Health Systems, Inc.

(619) 425-5609

1105 Broadway Suite #209
Chula Vista, CA 91911

Mental Health Systems, Inc. - North Inland

(760) 745-0281

474 W Vermont Avenue, #103
Escondido, CA 92025

Mental Health Systems, Inc- North Central

(760) 439-4577

1919 Apple Street, Suite A& B
Oceanside, CA 92054

Mental Health Systems, Inc. - East

(619) 442-5434

330 S Magnolia Avenue, Suite #302
El Cajon, CA 92020

Hours: M-F 9:00-4:00

Population: Adults, Older-Adults

Service: Multi-Service Center for CalWORKs WTW participants; mental health and dual disorders counseling services

Specialty Populations: Adults and Older-Adults

Parent Organization: Mental Health Systems, Inc.

County of San Diego Program Monitor:

Jean Avila

CalWORKs Alcohol and Other Drugs (AOD) Case Management

(858) 715-1423

4725 Mercury Street, Suite #202
San Diego, CA 92111

Hours: M-F 8:00-4:30

Population: Adults, Older-Adults

Service: CalWORKs and case management services

Specialty Populations: Adults and Older-Adults

Parent Organization: Mental Health Systems, Inc.

County of San Diego Program Monitor:

Jean Avila

Residential

Family Recovery Center

(760) 439-6702

1100 Sportfisher Drive
Oceanside, CA 92054

Hours: 24 hour residential program
Population: Women, primarily pregnant & parenting and their children under age 12
Service: Alcohol and drug women's and children's residential AOD treatment services Family Recovery Center
Specialty Populations: Pregnant and/or Parenting women and their children
Parent Organization: Mental Health Systems, Inc.
County of San Diego Program Monitor: Jean Avila

Serenity Center

(760) 747-1015

1341 N. Escondido Blvd
Escondido, CA 92026

Hours: 24 hour residential program
Population: Women, primarily pregnant & parenting and their children under age 12
Service: Women's and perinatal residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction. Children under 12 may reside with their mothers
Specialty Populations: Pregnant and/or Parenting women and their children up to age 12
Parent Organization: North County Serenity House, Inc.
County of San Diego Program Monitor: Jean Avila

Non-Residential

Family Recovery Center

(760) 439-6702

1100 Sportfisher Drive
Oceanside, CA 92054

Hours: M-Th 8:00- 8:00 and F 8:00- 6:30

Population: Women and Children

Service: Women's non-residential Alcohol and Other Drugs (AOD) treatment services- North Coastal Region, FIT

Specialty Populations: Pregnant and/or Parenting women and their children up to age 12

Parent Organization: Mental Health Systems, Inc.

County of San Diego Program Monitor:

Jean Avila

South Bay Women's Recovery Center

(619) 336-1226

2414 Hoover Avenue
National City, CA 91950

Hours: M-F 9:00-5:30

Population: Women and children

Service: This program offers outpatient services to pregnant and parenting women. Services include individual and group counselling, individualized treatment planning, educational workshops, recovery topic-centered groups, job skills, parenting, recovery, addiction, relapse prevention, and health. Women also participate in on-site co-op child care in which they are taught parenting and other child care skills, FIT services

Specialty Populations: Pregnant and/or parenting women and their children up to age 12

Parent Organization: McAlister Institute for Treatment and Education

County of San Diego Program Monitor:

Jean Avila

ParentCare- Central

(619) 266-0166

4125 Alpha Street
San Diego, CA 92113

Hours: M-F 8:00-5:00

Population: Women, primarily pregnant & parenting

Service: Women's perinatal non-residential AOD treatment and recovery. Services include assessment, educational workshops in topics such as life skills, vocational training, health, and relapse prevention, as well as treatment planning, individual and group counselling, and evidence-based parenting instruction, and prevention and early intervention mental health services

Specialty Populations: Pregnant and parenting women

Parent Organization: Vista Hill Foundation

County of San Diego Program Monitor:

Jean Avila

Prevention and Early Intervention Services (PEI)

Central Region Community Violence Services Alliance for Community Empowerment (ACE)

(619) 265-2727

1031 25th Street
San Diego, CA 92102

Hours: M-F 8:30-5:00

Population: Middle school age boys and girls between the ages of 10-14 residing in the HHSA Central region, victims of violence, witnesses, siblings of victims, and other members of the community affected by the violence

Service: Community-Based, family driven and evidence-based Community Violence Response Services program through cultural competent activities, services and staffing. The program components include: Direct Services to Children at Risk and Their Families and Community Violence Response Services

Specialty Populations: Primary focus population is younger siblings of adolescents and young adults who have been identified as gang members of affiliates, or children of incarcerated parents

Parent Organization: Union of Pan Asian Communities

County of San Diego Program Monitor: Jean Avila

East County School Age PEI

(619) 258-6877

3845 Spring Drive
Spring Valley, CA 91977

Hours: M-F 8:00-5:00

Population: Preschool and School age children attending La Mesa-Spring Valley Elementary School District: Avondale Elementary, La Mesa Dale and Bancroft Elementary

Service: Services include four components: 1) Positive Behavioral Intervention and Support (PBIS) implemented through the Building Effective Schools Together (BEST) model; 2) Universal Prevention Strategy; 3) Screening and Early Intervention, Incredible Years Curriculum; 4) Family Prevention Services

Specialty Populations: Children at risk of school failure and underserved Asian and Pacific Islander, Latino and Chaldean and Middle Eastern immigrants/refugees of low socio-economic status at Avondale, La Mesa Dale and Bancroft Elementary schools

Parent Organization: San Diego Youth Services

County of San Diego Program Monitor: Yael Koenig

**First Break/Kick Start
(619) 481-3790**

6153 Fairmount Avenue, Suite 260
San Diego, CA 92120

- Hours:** M-F 8:30-5:00 (The site will open early and close later as needed to accommodate the schedules of our clients and to allow for group sessions and activities after hours and on weekends)
- Population:** Youth 14 to 17 years of age, and Transition Age Youth 18 to 24 years of age
- Service:** Services for individuals at-risk for developing or experiencing a first break of serious mental illness that includes assessment, family education, mobile outreach, education, early intervention, information, and linkage in the central region of San Diego County
- Specialty Populations:** N/A
- Parent Organization:** Providence Community Services
- County of San Diego Program Monitor:** Tabatha Lang

**Outreach and Prevention Education
Indian Health Council/ Dreamweaver Consortium
(760) 749-1410**

50100 Golsh Road
Valley Center, CA 92082

- Hours:** M-F 8:00-4:30 plus flex hours based on need
- Population:** At risk and high risk American Indian and Alaska Native Children, TAY, Adults, and Older Adults and their families
- Service:** Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns services integrated with Native American Health care clinics
- Specialty Populations:** Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
- Parent Organization:** Indian Health Council, Inc.
- County of San Diego Program Monitor:** Katie Astor

**Outreach and Prevention Education
Southern Indian Health Council/ Dreamweaver Consortium**

(800) 400-1189

(619) 445-1188

4058 Willows Road
Alpine, CA 91901

- Hours:** M-F 8:00-4:30 plus flex hours based on need
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns. Services integrated with Health care clinic
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Katie Astor

**Outreach and Prevention Education
Sycuan Medical/Dental Center/ Dreamweaver Consortium**

(619) 445-0707

5442 Sycuan Road
El Cajon, CA 92019

- Hours:** M-F 8:00-4:30 plus flex hours based on need
Population: At risk and high risk American Indian and Alaska Native Children, Transitional Age Youth (TAY), Adults, and Older Adults and their families
Service: Outreach and Prevention Education that promotes awareness of PEI services, and focuses on emphasis of promoting and maintaining community, family, and individual wellness at community events, gatherings, and public relations campaigns
Specialty Populations: Children, TAY, Adults, and Older Adults in the American Indian and Alaska Native community and their families
Parent Organization: Indian Health Council, Inc.
County of San Diego Program Monitor: Katie Astor

**Urban Indian Youth Center
(619) 531-1939**

2560 First Avenue, Suite 103
San Diego, CA 92103

- Hours:** M-F 2:00-8:00
Population: At risk and high risk Urban American Indian and Alaska Native Children and youth ages 10-22 and their families
Service: Prevention and Early Intervention services through screening and assessment. Provides individual counseling by counselors or Spiritual Advisors. Center serves as a central location for local tribal youth to meet, do homework, learn about culture, and how wellness relates to mental, spiritual, emotional, and physical health services integrated with SDAIH Clinic
Specialty Populations: Urban American Indian and Alaska Native children and youth
Parent Organization: San Diego American Indian Health Center
County of San Diego Program Monitor: Katie Astor

**Peer2Peer Lines
Family Supportline (877) 470- LINE
Youth Talkline (877) 450-LINE**

4660 Viewridge Avenue
San Diego, CA 92123

- Hours:** M-F 12:00-6:00
Population: Children and youth, and caregivers/family members of children and youth, who are experiencing stress and circumstances that are affecting their emotional health, or struggling to deal with problem behaviors and/or behavioral health issues
Service: Two separate but linked non-crisis peer support lines; one that provides countywide telephone counseling services, support and referrals to children and youth (including Transitional Age Youth-TAY), and another non-crisis peer support line for caregivers/family members of at-risk or stressed children and youth living in San Diego County, including those who may struggle with alcohol or drugs
Specialty Populations: Children and their families who live in high risk, low socio-economic communities with a high concentration of ethnic minorities, including underserved Asian and Pacific Islanders, Latinos and military families
Parent Organization: Mental Health Systems
County of San Diego Program Monitor: Linda Bridgeman-Smith

Positive Parenting Program

(858) 637-3300

285 N. El Camino Real, Suite 211
Encinitas, CA 92024

- Hours:** M-Th 8:30-5:00, F 8:30-4:00
Population: Children 0-5 and their families
Service: Prevention and Early Intervention services utilizing the Triple P (Positive Parenting Program), an evidence-based model, with the goal of reducing the risk for behavioral/emotional problems in young children. Provides seminars for families and child care providers countywide, and seminars in elementary schools
Specialty Populations: Children 0-5 and their families enrolled in Head Start and Early Head Start Centers in Central and North Central regions of San Diego county; military families
Parent Organization: Jewish Family Service of San Diego
County of San Diego Program Monitor: Linda Bridgeman-Smith

Rural Integrated Behavioral Health

Borrego Community Health Foundation-Julian Medical Clinic

(760) 765-1223

2721 Washington Street
Julian, CA 92036

Neighborhood Healthcare-Pauma Valley

(760) 742-9919

16650 California 76
Pauma Valley, CA 92061

North County Health Services-Ramona

(760) 789-1223

217 Earlham Street
Ramona, CA 92065

- Hours:** M-F 8:00-5:00 (After-hour care is available, with a provider on call to assist with patients needs)
Population: Children, adolescents, Transitional Age Youth (TAY), adults, and older adults attending the North County Health Services-Ramona clinic, Neighborhood Healthcare-Pauma Valley clinic, and Borrego Community Health Foundation-Julian Medical Clinic
Service: Assessment and short-term interventions in rural community clinics for individuals who may be at risk for or in the early stages of mental illness
Specialty Populations: N/A
Parent Organization: Vista Hill Foundation
County of San Diego Program Monitor: Shelly Tregembo

Primary Care Consultation
School-Based Suicide Prevention and Early Intervention Program
(619) 523-0708

4302 Valeta Street, Building B4
San Diego, CA 92107

- Hours:** M-F 8:00-4:30
- Population:** Children 7th through 12th grade. Services available to youth that have completed the 12th grade and may still have some supports associated with the school
- Service:** School-based prevention/early Intervention services to all of the San Diego Unified School District middle and high schools located in the central region of the County of San Diego. Services include: education and outreach about the warning signs and risk factors of depression and suicide, as well as protective factors that reduce the likelihood of suicide
- Specialty Populations:** Outreach and targeted interventions to the gay, lesbian, bisexual, transgender, and questioning (GLBTQ) students
- Parent Organization:** San Diego Unified School District
- County of San Diego Program Monitor:** Linda Bridgeman-Smith

PEI School Age Services
(760) 741-2660

1002 East Grand Avenue
Escondido, CA 92025

PEI School Age Services
School-Based Component
Oceanside/Vista Office
(760) 630-3505

945 Vale Terrace Drive
Vista, CA 92084

- Hours:** M-F 8:30-5:00
- Population:** School age children and their families in designated schools in Oceanside School District: Laurel Elementary, Mission Elementary, Oceanside High School, Palmquist Elementary and South Oceanside Elementary; Escondido School District: Escondido High, Orange Glen High, San Pasqual High and Valley High; and Valley Center School District: Lilac Elementary, Oak Glen High, Pauma Elementary, Valley Center Elementary, Valley Center Middle, Valley Center Primary and Valley Center High
- Service:** Social-emotional mental health evidence-based prevention and early intervention services. Services include four components: 1) Positive Behavioral Intervention and Support (PBIS) implemented through the Building Effective Schools Together (BEST) model; 2) Universal Prevention Strategy; 3) Screening and Early Intervention, Incredible Years; 4) Family Prevention Services
- Specialty Populations:** Underserved Latino school age children and families living in Oceanside, Escondido and Valley Center School Districts
- Parent Organization:** Palomar Family Counseling Services, Inc.
- County of San Diego Program Monitor:** Laoretta Monise

**South Region Point of Engagement
Families as Partners (FAP)
(619) 420-3620**

430 F Street
Chula Vista, CA 91910

- Hours:** M-F 8:00-5:00
Population: Children and youth 0 to 17 years old and their families who have been exposed to family violence and/or trauma and whose children may be at risk of entering the Child Welfare Services system
Service: Upon referrals received from Child Welfare Services staff, provides mental health assessment based services at client's home, jails, shelters, or other locations requested by Child Welfare Services staff. Makes referrals to the Fred Finch South Region and Polinsky Children's Center Trauma Exposed Services Program
Specialty Populations: Children and their families at highest risk of child abuse and neglect
Parent Organization: South Bay Community Services
County of San Diego Program Monitor: Kim Rivero Frink

**South Region Trauma Exposed Services
(619) 281-3706**

Ext. 350

303 H Street
Chula Vista, CA 91910

- Hours:** M-F 8:00-5:00 (other hours by appointment)
Population: Children and youth 0 to 17 years old and their families identified by the South Region Point of Engagement program
Service: Upon referrals received from the South Region Point of Engagement, provides mental health intervention that addresses issues of re-traumatization of children and families who experience trauma related to exposure to domestic violence and/or community violence. Triple P evidence-based Curriculum
Specialty Populations: N/A
Parent Organization: Fred Finch Youth Center
County of San Diego Program Monitor: Jean Avila

Mental Health America

Father 2 Child

(619) 942-6588

4069 30th Street
San Diego, CA 92104

- Hours:** M/TH 10-4, T/W/F 1-6 (After hours as needed)
Population: African American custodial or non custodial fathers of children under the age of 18 who reside in the Southeast Community
Service: Best practice parenting model "24/7 Dad" offering group services to African American fathers to improve attitudes towards fathering, fathering knowledge, and fathering skills
Specialty Populations: African American children ages 0-18
Parent Organization: Mental Health America of San Diego County
County of San Diego Program Monitor: Tabatha Lang/Wendy Maramba

MHSA Innovation Programs

Wellness and Self Regulation for Children and Youth (619) 397-6990

730 Medical Center Court
Chula Vista, CA 91910

- Population:** Youth residing at New Alternatives South Campus RCL 12 & 14 including all clients who participate in the day treatment mental health program
- Service:** Holistic interventions to help residents re-regulate functioning in areas such as arousal level, mood, physical health, appetite, and eating behavior, social interaction, and sleep patterns. Additional, enhancing skills of Residential Treatment Center (RTC) and day treatment staff to gain competency in wellness activities and interventions to treat mental, behavioral, physical and social concerns
- Specialty Populations:** N/A
- Parent Organization:** New Alternatives
- County of San Diego Program Monitor:** Frances Edwards

Wellness and Self Regulation for Children and Youth (858) 569-2142

3002 Armstrong Street
San Diego, CA 92111

- Population:** Children residing at San Diego Center for Children RCL 12 & 14 including all the clients who participate in the day treatment mental health program
- Service:** Holistic interventions to help residents re-regulate functioning in areas such as arousal level, mood, physical health, appetite, and eating behavior, social interaction, and sleep patterns. Additional, enhancing skills of Residential Treatment Center (RTC) and day treatment staff to gain competency in wellness activities and interventions to treat mental, behavioral, physical and social concerns
- Specialty Populations:** N/A
- Parent Organization:** San Diego Center for Children
- County of San Diego Program Monitor:** Frances Edwards

YMCA Youth and Family Services (619) 543-9850

4080 Centre Street, Suite 300
San Diego 92103

- Hours:** M-F 8:30 to 5PM (Program – based on after school site program hours)
- Population:** Elementary and middle aged youth 5-14 with social emotional/behavioral issues who require support to access/benefit from normalized after school programs
- Service:** Inclusion aids support youth within identified low income and racially diverse after school programs in all regions of San Diego County
- Specialty Populations:** Children with social emotional/behavioral issues
- Parent Organization:** YMCA
- County of San Diego Program Monitor:** Yael Koenig

Innovations-Transition Age Youth (TAY)

Oceanside

(760) 721-8930

215 Barnes Street
Oceanside, CA 92054

Hours: M/F 9:00-5:00, T/W/TH 12:00-8:00, 2nd Sat 12:00-5:00

Escondido

(760) 721-8930

1050 N Broadway
Escondido, CA 92026

Hours: M/F 9:00-5:00, T/W/TH 12:00-8:00, 2nd Sat 12:00-5:00

Downtown San Diego

(619) 232-8126

2220 Broadway
San Diego, CA 92102

Hours: Tues-Sat 12:00-8:00

Chula Vista

(619) 628-2411

1124 Bay Blvd, Suite D
Chula Vista, CA 91911

Hours: Tues –Sat 12:00-8:00

Spring Valley

(619) 258-6877

3845 Spring Drive
Spring Valley, CA 91977

Hours: Tue, Wed, Fri, and Sat 3:00-8:00

Population: Youth and young adults ages 14-25

Service: Coaching (screening, goal setting or life plan development, and support in navigating resources), Mentoring (through Youth Support Partners), and Teaching strategies (scheduled workshops / classes and groups) and Leadership skills. Stabilization housing available for a minimum of 30 identified youth each year

Specialty Populations: A minimum of fifty percent (50%) of youth are expected to be in the foster care system or transitioning out of the system.

Parent Organization: San Diego Youth Services

County of San Diego Program Monitor: Tabatha Lang

Outcome Measures Services

Child and Adolescent Research Services (858) 966-7703

3665 Kearny Villa Road, Suite 200

San Diego, CA 92123

Population: Children and Youth with severe emotional disturbances who are served by County of San Diego Children Mental Health Services

Service: Countywide data and outcomes research services on County of San Diego Children's Mental Health Services. Includes collaboration with County-contracted provider programs and other County departments located in each of the six Health and Human Services regions

Specialty Populations: N/A

Parent Organization: Regents of the University of California, University of California, San Diego

County of San Diego Program Monitor: Elizabeth Miles

School Listing for Children’s Behavioral Health Services **(School-Based Outpatient programs)**

School services are accessed through the schools. School counselors, teachers, and other school personnel can facilitate a referral.

School District: Alpine Union

Provider: Community Research Foundation-Crossroads Family Center

Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021

Phone: (619) 441-1907

Schools: Alpine Community Day School

School District: Borrego Springs Unified

Provider: Vista Hill Foundation-North Inland

Address: 398 D Street, Ramona, CA 92065

Phone: (760) 788-9724

Schools: Borrego Springs Elementary
Borrego Springs Junior High
Borrego Springs High

School District: Cajon Valley Union

Provider: Chaldean-Middle Eastern Social Services

Address: 436 S. Magnolia Ave. Suite #201, El Cajon, CA 92020

Phone: (619) 631-7400

Schools: Cajon Valley Middle
Emerald Middle

School District: Cajon Valley Union (continued)

Provider: New Alternatives, Inc.- Cajon Valley School Project

Address: 395 Ballantyne, Room 101, El Cajon, CA 92020

Phone: (619) 588-3653

Schools: Anza Elementary
Avocado Elementary
Blossom Valley Elementary
Cajon Valley Middle
Community Day
Greenfield Middle
Hillsdale Middle
Jamacha Elementary
Johnson Elementary
Lexington Elementary
Los Coches Creek Middle
Madison Elementary
Magnolia Elementary
Meridian Elementary
Naranca Elementary
W.D. Hall Elementary

School District: Chula Vista Elementary School District

Provider: Community Research Foundation-Nueva Vista Family Services

Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

Phone: (619) 585-7686

Schools: Daly Academy
Feaster-Edison Elementary
Mueller Charter

Provider: South Bay Community Services-South

Address: 1124 Bay Blvd., Suite D, Chula Vista, CA 91911

Phone: (619) 420-3620

Schools: Castle Park Elementary
Harborside Elementary
Lauderbach Elementary
Loma Verde Elementary
Montgomery Elementary
Otay Elementary
Rice Elementary
Silver Wing Elementary
Vista Square Elementary

School District: Encinitas Union

Provider: Rady Children's Hospital San Diego Outpatient Psychiatry-North County
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Ocean Knoll Elementary
Paul Ecke Central Elementary

School District: Escondido Union

Provider: Vista Hill Foundation Lincoln Annex-Escondido
Address: 1029 N Broadway, Escondido, CA 92026
Phone: (760) 489-4126

Schools: Bear Valley Middle
Bernardo Elementary
Central Elementary
Conway Elementary
Del Dios Middle
Farr Elementary
Felicita Elementary
Glen View Elementary
Hidden Valley Middle
Juniper Elementary
Lincoln Elementary
L. R. Green Elementary
Miller Elementary
Miller One Program (ED)
Mission Middle
Nicolasen Center "Community Day School"
North Broadway Elementary
Oak Hill Elementary
Orange Glen Elementary
Pioneer Elementary
Reidy Creek Elementary
Rincon Middle
Rock Springs Elementary
Rose Elementary

School District: Escondido Union High

Provider: Palomar Family Counseling Services-North Inland/North Coastal
Address: 1002 East Grand Avenue, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Escondido High
Orange Glen High
San Pasqual High
Valley High

School District: Fallbrook Union Elementary

Provider: Palomar Family Counseling Services-Fallbrook
Address: 120 West Hawthorne Street, Fallbrook, CA, 92028
Phone: (760) 731-3235

Schools: Fallbrook Street School
Iowa Street School
La Paloma School
Live Oak School
Potter Junior High
William Frazier Elementary

School District: Fallbrook Union High

Provider: Palomar Family Counseling Services-Fallbrook
Address: 120 West Hawthorne Street, Fallbrook, CA, 92028
Phone: (760) 731-3235

Schools: Fallbrook High
Ivy High

School District: Grossmont Union High

Provider: Chaldean & Middle Easter Center
Address: 436 S. Magnolia Ave, Suite 201, El Cajon, CA 92020
Phone: (619) 631-7400

Schools: El Cajon Valley High
Grossmont High

Provider: Rady Children's Outpatient Psychiatry- Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-8471

Schools: Granite Hills High
Santana High
West Hills High

Provider: San Diego Center for Children- East County Outpatient
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942
Phone: (619) 465-5006

Schools: Grossmont High
Helix Charter High
Mount Miguel High
Steel Canyon High

School District: Grossmont Union High (Continued)

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 619-448-9700

Schools: Chaparral High
El Cajon Valley High
El Capitan High
Monte Vista High

School District: Jamul-Dulzura Union

Provider: Community Research Foundation-Crossroads Family Services
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

School: Jamul Intermediate
Jamul Primary
Oak Grove Middle

School District: Julian Union

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main Street, Suite #101, Ramona, CA 92065
Phone: (760) 788-9724

Schools: Julian Elementary
Julian Middle

School District: Julian Union High

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main Street, Suite #101, Ramona, CA 92065
Phone: (760) 788-9724

School: Julian High

San Diego County Office of Education

School District: Juvenile Court and Community Schools

Provider: Community Research Foundation Mobile Adolescent Service Team (MAST)

Address: 1202 Morena Blvd., Suite 300, San Diego, CA 92110

Phone: (619) 398-3261

Schools: 1st Ave Literacy (East)
Arcadia Community (North Coastal/North Inland)
Bay Blvd. Community (South)
Breaking Cycles/Reflections (North Inland)
Chula Vista Community (South)
College Grove Summit (East)
De Oro Community (North Coastal/North Inland)
El Cajon Community (East)
Escondido Community (North Coastal/North Inland)
Fallbrook Learning Center (North Inland)
Goodland Acres Community (East)
Independent Study (Central)
Iris Community (South)
Lakeside Summit (East)
La Mesa Summit (East)
LITT Resources/Old Town (Central)
Metro Summit (Central)
Mira Mesa Summit (Central)
Monarch High (Central)
National City Community (South)
Oceanside Community (North Coastal/North Inland)
Rancho del Oro (North Coastal/North Inland)
San Marcos Tech (North Coastal/North Inland)
San Marcos TRC (North Inland)
South Bay Technology Academy (South)
Sports Academy Summit (South)
Tech Academy (Central)
Teen Options (North Coastal/North Inland)
Thurgood Marshall Community (Central)
University Community (East)
Victoria Community (South)
Worthington Community (South)

School District: Lakeside Union

Provider: San Diego Center for Children- East County Outpatient
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942
Phone: (619) 668-6200

Schools: East County Academy of Learning (ECAL)
Lakeside Farms Elementary
Lakeview Elementary
Lemon Crest Elementary
Lindo Park Elementary
Riverview Elementary
Winter Gardens Elementary

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 619-448-9700

Schools: Lakeside Middle
Tierra Del Sol Elementary

School District: La Mesa-Spring Valley

Provider: Family Health Centers of San Diego-Community Circle East
Address: 3845 Spring Drive, Spring Valley, CA 91977
Phone: (619) 515-2353

Schools: Avondale Elementary
Bancroft Elementary
Casa de Oro Elementary
Highlands Elementary
Kempton Street Elementary
La Presa Elementary
La Presa Middle
Loma Elementary
Quest Academy
Rancho Elementary
Spring Valley Middle
Sweetwater Springs Elementary

School District: La Mesa-Spring Valley (continued)

Provider: San Diego Center for Children- East County Outpatient
Address: 7339 El Cajon Blvd., Suite K, La Mesa, CA 91941
Phone: (619) 668-6200

Schools: Fletcher Hills Elementary
La Mesa Dale Elementary
La Mesa Middle
Lemon Ave Elementary
Maryland Avenue Elementary
Murdock (Glenn E.) Elementary
Murray Manor Elementary
Northmont Elementary
Parkway Middle
Rolando Elementary

School District: Lemon Grove

Provider: San Diego Center for Children-East County Outpatient
Address: 7339 El Cajon Blvd, Suite K, La Mesa, CA 91942
Phone: (619) 668-6200

Schools: Golden Avenue Elementary
Monterey Heights Elementary
Mount Vernon Elementary
Palm Middle
San Altos Elementary
San Miguel Elementary
Vista Elementary

School District: Mountain Empire Unified

Provider: Community Research Foundation-Crossroads Family Services
Address: 1679 E. Main Street, Suite 102, El Cajon, CA 92021
Phone: (619) 441-1907

Schools: Campo Elementary
Clover Flat Elementary
Cottonwood Community Day
Descanso Elementary
Jacumba Elementary
Mountain Empire High
Mountain Empire Middle
Mountain Meadows Alt Ed
Pine Valley Charter/Julian Academy
Pine Valley Elementary
Potrero Elementary
Redhawk Academy

School District: National

Provider: Community Research Foundation-Nueva Vista Family Services
Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911
Phone: (619) 585-7686

Schools: Central Elementary
El Toyon Elementary
Ira Harbinson Elementary
John Otis Elementary
Kimball Elementary
Las Palmas Elementary
Lincoln Acres Elementary
Olivewood Elementary
Palmer Way Elementary

Provider: Paradise Valley ALLY National City Program
Address: 502 Euclid Ave, Suite 103, National City, CA 91950
Phone: (619) 267-5115

Schools: El Toyon Elementary
Ira Harbison Elementary
John Otis Elementary
Kimball Elementary
La Mirada Elementary
Las Palmas Elementary
Lincoln Acres Elementary
Olivewood Elementary
Palmer Way Elementary
Rancho De La Nacion

School District: Oceanside Unified

Provider: North County Lifeline, Inc.
Address: 707 Oceanside Blvd., Oceanside, CA 92054
Phone: (760) 757-0118

Schools: Cesar Chavez Middle
Christa McAuliffe Elementary
Ivey Ranch Elementary
Jefferson Middle

Provider: Palomar Family Counseling Services- North Coastal/North Inland
Address: 1002 East Grand Avenue, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Laurel Elementary
Mission Elementary
Oceanside High School
Palmquist Elementary
South Oceanside Elementary

School District: Oceanside Unified (continued)

Provider: Rady Children's Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Del Rio Elementary
Foussat Elementary
Garrison Elementary
Libby Elementary
Martin Luther King Middle
Nichols Elementary
Reynolds Elementary
San Luis Rey Elementary

Provider: Union of Pan Asian Communities (UPAC)
Address: 1031 25th St., San Diego, CA 92102
Phone: (619) 232-6454

Schools: El Camino High
Lincoln Middle
South Oceanside Elementary

School District: Poway Unified

Provider: Rady Children's Outpatient Psychiatry- North Inland
Address: 625 W Citracado Parkway, Suite 102, Escondido, CA 92025
Phone: (760) 294-9270

Schools: Meadowbrook Middle
Mt. Carmel High
Poway High

School District: Ramona Unified

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main St., Ramona, CA 92065
Phone: (760) 788-9724

Schools: Barnett Elementary
Hanson Elementary
James Duke Elementary
Olive Peirce Middle
Ramona Community
Ramona Elementary
Ramona High

School District: San Diego Unified

Provider: Community Research Foundation-Douglas Young Youth & Family Services
Address: 7907 Ostrow Street, Suite F, San Diego, CA 92111
Phone: (858) 300-8282

Schools: Carver Elementary
Cherokee Point Elementary
Clairemont High
Crawford High
Ibarra Elementary
Lindbergh/Schwitzer Elementary
Mann Middle
Marshall Elementary
Marston Middle
Mira Mesa High
Walker Elementary
Wangenheim Middle

Provider: Family Health Centers of San Diego- Community Circle Central
Address: 2204 National Avenue, San Diego, CA 92113
Phone: (619) 515-2355

Schools: Baker Elementary
Balboa Elementary
Burbank Elementary
Cesar Chavez Elementary
Emerson/Bandini Elementary
Florence Elementary
Laura Rodriguez Elementary
Logan Elementary
Memorial Preparatory
Normal Heights Elementary

Provider: Mental Health Systems- School Based
Address: 4660 Viewridge Avenue, San Diego, CA 92123
Phone: (858) 278-3292

Schools: Audubon Elementary
Carson Elementary
Farb Middle
Kearny High
Linda Vista Elementary
Mission Bay High
Montgomery Middle
Pacific Beach Middle
Serra High
Taft Middle
Twain Middle

School District: San Diego Unified (Continued)

Provider: Prime Healthcare, Inc. Advocating, Listening, & Leading Youth (ALLY)
Address: 490 Emory Street, Imperial Beach, CA 91932
Phone: (619) 267-5115

Schools: Central Elementary
Gompers Preparatory Academy
Zamorano Elementary

Provider: Providence Community Services
Address: 4660 El Cajon Blvd., Suite 210, San Diego, CA 92115
Phone: (619) 640-3266

Schools: Euclid Elementary
Fay Elementary
Franklin Elementary
Garfield Elementary
Hamilton Elementary
Joyner Elementary
Millennial Tech Middle
Monroe Clark Middle
Oak Park Elementary
Rosa Parks Elementary

Provider: Rady Children's Outpatient Psychiatry-Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832 Extension 3794

Schools: Bell Jr. High
Hoover High
Morse High
Wilson Middle

Provider: San Diego Unified School District Early Childhood Mental Health Services-
Incredible Years
Address: 3510 Newton Avenue, Building B103, San Diego, CA 92113
Phone: (619) 238-0471

Schools: Balboa Elementary
Burbank Elementary
Emerson/Bandini Elementary
Euclid Elementary
Kimbrough Elementary
Sherman Elementary

School District: San Diego Unified (Continued)

Provider: San Diego Unified School District Outpatient Program
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123
Phone: (858) 627-7596

Schools: Crawford High
Lincoln High

Provider: San Diego Unified School District-Mental Health Resource Center
Address: 2351 Cardinal Lane, Annex B, San Diego, CA 92123
Phone: (858) 573-2228

Schools: ALBA Middle
ALBA High
Marcy Day Rehab
New Dawn Day Rehab

Provider: San Diego Unified School District-Riley School Program
Address: 5650 Mount Ackerly Drive, San Diego, CA 92111
Phone: (858) 496-8205

Schools: Riley

Provider: Social Advocates for Youth (SAY)
Address: 4275 El Cajon Blvd., Suite 101, San Diego, CA 92105
Phone: (619) 283-9624

Schools: Central Elementary
O'Farrell Community

Provider: Union of Pan Asian Communities (UPAC)- CTC/Rainbow
Address: 1031 25th Street, San Diego, CA 92102
Phone: (619) 232-6454

Schools: Boone Elementary
Chollas/Mead Elementary
Edison Elementary
Fulton Elementary
Gompers Preparatory Academy
Hoover High
Knox Elementary
Lincoln High
Nye Elementary
Paradise Hills Elementary
Porter Elementary
Valencia Park Elementary
Webster Academy

School District: San Diego Unified (Continued)

Provider: YMCA-Therapeutic Interventions Designed to Empower Students (TIDES)
Address: 4080 Center Street, Suite 103, San Diego, CA 92103
Phone: (619) 543-9850

Schools: Bayview Terrace Elementary
Birney Elementary
Clay Elementary
Kimbrough Elementary
Perkins Elementary
Roosevelt Middle
San Diego High
Sherman Elementary

School District: San Marcos Unified

Provider: Rady Children's Outpatient Psychiatry- North Coastal
Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056
Phone: (760) 758-1480

Schools: Alvin Dunn Elementary
San Marcos Elementary
Twin Oaks Elementary
Woodland Park Middle

School District: Santee

Provider: Rady Children's Outpatient Psychiatry-Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-8471

Schools: Hillcreek Elementary
Pepper Drive Elementary
Prospect Avenue Elementary
Rio Seco Elementary
Sycamore Canyon Elementary

Provider: San Diego Youth Services-East County Behavioral Health
Address: 1870 Cordell Court #101, El Cajon, CA 92020
Phone: (619) 448-9700

Schools: Cajon Park Elementary
Carlton Hills Elementary
Carlton Oaks Elementary
Chett Harritt Elementary
Success Program

School District: San Ysidro

Provider: Rady Children's Outpatient Psychiatry-Central/East/South
Address: 3665 Kearny Villa Road, Suite 101, San Diego, CA 92123
Phone: (858) 966-5832

Schools: Sunset Elementary

Provider: San Ysidro Health Center-Youth Enhancement Services (YES)
Address: 3025 Beyer Blvd., Suite E101, San Diego, CA 92154
Phone: (619) 428-5533

Schools: Beyer Elementary
La Mirada Elementary
San Ysidro Middle
Smythe Elementary
Willow Elementary

School District: South Bay Union

Provider: Paradise Valley Advocating, Listening, & Leading Youth (ALLY) South Bay Program
Address: 490 Emory Street, Imperial Beach, CA 91932
Phone: (619) 628-2591

Schools: Bayside Elementary
Berry Elementary
Central Elementary
Emory Elementary
George Nicoloff Elementary
Howard Pence Elementary
Imperial Beach Elementary
Nester Elementary
Oneonta Elementary
Sunnyslope Elementary
Teofilo Mendoza Elementary
Westview Elementary

School District: Spencer Valley

Provider: Vista Hill Learning Center- Ramona/North Inland
Address: 1012 Main Street, #101, Ramona, CA 92065
Phone: (760) 788-9724

School: Spencer Valley Elementary

School District: Sweetwater Union High

Provider: Community Research Foundation-Nueva Vista Family Services

Address: 1161 Bay Blvd., Suite B, Chula Vista, CA 91911

Phone: (619) 585-7686

Schools: Chula Vista High
Chula Vista Middle
Granger Junior High
Hilltop High
Hilltop Middle
National City Middle
SAILS

Provider: South Bay Community Services

Address: 1124 Bay Blvd., Suite D, Chula Vista, CA 91911

Phone: (619) 420-3620

Schools: Castle Park High
Castle Park Middle
Chula Vista High
Chula Vista Middle
Granger Junior
Mar Vista High
Mar Vista Middle
Montgomery High
Montgomery Middle
National City Middle
Palomar High
Southwest High
Southwest Middle
Sweetwater High

Provider: San Ysidro Health Center- Youth Enhancement Services (YES)

Address: 3025 Beyer Blvd., Suite E101, San Diego, CA 92154

Phone: (619) 428-5533

Schools: Mar Vista High
Mar Vista Middle
Montgomery High
Montgomery Middle
San Ysidro High
Southwest High
Southwest Middle

School District: Valley Center-Pauma Union

Provider: Palomar Family Counseling Services
Address: 1002 East Grand Ave, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Lilac Elementary
Oak Glen High
Pauma Elementary
Valley Center Elementary
Valley Center Middle
Valley Center Primary
Valley Center High School

School District: Vista Unified

Provider: North County Lifeline, Inc.
Address: 707 Oceanside Blvd, Oceanside, CA 92054
Phone: (760) 757-0118

Schools: Alamosa Park Elementary
Empresa Elementary
Guajome Park Academy
Major General Raymond Murray High
Mission Meadows Elementary
Mission Vista High School
Olive Elementary
Roosevelt Middle
Temple Heights Elementary
Vista High School
Washington Middle School

Provider: Palomar Family Counseling Services
Address: 1002 East Grand Avenue, Escondido, CA 92025
Phone: (760) 741-2660

Schools: Alta Vista High
Beaumont Elementary
Bobier Elementary
Foothill Oak Elementary
Hannalei Elementary
Monte Vista Elementary
Rancho Minerva Middle
Vista Academy of Visual and Performing Arts (VAPA)
Vista Magnet Middle

School District: Vista Unified (Continued)

Provider: Rady Children's Outpatient Psychiatry- North Coastal

Address: 3605 Vista Way, Suite 258, Oceanside, CA 92056

Phone: (760) 758-1480

Schools: Breeze Hill Elementary
Casita Center Elementary
Grapevine Elementary
Maryland Elementary
Rancho Buena Vista High

Provider: Union of Pan Asian Communities (UPAC)

Address: 1031 25th Street, San Diego, CA 92102

Phone: (619) 232-6454

Schools: Lake Elementary
Madison Middle

School District: Warner Unified

Provider: Vista Hill Learning Center- Ramona/North Inland

Address: 1012 Main St, Suite #101, Ramona, CA 92065

Phone: (760) 788-9724

Schools: Warner Springs Elementary
Warner Springs High
Warner Springs Middle

Community Information

ACCESS Customer Service Center

(866) 262-9881

Extension of the County of San Diego Family Resource Centers (FRCs). ACCESS serves residents, providers, and/or government agencies with questions or needs related to Family Resource Center programs and services, including providing case management services for existing FRC customers

Access and Crisis Line

(888) 724-7240

San Diego Access and Crisis Line at 800-479-3339 (24 hours, 7 days a week). The San Diego Access and Crisis Line specialize in assisting callers through mental health challenges, crisis and suicide prevention as well as alcohol, drug and behavioral health information and referral.

Child Abuse Hotline

(800) 344-6000

Toll free within the State of California

Info-Line

211 (Local)

(800) 227-0997 (Outlying)

Information and referral for all Social Services in San Diego County

Office of the Primary Public Defender- Juvenile Delinquency

(858) 974-5757

County run law offices of the Public Defender

Polinsky Children's Center

(858) 514-4600

County run shelter for children in need of protective services

Social Security Administration

(800) 772-1213

Main information number to access Social Security benefits and information

San Diego Network of Care for Behavioral Health

<http://www.sandiego.networkofcare.org/mh>

Support Groups/Self-Help

Children and Adults with Attention Deficit Disorder (CHADD)

San Diego Chapter (760) 736-1111
National Resource Center (800) 233-4050

Mental Health America

Information on mental health, advocacy, and self-help groups
(619) 543-0412

Alcoholics Anonymous

Central (619) 265-8762
North County (760) 758-2514

Narcotics Anonymous

(619) 584-1007
Spanish speaking line (619) 546-0774
(800) 479-0062

Gamblers Anonymous

(888) 233-8547

NAMI San Diego Helpline (National Alliance on Mental Illness)

Education, Support and Resource Information for family members, consumers, and people
affected by mental illnesses

(619) 543-1434
(800) 523-5933

San Diego County Al-Anon Information Office

(619) 296-2666
If you are calling from North County or East of Alpine
(800) 690-2666

Yellow Ribbon

Suicide Prevention Program
San Diego Chapter (888)724-7240
Nationwide (800)273-TALK (8255)

Behavioral Health Websites

1. San Diego Network of Care for Behavioral Health
<http://sandiego.networkofcare.org/mh/home/>
2. 211 Inform San Diego
<http://www.informsandiego.com>
3. American Academy of Pediatrics California Chapter 3 - San Diego
<http://www.aapca3.org/>
4. American Institutes for Research
<http://www.air.org>
5. ARC of San Diego
<http://www.arc-sd.com>
6. Bi-Polar Kids
<http://www.bpkids.org>
7. Center for School Mental Health
<http://csmh.umaryland.edu/>
8. Department of Managed Health Care
<http://www.dmhc.ca.gov>
9. Health and Human Services of San Diego County
<http://www.sdcounty.ca.gov>
10. OPTUM Health
<http://www.optumhealthsandiego.com>
11. National Alliance on Mental Illness
<http://www.nami.org>
12. National Federation of Families for Children's Mental Health
<http://www.ffcmh.org>
13. Children and Adults with Attention Deficit/Hyperactivity Disorder
<http://www.chadd.org/>
14. Children Mental Health (CMH) Network
<http://www.cmhnetwork.org>
15. Healthy San Diego
http://www.sdcounty.ca.gov/hhsa/programs/ssp/healthy_san_diego/index.html
Access & Crisis Line (888) 724-7240

CYFBHS Provider Resource Manual Edits/Updates

NAME OF ORGANIZATION/AGENCY: _____

ADDRESS: _____

PHONE NUMBER: _____

HOURS OF OPERATION: _____

ELIGIBILITY/POPULATION: _____

SERVICES: _____

CULTURAL/LINGUISTIC SERVICES: _____

SPECIALTY POPULATIONS: _____

PARENT ORGANIZATION: _____

CONTACT/TITLE: _____

OTHER: _____

If you have any revisions, edits, and or comments, please complete this form and send to Grisel Ortega:

Children, Youth and Families Behavioral Health Services
Administration

P.O. Box 85524 – MS: P-531C
San Diego, CA 92186-5524

619-563-2772 / Fax: 619-563-2775

Or e-mail: Grisel.Ortega@sdcounty.ca.gov