ADULT AND OLDER ADULT BEHAVIORAL HEALTH SERVICES

East Region A/OAMH Urgent Walk-In Services

COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY

East County Mental Health Center
1000 Broadway, Suite 210
El Cajon, CA 92021
(619) 401-5500

Mon - Thurs: 9:00 am - 4:00 pm
Friday: 9:00 am - 3:00 pm

91901	91935	91977
91905	91941	91978
91906	91942	91980
91916	91945	92021
91917	91948	92040
91931	91962	92071
91934	91963	

CRF Heartland BPSR Center
1060 Estes Street El Cajon, CA 92020
(619) 440-5133

Mon: 9:00 - 11:00 am
Tues & Thurs: 9:00 am - 4:00 pm
Wed & Fri: 9:00 am - Noon
92019
92020
92022

If you need further assistance, please call the
Access and Crisis Line 1-888-724-7240

Oct 2013