

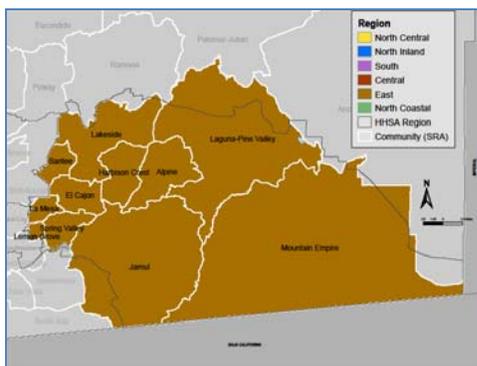
San Diego County Health Briefs

East Region



This brief contains 2011 non-communicable disease data for the East Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.

Non-Communicable Disease



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.1	19.1
Ages 15-24	14.9	16.0
Ages 25-44	25.9	28.6
Ages 45-64	27.6	24.7
Ages 65+	12.5	11.6
White	59.8	48.0
Black	5.6	4.6
Hispanic	25.5	32.4
Asian/Pacific Islander	4.6	11.2
Other	4.6	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	29.3	30.4

Health Outcomes ^{2, 3, 4}	East Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	649	139.1	3,360	107.8
Hospitalization	1,577	337.9	8,809	282.7
Emergency Department Discharge	262	56.1	1,117	35.8
Stroke				
Death	195	41.8	1,031	33.1
Hospitalization	1,279	274.1	6,917	222.0
Emergency Department Discharge	279	59.8	1,739	55.8
Diabetes				
Death	111	23.8	581	18.6
Hospitalization	825	176.8	4,186	134.3
Emergency Department Discharge	722	154.7	4,279	137.3
COPD				
Death	217	46.5	997	32.0
Hospitalization	819	175.5	3,222	103.4
Emergency Department Discharge	1,298	278.2	8,280	265.7
Asthma				
Death	5	1.1	30	1.0
Hospitalization	490	105.0	210	70.3
Emergency Department Discharge	1,610	345.0	9,586	307.7
Cancer, All Causes				
Death	861	184.5	4,812	154.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region



Non-Communicable Disease

Access and Utilization ⁵	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	13.9	16.2
Uninsured All or Part of Year (ages 18-64)	23.6	26.9
Visited Emergency Room in the Past Year (ages 18-64)	17.0	16.5

Health Behaviors ⁵	East Region (%)	County (%)
Current Smoker (ages 18+)	14.6	13.1
Overweight/Obese (ages 18+)	67.2	58.5
Physically Active 1+ Hours Per Day in Past Week (ages 5-11)	**	22.1
Ate Fast Food 3 or More Times in Past Week (all ages)	22.2	18.9
Binge Drinking in Past Year (ages 18+)	36.0	34.9
Ever Diagnosed with High Blood Pressure (ages 18+)	28.7	25.8
Ever Diagnosed with Diabetes (ages 18+)	8.5	7.8
Ever Diagnosed with Asthma (all ages)	15.3	13.7

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2012.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012.

†Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).

* Rates are per 100,000 population.

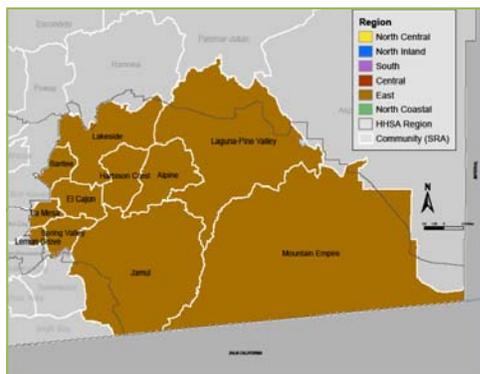
** Indicates statistically unstable estimate.

San Diego County Health Briefs

East Region



This brief contains 2011 communicable disease data for the East Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.1	19.1
Ages 15-24	14.9	16.0
Ages 25-44	25.9	28.6
Ages 45-64	27.6	24.7
Ages 65+	12.5	11.6
White	59.8	48.0
Black	5.6	4.6
Hispanic	25.5	32.4
Asian/Pacific Islander	4.6	11.2
Other	4.6	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	29.3	30.4

Communicable Disease

Health Outcomes ^{2, 3, 4, 5, 6, 7, 8}	East Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	12	2.6	263	8.4
Chronic Hepatitis C, Reported	299	64.1	3,224	103.5
AIDS Incidence	<20	§	247	7.9
HIV Incidence	26	5.6	340	10.9
Chlamydia Reported, Underestimate‡	1,787	382.9	15,447	495.8
Gonorrhea Reported, Underestimate‡	214	45.9	2,168	69.6
Primary and Secondary Syphilis Reported	15	3.2	289	9.3

Deaths				
Influenza (Flu) and Pneumonia	63	13.5	313	10.0

Hospitalizations				
Influenza	59	12.6	319	10.2
Pneumonia	1,232	264.0	6,298	202.1

Emergency Department Discharges				
Influenza	288	61.7	1,798	57.7
Pneumonia	1,000	214.3	6,543	210.0

Health Behaviors & Related Health Factors ⁹	East Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	36.0	34.9
Has Ever Had Sex (ages 12-17)	**	12.5
Has had Flu Vaccination in Past 12 Months (ages 18+)	34.1	36.6
Has had Flu Vaccination in Past 12 Months (ages 0-11)	40.9	51.7

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San Diego County Health Briefs

East Region



Access and Utilization ⁹	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	13.9	16.2
Uninsured All or Part of Year (ages 18-64)	23.6	26.9
Visited Emergency Room in the Past Year (ages 18-64)	17.0	16.5

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 10/2012.
3. County of San Diego, Health & Human Services Agency, Epidemiology & Immunization Services Branch, Communicable Disease Data; SANDAG, Current Population Estimates, released 10/2012.
4. County of San Diego, Health & Human Services Agency, HIV/AIDS Epidemiology Unit, HIV/AIDS Reporting System; SANDAG, Current Population Estimates, released 10/2012.
5. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 10/2012.
6. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
7. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
8. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2012.
9. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012.

†Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).

* Rates are per 100,000 population.

§ Rates note calculated for fewer than 20 events.

‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.

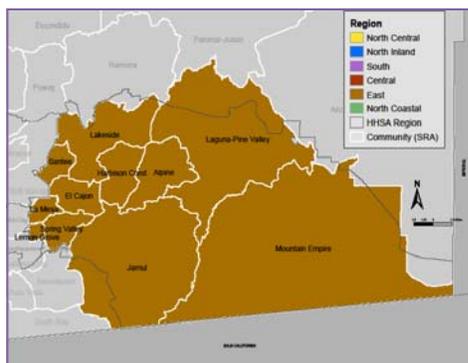
** Indicates statistically unstable estimate.

San Diego County Health Briefs

East Region



This brief contains 2011 maternal & child health data for the East Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.1	19.1
Ages 15-24	14.9	16.0
Ages 25-44	25.9	28.6
Ages 45-64	27.6	24.7
Ages 65+	12.5	11.6
White	59.8	48.0
Black	5.6	4.6
Hispanic	25.5	32.4
Asian/Pacific Islander	4.6	11.2
Other	4.6	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	29.3	30.4

Health Outcomes ^{2, 3, 4, 5}	East Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
Live Births, % of County Births	6,340	14.5%	43,621	100.0%
Live Births to Girls, Ages 15-17, % of County births	91	1.4%	779	1.8%
Live Births with Early Prenatal Care, % of Known Prenatal Care	4,916	77.6%	36,240	83.1%
Live Births born Preterm, % of County births	593	9.4%	3,940	9.1%
Low Birth Weight Births, % of County births	410	6.5%	2,853	6.5%
Very Low Birth Weight Births, % of County births	71	1.1%	458	1.0%
Fetal Mortality Rate per 1,000 live births & fetal deaths (2010)	26	4.0	186	4.1
Infant Mortality, Rate per 1,000 live births	26	4.1	201	4.5
Child Restraint Use, % of MVO Injured ^{††} , Ages 0-5 (2010)	21	91.3%	150	96.2%

Access and Utilization ⁶	East Region (%)	County (%)
No Usual Source of Care (ages 18-64)	13.9	16.2
Uninsured All or Part of Year (ages 18-64)	23.6	26.9
Visited Emergency Room in the Past Year (ages 18-64)	17.0	16.5
Currently Receiving Supplemental Security Income (SSI)	2.8	4.5
Currently Receiving TANF or CalWORKS (all ages, 300% of FPL)	**	5.9
Currently Pregnant (ages 18-64)	**	2.4
Children Age 6 and Under Currently on WIC	**	41.7
Women with Children Under 7 or Are Pregnant on WIC	51.4	48.5
Residents Under 200% FPL Receiving Food Stamps (all ages)	10.6	19.2
Women Below 200% FPL (ages 18-64)	31.7	35.4

Health Behaviors ⁶	East Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	43.3	40.7
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	20.6	13.3
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	46.1	48.3

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region



Health Behaviors ⁶	East Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	36.6	34.0
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	**	18.7
Agree or Strongly Agree that Adults Look Out for Children (ages 12-17)	**	91.0
More Than a Year Since Last Dental Visit (ages 2-11)	**	11.2
Delayed or Didn't Get Medical Care (ages 0-11)	**	5.1
Presence of an Adult at Least Some of the Time After School Hours (ages 12-17)	**	93.8
Has had Flu Vaccination in Past 12 Months (ages 0-11)	40.9	51.7

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
2. Birth Statistical Master File (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, and Family Health Services.
3. Fetal Death & Birth Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, & Family Health Services.
4. Birth & Death Statistical Master File (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, and Family Health Services.
5. SWITRS Database (CPH), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services.
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012.

† Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).
 * Rates are per 1,000 population.
 †† Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.
 ** Indicates statistically unstable estimate.

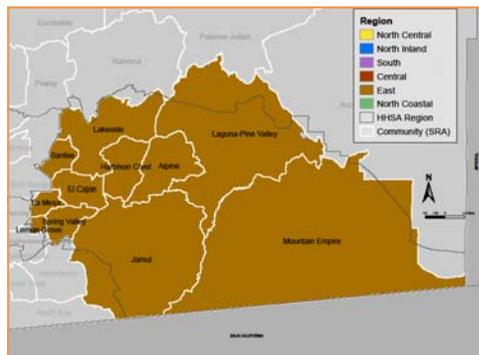
Maternal & Child Health

San Diego County Health Briefs

East Region



This brief contains 2011 injury data for the East Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.1	19.1
Ages 15-24	14.9	16.0
Ages 25-44	25.9	28.6
Ages 45-64	27.6	24.7
Ages 65+	12.5	11.6
White	59.8	48.0
Black	5.6	4.6
Hispanic	25.5	32.4
Asian/Pacific Islander	4.6	11.2
Other	4.6	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	29.3	30.4

Injury

Health Outcomes ^{2, 3, 4, 5}	East Region		County	
	Number	Rate*/((%)	Number	Rate*/((%)
Unintentional Injury (All Causes)				
Deaths	188	40.3	1,017	32.6
Hospitalizations	4,805	875.4	21,717	697.0
Emergency Department Discharges	27,619	5,918.6	158,238	5,078.6
Fall-Related Injury				
Deaths	49	10.5	297	9.5
Hospitalizations	1,982	424.7	10,996	352.9
Emergency Department Discharges	9,758	2,091.1	56,147	1,802.0
Overdose/ Poisoning				
Deaths	95	20.4	448	14.4
Hospitalizations	481	103.1	2,560	82.2
Emergency Department Discharges	997	213.7	5,252	168.6
Motor Vehicle Injuries				
Deaths due to Motor Vehicle Crash (MVC) Injury	26	5.6	199	6.4
Hospitalizations due to MV Injury	461	98.8	2,678	85.9
Emergency Department Discharges due to MV Injury	2,887	618.7	16,180	519.3
Motor Vehicle Crash (MVC) Injuries (2010)	2,643	570.7	17,961	580.3
Alcohol-involved MVC Injuries (2010)	294	63.5	2,199	71.0
Drinking Drivers Involved in MV Crashes (2010)	201	43.4	1,427	46.1
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured ^{††} , Ages 6+ (2010)	2,040	97.2%	11,148	97.1%
Child Restraint Use, % of MVO Injured ^{†††} , Ages 0-5 (2010)	21	91.3%	150	96.2%

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region



Injury

Health Outcomes ^{2, 3, 4, 5}	East Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
Pedestrian Injuries				
Deaths due to motor vehicle crashes (MVC)	6	1.3	39	1.3
Hospitalizations due to MVC	58	12.4	360	11.6
Emergency Department Discharges due to MVC	158	33.9	955	30.7
Injuries due to MVC (2010)	120	25.9	993	32.1
Assault				
Homicides	19	4.1	97	3.1
Hospitalizations	246	52.7	1,450	46.5
Emergency Department Discharges	1,336	286.3	7,502	240.8
Self-Inflicted Injuries				
Suicides	73	15.6	383	12.3
Hospitalizations	343	73.5	2,040	65.5
Emergency Department Discharges	629	134.8	2,439	78.3
Firearm-Related Injuries				
Deaths	54	11.6	206	6.6
Hospitalizations	26	5.6	139	4.5
Emergency Department Discharges	45	9.6	219	7.0
Access and Utilization⁶				
	East Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	13.9		16.2	
Uninsured All or Part of Year (ages 18-64)	23.6		26.9	
Visited Emergency Room in the Past Year (ages 18-64)	17.0		16.5	
Health Behaviors⁶				
	East Region (%)		County (%)	
Binge Drinking in Past Year (ages 18+)	36.0		34.9	
Ever Seriously Thought About Committing Suicide (ages 18+)	7.7		7.4	

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2012.
5. SWITRS Database (CPH), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services.
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012.

†Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).

* Rates are per 100,000 population.

†† Active Restraint Use percentage is defined as those ages 6 years and older who were injured in motor vehicle crashes (MVC) occurring on public roads where the status of active restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

††† Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

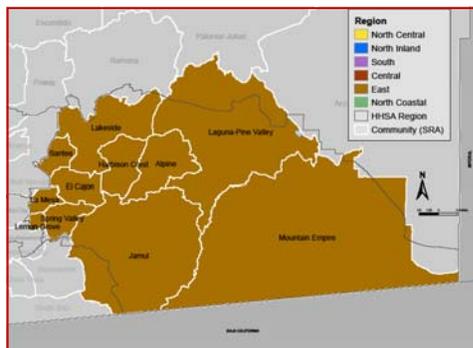
For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region



This brief contains 2011 behavioral health data for the East Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.



Demographics ¹	East Region (%)	County (%)
Ages 0-14	19.1	19.1
Ages 15-24	14.9	16.0
Ages 25-44	25.9	28.6
Ages 45-64	27.6	24.7
Ages 65+	12.5	11.6
White	59.8	48.0
Black	5.6	4.6
Hispanic	25.5	32.4
Asian/Pacific Islander	4.6	11.2
Other	4.6	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	29.3	30.4

Behavioral Health

Health Outcomes ^{2, 3, 4}	East Region		County	
	Number	Rate*	Number	Rate*
Overdose/Poisoning				
Death	95	20.4	448	14.4
Hospitalization	481	103.1	2,560	82.2
Emergency Department Discharge	997	213.7	5,252	168.6
Suicide/Self-Inflicted Injury				
Death	73	15.6	383	12.3
Hospitalization	343	73.5	2,040	65.5
Emergency Department Discharge	629	134.8	2,439	78.3
Dementia				
Death	153	32.8	693	22.2
Hospitalization	12	2.6	107	3.4
Emergency Department Discharge	<5	§	32	0.9
Alzheimer's Disease				
Death	186	39.9	581	18.6
Hospitalization	113	24.2	567	19.0
Emergency Department Discharge	28	6.0	180	5.9
Acute Alcohol-Related Disorder				
Hospitalization	371	79.5	1,701	54.6
Emergency Department Discharge	984	210.9	7,404	237.6
Chronic Alcohol-Related Disorder				
Hospitalization	173	37.1	982	31.5
Emergency Department Discharge	254	54.4	1,918	61.6

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

East Region



Behavioral Health

Health Outcomes ^{2,3,4} Continued	East Region		County	
	Number	Rate*	Number	Rate*
Mood Disorders				
Hospitalization	2,025	433.9	10,307	330.8
Emergency Department Discharge	959	205.5	5,179	166.2
Acute Substance-Related Disorder				
Hospitalization	188	40.3	884	28.4
Emergency Department Discharge	393	84.2	2,219	71.2
Chronic Substance-Related Disorder				
Hospitalization	96	20.6	686	22.0
Emergency Department Discharge	33	7.1	159	5.1
Mental Health Behaviors & Related Health Factors⁵		East Region (%)	County (%)	
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)		8.6	7.7	
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)		**	2.9	
Likely Has Had Frequent Mental Distress During Past Month (ages 12-17)		**	9.7	
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)		5.7	6.0	
Emotions Severely Impaired Work in Past 12 Months (ages 18+)		**	3.1	
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)		**	60.1	
Saw Any healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)		14.2	12.3	
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)		11.2	9.9	
Received Psychological/Emotional Counseling in Past Year (ages 12-17)		**	12.8	
Ever Seriously Thought About Committing Suicide (ages 18+)		7.7	7.4	
Substance Abuse Health Behaviors & Related Health Factors⁵		East Region (%)	County (%)	
Binge Drinking in Past Year (ages 18+)		36.0	34.9	
Ever Tried Marijuana, Cocaine, Sniffing Glue, or Other Drugs (ages 12-17)		**	8.7	
Ever Had an Alcoholic Drink (ages 12-17)		33.0	26.5	

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
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* Rates are per 100,000 population.

§ Rates not calculated for fewer than 5 events.

** Indicates statistically unstable estimate.

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