

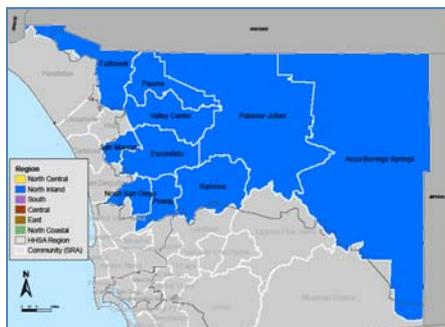
San Diego County Health Briefs

North Inland Region



This brief contains 2011 non-communicable disease data for the North Inland Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.

Non-Communicable Disease



Demographics ¹	North Inland	County (%)
Ages 0-14	20.7	19.1
Ages 15-24	13.9	16.0
Ages 25-44	25.6	28.6
Ages 45-64	26.9	24.7
Ages 65+	13.0	11.6
White	54.6	48.0
Black	1.8	4.6
Hispanic	29.3	32.4
Asian/Pacific Islander	10.5	11.2
Other	3.8	3.8
Households with income less than	26.0	30.4

Health Outcomes ^{2, 3, 4}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Coronary Heart Disease				
Death	613	106.7	3,360	107.8
Hospitalization	1,476	256.9	8,809	282.7
Emergency Department Discharge	227	39.5	1,117	35.8
Stroke				
Death	202	35.2	1,031	33.1
Hospitalization	1,271	221.2	6,917	222.0
Emergency Department Discharge	447	77.8	1,739	55.8
Diabetes				
Death	99	17.2	581	18.6
Hospitalization	562	97.8	4,186	134.3
Emergency Department Discharge	624	108.6	4,279	137.3
COPD				
Death	226	39.3	997	32.0
Hospitalization	502	87.4	3,222	103.4
Emergency Department Discharge	1,186	206.4	8,280	265.7
Asthma				
Death	<5	§	30	1.0
Hospitalization	317	55.2	210	70.3
Emergency Department Discharge	1,218	212.0	9,586	307.7
Cancer, All Causes				
Death	942	164.0	4,812	154.4

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Inland Region



Non-Communicable Disease

Access and Utilization ⁵	North Inland Region (%)	County (%)
No Usual Source of Care (ages 18-64)	14.3	16.2
Uninsured All or Part of Year (ages 18-64)	27.5	26.9
Visited Emergency Room in the Past Year (ages 18-64)	17.5	16.5

Health Behaviors ⁵	North Inland Region (%)	County (%)
Current Smoker (ages 18+)	14.1	13.1
Overweight/Obese (ages 18+)	61.5	58.5
Physically Active 1+ Hours Per Day in Past Week (ages 5-11)	17.2	22.1
Ate Fast Food 3 or More Times in Past Week (all ages)	14.3	18.9
Binge Drinking in Past Year (ages 18+)	35.8	34.9
Ever Diagnosed with High Blood Pressure (ages 18+)	30.1	25.8
Ever Diagnosed with Diabetes (ages 18+)	6.4	7.8
Ever Diagnosed with Asthma (all ages)	12.2	13.7

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2012.
5. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012.

†Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).

* Rates are per 100,000 population.

§ Rates not calculated for fewer than 5 events.

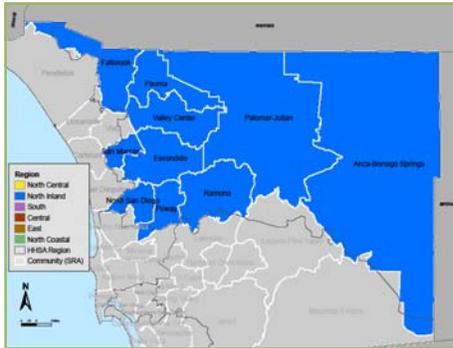
San Diego County Health Briefs

North Inland Region



This brief contains 2011 communicable disease data for the North Inland Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.

Communicable Disease



Demographics ¹	North Inland Region (%)	County (%)
Ages 0-14	20.7	19.1
Ages 15-24	13.9	16.0
Ages 25-44	25.6	28.6
Ages 45-64	26.9	24.7
Ages 65+	13.0	11.6
White	54.6	48.0
Black	1.8	4.6
Hispanic	29.3	32.4
Asian/Pacific Islander	10.5	11.2
Other	3.8	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	26.0	30.4

Health Outcomes ^{2, 3, 4, 5, 6, 7, 8}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Tuberculosis	27	4.7	263	8.4
Chronic Hepatitis C, Reported	242	42.1	3,224	103.5
AIDS Incidence	<20	§	247	7.9
HIV Incidence	<20	§	340	10.9
Chlamydia Reported, Underestimate‡	1,451	252.5	15,447	495.8
Gonorrhea Reported, Underestimate‡	119	20.7	2,168	69.6
Primary and Secondary Syphilis Reported	12	2.1	289	9.3

Deaths				
Influenza (Flu) and Pneumonia	61	10.6	313	10.0

Hospitalizations				
Influenza	66	11.5	319	10.2
Pneumonia	1,232	214.4	6,298	202.1

Emergency Department Discharges				
Influenza	263	45.8	1,798	57.7
Pneumonia	1,144	199.1	6,543	210.0

Health Behaviors & Related Health Factors ⁹	North Inland Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	35.8	34.9
Has Ever Had Sex (ages 12-17)	**	12.5
Has had Flu Vaccination in Past 12 Months (ages 18+)	35.5	36.6
Has had Flu Vaccination in Past 12 Months (ages 0-11)	54.5	51.7

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Inland Region



Communicable Disease

Access and Utilization ⁹	North Inland Region (%)	County (%)
No Usual Source of Care (ages 18-64)	14.3	16.2
Uninsured All or Part of Year (ages 18-64)	27.5	26.9
Visited Emergency Room in the Past Year (ages 18-64)	17.5	16.5

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
2. County of San Diego, Health & Human Services Agency, Tuberculosis Control Program, County TB Registry; SANDAG, Current Population Estimates, released 10/2012.
3. County of San Diego, Health & Human Services Agency, Epidemiology & Immunization Services Branch, Communicable Disease Data; SANDAG, Current Population Estimates, released 10/2012.
4. County of San Diego, Health & Human Services Agency, HIV/AIDS Epidemiology Unit, HIV/AIDS Reporting System; SANDAG, Current Population Estimates, released 10/2012.
5. County of San Diego, Health & Human Services Agency, HIV, STD and Hepatitis Branch, Morbidity Database; SANDAG, Current Population Estimates, released 10/2012.
6. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
7. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
8. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2012.
9. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012.

†Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).

* Rates are per 100,000 population.

§ Rates not calculated for fewer than 20 events.

‡ Underestimate due to cases with unknown residence. Approximately 30% of chlamydia and gonorrhea cases have missing residence data each year.

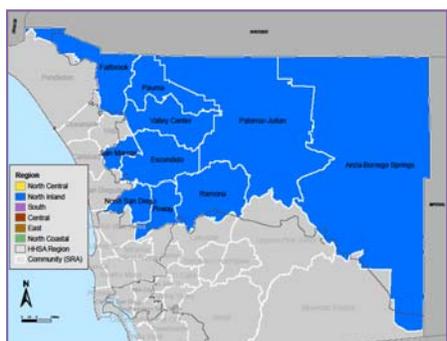
** Indicates statistically unstable estimate.

San Diego County Health Briefs

North Inland Region



This brief contains 2011 maternal & child health data for the North Inland Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.



Demographics ¹	North Inland Region (%)	County (%)
Ages 0-14	20.7	19.1
Ages 15-24	13.9	16.0
Ages 25-44	25.6	28.6
Ages 45-64	26.9	24.7
Ages 65+	13.0	11.6
White	54.6	48.0
Black	1.8	4.6
Hispanic	29.3	32.4
Asian/Pacific Islander	10.5	11.2
Other	3.8	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	26.0	30.4

Health Outcomes ^{2, 3, 4, 5}	North Inland Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
Live Births, % of County Births	7,923	18.2%	43,621	100.0%
Live Births to Girls, Ages 15-17, % of County births	133	1.7%	779	1.8%
Live Births with Early Prenatal Care, % of Known Prenatal Care	6,569	82.9%	36,240	83.1%
Live Births born Preterm, % of County births	696	8.8%	3,940	9.1%
Low Birth Weight Births, % of County births	501	6.3%	2,853	6.5%
Very Low Birth Weight Births, % of County births	89	1.1%	458	1.0%
Fetal Mortality Rate per 1,000 live births & fetal deaths (2010)	37	4.5	186	4.1
Infant Mortality, Rate per 1,000 live births	29	3.7	201	4.5
Child Restraint Use, % of MVO Injured ^{††} , Ages 0-5 (2010)	27	93.1%	150	96.2%

Access and Utilization ⁶	North Inland Region (%)	County (%)
No Usual Source of Care (ages 18-64)	14.3	16.2
Uninsured All or Part of Year (ages 18-64)	27.5	26.9
Visited Emergency Room in the Past Year (ages 18-64)	17.5	16.5
Currently Receiving Supplemental Security Income (SSI)	**	4.5
Currently Receiving TANF or CalWORKS (all ages, 300% of FPL)	**	5.9
Currently Pregnant (ages 18-64)	**	2.4
Children Age 6 and Under Currently on WIC	41.2	41.7
Women with Children Under 7 or Are Pregnant on WIC	48.9	48.5
Residents Under 200% FPL Receiving Food Stamps (all ages)	24.8	19.2
Women Below 200% FPL (ages 18-64)	31.7	35.4

Health Behaviors & Related Health Factors ⁶	North Inland Region (%)	County (%)
Adults Under 200% FPL Unable to Afford Enough Food	38.0	40.7
Ate Fast Food 3 or More Times in Past Week (ages 2-17)	**	13.3
Children Who Eat Less Than 5 Servings of Fruits and Vegetables Daily (ages 2-11)	46.2	48.3

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Inland Region



Health Behaviors ⁶	N. Inland Region (%)	County (%)
Women with a High School Degree or Less Education (ages 25+)	34.6	34.0
Child Attends Preschool, Nursery school, or Head Start Program At Least 10 hrs/wk (ages <6)	21.4	18.7
Agree or Strongly Agree that Adults Look Out for Children (ages 12-17)	**	91.0
More Than a Year Since Last Dental Visit (ages 2-11)	**	11.2
Delayed or Didn't Get Medical Care (ages 0-11)	**	5.1
Presence of an Adult at Least Some of the Time After School Hours (ages 12-17)	**	93.8
Has had Flu Vaccination in Past 12 Months (ages 0-11)	54.5	51.7

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
 2. Birth Statistical Master File (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, and Family Health Services.
 3. Fetal Death & Birth Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, & Family Health Services.
 4. Birth & Death Statistical Master File (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Maternal, Child, and Family Health Services.
 5. SWITRS Database (CPH), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services.
 6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012.
- † Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).
- * Rates are per 1,000 population.
- †† Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.
- ** Indicates statistically unstable estimate.

San Diego County Health Briefs

North Inland Region



This brief contains 2011 injury data for the North Inland Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.



Demographics ¹	North Inland Region (%)	County (%)
Ages 0-14	20.7	19.1
Ages 15-24	13.9	16.0
Ages 25-44	25.6	28.6
Ages 45-64	26.9	24.7
Ages 65+	13.0	11.6
White	54.6	48.0
Black	1.8	4.6
Hispanic	29.3	32.4
Asian/Pacific Islander	10.5	11.2
Other	3.8	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	26.0	30.4

Injury

Health Outcomes ^{2, 3, 4, 5}	North Inland Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
Unintentional Injury (All Causes)				
Deaths	215	37.4	1,017	32.6
Hospitalizations	3,758	654.1	21,717	697.0
Emergency Department Discharges	27,821	4,842.1	158,238	5,078.6
Fall-Related Injury				
Deaths	69	12.0	297	9.5
Hospitalizations	1,945	338.5	10,996	352.9
Emergency Department Discharges	9,877	1,719.0	56,147	1,802.0
Overdose/ Poisoning				
Deaths	75	13.1	448	14.4
Hospitalizations	349	60.7	2,560	82.2
Emergency Department Discharges	881	153.3	5,252	168.6
Motor Vehicle Injuries				
Deaths due to Motor Vehicle Crash (MVC) Injury	54	9.4	199	6.4
Hospitalizations due to MV Injury	432	75.2	2,678	85.9
Emergency Department Discharges due to MV Injury	3,041	529.3	16,180	519.3
Motor Vehicle Crash (MVC) Injuries (2010)	3,278	575.6	17,961	580.3
Alcohol-involved MVC Injuries (2010)	396	69.5	2,199	71.0
Drinking Drivers Involved in MV Crashes (2010)	266	46.7	1,427	46.1
Active Restraint Use, % of Motor Vehicle Occupants (MVO) Injured ^{††} , Ages 6+ (2010)	2,307	97.1%	11,148	97.1%
Child Restraint Use, % of MVO Injured ^{†††} , Ages 0-5 (2010)	27	93.1%	150	96.2%
Pedestrian Injuries				
Deaths due to motor vehicle crashes (MVC)	8	1.4	39	1.3
Hospitalizations due to MVC	44	7.7	360	11.6

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San Diego County Health Briefs

North Inland Region



Injury

Health Outcomes ^{2, 3, 4, 5}	North Inland Region		County	
	Number	Rate*/(%)	Number	Rate*/(%)
Pedestrian Injuries				
Deaths due to motor vehicle crashes (MVC)	8	1.4	39	1.3
Hospitalizations due to MVC	44	7.7	360	11.6
Emergency Department Discharges due to MVC	132	23.0	955	30.7
Injuries due to MVC (2010)	111	19.5	993	32.1
Assault				
Homicides	11	1.9	97	3.1
Hospitalizations	119	20.7	1,450	46.5
Emergency Department Discharges	897	156.1	7,502	240.8
Self-Inflicted Injuries				
Suicides	56	9.7	383	12.3
Hospitalizations	295	51.3	2,040	65.5
Emergency Department Discharges	394	68.6	2,439	78.3
Firearm-Related Injuries				
Deaths	30	5.2	206	6.6
Hospitalizations	11	1.9	139	4.5
Emergency Department Discharges	43	7.5	219	7.0
Access and Utilization⁶				
	N. Inland Region (%)		County (%)	
No Usual Source of Care (ages 18-64)	14.3		16.2	
Uninsured All or Part of Year (ages 18-64)	27.5		26.9	
Visited Emergency Room in the Past Year (ages 18-64)	17.5		16.5	
Health Behaviors⁶				
	N. Inland Region (%)		County (%)	
Binge Drinking in Past Year (ages 18+)	35.8		34.9	
Ever Seriously Thought About Committing Suicide (ages 18+)	7.3		7.4	

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2012.
5. SWITRS Database (CPH), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services.
6. UCLA Center for Health Policy Research, California Health Interview Survey (CHIS), 2011-2012.

†Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).

* Rates are per 100,000 population.

†† Active Restraint Use percentage is defined as those ages 6 years and older who were injured in motor vehicle crashes (MVC) occurring on public roads where the status of active restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

††† Child Restraint Use percentage is defined as the percentage of children ages 0-5 who are properly restrained as motor vehicle occupants (MVO) in crashes occurring on public roads where the status of restraint use was known. Data are by location of occurrence. The data come from the California Highway Patrol Statewide Integrates Traffic Records System.

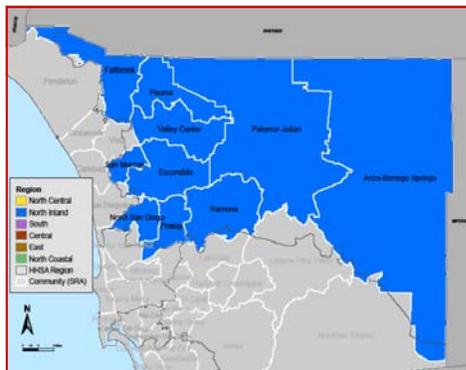
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San Diego County Health Briefs

North Inland Region



This brief contains 2011 behavioral health data for the North Inland Region of San Diego County. For more data and statistics, visit www.SDHealthStatistics.com.



Demographics ¹	North Inland Region (%)	County (%)
Ages 0-14	20.7	19.1
Ages 15-24	13.9	16.0
Ages 25-44	25.6	28.6
Ages 45-64	26.9	24.7
Ages 65+	13.0	11.6
White	54.6	48.0
Black	1.8	4.6
Hispanic	29.3	32.4
Asian/Pacific Islander	10.5	11.2
Other	3.8	3.8
Households with income less than 200% Federal Poverty Level (FPL) [†]	26.0	30.4

Behavioral Health

Health Outcomes ^{2, 3, 4}	North Inland Region		County	
	Number	Rate*	Number	Rate*
Overdose/Poisoning				
Death	75	13.1	448	14.4
Hospitalization	349	60.7	2,560	82.2
Emergency Department Discharge	881	153.3	5,252	168.6
Suicide/Self-Inflicted Injury				
Death	56	9.7	383	12.3
Hospitalization	295	51.3	2,040	65.5
Emergency Department Discharge	394	68.6	2,439	78.3
Dementia				
Death	139	24.2	693	22.2
Hospitalization	31	5.4	107	3.4
Emergency Department Discharge	<5	§	32	0.9
Alzheimer's Disease				
Death	300	52.2	1,221	39.2
Hospitalization	122	21.2	567	19.0
Emergency Department Discharge	38	6.6	180	5.9
Acute Alcohol-Related Disorder				
Hospitalization	271	47.2	1,701	54.6
Emergency Department Discharge	1,098	191.1	7,404	237.6
Chronic Alcohol-Related Disorder				
Hospitalization	223	38.8	982	31.5
Emergency Department Discharge	129	22.5	1,918	61.6

For more data and statistics, visit www.SDHealthStatistics.com

San Diego County Health Briefs

North Inland Region



Behavioral Health

Health Outcomes ^{2, 3, 4} Continued	North Inland Region		County	
	Number	Rate*	Number	Rate*
Mood Disorders				
Hospitalization	1,627	283.2	10,307	330.8
Emergency Department Discharge	931	162.0	5,179	166.2
Acute Substance-Related Disorder				
Hospitalization	152	26.5	884	28.4
Emergency Department Discharge	333	58.0	2,219	71.2
Chronic Substance-Related Disorder				
Hospitalization	146	25.4	686	22.0
Emergency Department Discharge	19	3.3	159	5.1

Mental Health Behaviors & Related Health Factors ⁵	N. Inland Region (%)	County (%)
Likely Has Had Serious Psychological Distress During Past Year (ages 18+)	5.8	7.7
Likely Has Had Serious Psychological Distress During Past Month (ages 18+)	2.0	2.9
Likely Has Had Frequent Mental Distress During Past Month (ages 12-17)	**	9.7
Emotions Severely Impaired Social Life in Past 12 Months (ages 18+)	5.9	6.0
Emotions Severely Impaired Work in Past 12 Months (ages 18+)	**	3.1
Unable to Work 8 Days or More Due to Mental Problems (ages 18+ with psychological distress)	58.5	60.1
Saw Any Healthcare Provider for Emotional-Mental and/or Alcohol-Drug Issues in Past Year (ages 18+)	11.4	12.3
Has Taken Prescription Medicine for 2 or More Weeks for Emotional/Mental Health Issues in Past Year (ages 18+)	10.2	9.9
Received Psychological/Emotional Counseling in Past Year (ages 12-17)	**	12.8
Ever Seriously Thought About Committing Suicide (ages 18+)	7.3	7.4

Substance Abuse Health Behaviors & Related Health Factors ⁵	N. Inland Region (%)	County (%)
Binge Drinking in Past Year (ages 18+)	35.8	34.9
Ever Tried Marijuana, Cocaine, Sniffing Glue, or Other Drugs (ages 12-17)	**	8.7
Ever Had an Alcoholic Drink (ages 12-17)	**	26.5

Sources

1. Current Demographic Estimates, San Diego Association of Governments (SANDAG), released 10/2012.
 2. Death Statistical Master Files (CDPH), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
 3. Patient Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Epidemiology & Immunization Services Branch; SANDAG, Current Population Estimates, released 10/2012.
 4. Emergency Department Discharge Database (CA OSHPD), County of San Diego, Health & Human Services Agency, Public Health Services, Emergency Medical Services; SANDAG, Current Population Estimates, released 10/2012.
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- † Federal Poverty Level for 2011 (\$10,890 for single person, \$3,740 for each additional person, \$22,350 for four-person-family).
- * Rates are per 100,000 population.
- § Rates not calculated for fewer than 5 events.
- ** Indicates statistically unstable estimate.

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