

Breast-feeding/Lactation Workplace Policy

.....

Communities Putting Prevention to Work is a program of the County of San Diego Health and Human Services Agency funded by the federal Centers for Disease Control and Prevention through the American Recovery and Reinvestment Act from March 19, 2010 to March 18, 2012. The goal of the grant is to reduce chronic disease through policy, environmental, and organizational changes that target three focus areas: healthy physical activity, healthy nutrition, and healthy school environments.

Focus Area: Healthy Nutrition

Background: Breast-feeding provides many health benefits to both mothers and their babies and is good for business and society. However, many businesses and school districts do not have policies that provide a supportive environment for mothers to continue providing breast milk for their babies once they return to work.

Outcome:

- Increase the number of employers throughout San Diego County that will adopt and implement workplace breast-feeding/lactation policies.
- Work with schools to support implementation of workplace breast-feeding/lactation policies.

Deliverables:

Workplace Breast-feeding/Lactation Policies for Businesses

- Assist businesses in establishing and institutionalizing workplace breast-feeding/lactation policies.
- Produce a business intervention replication plan to assist county/statewide replication.

Workplace Breast-feeding/Lactation Policies for School Districts and Schools

- Assist school districts and schools in establishing and institutionalizing workplace breast-feeding/lactation policies.
- Produce a school districts/schools intervention replication plan to assist county/statewide replication.

Contractor: University of California, San Diego (UCSD)

Contact: Anne Kashiwa, adkashiwa@ucsd.edu

