



To: Emergency Medical Alert Network (EMAN) Participants
Date: September 27, 2006

West Nile Virus Confirmed in San Diego County Resident

A 76-year old man is the first locally-acquired case of West Nile Virus (WNV) infection this year in San Diego County. He is currently hospitalized with meningoencephalitis and experienced symptoms including fever (105 F), headache, lethargy, body aches, dizziness, and disorientation. The man had no reported exposure to mosquitoes, however he did report a recent history of hiking and gardening outdoors. No other family members report similar symptoms.

San Diego County clinicians are reminded to promptly report all cases of meningitis and encephalitis to the Community Epidemiology Branch (CEB). Additionally, WNV is now a reportable condition for both laboratories and clinicians in California. After consultation with CEB, the San Diego County Public Health Laboratory may offer WNV testing for patients with encephalitis, aseptic meningitis, acute flaccid paralysis, atypical Guillain-Barre Syndrome, transverse myelitis, or febrile illness compatible with West Nile fever lasting ≥ 7 days. For WNV specimen submission information, please call the Public Health Laboratory at 619-692-8500.

For WNV information and guidance for clinicians, please visit: <http://www.cdc.gov/ncidod/dvbid/westnile/clinicians/>.

Thank you for your continued participation.

Emergency Medical Alert Network (EMAN)
County of San Diego, Health & Human Services Agency
Community Epidemiology Branch