

## Healthy Works, Making a Difference



*Healthy Works*, which is the County of San Diego's Communities Putting Prevention to Work (CPPW) program, is funded by the federal Centers for Disease Control and Prevention through the American Recovery and Reinvestment Act from March 19, 2010 to March 18, 2012. The goal of the grant is to reduce chronic disease through environmental and systems changes that target three focus areas: healthy physical activity, healthy nutrition, and healthy school environments.



### Funding

- Original CPPW grant: total received 3/10: \$16,105,299 • Jobs created/retained: 59.2 (as of 9/11)
- Enhanced Evaluation grant: total received 9/10: \$1,768,581 • Jobs created/retained: 11.89 (as of 9/11)



## Accomplishments, October - November 2011



### Healthy Places

- Five Safe Routes to School SANDAG grant awardees leverage \$160,000 in funding to nearly \$2.5 million.
- Walk to School Day sees 4500 students walk or ride to school -- nearly 30% of the students at 22 schools.
- The 47th Street transit station project is the subject of a new Health Impact Assessment tool, to be used to integrate health impact/benefit assessments in future transportation projects at SANDAG and member agencies.



### Healthy Foods

- Mt. Hope Community Garden breaks ground, will provide much-needed garden plots for residents.
- People's Produce Project reopens farmers market in new, more convenient location at 4951 Market Street, next to Euclid Avenue trolley station, and continues to add vendors.
- Nourish Day San Diego stages breakfast meeting of local growers and community partners, screens award-winning "Nourish: Food + Community" at farmers market event.
- Legislators Breakfast brings together elected officials and other policy makers in a discussion of the positive impact of urban and rural agriculture on the local economy.



### Healthy Schools

- Joint-use partnership and community gardens workshop educates the community on the benefits of joint use agreements between schools and community, how to overcome barriers, and how to negotiate joint-use agreements.
- Safe Routes to School policy roundtable draws 32 school board members, policymakers, administrators, and staff to learn about adopting and implementing SRTS policies.
- 70 schools are now enrolled in SchoolPool, up 75% from last school year, and 530 parents are enrolled, up 33% from last year.



### Overarching Activities

- Obesity rates for school children in San Diego drops nearly 4% from 2005 to 2010, according to Center for Public Health Advocacy study.
- HHSA, SANDAG staff attend New York Fit Nation 2011 Conference, discuss how to advance healthy design in San Diego.
- HHSA director and staff present at the annual American Public Health Association meeting in Washington, D.C., providing local government health executives with strategies to implement policy, systems and environmental change to prevent chronic disease through the framework of Live Well, San Diego!



*The goals of the Healthy Works program are being achieved through partnerships between the Health and Human Services Agency (HHSA), contractors, and community partners. HHSA awarded \$3.1 million to the San Diego Association of Governments, \$3.1 million to the San Diego County Office of Education, \$3.4 million to the University of California, San Diego, \$468,537 to Community Health Improvement Partners, and \$1.1 million to San Diego State University.*

