

A Family Walk is designed for fun, fitness, and family. It is a walk along a pre-marked route. It is non-competitive and not timed. You may walk for free. All are welcome.

**Procedures:** Walk, jog, or run at your own pace.

**Disclaimer:** Participants do so at their own risk. The sponsor will make every reasonable effort to make the events safe and enjoyable for all. However, the sponsors and organizers cannot be held responsible for any lost or stolen articles, accidents, or injury of any kind at any time.

**Start Location:** Lemon Grove Library  
8073 Broadway  
Lemon Grove, CA 91945  
(619) 463-9819

Ask a person behind the main desk for the “Walking Box.”

Lemon Grove Branch Hours						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
9:30-6	9:30-8	9:30-8	9:30-6	9:30-5	9:30-5	CLOSED

**Trail Description:**

Both the 10K (6 mile) and 5K (3 mile) walks are rated an 1.5 out of 5. (There is one short hill at the beginning of the walk.) The walks are on city streets and along the paved trails in parks. Strollers, wagons ok. Wheelchairs might be a problem due to the hill.

Pets are OK on a leash with cleanup.

The walk is available daily.

We request that you walk from dawn to dusk only.

Information on other walks sponsored by the San Diego County Rockhoppers can be found at the club’s web site:  
[www.sandiegorockhoppers.com](http://www.sandiegorockhoppers.com)

**Miscellaneous:** Water and rest rooms are available at many locations along the route.

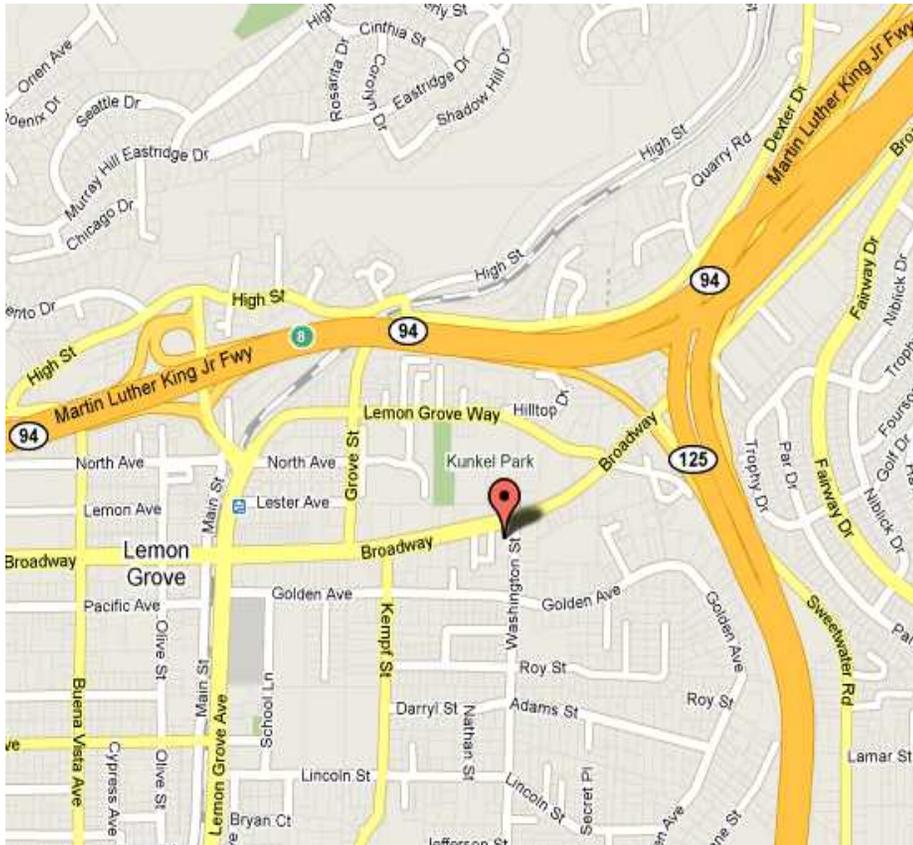
Special thanks to the administrative staff of the **Lemon Grove Library** for their cooperation in making this year-round walk possible.



Directions:

From Route 94

Exit at Lemon Grove Avenue and head south to Broadway. Turn left on Broadway. Go ½ mile and turn right into the shopping center just before Washington Street. The library is in the shopping center. There is ample parking in the shopping center.



# Year-Round Family Walk Lemon Grove Library Lemon Grove, CA 10K (6 miles) & 5K (3 miles)



Sponsored by the  
**San Diego County Library Association**  
and the  
**San Diego County Rockhoppers  
Walking Club**