



sandiegocountylibrary **events**

La Mesa Branch Library

8074 Allison Avenue
La Mesa, CA 91942
Phone: (619) 469-2151

September 2015

Library Hours

M-Th: 9:30AM – 8PM
F-S: 9:30AM – 5PM, Sun: 12 – 5PM
Text: (619) 928-2251

Children's Programs

Storytimes

Baby (0-18 months) Tuesdays at 11:30 am
Bilingual Spanish & English (all ages) Tuesdays at 4 pm
PJ Storytime (all ages) Wednesdays at 6:30 pm
Preschool (3-5 year olds) Thursday September 10 & 24, 10:30 am
Toddler (1-3 year olds) Fridays at 9:45am & 10:45 am

Preschool Yoga

Do you want to roar like a lion or swim like a fish? Using children's books as inspiration, a certified children's yoga instructor will engage children with yoga exercises. Have children wear comfortable clothing. Thursday September 3 & 17 at 10:30 am

Afternoon Kids' Craft

Create a different craft each week (5-10 year olds). Thursdays at 3:30 pm

LEGO Club

Join the fun and build with other LEGO fans. In-house LEGO toys will be provided. Mondays, September 14 & 28, 4 pm

Paws to Read with Jake

Kids ages 4-11 read to Jake the therapy dog to improve their reading skills. Sign up for 15 minute sessions. Monday, September 21, 3-4 pm

Teens (6th-12th grade)

Printed Book Covers

Using bubble wrap we'll create printed book covers. Choose your paints and customize your book covers. Snacks provided. Open to 6th-12th graders. Thursday, September 10, 4 pm

Teen Book Club

Pick up a copy of the current title at the desk. We'll talk about what we think of the book and vote on the next title to read. Open to 6th-12th graders. Refreshments. Thursday, September 17, 4 pm

Teen Movie

Sequel to the hit musical comedy about a college singing group competing for an international prize, starring Anna Kendrick and Rebel Wilson. Open to 6th-12th graders. Snacks provided. Tuesday, September 22, 4 pm

Action Council of Teens

Have a say in what teen materials we buy, how the teen room is decorated, plan all future teen events, design the teen flyer, and more. Attendance can count as community service. Open to 6th-12th graders. Refreshments. Thursday, September 24, 4 pm

Math Homework Help

Get one-on-one help with your homework for algebra, geometry, or trigonometry. Sign-up required. Open to 6th-12th graders. Mondays, Tuesdays and Wednesdays 4:15 pm

Adults

Morning Stretch

This program features exercise done seated and standing, and is a great way to burn calories, reduce stress, increase endurance, and feel better overall. This class will be Tuesday mornings until September 15, and will switch to Saturday mornings starting September 19. No class September 26. Tuesdays, September 1, 8 & 15, September 19, 8:30 am – 9:30 am.

Friends of the Library Bookstore
Open 1-4 PM daily.

Bereavement Support Group

VITAS Hospice invites you to a drop-in group for anyone who has suffered the loss of a loved one. Participants gain support from others who are experiencing loss. Tuesday, September 1, 10:30 am

Mindfulness Practice for Mental Wellness

Mindfulness is a skill for managing anxiety and depression and enhancing personal relationships. Learn a variety of mindful practices, such as sitting or walking meditation. Registration required; contact the library. Tuesday, September 1 & 8, 6:30 pm

NOW We're Talking!

A series using art and literature as stepping stones for deep conversation about identity, community, and politics. Pick up reading at front desk. Wednesday, September 2, 10:30 am – noon

Sustainable Gardening

Learn how to grow and maintain your landscape in a time of drought with sustainable gardening techniques with Master Gardener Lynlee Austell-Slayer. Saturday, September 12, 2 pm

Comic Lovers Book Club

Join fellow comic fans to talk about graphic novels, manga, comic movies and more. Learn about great upcoming titles or series you might have missed. More info at [Facebook.com/LaMesaComicClub](https://www.facebook.com/LaMesaComicClub). Tuesday, September 15, 6 pm

Adult Book Club

Join us to discuss *Astoria* by Peter Stark. Pick up book at front desk. Wednesday, September 16, 10:30 am

Geocaching 101

Learn about geocaching to get ready for an upcoming contest. RSVP @ srts@ci.la-mesa.ca.us. Saturday, September 19, 10am

Stories for Seniors

Actor Walter Ritter will read a variety of entertaining and literary works for those who love the spoken word. Thursday, September 17, 1 pm

Saturday Movie

Seventh movie of the Fast & Furious series about a tight-knit band of street racers, starring Vin Diesel and Paul Walker. On a big screen TV in the teen room. Saturday, September 19, 2 pm

DRAW

Learn basic drawing techniques in pencil and charcoal. Reservations required, materials supplied. Monday, September 21, 4:30 pm

Film: The Ghost Mountain Experiment

Screening a "lost episode" of Huell Howser's "California Gold" series about a family who lived off the grid for 17 years in the Anza-Borrego desert. Director John McDonald will discuss the film and answer questions. Monday, September 21, 2 pm

Ongoing

Scrabble Club

Stop in and play with other Scrabble fans. Mondays, 4-6 pm

Ebook Tutoring

Schedule your appointment for a one-on-one session and learn to download library ebooks and magazines. Available Tuesdays 3-4 pm and Fridays 1-2 pm; call the library to schedule.

Chess Club

Drop in for a game with others. Wednesdays, 3-5 pm

Knitting Club

Bring your project and chat with other knitters. Wednesdays, 6-8 pm

Introductory Computer Classes

Learn basic computer skills, registration required.

Saturdays, 8:45-9:30 am

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30 AM-Morning Stretch 10:30 AM-Bereavement Support Group 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help 6:30 PM-Mindfulness Practice	2 10:30 AM-Now We're Talking! 3:00 PM-Chess Club 4:15 PM-Math Homework Help 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	3 10:30 AM-Preschool Yoga 3:30 PM-Afternoon Craft (5-10 year olds)	4 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	5 8:45 AM-Introductory Computer Classes
6	7 All Day-Labor Day Closure	8 8:30 AM-Morning Stretch 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:00 PM-Family Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help 6:30 PM-Mindfulness Practice	9 3:00 PM-Chess Club 4:15 PM-Math Homework Help 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	10 10:30 AM-Preschool Storytime 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Printed Book Covers (teen)	11 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	12 8:45 AM-Introductory Computer Classes 2:00 PM-Sustainable Gardening
13	14 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help	15 8:30 AM-Morning Stretch 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help 6:00 PM Comic Lovers Book Club	16 10:30 AM-La Mesa Library Book Club 3:00 PM-Chess Club 4:15 PM-Math Homework Help 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	17 10:30 AM-Preschool Yoga 1:00 PM-Stories for Seniors 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Teen Book Club	18 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	19 8:45 AM-Introductory Computer Classes 10:00 AM-Geocaching101 2:00 PM-Saturday Movie
20	21 2:00 PM-Film: Ghost Mountain Experiment 3:00 PM-Paws to Read with Jake 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help 4:30 PM-DRAW	22 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:00 PM-Teen Movie 4:15 PM-Math Homework Help	23 3:00 PM-Chess Club 4:15 PM-Math Homework Help 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	24 10:30 AM-Preschool Storytime 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Action Council of Teens	25 All Day-Fine Free Friday 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	26 8:30 AM-Morning Stretch 8:45 AM-Introductory Computer Classes
27	28 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help	29 11:30 AM-Baby Lapsit 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help	30 3:00 PM-Chess Club 4:15 PM-Math Homework Help 6:00 PM-Knitting Club 6:30 PM-PJ Storytime			

