



# sandiegocountylibrary **events**

## La Mesa Branch Library

8074 Allison Avenue  
La Mesa, CA 91942  
Phone: (619) 469-2151

## September 2016

## Library Hours

M-Th: 9:30AM – 8PM  
F-S: 9:30AM – 5PM, Sun: 12 – 5PM  
Text: (619) 928-2251

**Note: the library will be CLOSED on Monday, September 5 for the Labor Day holiday.**

### Children's Programs

#### Storytimes

Baby (0-18 months) Tuesdays at 11:30 am  
Bilingual Spanish & English (all ages) Tuesdays at 4 pm  
PJ Storytime (all ages) Wednesdays at 6:30 pm  
Preschool (3-5 year olds) Thursdays at 10:30 am  
Toddler (1-3 year olds) Fridays at 9:45am & 10:45 am

#### Paws to Read with Jake the Dog

Kids ages 4-11 read to Jake the therapy dog to improve their reading skills. Sign up for 15 minute sessions. Monday, September 19, 3-4 pm

#### Tween Program

Be a part of a new Tween group. Offer your ideas for library programs, make new friends, and have fun. Ages 8-11. Wednesday, September 7 & 14, 4:00 pm

#### LEGO Club

Join the fun and build with other LEGO fans. In-house LEGO toys will be provided. For ages 4-14. Mondays, 4 pm

#### Afternoon Kids' Craft

Create a different craft each week (5-10 year olds). Thursdays at 3:30 pm

### Teens (6<sup>th</sup>-12<sup>th</sup> grade)

#### Random CRAFTdom

Different kinds of crafts available to make and take home. Open to 6th-12th graders. Snacks provided. Thursday, September 8, 4-5 pm

#### Teen Book Club

Pick up a copy of the current title at the desk. We'll talk about what we think of the book and vote on the next title to read. Refreshments. Thursday, September 15, 4:00 pm

#### Action Council of Teens

The A.C.T. will decide on what teen materials we should purchase, design event flyers, plan all future teen events, decorate the teen room, and more. Attendance can count as community service. Refreshments. Thursday, September 22, 4:00 pm

#### Teen Movie

The orc civilization fleeing its dying home immediately comes into conflict with the humans of Azeroth in this fantasy adventure based on the *World of Warcraft* video game. Thursday, September 27, 4:00 pm

#### Math Homework Help

Get one-on-one help with your homework for algebra, geometry, or trigonometry. Sign-up required. Mondays and Tuesdays, 4:15 pm

### Adults

#### Bereavement Support Group

VITAS Hospice invites you to a drop-in group for anyone who has suffered the loss of a loved one. Gain support from others who are experiencing loss. Tuesday, September 6, 10:30 am

#### NOW We're Talking!

A series using art and literature as stepping stones for deep conversation about identity, community, and politics. Pick up reading at front desk. Wednesday, September 7, 10:30 am – noon

#### Parenting Classes: Infants, Toddlers, and Pre-Schoolers

Topics include: understanding young children, building self-esteem in the early years, and helping young children learn to cooperate. Pre-registration required. Contact Valeria Moore at Home Start, Inc. to register: 619-631-8972. Thursdays, 5:45 pm – 7:45 pm.

#### Parenting Classes: Age 6-12

Topics include: understanding yourself and your child, encouraging your child and yourself, discipline that makes sense, and many more. Pre-registration required. Babysitting provided with pre-registration. Contact Valeria Moore at Home Start, Inc. to register: 619-631-8972. Saturdays, 10:00 am – 12:00 pm.

#### Coloring for Adults

A fun way to exercise your creativity and relax your mind. We provided a variety of coloring designs and pencils so you can create unique pieces of art to bring home. Saturday, September 10, 1:00 pm

#### Covered California & Medi-Cal Assistance

Have questions about health insurance and Medi-Cal? A representative from San Diego Family Care will be here to help with your questions. Wednesday, September 14, 1 pm

#### Tales Out Loud

Actor Walter Ritter will read a variety of entertaining and literary works for those who love the spoken word. Thursday, September 15, 1 pm

#### Life and Living Around Mt. Helix

La Mesa Historical Society president James Newland will talk about his new book *Around Mt. Helix*, and the communities that surround it. He will also give a short preview of the Society's upcoming Historical Home Tour. Saturday, September 17, 10:30 am

#### Men's Bereavement Support Group

VITAS Hospice invites you to a monthly drop-in group for any man who has suffered the loss of a loved one. Participants gain support from others who are experiencing grief and are seeking ways to cope with day to day challenges. FREE of charge. Tuesday, September 20, 10:30 am

#### Comic Lovers Book Club

Join fellow comic fans to talk about graphic novels, manga, comic movies and more. Learn about great upcoming titles or series you might have missed. More info at [Facebook.com/LaMesaComicClub](https://www.facebook.com/LaMesaComicClub). Tuesday, September 20, 6:00 pm

#### Adult Book Club

Join a lively group of thinkers as we discuss *Hausfrau* by Jill Alexander Essbaum. Books available for pick up at the front desk. Wednesday, September 21, 10:30 am

#### Saturday Movie

A crisis divides superheroes along moral lines, with one side supporting Captain America and the other fighting for Iron Man. Saturday, September 24, 2:00 pm

### Ongoing

#### Scrabble Club

Stop in and play with other Scrabble fans. Mondays, 4-6 pm

#### Ebook Tutoring

Schedule your appointment for a one-on-one session and learn to download library ebooks. By appointment only, Tuesdays 2-3 pm and Fridays 1-2 pm.

#### Knitting Club

Bring your project and chat with other knitters. Wednesdays, 6-8 pm

#### SilverSneakers Yoga

Gentle yoga and strengthening exercises for all skill levels. Saturdays, 8:30-9:30 am.

*Friends of the Library  
Bookstore  
Open 1-4 PM daily.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 10:30 AM-Preschool Storytime 3:30 PM-Afternoon Craft (5-10 year olds) 5:45 PM-Parenting Classes: Infants, Toddlers, and Pre-Schoolers	<b>2</b> 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>3</b> 8:30 AM-SilverSneakers Yoga
<b>4</b>	<b>5</b> All Day-Labor Day Closure	<b>6</b> 10:30 AM-Monthly Bereavement Support Group 11:30 AM-Baby Lapsit 2:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe	<b>7</b> 10:30 AM-Now We're Talking! 4:00 PM-Tween Program 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>8</b> 10:30 AM-Preschool Storytime 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Random CRAFTdom 5:45 PM-Parenting Classes: Infants, Toddlers, and Pre-Schoolers	<b>9</b> 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>10</b> 8:30 AM-SilverSneakers Yoga <b>1:00 PM- Coloring for Adults</b>
<b>11</b>	<b>12</b> 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help	<b>13</b> 11:30 AM-Baby Lapsit 2:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help	<b>14</b> 2:00 PM-Covered California and Medi-Cal Assistance 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>15</b> 10:30 AM-Preschool Storytime 1:00 PM- Tales Out Loud 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Teen Book Club 5:45 PM-Parenting Classes: Infants, Toddlers, and Pre-Schoolers	<b>16</b> 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>17</b> 8:30 AM-SilverSneakers Yoga 10:00 AM-Parenting Classes: Parenting Ages 6-12 <b>10:30 AM-Life and Living Around Mt. Helix</b>
<b>18</b>	<b>19</b> 3:00 PM-Paws to Read with Jake 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help	<b>20</b> <b>10:30 AM-Men's Bereavement Support Group</b> 11:30 AM-Baby Lapsit 2:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help <b>6:00 PM-Comic Lovers Book Club</b>	<b>21</b> <b>10:30 AM-La Mesa Library Book Club</b> 4:00 PM-Tween Program 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>22</b> 10:30 AM-Preschool Storytime 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Action Council of Teens	<b>23</b> 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	<b>24</b> 8:30 AM-SilverSneakers Yoga 10:00 AM-Parenting Classes: Parenting Ages 6-12 2:00 PM-Saturday Movie
<b>25</b>	<b>26</b> 4:00 PM-Lego Club 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help	<b>27</b> 11:30 AM-Baby Lapsit 2:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:00 PM- Teen Movie 4:15 PM-Math Homework Help	<b>28</b> 6:00 PM-Knitting Club 6:30 PM-PJ Storytime	<b>29</b> 10:30 AM-Preschool Storytime 3:30 PM-Afternoon Craft (5-10 year olds)	<b>30</b> All Day-Fine Free Friday 9:45 AM-Toddler Storytime 10:45 AM-Toddler Storytime 1:00 PM-Ebook Tutoring	

