



SAN DIEGO

GRIEF RESOURCE DIRECTORY

2006 - 2007

Provided as a service of the Jenna Druck Foundation
and the San Diego Bereavement Consortium
to assist families and professionals
seeking high quality bereavement care.

Check our web site for additions, revisions & updates:
<http://www.jennadruck.org>

*To those who have loved and lost
And those who walk with us in the darkness,
Searching for light.*

INTRODUCTION

The Jenna Druck Foundation, working in conjunction with the San Diego Bereavement Consortium, is proud to present the Fourth Edition of the San Diego Grief Resource Directory. On these pages, you will find the most current listings for bereavement programs and services in our area

The Jenna Druck Foundation has been helping bereaved families since our inception in 1996. Our Families Helping Families Program is part of a large network serving San Diegan's who are dealing with the death of a loved one. In 1998, we formed the San Diego Bereavement Consortium, whose purpose is to strengthen the overall quality and accessibility of bereavement services and programs to San Diego.

It is through the dedication and hard work of our staff and volunteers that this Directory is made possible, year after year. Special thanks to Denise Hankins, Jerry Bobroff and Chéri R. Pierre for their unwavering commitment to completing this Directory and to the over 50 members of the San Diego Bereavement Consortium for their continuing support.

Lastly, our gratitude to the dedicated professionals and volunteers who have created quality programs and services to help families in our community every day.

Ken Druck, Ph.D.
Founder
The Jenna Druck Foundation

To submit changes, visit our web site, www.jennadruck.org, E-mail fhf@jennadruck.org or contact us at (619) 294-8000.

Although these listings have been prepared with great care, we cannot and do not guarantee or warrant that they are complete or that they are in all instances correct. Clinician credentials, qualifications, and training are as reported to The Jenna Druck Foundation by them. Responsibility of authenticity lies in those seeking services.

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BEREAVEMENT PROGRAM DESCRIPTIONS

IN ALPHABETICAL ORDER

B

Ken Barbee, Ph.D.

A Caring Touch of San Diego
3510 Front St., San Diego, CA 92103
(619) 543-0339
(619) 729-5821 (available 24 hours)
drkenbarbee7@aol.com -or- drkenbarbee@cox.net

Dr. Barbee served five years on the staff of Stephen Arterburn's New Life Clinics of Atlanta and founded "A Caring Touch of San Diego" specializing in life's losses. A bereaved parent, Ken has developed a "grief packet" which is available upon request.

Cynthia L. Bernee, MS, MFT

3707 Third Avenue, San Diego, CA 92103
-and- 425 No. Date, Escondido, CA 92025
(858) 272-7496
cbernee@san.rr.com

Cynthia has 18 years of experience counseling of those with grief, loss, and trauma issues. She also works with survivors of torture. Cynthia offers individual, family, and couples work.

Liza Boyer, LCSW

7132 La Jolla Blvd., La Jolla, CA 92037
(858) 456-1689
(858) 456-1347 Fax
engelboyer@earthlink.net

Liza has 10 years of experience working with issues of trauma, grief and loss with groups, families, and individuals. She offers supportive psychotherapy in a home office with private entrance and parking.

Robert Bray, Ph.D., LCSW, CTS

5959 Mission Gorge Road, #106, San Diego, CA 92120
(619) 283-1116

Robert specializes in TFT (Thought Field Therapy), a self-help approach to dealing with the trauma that so often accompanies grief.

Linda Brown, RN, CTS, MFT

4407 Manchester Avenue, #204, Encinitas, CA 92024
(760) 753-2288

Linda focuses on working with crime victims including homicide survivors and assault survivors. She works with adults and children.

C

Caring Ministries

La Jolla Presbyterian Church, Rev. Gary Robertson
7715 Draper, La Jolla, CA 92037

(858) 454-0713

(858) 454-6642 Fax

garyr@ljpres.org

Caring Ministries offers a 13-week GriefShare program small group discussions and video. Groups are held Sundays, 10:30 a.m. to 11:45 a.m. and do not run continuously. Please call for dates.

Cherami House Professionals

321 N. Pomona Avenue, Fullerton, CA 92832

(714) 773-5006

Cherami House, located in downtown Fullerton in a colonial home setting, offers all types of trauma and grief counseling services.

Children's Hospital of San Diego

Rev. John Breeding

3020 Children's Way, MC5081, San Diego, CA 92123

(858) 966-7493

(858) 576-5896 Fax

jbreding@chsd.org

www.chsd.org

The Children's Hospital Bereavement Support Groups meet the second Thursday of every month to provide families with grief education, support and the opportunity to share feelings about their loss. The Adult Group, facilitated by social workers and a bereaved parent, is open to all families from Children's Hospital. Child life specialists facilitate a Sibling Group using art activities, group discussion and games. Children express their feelings, clarify misconceptions about death and grief, enhance their coping skills and learn from other children who share similar experiences. Seven-week sessions are offered four times per year for adults and siblings.

Clinica de Ayuda Psicologica, A Spanish Language Grief Support

SDSU Department of Counseling and School Psychology

160-168 North Education, San Diego, CA 92128

(619) 594-4918

La Orientacion Individual puede ser util cuando Usted esta pasando por un proceso de cambio en la vida; por ejemplo, la perdida de un ser querido, un divorcio, una enfermedad o problemas de relaciones interpersonales. La Orientacion Familiar (para parejas o amigos) puede ser util cuando hay problemas en la escuela con uno de los ninos, problemas de depresion, perdida del empleo, rebeldia de uno de los ninos, conflictos de la pareja o problemas de comunicacion entre los miembros de la familia.

Kay Cogswell, LCSW, Director of Bereavement Services

Hospice of the North Coast, Director of Bereavement

312 S. Cedres Ave. Suite 250, Solana Beach, CA 92075

(858) 794-0195

(800) 451-6016

kcogswell@nctimes.net

College of Education, SDSU

Carmen Guanipa, Ph.D.

5500 Campanile Drive, San Diego, CA 92182

(619) 594-7727

The Department of Counseling & School Psychology offers evening support to individuals, couples, families, and children.

The Compassionate Friends

Box 355 - 4735 Clairemont Drive, San Diego, CA 92117

(619) 583-1555

(619) 687-7738

www.compassionatefriends.org

sdtcf@sdaccess.net

The San Diego Chapter of The Compassionate Friends assists families in the positive resolution of grief following the death of a child and provides information to help others be supportive. The Compassionate Friends is a national, nonprofit, self-help support organization offering friendship and understanding to families who are grieving the death of a child of any age, from any cause. The chapter meets the first Wednesday of each month at 7:00 p.m. at the Scripps Mende Well-Being Clinic, 4305 La Jolla Village Drive, San Diego, CA 92122. Parents, siblings, adolescents and children are welcome.

E

Eagle's Wings

Veteran's Memorial Center and Museum

2115 Park Blvd., San Diego, CA 92101

(619) 234-9464

(619) 234-4759 Fax

www.sdvmc.org/organizations

eaglewing@pacbell.net -or- anr@tfb.com

Formed to help the military widowed during the grieving process, Eagle's Wings holds four sessions per year, beginning in January, ending in October. The program consists of an informational presentations and small group discussions that address the grieving process. Trained facilitator. Sessions normally held on consecutive Sunday afternoons, from 12 to 3:00 p.m. Second and third sessions go from 1 to 3:00 p.m. Fourth session concludes with a special ceremony and potluck. Meetings held at the Veterans Memorial Center. No charge for services.

El Camino Mortuary

5600 Carroll Canyon Rd., San Diego, CA 92121

(858) 453-2121

(858) 453-2609 Fax

bvalentine@stei.net

El Camino Mortuary offers bereavement support and education.

Elizabeth Hospice

Ti Johnson

150 West Crest Street, Escondido, CA 92025

(760) 796-3734

(800) 797-2050

(760) 796-3788 Fax

bereavement@elizabethhospice.org
www.elizabethhospice.org

The Elizabeth Hospice offers ten open drop-in groups in various North County locations. Services include a Spanish-speaking group, children's program, art therapy group and camp, caregiver respite group, healing walks and bereavement basics class. Ongoing training available for professionals and volunteers.

Empty Cradle ~ El Cajon Program

Claudia Blumenstock, President
455 Church Way, El Cajon, CA 92017
(619) 595-3887
(619) 272-3929 Fax
tlshenton@cox.net
emptycradlenewsletter@yahoo.com

Empty Cradle is a self-help support group for parents who have experienced the loss of a baby due to miscarriage, stillbirth or infant death. Support is offered by a parent network, monthly meetings and written materials. Meetings are held at 7:00 p.m. the third Monday of each month at Fletcher Hills Presbyterian Church, 455 Church Way, El Cajon. Guest speakers for the first hour and sharing circles during the second. Individual telephone support is also available through a network of trained parents who have also experienced a loss. Lending library. Pre-registration required. No fee.

Empty Cradle ~ Vista Program

Claudia Blumenstock, President
1600 Bueno Vista Drive, Vista, CA 92081
(619) 595-3887
(619) 272-3929 Fax
tlshenton@cox.net
emptycradlenewsletter@yahoo.com

The meetings provide a forum for open discussion of feelings and concerns and are held at 7:00 p.m. the first Monday of the month at Palomar Universalist Fellowship in Vista. Individual telephone support is available through a network of trained parents, each of which has experienced a loss.

Judy Ervice, LMFT.

3707 Third Avenue, San Diego, CA 92103
(619) 294-9011
jervicemfcc@cox.net

Judy has a private psychotherapy practice with experience and a special interest in assisting with various types of grief and loss including the chronic illness and/or death of a child. Support is available to individuals, couples, and families in a warm and caring environment. Additional areas of specialty include couples, victims of domestic violence, women's issues, co-dependency and depression.

Extra Miles Ministries

2206 Luz Way, Oceanside, CA 92056
(760) 439-4381
(760) 845-3986 Cell
(760) 439-4381 Fax

www.go2matthew541.org
extramile@go2matthew541.org

This organization, formed to respond to any crisis, trauma or tragedy, assists victims and emergency service personnel through grief or trauma by providing emotional and spiritual coping skills. Extra Miles Ministries also has training classes for those interested in Crisis Intervention or just wanting to help others in need.

F

Fallbrook Hospice

624 E. Elder Street, Fallbrook, CA 92028
(760) 728-1191

Fallbrook Hospice offers an informal grief support group every 1st and 3rd Tuesday of the month at 2:30 p.m. at the hospital.

Lisa Falls MPS, ATR-BC

2667 Camino del Rio South, Suite 100A, San Diego, CA 92108
(619) 295-2787

www.lisafalls.com
LFallsarttherapy@aol.com

Lisa is a board certified art therapist in private practice, specializing in bereavement counseling, grief and loss issues, traumatic loss due to suicide, homicide or accidents, with children, teens, and adults. Art therapy offers an alternative to speaking while addressing emotional concerns, and is healing for all ages. Lisa also uses an energy psychology technique, EFT (Emotional Freedom Techniques), which is particularly effective in addressing traumatic losses. Lisa offers art therapy and EFT workshops for adults and children, including "Healing the Healer" workshops designed for the healing professional. She co-facilitates a monthly Survivor of Suicide group, free of charge.

Families Helping Families, a program of The Jenna Druck Foundation

3636 Fifth Avenue, Suite 201, San Diego, CA 92103
(619) 294-8000
(619) 294-8889 Fax

www.jennadruck.org
Fhf@jennadruck.org

Families Helping Families (FHF) offers support, education and consultation to families who have experienced the death of a loved one. Programs include individual, family, school and workplace consultation, day-long intensive workshops and support groups (including groups for parents, young siblings, fathers, mothers, "9-11 families," yoga, "violent loss" and young adults). Services provided by trained professionals and volunteers, many of whom have lost a child. Some bilingual services. Monthly Grief Education Forums and original "downloadable" publications, including newsletter and CD's. Providing local and national leadership in the field of grief education/literacy and community-based support services. Registration is required. No cost for services.

Jill Fitzgerald, LCSW, Art Therapist

Skylight Studio and Therapy Office
10567 Oak Creek Drive, Lakeside, CA 92040
(619) 561-1882

jfitzart@skylight-studio.com

“Art as Process” workshops for adults. Therapeutic but not therapy. Provides a wonderful adjunct to bereavement work. Emphasis on self-care, present moment awareness, and creative renewal. All materials are provided. No experience needed. Jill offers a safe, non-judgmental environment, supporting each individual’s personal journey.

Art as Mediation - Process Painting. Become absorbed in the moment. No need to plan. Colors, shapes and images emerge onto the paper. Let go of judgment and control. Welcome option of inner peace, joy and creative flow.

Art-Journaling to Honor Self and Others. Learn about art-journaling when sitting with someone who is terminally ill as well as in supporting yourself with non-verbal means of self-care during times of grief and loss.

Self-Care and the Creative Process. Emphasis on following your pleasure and developing greater personal insight. Mediums include collage, painting, sculpture and journaling.

Jeremy Forbes

P. O. Box 8349, La Jolla, CA 92038

(858) 459-8310

(858) 454-2715 Fax

Goodgriefjeremy@sbcglobal.net

Jeremy Forbes is a paraprofessional Bereavement Counselor with over 15 years experience counseling grieving people with losses. Encourages active participation in the grieving process. Primarily individual counseling. Large collection of grief-related materials available. Minimal or no charge.

G

Sue Goodell, M.A., M.S., MFT

PO Box 2328

Del Mar, CA 92014

Offices in Del Mar and San Diego

(619) 997-5333

suegoodell@sbcglobal.net

www.camft-sandiego.org/suegoodell.htm

<http://www.sandiegotherapists.com/goodell.html>

Sue has over 28 years of experience with individuals and families providing support, trauma treatment and recovery. She is Certified and an Approved Consultant in the International Association of EMDR.

G.R.A.S.P. (Grief Recovery after Substance Passing)

Pat and Russ Wittberger

1088 Torrey Pines Road, Chula Vista, CA 91915

(619) 656-8414

(619) 397-3493 Fax

www.jennysjourney.org -or- www.grasphelp.org

patruss@griefsupport.us -or- mom@jennysjourney.org

Provide services for family and friends grieving a death from drugs. Two groups offered on the third Saturday of every month at 4720 Kensington Drive, 10:00 a.m. for parents and for 1 Pm for other relationships. Available to meet with individuals. Call for information.

Grossmont Hospital, Center for Spiritual Care

Rev. Leigh Ann Shaw, Chaplain/Bereavement Coordinator
5555 Grossmont Center Dr., La Mesa, CA 91942
(619) 644-4170

The Grossmont Hospital Spiritual Care Department provides bereavement support, phone counseling, and drop-in services to those who have had a loved one die in Grossmont Hospital. Services are offered by professionally trained chaplains who can focus on the spiritual issues that arise after the loss of a family member. Holiday groups available. Call for more information.

H**Horizon Hospice**

13053 Poway Road, Suite A, Poway, CA 92064
(858) 748-3030

Horizon Hospice provides palliative health and psychosocial services to patients and families facing a life-threatening illness. Bereavement services include support group meetings throughout San Diego county as well as individual counseling for those dealing with the loss of a loved one.

Hospice by the Sea

Linda Fox, MSW
312 South Cedros Avenue, Suite 250, Solana Beach, CA 92075
(858) 794-0195
(800) 451-6016

www.hospicebythesea.org

Open and closed adult bereavement groups, individual sessions and workshops on grief are offered during the day and evening. Workshops and groups are open to the community. All of the above services are without charge.

Hospice of the North Coast

Kay Cogswell, LCSW, Director of Bereavement Services
Scott Johnson, MA, Director of Trauma & Youth Services
5441 Avenida Encinitas, Suite A, Carlsbad, CA 92008
(760) 431-4100
(760) 431-4133 Fax

www.hospicenorthcoast.org

Kcogswell@nctimes.net

Hospice of the North Coast offers a wide range of counseling opportunities for people of all ages, which include individual, family, and group counseling. Groups for adults (day and evening), seniors, parents and children. An annual family bereavement retreat, Camp H.O.P.E. is offered every July for children age six and up with a parent or guardian. A Day of Remembrance, Light Up a Life, is held in December. No charge for services. Call to register and to check for current schedules. Massage is also available.

Marlene Hyde, MFT

3252 Holiday Court, La Jolla CA 92037
(858) 558-3008

Macausa@earthlink.net

Marlene offers specialized experience in counseling bereaved adults and children; those living with illness in the family; individuals/couples experiencing emotional/relationship difficulties; children/teens experiencing behavioral/emotional problems. She is an adjunct faculty member at

San Diego State University and teaches graduate students in the Marriage and Family Therapy Program. Marlene also supervises the clinical work of interns at a hospice.

I

International Association of Near-Death Studies, San Diego Chapter

Vanessa Chicca

P.O. Box 1841, Bonita, CA 91908-1841

(619) 479-1320

(619) 479-0797 Fax

www.iands.org

-or- www.members.cox.net/mymanners

mymanners@cox.net

We welcome people with an interest in near-death experiences, angel encounters, pre-death visions, and after death communications. The group meets from 1:00 p.m. to 3:00 p.m. on the first Saturday of the month in the Seminar Room at the Scripps Ranch Library Center; 10301 Scripps Lake Drive, San Diego.

J

Jewish Family Services of San Diego

Rabbi Goldstein

3715 Sixth Avenue, San Diego, CA 92103

(619) 291-0473

www.jewishfamilyservicesd.org

jfs@jfssd.org

The Jewish Healing Center offers services for seriously ill and bereaved adults including individual counseling, rabbinical support and adult bereavement groups. Adults Groups offered day or evening.

Jewish Family Services, North County Inland

Bruce Sachs, Ph.D.

16776 Bernardo Center Drive, Suite 206, San Diego, CA 92128

(858) 674-6441

(858) 674-6491 Fax

www.jewishfamilyservicesd.org

JFS@jfssd.org

Twelve week Grief Recovery Group helps bereaved individuals work through the feelings connected to their loss. The group helps create a new sense of personal direction and understanding that helps participants move forward in their lives. Adult groups are offered on a sliding scale basis from \$5.00 - \$15.00 per session. Pre-registration required.

K

Kaiser Permanente

Karen Evans, LCSW

3420 Kenyon Street, San Diego, CA 92110

(619) 221-6125

(619) 221-6565 Fax

Provides counseling to couples and adults only. Daytime appointments only.

Kaiser Permanente Hospice

Pat Myers, Bereavement Coordinator
10992 San Diego Mission Rd, San Diego, CA 92108
(619) 641-4100
(619) 641-4111 Fax
Ann.n.nolin@kp.org

Kaiser Hospice offers four bereavement support groups to it's' members as well as the community at large. Most are open-ended/drop-in groups facilitated by an LCSW and volunteer. From time to time, an eight-week focus group runs concurrent with support groups.

Sherri Kaplan, MFT

162 S. Rancho Santa Fe Road, Suite F2
Encinitas, CA 92024
(760) 736-2998
Sherrickaplan1@aol.com

A licensed marriage and family therapist who is a bereaved parent. Counsels individuals, couples and families in any stage of the grieving process. Day, evening and weekend appointments available. Sliding fee available.

Meg Kaufman, MFT

9815 Carroll Canyon Road, Suite 101, San Diego, CA 92131
(858) 566-3333
megmft@sbcglobal.net

Meg supports individuals through difficult transitions including the death of a loved one, divorce, separation, or relationship problems. Meg also specializes in pet loss. She has additional office hours on weekends and is located in the Scripps Ranch/Mira Mesa area.

L**Leukemia and Lymphoma Society/San Diego/Hawaii Chapters**

Laurie Soto Levy, Patient Services Manager
8575 Gibbs Drive, Suite 26.2, San Diego, CA 92123
(858) 277-1800, Ext. 230
(800) 215-1098, Ext. 230
(858) 277-1748 Fax
www.leukemia-lymphoma.org
SotoLevyL@ca-sd.leukemia-lymphoma.org

The Leukemia and Lymphoma Society offers a "bereavement packet" that includes an annotated bibliography, organized according to type of loss; audio and visual materials; and helpful Web sites. Some financial assistance is available to Leukemia patients for expenditures such as taxi service to/from medical appointments.

Logan Heights Family Counseling Center

Genoveva Avalos-Mireles, MSW
Nora Coles
2204 National Avenue, San Diego, CA 92113
(619) 515-2355
(619) 232-7011 Fax
kellyh@fhcsd.org
www.fhcsd.org

To assist with surviving a loss or death, the Family Counseling Center employs a multi-disciplinary staff including licensed Psychiatrists, Psychologists, Marriage/Family/Child Counselors and licensed Clinical Social Workers. Affordable services offered to all income levels, with a special commitment to low-income and medically-under-served individuals. Adults, children and teen groups offered day and evening - some at no cost and others are on a sliding fee scale. Groups and classes available in Spanish.

Edward De La Loza, MSW, LCSW

LHI Counseling & Consultation, P. O. Box 13272, La Jolla, CA 92039

(858) 775-2076

(877) 938-3242 Fax

www.lhi.cc -or- www.ProgressParents.com

lhicc@msn.com

Provides counseling and specializes in issues related to those over 50, including, couple and sibling grief. Appointments until 9:00 p.m.

M

Peggy Macy, LCSW

4700 Spring Street, Suite 204, La Mesa, CA 91941

(619) 465-4700

Peggy is a trauma and grief specialist who works with bereaved parents and siblings. She is herself a bereaved parent and co-founded Empty Cradle. Peg is a certified EMDR therapist and offers a unique approach to grief called equine facilitated grief therapy.

Karen Maher, MFT

990 Highland Dr., Suite 102, Solana Beach, CA 92075

(858) 259-8044

(858) 259-8045 Fax

Karen, herself a bereaved parent, provides individual, couples and family counseling in many areas, including parental, couple and sibling grief. Appointments up to 7:00 p.m.

Lynn Mahmoudi, MFT

275 Hillcrest Drive, #203, Encinitas, CA 92024

(760) 230-1748

Lynn is an experience grief therapist who offers counseling to both teens and adults through her private practice.

Make a Wish Foundation of San Diego

Colleen Arena, Director of Program Services

5151 Murphy Canyon Road, Suite 110, San Diego, CA 92123

(858) 707-9480

www.makeawish-sd.org

info@makeawish-sd.org

Grants wishes of children with life-threatening illnesses. This work is made possible through donations of money, goods and services from generous corporate and individual contributors.

Angela E. Moshovis, Ph.D.

12624 High Bluff Drive, Suite 202, San Diego, CA 92130

(858) 259-6272
(760) 438-7486 Fax

Angela Moshovis, Ph.D. has a practice that specializes in parent guidance and child and adolescent psychotherapy. Other areas of specialization are bereavement and grief as they relate to divorce, death, pediatric oncology, miscarriage, and infertility.

N

New Life Pastoral Counseling Center

Albert W. Stott, D.Min., Ph.D., LMFT
2231 Camino del Rio South, #308, San Diego, CA 92108
(619) 297-2571

gladue@sumcsd.org

New Life Pastoral Counseling Center offers a three-session series, called "Journey Through Grief," in Winter, Spring, and Fall for anyone dealing with loss through death, divorce, or dissolution. Participants learn how to energize hope through spiritual and personal resources. Not a support group, classes explore the transition through the grief process in a way that gives greater meaning to one's loss and life.

O

Odyssey Hospice Care

Brenda Billimoria, LCSW
9444 Balboa Avenue, Suite 290, San Diego CA 92123
(858) 565-2499
(800) 299-8245
(858) 565-2444 Fax

iesquivias@odsyhealth.com

www.odsyhealth.com

Odyssey provides support for coping with grief for 13 months following the death of a hospice patient. The community is invited to support groups at no charge. Groups for adults, teens and children meet during the day.

P

Parents as Partners Associates/Professional Counseling Services

Ellen Eichler, LCSW, Co-Director
4026 Hawk Street, Suite B, San Diego, CA 92103
(619) 692-4038

elleneichler@cox.net

Ellen Eichler, Licensed Clinical Social Worker, and Jack Heinowitz Ph.D. bring a combined fifty years of experience in mental health practice. In addition to counseling services for individuals, couples and families, they offer consulting, workshops, presentations and training to community and professional agencies and organizations in such areas of interest as:

- Changes in couple & family relationships
- Families in Transition
- Death and loss, separation, divorce, step- parenting and adoption

Adult, children and adolescent support offered days, evenings and Saturdays. Fee based on sliding scale; Champus Standard and some insurance plans accepted

Peaceful Transitions

Stanley A. Terman, PH.D., M.D.

2730 Argonauta Street, Carlsbad, CA 92009
(800) 64-PEACE

www.64peace.com

info@64peace.com -or- drterman@64peace.com

The Peaceful Transitions staff offers individual counseling, family communication facilitation, review of legal papers and spiritual guidance.

Rochelle Perper, MA PSB-31900

Registered Psychological Assistant

Craig Wiese, Ph.D. PSY 9392, Supervisor

Center for Cognitive Therapy

3636 Fourth Avenue, Suite 302, San Diego, CA 92103

(619) 275-2286

(858) 550-0463

Rochelle provides individual counseling services for those in need of support through the grief process. With five years experience in the field of bereavement, she is accomplished in providing psychological support and the development of additional coping skills dealing with transition and grief related issues including depression, stress and anxiety as well as helping find a way to live again by caring their loved ones with them as a continuing source of comfort. Currently Rochelle is facilitating the children and adult bereavement support groups at The Jenna Druck Foundation. Her services are provided at an affordable level based on the needs of the individual.

R

Rancho Bernardo Psychology Center

11838 Bernardo Plaza Court, Suite 206A, San Diego, CA 92128

(858) 451-0027

Lori Rappaport, Ph.D.

12625 High Bluff Dr., #202, San Diego, CA 92130

(858) 481-2188

(858) 756-0244 Fax

drlrap@growingupgreat.com

Dr. Lori Rappaport is a licensed Clinical Psychologist who specializes in working with children and adults who are experiencing trauma, loss and grief. She has helped people dealing with chronic and life threatening illness for over 17 years. Most recently, she is also Staff Psychologist for the Jenna Druck Foundation and has been active in their efforts to help families in the aftermath of 9/11. Her expertise includes helping parents and siblings who are bereaved; couples who are experiencing relationship difficulties or divorce; and children experiencing behavioral and/or emotional difficulties. Dr. Rappaport has served as the Chairperson for the San Diego Psychological Association's Child and Youth Committee. Her office is located in the Del Mar/Carmel Valley area.

S

San Diego Access and Crisis Line

3111 Camino del Rio North, San Diego, CA 92108

Call 2-1-1 or (858) 300-1-211

(800) 479-3339

A 24-hour, 7-day a week suicide prevention and mental health hotline. Professional staff is dedicated to serving the diverse San Diego Community with respect and dignity, promoting the empowerment of the individual.

San Diego Hospice

Bereavement Department
4311 Third Avenue, San Diego, CA 92103
(619) 278-6371
(619) 688-1600, Ext. 6371
www.sandiegohospice.org
info@sdhospice.org

Supportive and therapeutic groups available for children, teens, families, and adults. Some groups for specific type of loss including spouse loss, parent loss, partner loss, child loss, and perinatal/infant loss. Spanish language group may be available. Services offered at various locations including South Bay, East County, North County, Mission Valley, and Hillcrest. Monday general groups meet weekly: day groups 1:00 to 2:30 p.m. and evening groups 6:00 - 7:30 p.m.

San Diego LGBT Community Center

2313 El Cajon Blvd., San Diego, CA 92104
(619) 260-6380
(619) 718-6447 Fax
centerinfo@thecentersd.org
www.thecentersd.org

Individual, group, couple, and family counseling provided by professionals. Sliding scale and other fee options available. Please call for further information.

San Diego Police Department

Anna Knuth, Crisis Intervention
1401 Broadway, MS796, San Diego, CA 92101
(619) 531-1504
aknuth@pd.sandiego.gov

Crisis Intervention is a group of thoroughly screened and specially trained volunteers who, at the request of police officers or other emergency personnel, provide immediate emotional and logistical support to victims, witnesses and other survivors involved in current traumatic situations.

San Dieguito United Methodist Church

Melanie Silva, Minister
170 Calle Magdalena, Encinitas, CA 92024
(760) 753-6582
(760) 753-8936 Fax
sdumc@pacbell.net

Three-week workshop held 4 times a year for anyone dealing with loss. Periodically, a session is offered on how to help a loved one who is grieving. Monthly grief support group is also available.

Scripps Memorial Hospital/Scripps Cancer Center

Mary Ann Lentini, MSW
9888 Genesee Avenue, Room LJ34, La Jolla, CA 92037-1267
(858) 626-6756

lentini_hickman.maryann@scrippshealth.org

The Scripps Stevens Cancer Center has two major components:

Bereavement Support Groups meet monthly at two different facilities. Open to anyone who has suffered the loss of a loved one - not only from cancer. Groups facilitated by experienced, licensed professionals. Volunteers maintain the Bereavement Mailing Program. Monthly mailings are sent to survivors at different stages of grief. Services offered without charge. The General Adult Bereavement Group meets early evenings. Pre-registration is required. Peer counseling also available at no cost.

Sharp Hospice Care

Laura Grayson, Bereavement Department

8881 Fletcher Parkway, Suite 325, La Mesa, CA 91942

(619) 667-1900

(619) 667-1981 Fax

Laura.grayson@sharp.com

www.sharp.com

Sharp Hospice Care offers a variety of bereavement support groups for individuals who have experienced the death of a loved one. 10-week Adult Groups, Widow/Widower groups, Children/Teen, and parallel Parent Groups meet days and evenings. Pre-registration is required. The "Straight Talk about Loss" drop-in group meets in the evening - no registration required. There is no fee for group participation. The "Journey to My Heart" annual family bereavement camp is offered in May for \$35.00 per person, although a sliding fee scale is available

Enid Singer, Ph.D., CTS

12625 High Bluff Drive, #206, San Diego, CA 92130

(858) 755-7541

seeuniversewithin@yahoo.com

Certified trauma specialist devoted to healing trauma and its many psychological, physical, intellectual and spiritual aftereffects. Trained in modalities and energy therapies, such as EMDR, TFT and SeeMorg matrix Work. Dr. Singer is particularly adept at working with the release of trauma and patterns and negative core beliefs. Individuals, couples, families and children.

Nancy Stockwell, LCSW

162 South Rancho Santa Fe Road, Suite F2, Encinitas, CA 92024

-and- 4545 Park Blvd., Suite 105, San Diego, CA 92116,

(858) 492-8620

Compassionate, sensitive therapy for loss, grief and depression. Extensive experience with cancer and other serious illnesses. Member of Wellness Community Professional Advisory Board. Sliding fee scale, according to financial circumstances. Medicare accepted.

Survivors of Suicide Loss of San Diego County

P. O. Box 4325, La Mesa, CA 91944

(619) 482-0297

www.soslsd.org

soslsd@yahoo.com

The Survivors of Suicide Loss offers support to anyone who has suffered the loss of a family member, relative, or friend by suicide. The group atmosphere allows individuals to share their feelings concerning their loss and to deal with the often-devastating emotional issues such as guilt, anger, emptiness, as well as the stigma attached. Finding a "safe place" of empathetic

understanding and comfort where others have experienced the same loss is a gift we can give each other. Groups are held in various locations throughout San Diego County.

SURVIVORS of Torture, International

Dr. David Gangsei, Clinical Director
P.O. Box 151240, San Diego, CA 92175-1240
(619) 278-2400
(619) 294-9405 Fax

www.notorture.org

survivors@notorture.org

SURVIVORS of Torture, International (SOTI) serves survivors of politically motivated or government sanctioned torture and their families, regardless of legal status. SOTI provides individual, family and group therapy; psychological evaluations for asylum, hearings; referrals to allied health services and limited medical exams; and connects survivors to other helpful services in the community. Services provided by caring professionals who have an understanding of torture, and are available at no cost.

T

Tariq Khamisa Foundation

Lisa Grogan, Executive Director
7490 Opportunity Road, Suite 202, San Diego, CA 92111
(858) 565-0800
(858) 565-0818 Fax

www.tkf.org

info@tkf.org

This wonderful foundation inspired by Azim Khamisa and Ples Felix, the father of a murdered child and the grandfather of the shooter, provides educational programs to the schools to prevent violence. The Tariq Khamisa Foundation is committed to “stopping children from killing children” and breaking the cycle of youth violence by inspiring nonviolent choices, teaching forgiveness and planting seeds of hope for our children’s future.

Jeff Thomas, LCSW

9850 Genesee Avenue, Suite 910, La Jolla, CA 92037
(619) 606-7567
(858) 558-0250 Fax

jeffthomaslcsw@hotmail.com

Licensed Clinical Social Worker provides individual, couple, family and group therapy in La Jolla area. Jeff has led various therapeutic and support groups for over 10 years and is currently facilitating grief groups through Stevens Cancer Center at Scripps Memorial Hospital in La Jolla. Certified as a Group Psychotherapist through the American Group Psychotherapy Association. Individual, couple and family therapy also available. Call (619) 606-7567 to schedule an appointment.

Tri City Hospice

Bette Pittinger, Bereavement Support
2095 West Vista Way, Suite 101, Vista, CA 92083
(760) 940-5801
(760) 940-5880 Fax

Offers on-going professionally facilitated support groups for the bereaved. Groups are open and free of charge. Potlucks held at several locations in the Tri-City area to provide socialization opportunities for the bereaved. Adult Groups offered day and evening at no charge. Pre-registration required.

Twinless Twins

Joan S. Bruner, LCSW
3636 First Avenue, San Diego, CA 92103
(619) 291-3931

Individual and group support provided to those who have lost their twin. This is a unique service addressing the unique needs of the twinless.

U

UCSD Outpatient Psychiatry's Homicide Support Project

Connie Saindon, LMFT, Clinical Director
140 Arbor Drive, San Diego, CA 92103
(619) 497-6609

www.survivorsofviolentloss.org
info@homicidesupport.com

The Survivors of Violent Loss Program provides comprehensive support, educational, and clinical services for families and friends of victims of violent death. Losses include homicide, suicide, DUI, child abuse, and terrorist fatalities. Research and the successful work of two top programs in the nation guide our model. Annual events with other agencies include a candlelight vigil, tree planting, a Saturday Club, Speakers Bureau, Light the Night Against Crime Walk, and a Holiday Memorial. Many of our services are free and everyone is eligible, regardless of their ability to pay. This program continues to build a supportive community for this special population due to grants, donations, and the commitment of numerous volunteers.

United Behavioral Health

3111 Camino del Rio, North, San Diego, CA 92108
(800) 479-3339
(619) 641-6802 Fax
24-hour crisis referral services are offered by United Behavioral Health.

V

VITAS Hospice

LaVon Switzer, LCSW
9655 Granite Ridge, Suite 300, San Diego, CA 92123
(858) 499-8901, Ext. 4723
(800) 938-4827
(858) 503-4785 Fax

www.vitas.com
Lavon.Switzer@vitas.com

VITAS offers free bereavement support groups in ten different locations, serving the entire San Diego County. Each group is as a six week series, twice each year in each location. In addition, VITAS offers free memorial services at Mercy Hospital, coping with holiday grief programs, grief counseling, telephone reassurance and referral service. VITAS Hospice currently provides support and leadership to the bereavement community by hosting the San Diego Bereavement Consortium.

W

Patti White, Ph.D., CTS

5959 Mission Gorge Road, Suite 106, San Diego, CA 92120

(619) 516-1397

prwhite@sbcglobal.net

Nancy Williamson, MFT

741 Garden View Court, Suite 107

Encinitas, CA 92024

(760) 703-0744

EMDR specialist.

Karen A. Wilkinson, Psy.D, LMFT

23441 S. Pointe Drive, Suite 130. Laguna Hills, CA 92653

-and- Wellspring Counseling Center, 98 E. Whitney Avenue, Fullerton, CA 92832

(714) 813-6460

(714) 447-8011

Grief and trauma counseling services to children, teens, and adults. Child, individual, and couple therapy for anxiety and depression disorders and ADHD.

BEREAVEMENT RESOURCES

LISTED BY LOCATION

CENTRAL SAN DIEGO COUNTY

B

Ken Barbee, Ph.D.

A Caring Touch of San Diego
3510 Front St., San Diego, CA 92103
(619) 543-0339
(619) 729-5821 (available 24 hours)
drkenbarbee7@aol.com
-or- drkenbarbee@cox.net

Cynthia L. Bernee, MS, MFT

Third Avenue, San Diego, CA 92103
(858) 272-7496
cbernee@san.rr.com

Liza Boyer, LCSW

7132 La Jolla Blvd., La Jolla, CA 92037
(858) 456.1689
(858) 456.1347 Fax
engelboyer@earthlink.net

Robert Bray, Ph.D., LCSW, CTS

5959 Mission Gorge Road, #106, San Diego, CA 92120
(619) 283-1116

C

Caring Ministries

La Jolla Presbyterian Church
7715 Draper, La Jolla, CA 92037
(858) 454-0713
(858) 454-6642 Fax
gary@ljpres.org

Children's Hospital of San Diego

Rev. John Breeding
3020 Children's Way, MC5081, San Diego, CA 92123
(858) 966-7493
(858) 576-5896 Fax
jbreeding@chsd.org
www.chsd.org

Clinica de Ayuda Psicologica

SDSU Department of Counseling and School Psychology
160-168 North Education, San Diego, CA 92128
(619) 594-4918

College of Education, SDSU

Carmen Guanipa, Ph.D.
5500 Campanile Drive, San Diego, CA 92182
(619) 594-7727

The Compassionate Friends

Box 355, 4735 Clairemont Drive, San Diego, CA 92117
(619) 583-1555
(619) 687-7738
www.compassionatefriends.org
sdtcf@sdaccess.net

E**Eagle's Wings**

Veteran's Memorial Center and Museum
2115 Park Blvd., San Diego, CA 92101
(619) 234-9464
(619) 234-4759 Fax
www.sdvmc.org/organizations
eaglewing@pacbell.net
-or- anr@tfb.com

El Camino Mortuary

5600 Carroll Canyon Rd., San Diego, CA 92121
(858) 453-2121
(858) 453-2609 Fax

Judy Ervice, MFT.

3707 Third Avenue, San Diego, CA 92103
(619) 294-9011
jervicefcc@cox.net

EXTRA MILES MINISTRIES

2206 Luz Way, Oceanside, CA 92056
(760) 439-4381
(760) 845-3986 Cell
(760) 439-4381 Fax
www.go2matthew541.org
extramile@go2matthew541.org

F**Lisa Falls, MPS ATR-BC**

2667 Camino del Rio South, Suite 100A, San Diego, CA 92108
(619) 295-2787

www.lisafalls.com
LFallsarttherapy@aol.com

Families Helping Families

A program of The Jenna Druck Foundation
3636 Fifth Avenue, Suite 201, San Diego, CA 92103
(619) 294-8000
(619) 294-8889 Fax
www.jennadruck.org
fhf@jennadruck.org

Jeremy Forbes

P. O. Box 8349, La Jolla, CA 92038
(858) 459-8310
(858) 454-2715 Fax
goodgriefjeremy@sbcglobal.net

H

Marlene Hyde, MFT

3252 Holiday Court, La Jolla, CA 92039
(858) 558-3008
macausa@earthlink.net

I

International Association of Near-Death Studies, San Diego Chapter

Vanessa Chicca
P.O. Box 1841, Bonita, CA 91908-1841
(619) 479-1320
(619) 479-0797 Fax
www.iands.org
-or- www.members.cox.net/mymanners
mymanners@cox.net

J

Jewish Family Service of San Diego

Rabbi Goldstein
3715 Sixth Avenue, San Diego, CA 92103
(619) 291-0473
www.jewishfamilyservicesd.org
ifs@ifssd.org

K

Kaiser Permanente

Karen Evans, LCSW
3420 Kenyon Street, San Diego, CA 92110
(619) 221-6125
(619) 221-6565 Fax

Kaiser Permanente Hospice

Pat Myers, Bereavement Coordinator
10992 San Diego Mission Rd, San Diego, CA 92108
(619) 641-4100
(619) 641-4111 Fax

Meg Kaufman, MFT

9815 Carroll Canyon Road, San Diego, CA 92121
(858) 566-3333
Megmft@sbcglobal.net

L**Leukemia and Lymphoma Society/San Diego/Hawaii Chapters**

Laurie Soto Levy, Patient Services Manager
8575 Gibbs Drive, Suite 26.2, San Diego, CA 92123
(858) 277-1800, Ext. 230
(800) 215-1098, Ext. 230
(858) 277-1748 Fax
www.leukemia-lymphoma.org
SotoLevyL@ca-sd.leukemia-lymphoma.org

Logan Heights Family Counseling Center

Genoveva Avalos-Mireles, M.S.W.
Nora Coles
2204 National Avenue, San Diego, CA 92113
(619) 515-2355
(619) 232-7011 Fax
kellyh@fhcsd.org

Edward De La Loza, MSW, LCSW

LHI Counseling & Consultation, P. O. Box 13272, La Jolla, CA 92039
(858) 775-2076
(877) 938-3242
www.lhi.cc
-or- www.ProgressParents.com
LHICC@msn.com

M**Make a Wish Foundation**

Colleen Arena, Director of Program Services
5151 Murphy Canyon Road, Suite 110, San Diego, CA 92123
(858) 707-9480
(858) 707-9474
www.makeawish-sd.org
info@makeawish-sd.org

N

New Life Pastoral Counseling Center

Albert W. Stott, D. Min., Ph.D., LMFT
2231 Camino Del Rio South, Suite 308, San Diego, CA 92108
(619) 297-2571
gladue@sumcsd.org

O

Odyssey Hospice Care

Brenda Billimoria, LCSW
9444 Balboa Avenue, Suite 290, San Diego, CA 92123
(858) 565-2499
(800) 299-8245
(858) 565-2444 Fax
iesquivias@odsyhealth.com
www.odsyhealth.com

P

Parents as Partners Associates /Professional Counseling Services

Ellen Eichler, LCSW
4026 Hawk Street, Suite H, San Diego, CA 92103
(619) 692-4038
elleneichler@cox.net

Rochelle Perper, MA PSB-31900

Registered Psychological Assistant
Craig Wiese, Ph.D. PSY 9392, Supervisor
Center for Cognitive Therapy
3636 Fourth Avenue, Suite 302, San Diego, CA 92103
(619) 275-2286
(858) 550-0463

Rochelle provides individual counseling services for those in need of support through the grief process. With five years experience in the field of bereavement, she is accomplished in providing psychological support and the development of additional coping skills dealing with transition and grief related issues including depression, stress and anxiety as well as helping find a way to live again by caring their loved ones with them as a continuing source of comfort. Currently Rochelle is facilitating the children and adult bereavement support groups at The Jenna Druck Foundation. Her services are provided at an affordable level based on the needs of the individual

R

Lori Rappaport, Ph.D.

12625 High Bluff Dr. #202, San Diego, CA 92130
(858) 481-2188
(858) 756-0244 Fax
drlrap@growingupgreat.com

S

San Diego Access and Crisis Line

3111 Camino del Rio North, San Diego, CA 92108

Call 2-1-1 or (858) 300-1-211
(800)479-3339

San Diego Hospice

Bereavement Department
4311 Third Avenue, San Diego, CA 92103
(619) 278-6371
(619) 688-1600, Ext. 6371
www.sandiegohospice.org
info@sdhospice.org

San Diego LGBT Community Center

2313 El Cajon Blvd., San Diego, CA 92104
(619) 260-6380
(619) 718-6447 Fax
centerinfo@thecentersd.org
www.thecentersd.org

San Diego Police Department

Anna Knuth, Crisis Intervention
1401 Broadway, MS796, San Diego, CA 92101
(619) 531-1504
aknuth@pd.sandiego.gov

Scripps Memorial Hospital/Scripps Cancer Center

Mary Ann Lentini, MSW
9888 Genesee Avenue, Room LJ34, La Jolla, CA 92037-1267
(858) 626-6756
lentini_hickman.maryann@scrippshealth.org

Enid Singer, Ph.D., CTS

12625 High Bluff Drive, #206, San Diego, CA 92130
(858) 755-7541
seeuniversewithin@yahoo.com

Nancy Stockwell, LCSW

4545 Park Blvd., Suite 105, San Diego, CA 92116
(858)492-8620

Survivors of Suicide Loss of San Diego

P. O. Box 4325, La Mesa, CA 91944
(619) 482-0297
www.soslsd.org
soslsdi@yahoo.com

SURVIVORS of Torture, International

Dr. David Gangsei, Clinical Director
P.O. Box 151240, San Diego, CA 92175-1240
(619) 278-2400

(619) 294-9405 Fax
www.notorture.org
survivors@notorture.org

T

Tariq Khamisa Foundation

Lisa Grogan, Executive Director
7490 Opportunity Road, Suite 202, San Diego, CA 92111
(858) 565-0800
(858) 565-0818 Fax
www.tkf.org
info@tkf.org

Jeff Thomas, LCSW

9850 Genesee Avenue, Suite 910, La Jolla, CA 92037
(619) 606-7567
(858) 558-0250 Fax
jeffthomaslcsw@hotmail.com

Twinless Twins

Joan S. Bruner, LCSW
3636 First Avenue, San Diego, CA 92103
(619) 291-3931

U

UCSD Outpatient Psychiatry's Homicide Support Project

Connie Saindon, LMFT, Clinical Director
140 Arbor Drive, San Diego, CA 92103
(619) 497-6609
www.survivorsofviolentloss.org
info@homicidesupport.com

United Behavioral Health

3111 Camino del Rio, North, San Diego, CA 92108
(800) 479-3339
(619) 641-6802

V

VITAS Hospice

LaVon Switzer, LCSW
9655 Granite Ridge, Suite 300, San Diego, CA 92123
(858) 499-8901, Ext. 4723
(800) 938-4827
(858) 503-4785 Fax
www.vitas.com
Lavon.Switzer@vitas.com

W

Patti White, Ph.D. CTS

5959 Mission Gorge Road, Suite 106, San Diego, CA 92120

(619) 516-1397

prwhite@sbcglobal.net

EAST COUNTY

C

College of Education, SDSU

Carmen, Guanipa, Ph.D.
5500 Campanille Drive, San Diego, CA 92128
(619) 594-7727

E

El Camino Mortuary

5600 Carroll Canyon Rd., San Diego, CA 92121
(858) 453-2121
(858) 453-2609 Fax
bvalentine@stei.net

Empty Cradle

455 Church Way, El Cajon, CA 92117
(619) 595-3887
(619) 272-3929 Fax
tlshenton@cox.net
emptycradlenewsletter@yahoo.com

F

Families Helping Families

A program of The Jenna Druck Foundation
3636 Fifth Avenue, Suite 201, San Diego, CA 92103
(619) 294-8000
(619) 294-8889 Fax
www.jennadruck.org
fhf@jennadruck.org

Jill Fitzgerald, LCSW

Skylight Studio and Therapy Office
10567 Oak Creek Drive, Lakeside, CA 92040
(619) 561-1882
jfitzart@skylight-studio.com

G

Grossmont Hospital, Center for Spiritual Care

Rev. Leigh Ann Shaw, Chaplain/Bereavement Coordinator
5555 Grossmont Center Dr., La Mesa, CA 91942
(619) 644-4170

K

Kaiser Permanente Hospice

Pat Myers, Bereavement Coordinator
10992 San Diego Mission Rd, San Diego, CA 92108
(619) 641-4100
(619) 641-4111 Fax

M**Peggy Macy, LCSW**

4700 Spring Street, Suite 204, La Mesa, CA 91941
(619) 465-4700

S**San Diego Hospice**

Bereavement Department
4311 Third Avenue, San Diego, CA 92103
(619) 278-6371
(619) 688-1600, Ext. 6371
www.sandiegohospice.org
info@sdhospice.org

Sharp Hospice Care

8881 Fletcher Parkway, Suite 325, La Mesa, CA 91942
(619) 667-1900
(619) 667-1981 Fax
Laura.grayson@sharp.com
www.sharp.com

Survivors of Suicide Loss of San Diego

P. O. Box 4325, La Mesa, CA 91944
(619) 482-0297
www.soslsd.org
soslsd@yahoo.com

V**VITAS Hospice**

LaVon Switzer, LCSW
9655 Granite Ridge, Suite 300, San Diego, CA 92123
(858) 499-8901, Ext. 4723
(800) 938-4827
(858) 503-4785 Fax
www.vitas.com
Lavon.Switzer@vitas.com

NORTH COUNTY INLAND

B

Cynthia Bernee, MS, MFT

425 No. Date, Escondido, CA 92025

(858) 272-7496

cbernee@san.rr.com

E

Elizabeth Hospice

Ti Johnson

150 West Crest Street, Escondido, CA 92025

(760) 796-3734

(800) 797-2050

(760) 796-3788 Fax

www.elizabethhospice.org

Empty Cradle ~ Vista Program

Claudia Blumenstock, President

Palomar Universalist Fellowship, 1600 Bueno Vista Drive, Vista, CA

(619) 595-3887

(619) 272-3929 Fax

tlshenton@cox.net

F

Fallbrook Hospice

624 E. Elder Street, Fallbrook, CA 92028

(760) 728-1191

Families Helping Families,

A program of The Jenna Druck Foundation

3636 Fifth Avenue, Suite 201, San Diego, CA 92103

(619) 294-8000

(619) 294-8889 Fax

www.jennadruck.org

Fhf@jennadruck.org

H

Horizon Hospice

13053 Poway Road, Suite A, Poway, CA 92064

(858) 748-3030

Hospice by the Sea

Linda Fox, MSW

312 South Cedros Avenue, Suite 250, Solana Beach, CA 92083

(858) 794-0195

(800) 451-6016

www.hospicebythesea.org

Hospice of the North Coast

Kay Cogswell, LCSW, Director of Bereavement Services

Scott Johnson, MA, Director of Trauma & Youth Services

5441 Avenida Encinitas, Suite A, Carlsbad, CA 92008

(760) 431-4100

(760) 431-4133 Fax

www.hospicenorthcoast.org

Kcogswell@nctimes.net

J**Jewish Family Service of North County**

Bruce Sachs, Ph.D.

16776 Bernardo Center Drive, Suite 206, San Diego, CA 92128

(858) 674-6441

(858) 674-6491 Fax

www.jewishfamilyservicesd.org

JFS@ifssd.org

K**Kaiser Permanente Hospice**

Pat Myers, Bereavement Coordinator

10992 San Diego Mission Rd, San Diego, CA 92108

(619) 641-4100

(619) 641-4111 Fax

Meg Kaufman, MFT

9815 Carroll Canyon Road, San Diego, CA 92121

(858) 566-3333

megmft@sbcglobal.net

R**Rancho Bernardo Psychology Center**

11838 Bernardo Plaza Court, Suite 206A, San Diego, CA 92128

(858) 451-0027

S**San Diego Hospice**

Bereavement Department

4311 Third Avenue, San Diego, CA 92103

(619) 278-6371

(619) 688-1600, Ext. 6371

www.sandiegohospice.org

info@sdhospice.org

Survivors of Suicide Loss of San Diego

P. O. Box 4325, La Mesa, CA 91944

(619) 482-0297

www.soslsd.org

soslsd@yahoo.com

T**Tri City Hospice**

2095 West Vista Way, Suite 101, Vista, CA 92108

(760) 940-5801

(760) 940-5880 Fax

V**VITAS Hospice**

LaVon Switzer, LCSW

9655 Granite Ridge, Suite 300, San Diego, CA 92123

(858) 499-8901, Ext. 4723

(800) 938-4827

(858) 503-4785 Fax

www.vitas.com

Lavon.Switzer@vitas.com

NORTH COUNTY COASTAL

B

Liza Boyer, LCSW

7132 La Jolla Blvd., La Jolla, CA 92037

(858) 456-1689

(858) 456-1347 Fax

engelboyer@earthlink.net

Linda Brown, RN, CTS, MFT

4407 Manchester Avenue, #204, Encinitas, CA 92024

(760) 753-2288

E

Elizabeth Hospice

Ti Johnson

150 West Crest Street, Escondido, CA 92025

(760) 796-3734

(800) 797-2050

(760) 796-3788 Fax

www.elizabethhospice.org

EXTRA MILES MINISTRIES

2206 Luz Way, Oceanside, CA 92056

(760) 439-4381

(760) 845-3986 Cell

(760) 439-4381 Fax

www.go2matthew541.org

extramile@go2matthew541.org

F

Families Helping Families

A program of The Jenna Druck Foundation

3636 Fifth Avenue, Suite 201, San Diego, CA 92103

(619) 294-8000

(619) 294-8889 Fax

www.jennadruck.org

fhf@jennadruck.org

G

Sue Goodell, M.A., M.S., M.F.T.

PO Box 2328, Del Mar, CA 92014

Offices in Del Mar and San Diego

(619) 997-5333

suegoodell@sbcglobal.net

<http://www.sandiegotherapists.com/goodell.html>

www.camft-sandiego.org/suegoodell.htm

H

Hospice by the Sea

Linda Fox, MSW

312 South Cedros Avenue, Suite 250, Solana Beach, CA 92075

(858) 794-0195

(800) 451-6016

www.hospicebythesea.org

Hospice of the North Coast

Kay Cogswell, LCSW, Director of Bereavement Services

Scott Johnson, MA, Director of Trauma & Youth Services

5441 Avenida Encinitas, Suite A, Carlsbad, CA 92008

(760) 431-4100

(760) 431-4133 Fax

www.hospicenorthcoast.org

Kcogswell@nctimes.net

K

Kaiser Permanente Hospice

Pat Myers, Bereavement Coordinator

10992 San Diego Mission Rd, San Diego, CA 92110

(619) 641-4100

(619) 641-4111 Fax

Sherri Kaplan, MFT

162 S. Rancho Santa Fe Road, Suite F2, Encinitas, CA 92024

(760) 736-2998

Sherrickaplan1@aol.com

L

Edward De La Loza, MSW, LCSW

LHI Counseling & Consultation, P. O. Box 13272, La Jolla, CA 92039

(858) 775-2076

(877) 938-3242

www.lhi.cc

-or- www.ProgressParents.com

LHICC@msn.com

M

Karen Maher, MFT

990 Highland Drive, Suite 102, Solana Beach, CA 92075

(858) 259-8044

(858) 259-8045 Fax

Lynn Mahmoudi, MFT

275 Hillcrest Drive, #203, Encinitas, CA 92024

(760) 230-1748

Angela E. Maskovis, Ph.D.

12624 High Bluff Drive, Suite 202, San Diego, CA 92130
(858) 259-6272
(760) 438-7486 Fax
angjiminca@aol.com

P

Peaceful Transitions

Stanley A. Terman, PH.D., M.D.
2730 Argonauta Street, Carlsbad, CA 92009
(800) 64-PEACE
www.64peace.com
info@64peace.com
-or- drterman@64peace.com

S

San Diego Hospice

Bereavement Department
4311 Third Avenue, San Diego, CA 92103
(619) 278-6371
(619) 688-1600, Ext. 6371
www.sandiegohospice.org
info@sdhospice.org

San Dieguito United Methodist Church

170 Calle Magdalena, Encinitas, CA 92024
(760) 753-6582
(760) 753-8936 Fax
sdumc@pacbell.net

Enid Singer, Ph.D., CTS

12625 High Bluff Drive, #205, San Diego, CA 92130
(858) 755-7541
seeuniversewithin@yahoo.com

Nancy Stockwell, LCSW

162 South Rancho Santa Fe Road, Suite F2, Encinitas, CA 92024
(858) 492-8620

Survivors of Suicide Loss of San Diego

P. O. Box 4325, La Mesa, CA 91944
(619) 482-0297
www.soslsd.org
soslsd@yahoo.com

T

Tri City Hospice

2095 West Vista Way, Suite 101, Vista, CA 92083
(760) 940-5801

(760) 940-5880 Fax

V

VITAS Hospice

LaVon Switzer, LCSW

9655 Granite Ridge, Suite 300, San Diego, CA 92123

(858) 499-8901, Ext. 4723

(800) 938-4827

(858) 503-4785 Fax

Lavon.Switzer@vitas.com

W

Nancy Williamson, MFT

741 Garden View Court, Suite 107

Encinitas, CA 92024

(760) 703-0744

SOUTH SAN DIEGO COUNTY

F

Families Helping Families

A program of The Jenna Druck Foundation
3636 Fifth Avenue, Suite 201, San Diego, CA 92103
(619) 294-8000
(619) 294-8889 Fax
www.jennadruck.org
fhf@jennadruck.org

G

G.R.A.S.P. (Grief Recovery After Substance Passing)

Pat and Russ Wittberger
1088 Torrey Pines Road, Chula Vista, CA 91915
(619) 656-8414
(619) 397-3493 Fax
www.jennysjourney.org
-or- www.grasphelp.org
patruss@grieffsupport.us
-or- mom@jennysjourney.org

S

San Diego Hospice

Bereavement Department
4311 Third Avenue, San Diego, CA 92103
(619) 278-6371
(619) 688-1600, Ext. 6371
www.sandiegohospice.org
info@sdhospice.org

Survivors of Suicide Loss of San Diego

P. O. Box 4325, La Mesa, CA 91944
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www.soslsd.org
soslsd@yahoo.com

V

VITAS Hospice

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9655 Granite Ridge, Suite 300, San Diego, CA 92123
(858) 499-8901, Ext. 4723
(800) 938-4827
(858) 503-4785 Fax
www.vitas.com
Lavon.Switzer@vitas.com

OTHER AREAS

C

Cherami House Professionals

321 N. Pomona Avenue, Fullerton, CA 92830
(714) 773-5006

R

Ramona

Ellia Whitcomb
(760) 789-0602
Grief Support Group

Ramona

Maureen Durke
(760) 765-0134
One-on-one support, sliding scale

W

Wellspring Counseling Center

198 E. Whiting Avenue, Fullerton, CA 92832
(714) 447-8011

Karen Wilkinson, Psy.D, LMFT

23441 S. Pointe Drive, Suite 130, Laguna Hills, CA 92653
(714) 813-6460

TRAUMA SPECIALISTS

These professionals state they have had training in trauma therapy and accept 'trauma' clients. Please see description of services in the "Bereavement Programs" section.

B

Cynthia L. Bernee, MS, MFT

3707 Third Avenue, San Diego, CA 92103
-and- 425 No. Date, Escondido, CA 92025
(858) 272-7496
cbernee@san.rr.com

Liza Boyer, LCSW

7132 La Jolla Blvd., La Jolla, CA 92037
(858) 456-1689
(858) 456-1347 Fax
engelboyer@earthlink.net

Robert Bray, Ph.D., LCSW, CTS

5959 Mission Gorge Road, #106, San Diego, CA 92120
(619) 283-1116

Linda Brown, RN, CTS, MFT

4407 Manchester Avenue, #204, Encinitas, CA 92024
(760) 753-2288

C

Cherami House Professionals

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(714) 773-5006

E

Judy Ervice, LMFT.

3707 Third Avenue, San Diego, CA 92103
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jervicemfcc@cox.net

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Lisa Falls, MPS, ATR-BC

2667 Camino del Rio South, Suite 100A, San Diego, CA 92108
(619) 295-2787
www.lisafalls.com
lfallsarttherapy@aol.com

H

Hospice by the Sea

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(800) 451-6016

www.hospicebythesea.org

Hospice of the North Coast

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Scott Johnson, MA, Director of Trauma & Youth Services

5441 Avenida Encinitas, Suite A, Carlsbad, CA 92008

(760) 431-4100

(760) 431-4133 Fax

www.hospicenorthcoast.org

kcogswell@nctimes.net

Marlene Hyde, MFT

3252 Holiday Court, La Jolla, CA 92037

(858) 558-3008

macausa@earthlink.net

K

Kaiser Permanente

Karen Evans, LCSW

3420 Kenyon Street, San Diego, CA 92110

(619) 221-6125

(619) 221-6565 Fax

L

Logan Heights Family Counseling Center

2204 National Avenue, San Diego, CA 92113

(619) 515-2355

(619) 232-7011 Fax

www.fhcsd.org

M

Peggy Macy

4700 Spring Street, Suite 204, La Mesa, CA 91941

(619) 465-4700

Karen Maher, MFT

990 Highland Dr., Suite 102, Solana Beach, CA 92075

(858) 259-8044

(858) 259-8045 Fax

O

Odyssey Hospice,

Brenda Billimoria, LCSW

9444 Balboa Avenue, Suite 290, San Diego, CA 92123

(858) 565-2499

(800) 299-8245

(858) 565-2444 Fax

iesquivias@odsyhealth.com
www.odsyhealth.com

R

Lori Rappaport, Ph.D.

12625 High Bluff Dr., #202, San Diego, CA 92130
(858) 481-2188
(858) 756-0244 Fax
drlrap@growingupgreat.com

S

San Diego Hospice

Bereavement Department
4311 Third Avenue, San Diego, CA 92103
(619) 278-6371
(619) 688-1600, Ext. 6371
www.sandiegohospice.org
info@sdhospice.org

San Diego LGBT Community Center

2313 El Cajon Blvd., San Diego, CA 92104
(619) 260-6380
(619) 718-6447 Fax
centerinfo@thecentersd.org
www.thecenter.org

Scripps Memorial Hospital/Scripps Cancer Center

Mary Ann Lentini, MSW
9888 Genesee Avenue, Room LJ34, La Jolla, CA 92037-1267
(858) 626-6756
lenti_hickman.maryann@scrippshealth.org

Enid Singer, Ph.D., CTS

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seeuniversewithin@yahoo.com

T

Jeff Thomas, LCSW

9850 Genesee Avenue, Suite 910, La Jolla, CA 92037
(619) 606-7567
(619) 558-0250 Fax
jeffthomaslcsw@hotmail.com

U

UCSD Outpatient Psychiatry's Survivors of Violent Loss Program

Connie Saindon, LMFT, Clinical Director
140 Arbor Drive, San Diego, CA 92103
(619) 497-6609

www.survivorsofviolentloss.org
info@homicidesupport.com

W

Wellspring Counseling Center

198 E. Whitney Avenue, Fullerton, CA 92832
(714) 447-8011

Karen A. Wilkinson, Psy.D, LMFT

23441 S. Pointe Drive, Suite 130, Laguna Hills, CA 92653
(714) 813-6460

OTHER RELATED AND EDUCATIONAL RESOURCES

I

International Association of Near-Death Studies, San Diego Chapter

Vanessa Chicca

P.O. Box 1841, Bonita, CA 91908-1841

(619) 479-1320

(619) 479-0797 Fax

www.iands.org -or- www.members.cox.net/mymanners

mymanners@cox.net

We welcome people with an interest in near-death experiences, angel encounters, pre-death visions, and after death communications. The group meets from 1:00 p.m. to 3:00 p.m. on the first Saturday of the month in the Seminar Room at the Scripps Ranch Library Center; 10301 Scripps Lake Drive, San Diego.

M

Make a Wish Foundation

Colleen Arena, Director of Program Services

5151 Murphy Canyon Road, Suite 110, San Diego, CA 92123

(858) 707-9480

www.makeawish-sd.org

info@makeawish-sd.org

The mission of the Foundation is to grant the wishes of children with life-threatening illnesses. This work is made possible through donations of money, goods and services from generous corporate and individual contributors.

P

Peaceful Transitions

Stanley A. Terman, PH.D., M.D.

2730 Argonauta Street, Carlsbad, CA 92009

(800) 64-PEACE

www.64peace.com -or- info@64peace.com

-or- drterman@64peace.com

The Peaceful Transitions staff offers individual counseling, family communication facilitation, review of legal papers and spiritual guidance.

R

Renee' Elenor Dawson Memorial Foundation

Bill & Rae Dawson, Directors

166 Harding Street, Oceanside, CA 92057

(760) 941-9467

(760) 473-8451 Cell

dawsonbl@cs.com

Motivational speaker promoting Organ & Tissue Donation Public Education, Awareness, and The Dangers of Distracted Driving: Accident Scene Display.

S

San Diego Access and Crisis Line

3111 Camino del Rio North, San Diego, CA 92108

Call 2-1-1 or (858) 300-1-211

(800) 479-3339

The San Diego Access and Crisis Line is a 24-hour, 7-day a week suicide prevention and mental health hotline. Our professional staff is dedicated to serving the diverse San Diego Community with respect and dignity, promoting the empowerment of the individual.

San Diego Police Department

Anna Knuth, Crisis Intervention

1401 Broadway, MS796, San Diego, CA 92101

(619) 531-1504

aknuth@pd.sandiego.gov

Crisis Intervention is a group of thoroughly screened and specially trained volunteers who, at the request of police officers or other emergency personnel, provide immediate emotional and logistical support to victims, witnesses and other survivors involved in current traumatic situations.

SURVIVORS of Torture, International

Dr. David Gangsei, Clinical Director

P.O. Box 151240, San Diego, CA 92175-1240

(619) 278-2400

(619) 294-9405 Fax

www.notorture.org

survivors@notorture.org

SURVIVORS of Torture, International (SOTI) serve survivors of politically motivated or government sanctioned torture and their families, regardless of legal status. SOTI provides individual, family and group therapy; psychological evaluations for asylum, hearings; referrals to allied health services and limited medical exams; and connects survivors to other helpful services in the community. Caring professionals who have an understanding of torture, and are available at no cost to the survivor provide all services.

T

Tariq Khamisa Foundation

Lisa Grogan, Executive Director

7490 Opportunity Road, Suite 202, San Diego, CA 92111

(858) 565-0800

(858) 565-0818

www.tkf.org –or- info@tkf.org

This foundation inspired by the father of a murdered child and the grandfather of the shooter, provides educational programs to the schools to prevent violence. The Tariq Khamisa Foundation is committed to “stopping children from killing children” and breaking the cycle of youth violence by inspiring nonviolent choices and planting seeds of hope for our children’s future.

U

United Behavioral Health

3111 Camino del Rio North, San Diego, CA 92108

(800) 479-3339

United Behavioral Health offers 24-hour crisis referral services.

RESOURCES ON THE INTERNET

The description of each web site comes primarily from direct quotes from that site. To add to this directory, please contact fhf@jennadruck.org or call (619) 294-8000

GENERAL

<http://www.jennadruck.org/>

"The Jenna Druck Foundation, Families Helping Families provides bereavement support and education to those who have suffered the death of a loved one. FHF offers a wide variety of programs, services and original publications on healing after loss.

<http://www.bereavement.com/>

"We are a worldwide compendium where written greetings and tributes can be shared in the 'Quaker Style' at your leisure. Also available is a free open forum where feelings can be shared. Listings of memorialized loved ones which can include photos are displayed at this site."

<http://www.beyondindigo.com/>

"Find support, community and help in this resources area. It is designed to help you get through the hard times, meet others going through the same experiences, and find information and answers to your questions."

<http://www.beyondindigo.com/beyondtalk/beyondtalk.php>

"Many people are suffering losses in their life and the grief runs deep. If you have suffered the loss of a child, parent, sibling, friend, pet, or lover, this area is for you. You can share your thoughts and feelings with others. You can get information of how to cope or you can just find someone to listen."

<http://www.centerforloss.com/>

"Though grief is a natural and necessary process, it's also an extraordinarily difficult one. We're here to help mourners and those who care for them." Alan D. Wolfelt, Ph.D., Director. Excellent articles on grief on site.

<http://www.fortnet.org/WidowNet/>

". . . . an information and self-help resource for, and by, widows and widowers. "

<http://www.groww.com/>

"Grief Recovery ONLINE for ALL Bereaved." A collection of chat rooms and message boards.

<http://www.growthhouse.org/death.html>

"This award-winning web site is your international gateway to resources for life-threatening illness and end of life care. Our primary mission is to improve the quality of compassionate care for people who are dying through public education and global professional collaboration." A giant site with many resources and links for the bereaved.

http://www.hospicenet.org/html/grief_guide.html

This is an article on grief as well as an entry to a number of well-written related cyber pamphlets.

<http://www.journeyofhearts.org/jofh>

“This website is the creation of a physician with contributions from many colleagues, friends, and website visitors. It is the combined effort of those who have experienced many different types of losses....This website is designed to be a place for resources and support to help those in the grief process following a loss or a significant life change.”

<http://www.rivendell.org>

“GriefNet is an Internet community of persons dealing with grief, death, and major loss. We have 37 email support groups and two web sites. Our integrated approach to on line grief support provides help to people working through loss and grief issues of all kinds. Our companion site, **KIDSAID**, provides a safe environment for kids and their parents to find information and ask questions.”

<http://www.webhealing.com/>

“This page is meant to be a place men and women can discuss (main, child-loss, siblings), chat, or simply browse to understand and honor the many different paths to heal strong emotions.” A large, well-organized site with lots of resources and links.

http://dir.yahoo.com/Health/Mental_Health/Bereavement/

This is Yahoo’s bereavement portal. It has many links to different kinds of grief and resources.

FAMILIES' & PARENTS' GRIEF

<http://www.jennadruck.org/>

“The Jenna Druck Foundation, Families Helping Families provides bereavement support to families who have suffered the death of a child. The program offers families opportunities for emotional support and information about grief, loss and life adjustments following the death of the child. The programs founder and Director, Ken Druck, Ph.D., is a bereaved parents and author of “How To Healing Your Life After the Loss of a Loved One,” a spoken word CD.

<http://www.bereavedfamilies.net/>

A large site from Ontario Canada for grieving families (usually child death), with lots of resources.

<http://www.compassionatefriends.org/>

“The mission of **The Compassionate Friends** is to assist families in the positive resolution of grief following the death of a child and to provide information to help others be supportive.”

<http://www.geocities.com/Athens/Parthenon/2703/>

“Welcome to Ethan’s House, the online home to bereaved parents and their families. When our children die we are bereft, alone, and need a community of other bereaved to share common emotions, experiences, and above all, a place to share our children.”

<http://www.hern.org/~hand/>

“We are a Houston based pregnancy and infant loss support group for parents whose babies have died any time from conception through late infancy. Our mission is to help parents cope with feelings of grief and isolation which accompany the loss of a baby.”

<http://www.misschildren.org/>

“MISS is a nonprofit, volunteer based organization committed to providing emergency support to parents after the death of their baby; stillbirth, neonatal death, premature birth, congenital anomalies, SIDS, and any child's death. “

TEEN GRIEF

<http://www.jennadruck.org/>

“The Jenna Druck Foundation, Families Helping Families Sibling Program provides bereavement support to teens who have suffered the death of a brother or sister. The programs Teen Grief Directory, used widely in the aftermath of 9-11 and many of the school shootings, is available online free. Founder and Executive Director, Ken Druck, Ph.D., is the author of “How To Talk To Your Kids About School Violence” www.HowToTalkToYourKids.com and speaks widely to schools, teachers and parents about this subject.

<http://www.beyondindigo.com/beyondtalk/forum.php?forum=8>

“Welcome to **Teens Only!** This forum is created by teens for teens and contains everything you could ask for in a site. From articles on coping with loss, to games and interactive chat and message boards!”

<http://www.hospicenet.org/html/teenager.html>

Informative article by Alan Wolfelt on teen grief.

<http://kidswriting.about.com/teens/kidswriting/library/blank/blcollmenu18.htm>

This site contains stories written **by** teens **for** teens about death and grief.

GRIEVING AFTER A SUICIDE

<http://www.afsp.org/index-1.htm>

“Provides state-by-state directories of survivor support groups for families and friends of someone who completed suicide. Also provides information regarding suicide statistics, prevention and surviving.”

<http://www.pbs.org/weblab/living/>

“This is a place for passionate voices and shared experiences among those affected by a suicide. It is not designed as an emergency hotline, or as a solemn memorial. Our hope is that survivors will find strength in the stories of others and, most importantly, recognize that we are not alone.”

<http://www.pbs.org/weblab/living/lws5.html>

“If you are feeling suicidal, we strongly suggest you talk to someone about it right away. Local crisis centers are available by telephone -- just look under "Suicide" in the business section of your local phone book. Alternatively, for centers in the US and Canada, check this online directory: [Crisis Centers Listing](#) (from the American Association of Suicidology.) Online information for people contemplating suicide is also available from: The American Association of Suicidology, [The Samaritans](#), [Psych Central](#) and [Metanoia](#).”

<http://www.1000deaths.com/1000deaths.html>

“A resource and memorial site by and for suicide survivors.”

GRIEVING AFTER A HOMICIDE OR TRAUMATIC DEATH

<http://griefnet.org/resources/schoolviolence.html>

“Sadly, referring people to resources to deal with the violence among our youth is becoming more and more commonplace. Here is a list of resources, at GriefNet and other places, to help you deal with this type of tragic loss.”

<http://www.pomc.com/>

“The National Organization of Parents Of Murdered Children (POMC) ® is the only national helping organization which is specifically for the survivors of homicide victims and which follows up with supportive family services after the murder of a family member or friend.”

<http://teacher.scholastic.com/professional/bruceperry/index.htm>

Articles for counselors and teachers on traumatic death issues.

<http://www.jennadruck.org/>

“The Jenna Druck Foundation, Families Helping Families offers Violent Loss bereavement support. Founder and Executive Director, Ken Druck, Ph.D., is the author of “How To Talk To Your Kids About School Violence” www.HowToTalkToYourKids.com and speaks widely on healing after violent loss.

SDBC MEMBER DIRECTORY

To add to this directory, please contact fhf@jennadruck.org or call (619) 294-8000.

B

Ken Barbee, Ph.D.

A Caring Touch of San Diego

(619) 543-0339

(619) 729-5821

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Robert Bray, Ph.D., LCSW, CTS

(619) 283-1116

Linda Brown, RN, CTS, MFT

(760) 753-2288

C

Caring Ministries

La Jolla Presbyterian Church

(858) 454-0713

garyr@lipres.org

Cherami House Professionals

(714) 773-5006

Children's Hospital of San Diego

John Breeding

(858) 966-7493

jbreeding@chsd.org

Clinica de Ayuda Psicologica

(619) 594-4918

College of Education, SDSU

(619) 594-7727

The Compassionate Friends

(619) 583-1555

(619) 687-7738

E

Eagle's Wings

(619) 234-9464

eaglewing@pacbell.net

-or- anr@tfb.com

El Camino Mortuary

(858) 453-2121

bvalentine@stei.net

Elizabeth Hospice

(760) 796-3734

bereavement@elizabethhospice.org

www.elizabethhospice.org

Empty Cradle ~ El Cajon Program

(619) 595-3887

tshenton@cox.net

emptycradlenewsletter@yahoo.com

Empty Cradle ~ Vista Program

(619) 595-3887

tshenton@cox.net

emptycradlenewsletter@yahoo.com

Judy Ervice, LMFT.

(619) 294-9011

jervicemfcc@cox.net

EXTRA MILES MINISTRIES

(760) 439-4381

(760) 845-3986 Cell

extramile@go2matthew541.org

F

Fallbrook Hospice

(760) 728-1191

Lisa Falls MPS, ATR-BC

(619) 295-2787

lfallsarttherapy@aol.com

Families Helping Families, a program of The Jenna Druck Foundation

(619) 294-8000

fhf@jennadruck.org

Jill Fitzgerald, LCSW, Art Therapist

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Jeremy Forbes
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goodgriefjeremy@sbcglobal.net

G
G.R.A.S.P. (Grief Recovery After Substance Passing)
(619) 656-8414
patruss@griefsupport.us
-or- mom@jennysjourney.org

Sue Goodell, M.A., M.S., M.F.T.
PO Box 2328, Del Mar, CA 92014
Offices in Del Mar and San Diego
(619) 997-5333
suegoodell@sbcglobal.net
<http://www.sandiegotherapists.com/goodell.html>
www.camft-sandiego.org/suegoodell.htm

Grossmont Hospital, Center for Spiritual Care
(619) 644-4170

H
Horizon Hospice
(858) 748-3030

Hospice by the Sea
(858) 794-0195
(800) 451-6016
www.hospicebythesea.org

Hospice of the North Coast
(760) 431-4100
kcogswell@nctimes.net

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International Association of Near-Death Studies, San Diego Chapter
(619) 479-1320
www.iands.org
mymanners@cox.net

J
Jewish Family Service of San Diego
(619) 291-0473

Jewish Family Service

(858) 674-6441

ifs@jfssd.org

K

Kaiser Permanente

(619) 221-6125

Kaiser Permanente Hospice

(619) 641-4100

Sherri Kaplan, MFT

(760) 736-2998

Sherrickaplan1@aol.com

Meg Kaufman, MFT

(858) 566-3333

megmft@sbcglobal.net

L

Leukemia and Lymphoma Society/San Diego/Hawaii Chapters

(858) 277-1800, Ext. 230

(800) 215-1098, Ext. 230

sotolevyl@ca-sd.leukemia-lymphoma.org

Logan Heights Family Counseling Center

(619) 515-2355

www.fhcsd.org

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(858) 775-2076

(877) 938-3242

lhcc@msn.com

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Karen Maher, MFT

(858) 259-8044

Lynn Mahmoudi, MFT

(760) 230-1748

Make a Wish Foundation

(858) 707-9474

(858) 707-9480

www.makeawish-sd.org

Angela E. Moshovis, Ph.D.
(858) 259-6272

N
New Life Pastoral Counseling Center
(619) 297-2571
gladue@sumcsd.org

O
Odyssey Hospice Care
(858) 565-2499
(800) 299-8245
iesquivias@odsyhealth.com

P
Parents as Partners Associates/ Professional Counseling Services
(619) 692-4038
elleneichler@cox.net

Peaceful Transitions
(800) 64-PEACE
www.64peace.com

R
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drlrap@growingupgreat.com

Greg Rice, MSW
(858) 794-0195
(800) 451-6016

S
San Diego Access and Crisis Line
Call 2-1-1 or (858) 300-1-211

San Diego Hospice
(619) 278-6371
(619) 688-1600, Ext. 6371
www.sandiegohospice.org
info@sdhospice.org

San Diego LGBT Community Center
(619) 260-6380
www.thecentersd.org

San Diego Police Department

(619) 531-1504

aknuth@pdsandiego.gov

San Dieguito United Methodist Church

(760) 753-6582

sdumc@pacbell.net

Scripps Memorial Hospital/Scripps Cancer Center

(858) 626-6756

lenti_hickman.maryann@scrippshealth.org

Sharp HospiceCare

(619) 667-1900

laura.grayson@sharp.com

www.sharp.com

Enid Singer, Ph.D., CTS

(858) 755-7541

seeuniversewithin@yahoo.com

Nancy Stockwell, LCSW

(858) 492-8620

Survivors of Suicide Loss of San Diego

(619) 482-0297

soslsd@yahoo.com

SURVIVORS of Torture, International

(619) 278-2400

survivors@notorture.org

T

Tariq Khamisa Foundation

(858) 565-0800

www.tkf.org

Jeff Thomas, LCSW

(619) 606-7567

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Tri City Hospice

(760) 940-5801

Twinless Twins

(619) 291-3931

U

UCSD Outpatient Psychiatry's Homicide Support Project
(619) 497-6609
info@homicidesupport.com

United Behavioral Health
(800) 479-3339
(619) 641-6802 Fax

V
VITAS Hospice
(858) 499-8901, Ext. 4723
(800) 938-4827
lavon.switzer@vitas.com

W
Wellspring Counseling Center
(714) 447-8011

Patti White, Ph.D., CTS
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