

Want to help build an age- and dementia-friendly San Diego County? Get Involved with Age Well San Diego!

Theme teams consist of organizations, community members, and County of San Diego staff who are working together to implement the Age Well San Diego Action Plan. **Contact the theme team representative listed below to learn more about opportunities, activities, and upcoming meetings.**



Health and Community Support Theme Team

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Dementia-Friendly Theme Team

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For general inquiries about the Age Well San Diego initiative, please contact **Jana Schwartz** at Jana.Schwartz@sdcounty.ca.gov.



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