

CalFresh (SNAP/EBT) waxaa laga aqbalaa suuqayada beeralayda ee la shahaadaday ee degmada San Diego (CFMs) iyo CSA-yada soo socda*:

City Heights CFM – Maalmaha Sabtida 9am-1pm oo ku taala 4325 Wightman Street, San Diego, CA 92105

Foodshed Inc. CSA -
www.foodshedsmallfarmdistro.com

Little Italy CFM – Maalmaha Arbacada 9:30am-1:30pm iyo Maalmaha Sabtida 8am-2pm oo ku taala 600 West Date Street, San Diego, CA 92101

Pacific Beach Tuesday CFM -Maalmaha Talaadada 2-7pm oo ku taala 4500 Bayard Street, San Diego, CA 92109

Santee CFM –Maalmaha Arbacada 2:30-6:30pm oo ku taala 9600 Carlton Hills Boulevard, Santee, CA 92071

Vista CFM – Maalmaha Sabtida 8am-12pm oo ku taala 355 South Melrose Drive, Vista, CA 92081

*Si aad u hesho liiska hadda ugu dambeeyey fadlan booqo website-ka USDA ee: fns.usda.gov/snap/farmers-markets-accepting-snap-benefits

WIC/FVC iyo SFMNP waxaa laga aqbalay CFM -yada degmada San Diego* ee soo socda:

City Heights CFM – Maalmaha Sabtida 9am-1pm oo ku taala 4325 Wightman Street, San Diego, CA 92105

Escondido CFM – Maalmaha Talaadada 2:30-6pm oo ku taala 200 East Grand Avenue, Escondido, CA 92025

Fallbrook CFM – Maalmaha Sabtida 9am-1:30pm oo ku taala 100 South Main Avenue, Fallbrook, CA 92028

Hillcrest CFM – Maalmaha Axada 9am-2pm oo ku taala 3960 Normal Street, San Diego, CA 92103

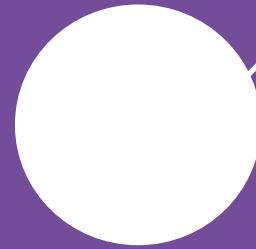
Little Italy CFM - Maalaha Arbacada 9:30am-1:30pm iyo Maalmaha Sabtida 8am-2pm oo ku taala 600 West Date Street, San Diego, CA 92101

Oceanside CFM – Maalmaha Khamiista 9am-1pm oo ku taala 500 Pier View Way, Oceanside, CA 92054

Santee CFM –Maalmaha Arbacada 2:30-6:30pm oo ku taala 9600 Carlton Hills Boulevard, Santee, CA 92071

Vista CFM—Maalmaha Sabtida 8am-12pm oo ku taala 355 South Melrose Drive, Vista, CA 92081

*Liistada hadda ugu badan fadlan booqo shabakada CDPH ee ah: <https://www.cdph.ca.gov/Programs/CFH/DWICSN/Pages/FarmersMarkets.aspx>



CalFresh (SNAP/EBT)

CalFresh waa barnaamij loogu talagalay dadka dakhligoodu hooseeyo ee u qalma barnaamijka kuwaas raba inay lacag ku daraan miisaaniyaddooda si ay u iibsadaan cunto caafimaad iyo nafaqo leh.

Waxaad codsan kartaa adigoo booqanaya GetCalFresh.org, adigoo wacaya 1-877-847-3663, ama booqanaya xafiiska Degmada San Diego HHSa. Si aad u hesho xafiis kuu dhow, booqo:

sandiegocounty.gov/content/sdc/hhsa/facilities.html



Barnaamijka Hubinta Mirooyinka iyo Khudaarta (FVC) ee Loogu Talagalay Haweenka Dhallaanka ah iyo Carruurta (WIC)

Gunnooyinka FVC waa lacag la siiyo qoysaska WIC si ay ugu kharash gareeyaan wax soo saarka saafiga ah ee laga helo Suuqayada Beeralayda Deegaanka.

Waxaad qorshaysan kartaa ballan si aad wax badan u ogaato arrinkaan adiga oo wacaya 1-888-942-9675 ama booqanaya xafiis ku yaal degmada San Diego ee halkan ku taxan:

sandiegowic.org/locations/



Barnaamijka Nafaqada Suuqa Beeralayda ee Loogu Talagalay Dadka Waayeelka ah (SFMNP)

Barnaamijka SFMNP wuxuu dadka waayeelka ah ee dakhligoodu hooseeyo, 60 sano jirka ah ama ka wayn kuwaas oo dakhligoodu xaddidan yahay, siiyaa marin u helida wax soo saarka saafiga ah, nafaqada leh, aan diyaarsaneyn, ee deegaanka lagu soo saaro, geedaha mindaaweedka ah ee la soo gooyay, iyo malab ceeriin ah kuwaas oo loo soo marinayo Suuqayada Beeralayda ee Shahaadaysan.

Wixii macluumaad dheeraad ah, booqo: edfa.ca.gov/SeniorFarmersMrktNutritionPrgm/