

BEHAVIORAL HEALTH AREAS OF INFLUENCE: Q4 FY 2025-26

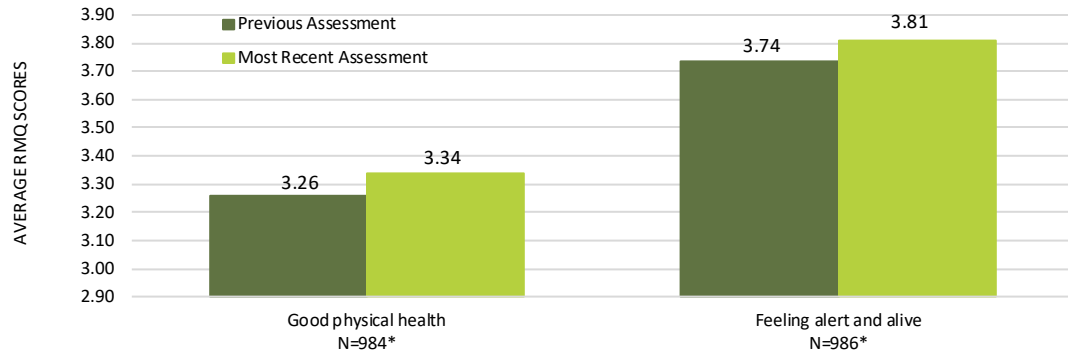
Social determinants of health are conditions within environments where people live, learn, work, and play that affect a range of health outcomes and health risks. Behavioral Health Services strives to improve the social determinants of health for the individuals they serve. The five Areas of Influence are ways Behavioral Health Services categorizes how the social determinants of health are measured across a person's lifespan.

Progress on the Behavioral Health Areas of Influence was measured for adults who received a follow-up assessment during Q4 and an intake or previous assessment completed within the prior four to eight months. The Recovery Markers Questionnaire (RMQ) assessment was selected to reflect the Areas of Influence because it measures a client's perspective on their own recovery on a 1-5 score range, with 5 representing the highest level of recovery.



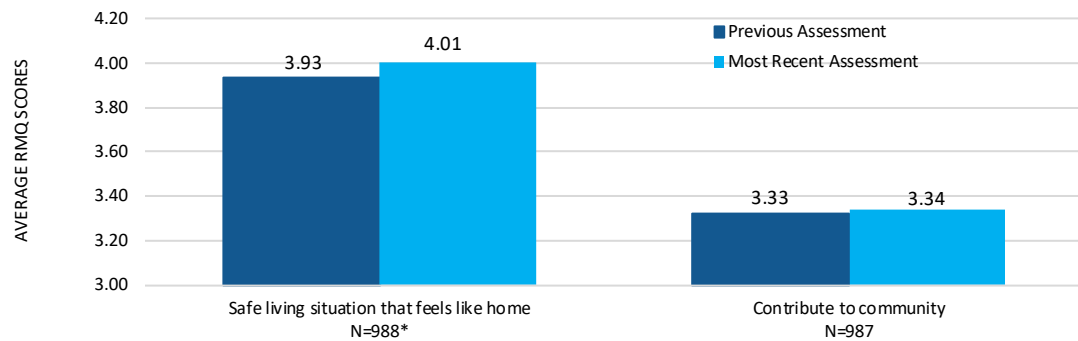
HEALTH

Enjoying good health and expecting to live a full life



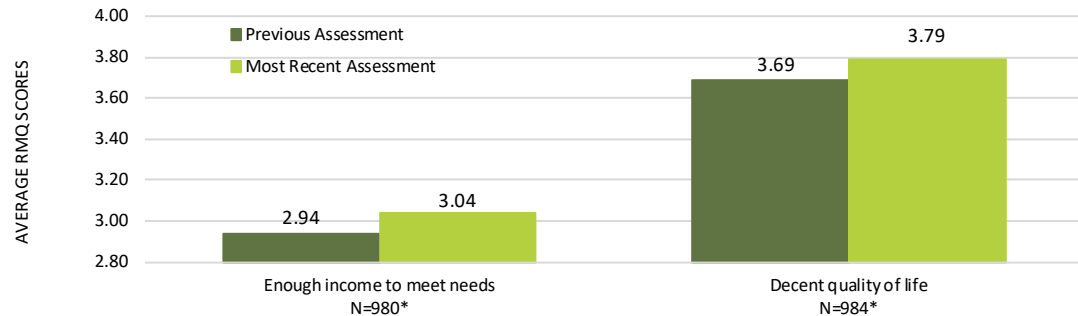
COMMUNITY

Living in a clean and safe neighborhood



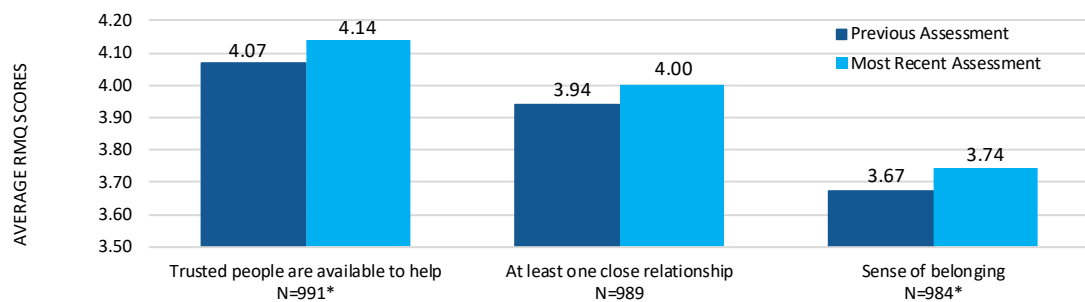
STANDARD OF LIVING

Having enough resources for a quality life



SOCIAL

Helping each other to live well



Note: A response of "Decline to state" is not included in calculations so values may be less than n=1,161

*Indicates statistical significance ($p < .05$).

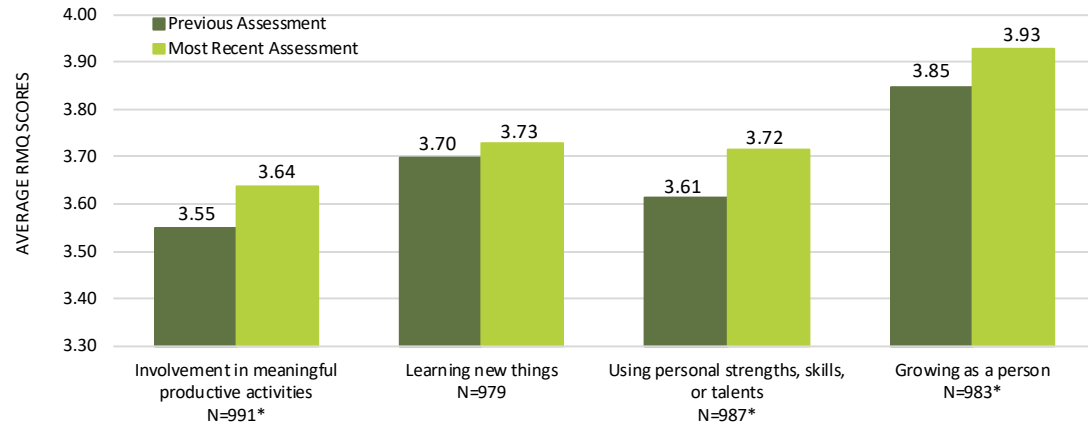
COUNTY OF SAN DIEGO ADULT BEHAVIORAL HEALTH SERVICES

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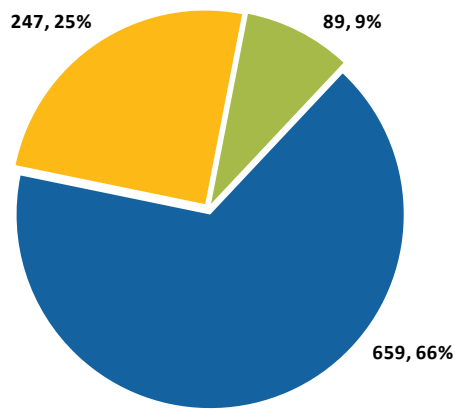
KNOWLEDGE

Learning through the lifespan

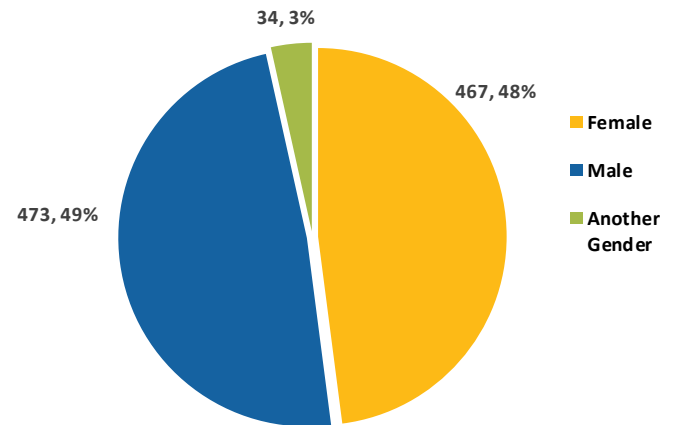


Demographics

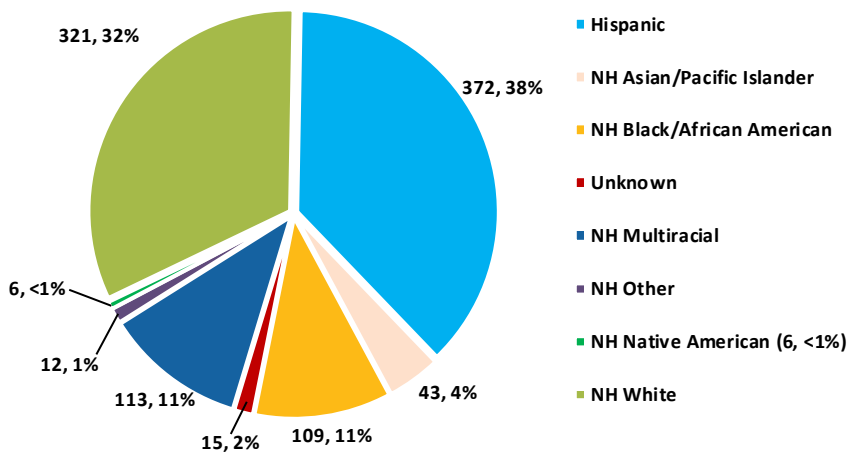
Age (n=995)



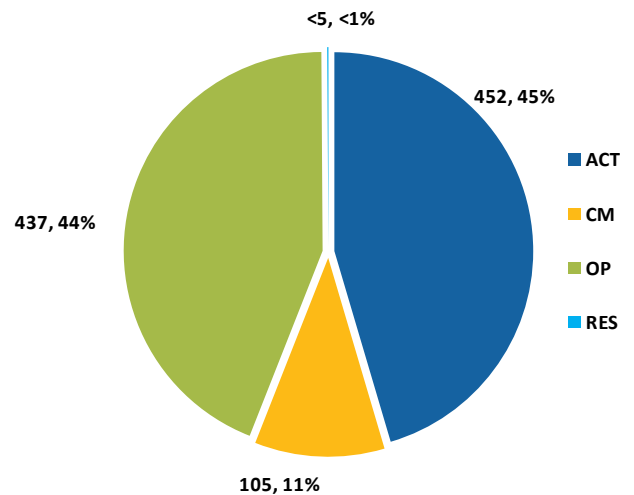
Gender (n=974)



Race/Ethnicity (n=991)



Level of Care (n=995)



Notes:

- 1) Due to rounding, percentages may not equal to 100%.
- 2) A response of "Decline to state" is not included in calculations so values may be less than n=995.

*Indicates statistical significance ($p < .05$).