

Q4

Mental Health Performance Dashboard - Adult



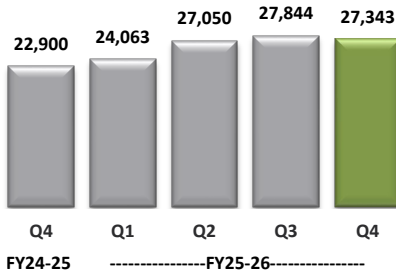
FY 2025-26

County of San Diego Behavioral Health Services

Adult

Client Counts

Clients Served

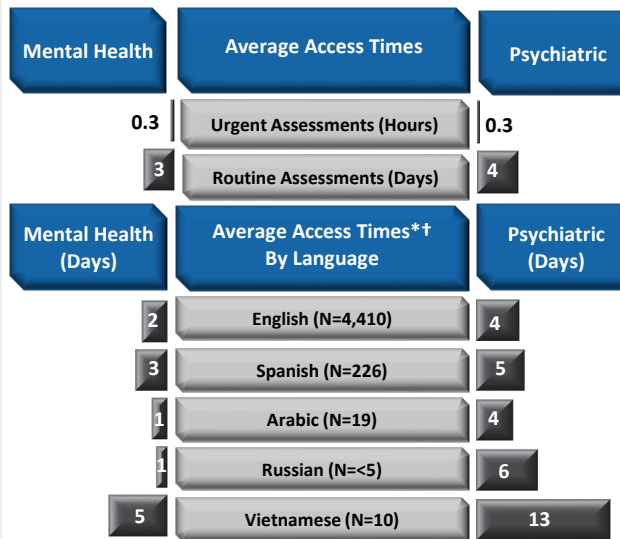


27,343 Clients Served in Q4 (-1.8%)*

436 Veterans Served in Q4

*% Change from previous quarter.

Access



*Routine appointments.

†Access times prioritized by number of inquiries.

Utilization by Program Type*

Mental Health Services	N	%	Δ
Outpatient Services	16,690	61%	-5%
Forensic Services	5,586	20%	2%
Emergency Services	6,686	24%	3%
24 Hour Services	943	3%	<1%
Inpatient Services	1,991	7%	1%

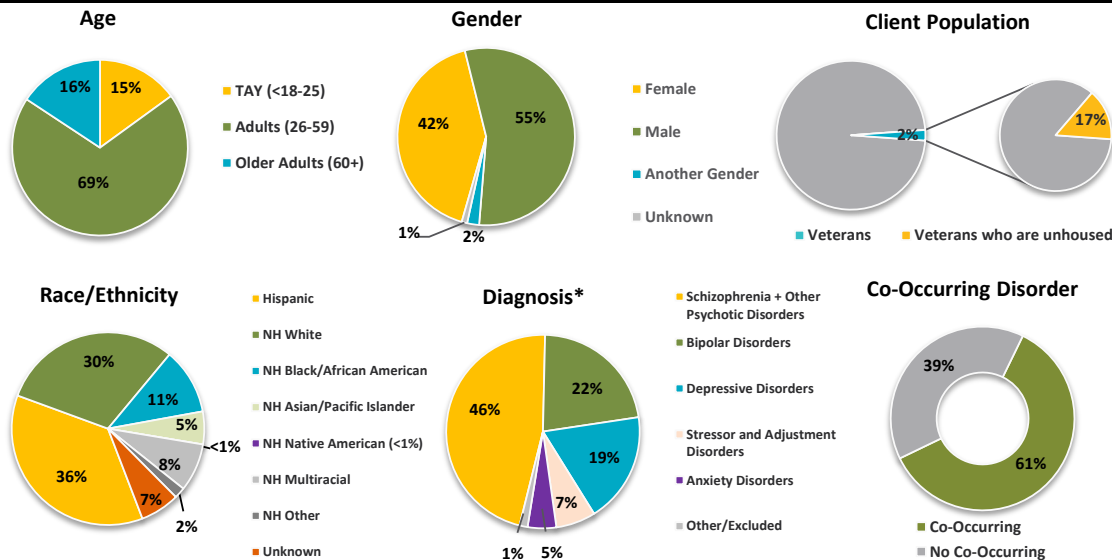
Inpatient Discharges (≥18 years, N=1,961)	N	%	Δ
Without Readmission	1,493	76%	0%
30 Day Readmission	468	24%	0%
7 Day Connection to Services	1,122	57%	-18%
30 Day Connection to Services	1,360	69%	-12%

Δ = Change in percentage points from previous quarter.

Note: Changes in percentage points may reflect differences due to rounding.

*Clients may have been seen in more than one program in the quarter.

Demographics



*Invalid/Missing (n=5,022) is not included in the total.

Quality of Life

Quality of Life Indicators*	Δ
11% of Clients Are Employed	<-1%
87% of Clients Have Medi-Cal Coverage	<-1%
85% of Clients Are Housed	<-1%
52% of Clients Have a Primary Care Physician	-2%
51% Reported Improvement in their Personal Recovery (Client Self-Report)	<1%
47% Reported Improvement in the Ability to Manage their Mental Health Symptoms (Clinician Report)	-2%

Δ = Change in percentage points from previous quarter.

*Percentages are based on unique clients served.

Report Date: 9/21/2026

BHS Performance Dashboard Report | Source: HSRC

Data Sources: 1) SmartCare 7/2026; 2) mHOMS: IMR and RMQ 7/2026; 3) SDBHS: Q4, FY 2025-26 Access Time Analysis - Adult

Data Source (ages 18+): OPTUM: Q4, FY 2025-26 Client Services After Psychiatric Hospital Discharge Report.