

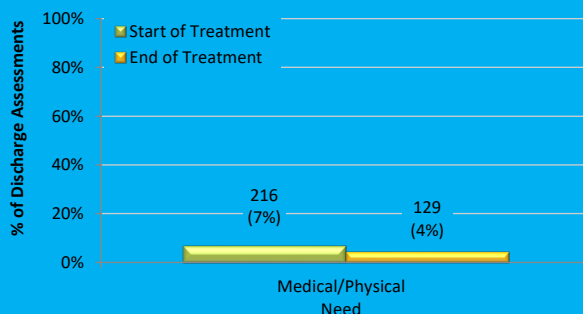
COUNTY OF SAN DIEGO BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH

BEHAVIORAL HEALTH AREAS OF INFLUENCE: Q1-4 FY 2025-26

Progress on Behavioral Health Areas of Influence was measured for youth who discharged from SmartCare between July 2025 and June 2026. The Child and Adolescent Needs and Strengths (CANS) assessment was chosen to represent San Diego's Areas of Influence because it broadly measures a child's functioning.

HEALTH (N=3,241)

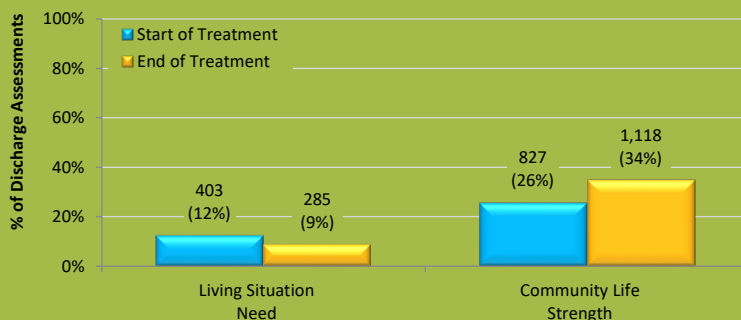
Physical Activity
Connection to Health Home
Healthy Food
Immunizations



[CANS items](#)
Medical/Physical Need



[CANS items](#)
Living Situation Need
Community Life Strength

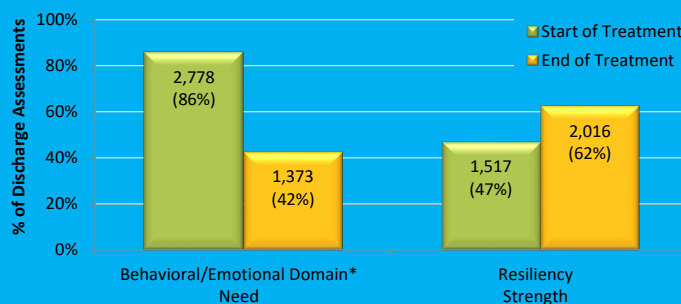


COMMUNITY (N= 3,241)

Safe neighborhoods
Access to Parks
Recreation Centers
Access to Extracurricular Activities

STANDARD OF LIVING (N= 3,241)

Access to Healthcare
Access to Behavioral Health Services

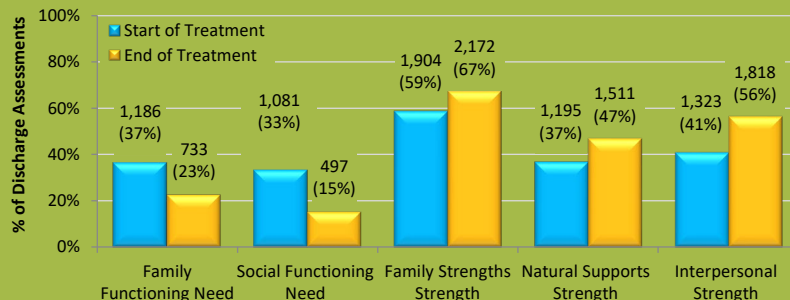


[CANS items](#)
Behavioral/Emotional Need
Resiliency Strength

*This Domain is comprised of 9 individual behavioral and emotional needs



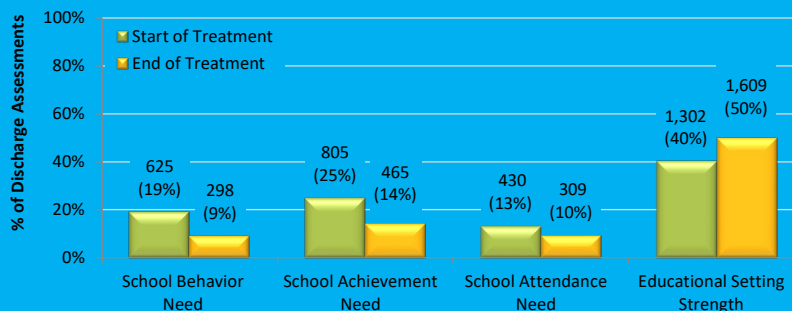
[CANS items](#)
Family & Social Functioning Needs
Family Strength
Interpersonal Strength
Natural Supports Strength



SOCIAL (N= 3,241)
Supportive Families
Nurturing Communities
Connection to Natural Supports

KNOWLEDGE (N= 3,241)

Education
School Success
Good School Attendance
No Suspensions
No Expulsions



[CANS items](#)
School Behavior Need
School Achievement Need
School Attendance Need
Educational Setting Strength

NOTE: All changes from intake to discharge were statistically significant. However, due to large sample sizes, they were not necessarily clinically meaningful.