

Q4

Mental Health Performance Dashboard - CY



COUNTY OF SAN DIEGO
BEHAVIORAL HEALTH SERVICES

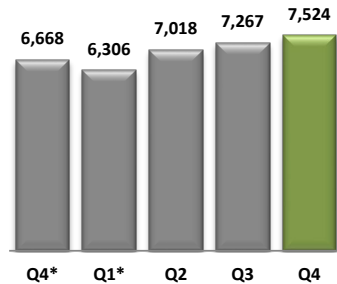
FY 2025-26

County of San Diego Behavioral Health Services

Children & Youth

Client Counts

Clients Served



-- FY 24-25 ----- FY 25-26 -----

7,524 Clients Served in Q4 (+3.5%)

532 Katie A. Status (+14.7%)

*Excludes Fee-for-Service only clients.

Access

Mental Health

Average Access Times*

Psychiatric

5

Urgent Assessments (Hours)

NA†

35

Routine Assessments (Days)

9

Mental Health

Average Access Times†
By Known Language

Psychiatric

26

English (1,383 inquiries)

9

22

Spanish (179 inquiries)

8

18

Arabic (2 inquiries)

NA†

5

Farsi (1 inquiries)

NA†

10

French (1 inquiries)

NA†

*Urgent assessments reported in hours, routine assessments reported in business days.

†Access Times for routine assessments, prioritized by number of inquiries.

‡ = No service inquiries.

Utilization by Program Type*

Mental Health Services

N

%

▲

Emergency/Crisis

390

5%

-1%

Inpatient

278

4%

0%

Juvenile Forensic Services

276

4%

0%

Outpatient

6,351

84%

-4%

Shelter and Respite

48

1%

0%

Short-Term Residential Therapeutic Program+†

112

1%

0%

Therapeutic Behavioral Services

174

2%

0%

Wraparound

261

3%

-1%

Inpatient Discharges (<18 years; N=263)

N

%

▲

Without Readmission

221

84%

+2%

30 Day Readmission

42

16%

-2%

7 Day Connection to Services

142

54%

-20%

30 Day Connection to Services

181

69%

-14%

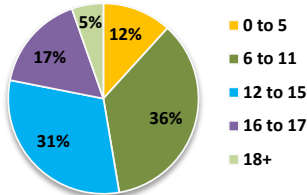
▲ = Percentage point change from previous quarter.

*Clients may have been seen in more than one Program in the quarter.

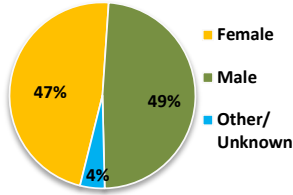
†Includes STRTPs, Community Treatment Facilities (CTF), Psychiatric Health Facilities (PHF) and San Pasqual Academy.

Demographics

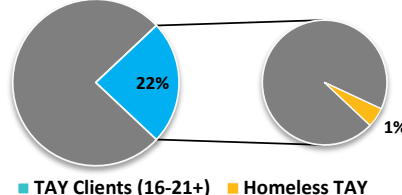
Age



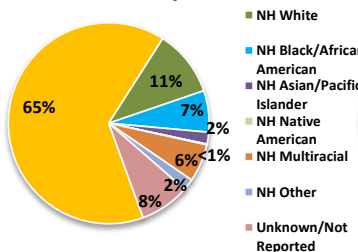
Gender



Client Population

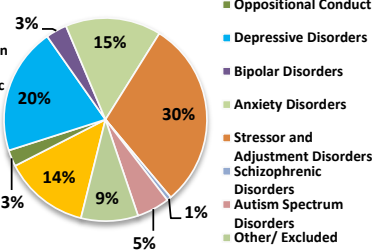


Race/Ethnicity*

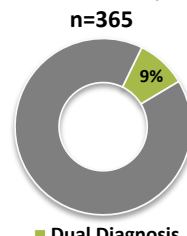


*NH refers to Non-Hispanic/Latino

Diagnosis



Substance Use (12+)



Quality of Life

Client Indicator

▲

Attend School

*

89% Are Insured by Medi-Cal†

+2%

80% Are Housed

-2%

23% Reported a Primary Care Physician‡

-6%

48% of Caregivers Reported Improvement in Youth Feelings and Behavior After Treatment

-4%

75% of Clinicians Reported at Least One Resolved Behavioral or Emotional Need in Youth After Treatment

-4%

▲ = Percentage point change from previous quarter.

*Data currently unavailable due to SmartCare transition.

†Excludes clients receiving other types of insurance.

‡Due to differences in data collection and database architecture, these outcomes are not comparable to CCBH data.

BHS Performance Dashboard Report | Source: HSRC & CASRC

BHS-CY Data Sources: 1) SmartCare 9/2026; 2) SDBHS Q4 FY 2025-26 Access Time Analysis; 3) SDBHS Q4 FY 2025-26 Client Services After Psychiatric Hospital Discharge

NOTE: Due to the transition from CCBH to SmartCare on 9/1/2024, data may not be directly comparable to previous quarters or years.

NOTE: Percentages may not add up to 100% due to rounding.

Report Date: 9/24/2026