Mental Health Outcomes Management System (mHOMS) Annual Outcomes Report

FY 2025-26

Adult Behavioral Health Services

Overview

County-contracted and County-operated behavioral health programs for adults and older adults collect outcome measures on a regular basis for clients who have a Behavioral Health Assessment (BHA). Specifically, outcomes assessments are entered into the Mental Health Outcomes Measurement System (mHOMS) for clients in Assertive Community Treatment (ACT), Case Management (CM), Outpatient (OP), and the Transitional Age Youth (TAY) Residential (RES) programs. Assessments are typically conducted every six months.

The following outcomes are collected in mHOMS:

- **The Illness Management and Recovery (IMR) Scale:** The IMR includes 15 clinician-rated items and addresses aspects of illness management and recovery. Scores can also be reported as three subscales, which combine individual items to represent illness management, recovery, and substance abuse dimensions of treatment outcomes.
- **The Recovery Markers Questionnaire (RMQ):** The RMQ is a 24-item questionnaire that assesses elements of recovery from the client's perspective. It was developed to provide the mental health field with a multifaceted measure that collects information on personal recovery.
- **Milestone of Recovery Scale (MORS):** The MORS captures clinician-reported recovery using a single-item recovery indicator. Clinicians are asked to categorize clients into one of the eight stages of recovery (rated 1 through 8, respectively) based on a client's level of risk, their level of engagement within the mental health system, and the quality of their social support network.

After Q1, Q2, and Q3 of each fiscal year, data from mHOMS is analyzed to create an interactive Snapshot Tool highlighting process outcomes and outcomes objectives by program. Process outcomes reflect completion rates for IMR and RMQ measures during the quarter, while outcome objectives assess improvements in IMR and RMQ scores from the previous assessment to the most recent assessment. In lieu of the Snapshot Tool, a summary report of IMR and RMQ scores for all clients (both **New** and **All**), including those with a pair of completed assessments, during the fiscal year is generated after Q4. Scores in this annual summary report are reported at both an overall systemwide and by the level of care (LOC) to present progress towards recovery across the entire fiscal year. IMR and RMQ assessment compliance for fiscal year (FY) 2025-26 are also included in this report.

Key Findings

- Completion rates for intake and follow-up IMR and RMQ outcomes assessments were calculated for New and Existing clients in FY 2025-26 to determine the proportion of assessments that were entered into mHOMS within appropriate time frames. **Completion rates for both New and Existing clients increased for FY 2025-26** compared to FY 2024-25. The current report considers completion rates for all clients open in SmartCare, the County of San Diego Behavioral Health Services (SDCBHS) electronic health record, at the end of Q4 with any service type.
- **New clients** in FY 2025-26 had **lower average IMR scores, RMQ scores, and MORS ratings at intake**, compared to **All clients'** previous assessment. This trend is expected, as clients new to services may be in crisis or experiencing greater symptom distress than clients who have been receiving services for several months or years.
- **Both New and All clients had significantly better Overall IMR, IMR Recovery, IMR Management, and IMR Substance Use scores** between the intake/previous assessment and most recent assessment. These findings indicate that, in general, clients made progress toward their recovery during FY 2025-26.
- The majority of **New (67%)** and **All (51%) clients had improvements in their RMQ scores** at the most recent assessment, compared to their intake/previous assessment. There was also a **statistically significant change in RMQ scores for New and All clients** between the previous/intake assessment and the most recent assessment. These findings suggest that, on average, clients perceived that they made progress toward recovery during FY 2025-26.
- **Improvements in MORS ratings** from the intake/previous assessment to the most recent assessment were **statistically significant for New** ($p \leq .001$) **and All clients** ($p \leq .001$).
- **MORS ratings improved** for almost half of **New clients (45%) but remained consistent** for the majority of **All clients (64%)** between the intake/previous and most recent assessment.
- **Poorly coping/engaged in treatment was the most common MORS rating** by clinicians **for New clients (72%) and for All clients (74%)** at the most recent assessment.
- During FY 2025-26, there was a **statistically significant increase in Overall IMR scores, Overall RMQ scores, and Overall MORS ratings for both New and All clients** who received services from **Outpatient programs**. **IMR scores also increased significantly for New clients** in the **CM** and **ACT programs** during FY 2025-26. These findings suggest that, in general, clients showed progress toward recovery during FY 2025-26.
- **More clients had a pair of RMQ assessments than IMR assessments for both New and Existing clients** (**New**: IMR – **75%,** RMQ – **70%**; **Existing**: IMR – **75%,** RMQ – **69%**) during FY 2025-26. This is unsurprising, as self-report measures completed by clients are encouraged, but are not a mandatory part of care.
- Scores on most individual **IMR and RMQ items increased significantly for both New and All clients** during the fiscal year.

Process Outcomes for FY 2025-26

Measures Entered at Appropriate Timeframes

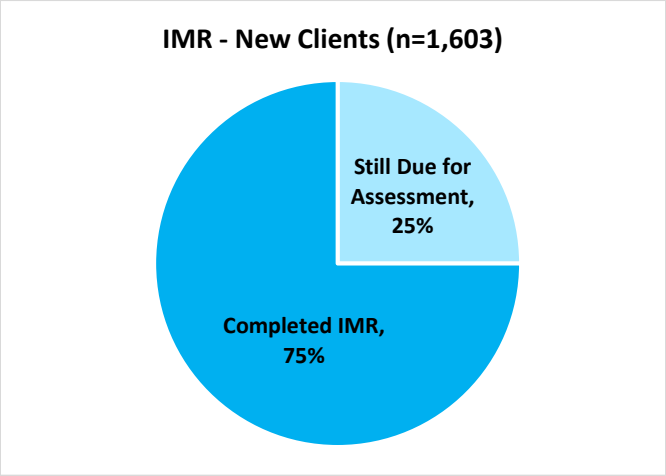
To better assess mental health outcomes, SDCBHS implemented a system of measuring recovery from both clinician and client perspectives. mHOMS measures should be completed for all eligible clients at intake with re-assessment every six months. Complete data from as many clients as possible will allow for accurate examination of system and program-level outcomes.

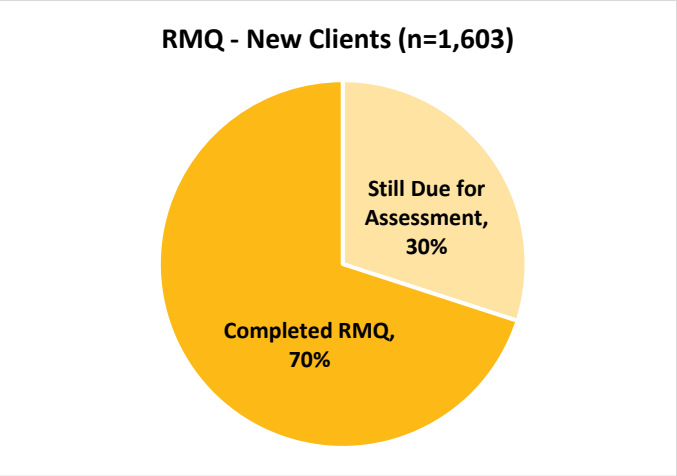
Staff are expected to enter clinician and client measures into mHOMS within 30 days of intake for **New clients** and can complete measures 30 days prior and 60 days after the due date for **Existing clients** who are within a follow-up assessment period. **Existing clients** are due for an assessment if they do not have a completed outcomes assessment in mHOMS within the previous six months. Assessments are considered completed when successfully entered into the mHOMS system during the appropriate assessment period.

Intake Assessments Completed during FY 2025-26 for New Clients

Clients are considered New to the Adult System of Care (SOC) if they meet the following criteria:

- The client had an open assignment in SmartCare at the end of FY 2025-26.
- The client's first adult service within the past two years occurred during FY 2025-26 at a program that completes outcomes assessments in mHOMS.
- The client was not discharged or closed in SmartCare during FY 2025-26.





Note: *Due to the transition to SmartCare, comparison of New Client totals may not be fully captured, and assessment completion rates should not be compared to previous fiscal years. Assessment completion is evaluated up to 30 days after the end of the quarter.*

In previous mHOMS Outcomes reports assessment completion rates were limited to clients with an Assessment or Case Management service type in SmartCare. All **New clients** with 1) an open assignment at the end of FY 2025-26 and 2) any service during FY 2025-26 is included in the charts above. Therefore, assessment completion rates reported here may be lower than those reported in previous reports.

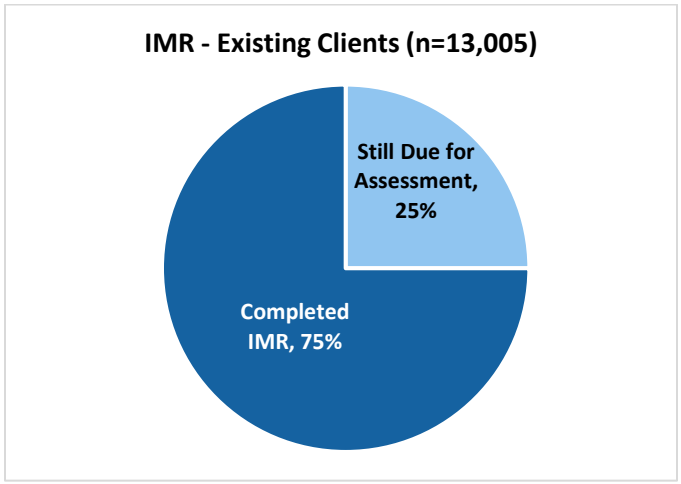
During FY 2025-26:

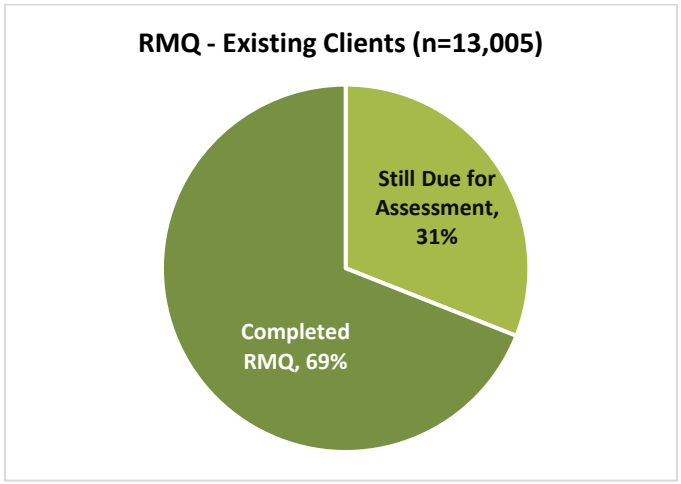
- 1,603 **New clients** **received services from adult programs** that enter outcomes assessments into mHOMS.
- The majority of **New clients** **did have an IMR (75%)** assessment and around the same proportion of **New clients** **did have an RMQ (70%)** assessment entered into mHOMS at intake.
- 423 **New clients** **(26%) did not have an outcome assessment** (either IMR or RMQ) completed in mHOMS.

Follow-up Assessments Completed during FY 2025-26 for Existing Clients

Clients are considered Existing in the Adult SOC if they meet the following criteria:

- The client had an open assignment in SmartCare at the end of FY 2025-26.
- The client had an adult service during FY 2025-26 from a program that enters outcomes assessments into mHOMS.
- The client received an adult service within two years prior to the adult service received during FY 2025-26.
- The client was not discharged or closed in SmartCare during FY 2025-26.





Note: *Due to the transition to SmartCare, comparison of Existing Client totals may not be fully captured, and assessment completion rates should not be compared to previous fiscal years. Assessment completion is evaluated up to 30 days after the end of the quarter.*

In previous mHOMS Outcomes reports assessment completion rates were limited to clients with an Assessment or Case Management service type in SmartCare. Per discussions with adult program representatives during previous years, all **Existing clients** with 1) an open assignment at the end of FY 2025-26 and 2) any service during FY 2025-26 are included in the charts above. Therefore, assessment completion rates reported here may be lower than those reported in previous reports.

During FY 2025-26:

- 13,005 **Existing clients** **were due for either an IMR or RMQ assessment** during FY 2025-26.
- **IMR assessments were entered** in mHOMS for three-fourths **(75%)** of **Existing clients**.
- The **follow-up RMQ assessment was completed** for more than two-thirds **(69%)** of **Existing clients**.

Recovery Outcomes Across the System of Care during FY 2025-26

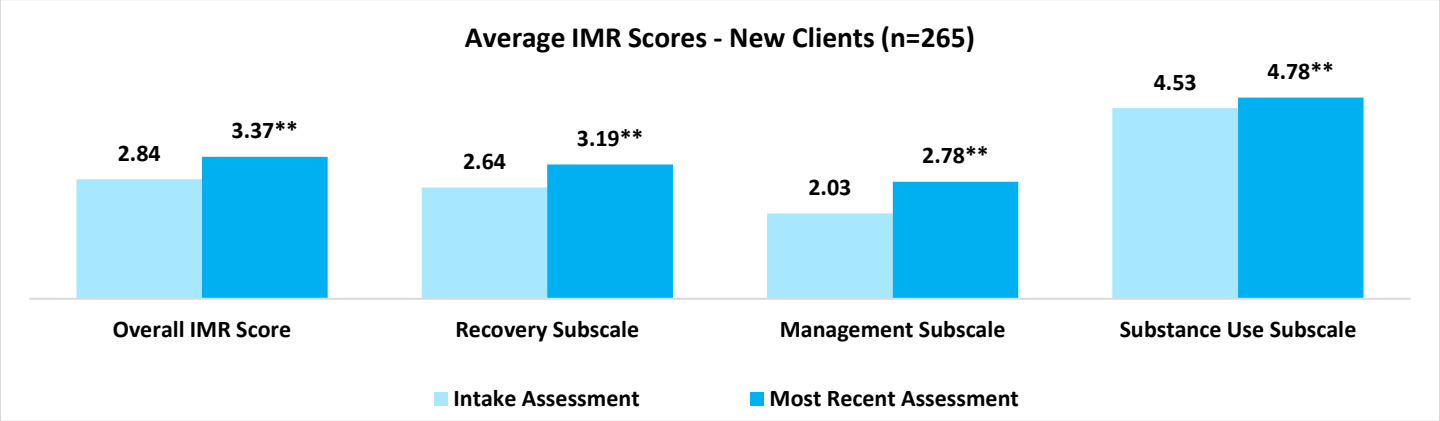
Recovery is a primary goal of SDCBHS. To better assess mental health outcomes, SDCBHS implemented a system of measuring recovery from both clinician (using the IMR and MORS) and client (using the RMQ) perspectives. To evaluate clients' progress towards recovery systemwide, changes in IMR and RMQ scores and changes in MORS ratings are examined across the fiscal year.

Illness Management and Recovery (IMR) Scale

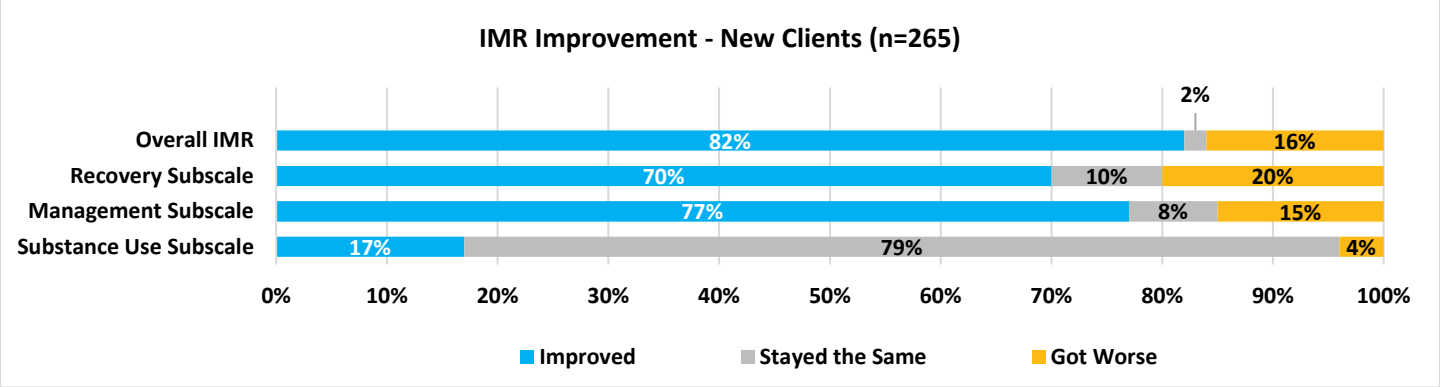
The IMR, which measures clinicians' perceptions of their clients' recovery, is typically conducted at intake with reassessment every six months. IMR scores range from 1 to 5, with 5 representing the highest level of recovery. Scores can be reported as both an Overall Score and by using three subscales which combine individual items to represent illness recovery, management, and substance abuse dimensions of treatment outcomes.

New Clients

New clients are those individuals with 1) an IMR assessment during FY 2025-26 (Most Recent Assessment), 2) a corresponding IMR assessment four to eight months prior to their most recent assessment (Intake Assessment), and 3) a first service date within 30 days of their first assessment.



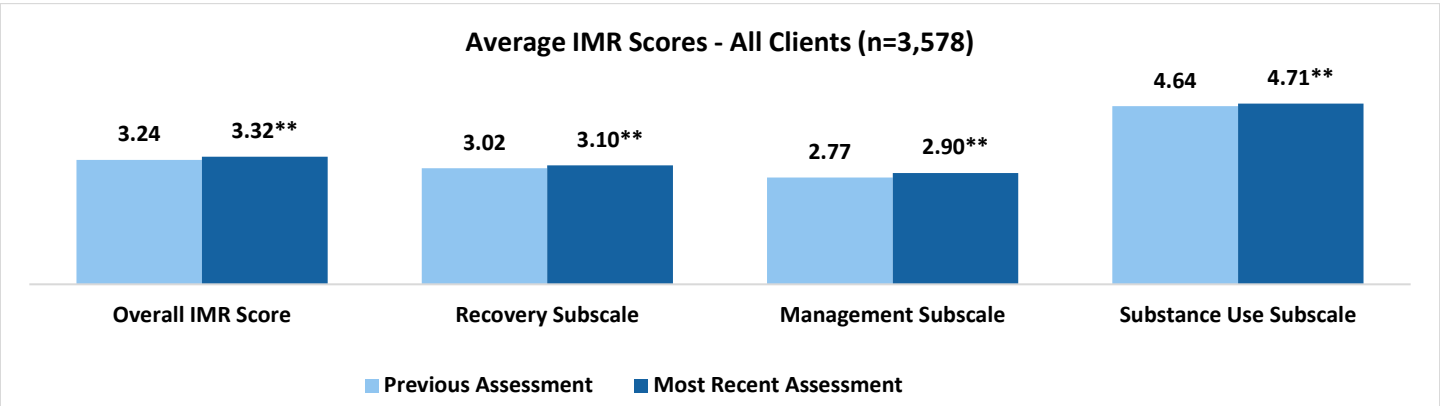
***Indicates statistical significance (p ≤ .001)*
Note: *Mean scores do not include missing values*



Note: *Percentages do not include missing values*

All Clients

All clients include every individual served by SDCBHS during FY 2025-26 who had at least one follow-up IMR assessment completed within the fiscal year (Most Recent Assessment) and an IMR assessment completed four to eight months prior (Previous Assessment), regardless of how long they have been receiving services.



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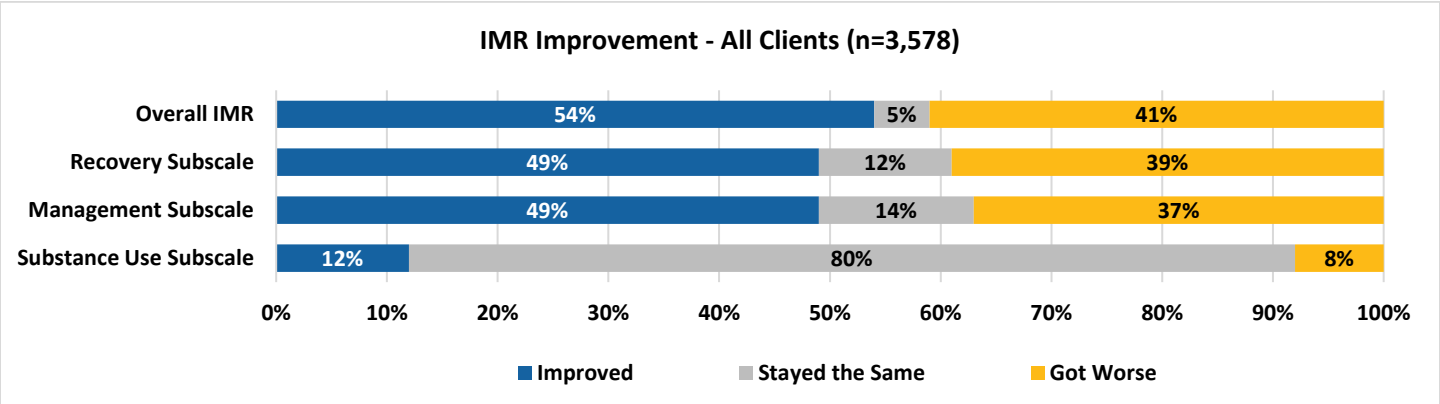


Note: *Percentages do not include missing values*

IMR Results for New and All Clients

The charts displayed above and on the previous page present IMR data for clients who had a follow-up assessment completed during FY 2025-26 and an intake or previous assessment completed four to eight months earlier. The method of comparing two assessments completed at different time points (also known as paired assessments) enables reporting on changes in average scores and the percentage of clients with an improvement in scores from their previous assessment. Since trends and changes in outcomes may differ for **New clients** and clients who are already engaged in services, results for **New clients** are presented separately first, followed by the results for **All clients**.

New Clients

- More than four-fifths **(82%)** of **New clients** had an **improved Overall IMR score** at the most recent assessment, compared to intake.
- Nearly three-fourths of **New clients** had an **improved IMR Recovery subscale score (70%)** at the most recent assessment, compared to intake.
- **New clients** had **significantly better Overall IMR scores, as well as IMR Recovery, IMR Management, and IMR Substance Use scores** at the most recent assessment, compared to intake.

All Clients

- A little over half **(54%)** of **All clients** had an **improved Overall IMR score** at the most recent assessment, compared to the previous assessment.
- Nearly half of **All clients** had an **improved IMR Recovery subscale score (49%)** or an **improved IMR Management subscale score (49%)**.
- **All clients** had **significantly better Overall IMR scores, as well as IMR Recovery, IMR Management, and IMR Substance Use scores** at the most recent assessment, compared to intake.

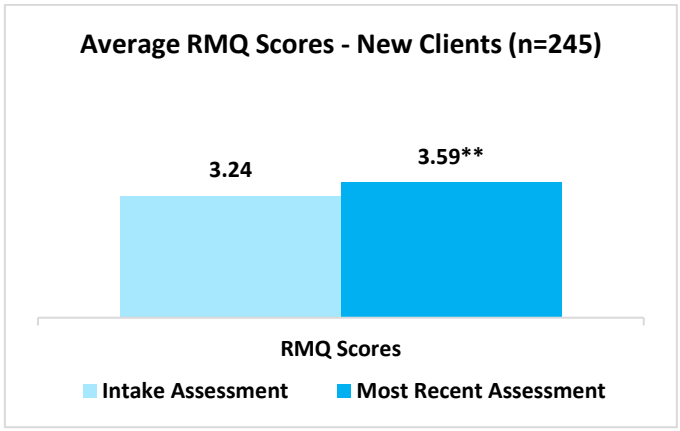
- **New clients** had **lower Overall IMR, IMR Recovery, IMR Management, and IMR Substance Use subscale scores** at intake, compared to **All clients'** previous assessment. This trend is expected, as clients new to services may be in crisis or experiencing greater symptom distress than clients who have been receiving services for several months or years.
- **IMR Substance Use subscale scores did not change** for the majority of **New (79%)** or **All (80%)** clients with paired assessments; however, average **IMR Substance Use subscale scores were relatively high**, indicating that few clients were impacted by alcohol or drug use.

Recovery Markers Questionnaire (RMQ)

The RMQ is a self-report measure of the client's own state, and his or her preferences, needs, desires, and perceptions of their recovery. This assessment is also typically completed at intake with reassessment every six months. The RMQ includes 24 Likert Scale items, with a 5-point agreement response scale ranging from "strongly agree" to "strongly disagree," regarding the recovery process and intermediate outcomes. The total mean score can be calculated to measure performance. Higher scores on the RMQ assessment indicate perceptions of higher levels of recovery.

New and All Clients

Like the IMR analysis, **New clients** are those individuals with 1) an RMQ assessment during FY 2025-26 (Most Recent Assessment), 2) a corresponding RMQ assessment four to eight months prior to their most recent assessment (Intake Assessment), and 3) a first service date within 30 days of their first assessment. **All clients** include every individual served by SDCBHS during FY 2025-26 who had at least one follow-up RMQ assessment completed within the fiscal year (Most Recent Assessment) and an RMQ assessment completed four to eight months prior (Previous Assessment), regardless of how long they have been receiving services.



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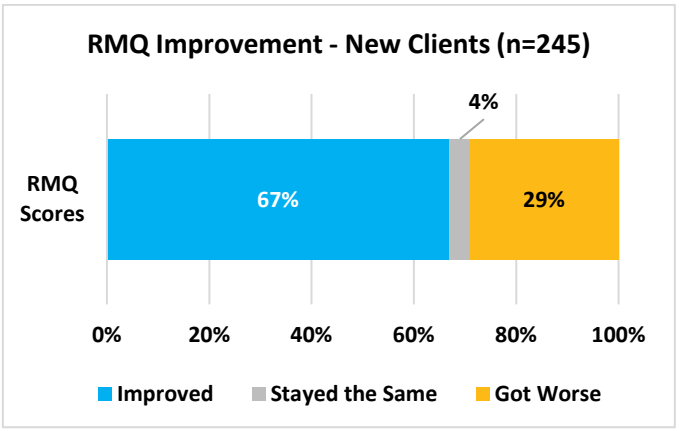
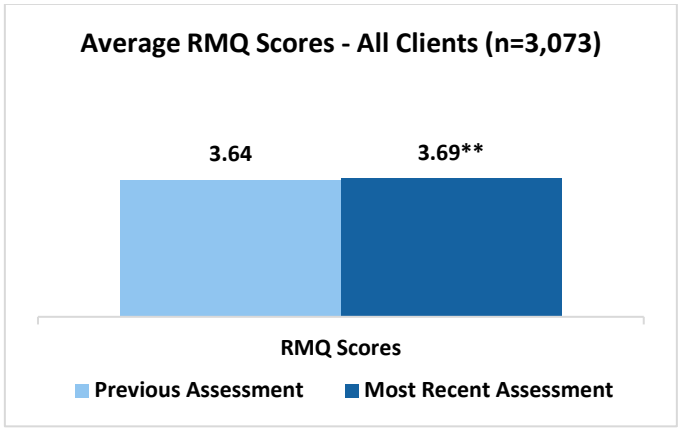


Note: *Percentages and mean scores do not include missing values*



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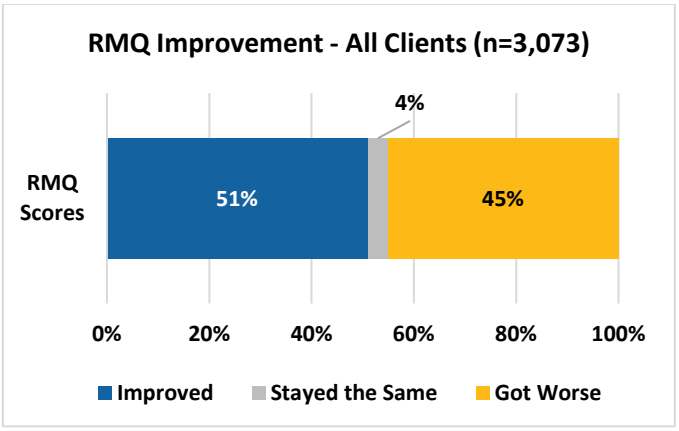


Note: *Percentages and mean scores do not include missing values*

RMQ Results for New and Existing Clients

The charts displayed on the previous page present RMQ data for clients who had a follow-up assessment completed during FY 2025-26 and an intake or previous assessment completed within the prior four to eight months. The method of comparing two assessments completed at different time points (also known as paired assessments) enables reporting on changes in average scores and the percentage of clients with an improvement in scores from their previous assessment.

Since trends and changes in outcomes may differ for **New clients** and clients who are already engaged in services, results for **New clients** are presented separately first, followed by the results for **All clients**.

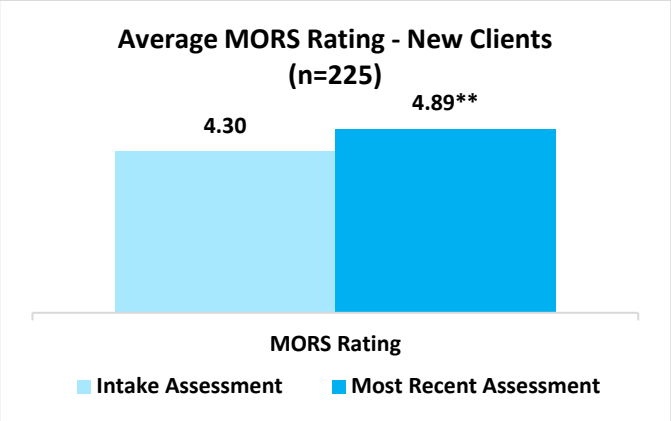
- **New clients** had **lower RMQ scores at intake** compared to **All clients'** previous assessment. This trend is expected, as clients who have been receiving services for several months or years would have more opportunities to make progress toward their recovery than clients new to services.
- More than two-thirds **(67%)** of **New clients** had **improvements in RMQ scores** at the most recent assessment, compared to intake.
- More than half of **All clients** **(51%) reported that their recovery improved** at the most recent assessment, compared to their previous assessment.
- There was a **statistically significant change in RMQ scores for New and All clients** between the previous/intake assessment and the most recent assessment suggesting that, on average, clients perceived that they made progress towards recovery.

Milestones of Recovery Scale (MORS)

The Milestones of Recovery Scale (MORS) is an assessment of the clinicians' perceptions of their clients' current milestone of recovery and is typically conducted at intake with reassessment every six months. MORS ratings range from 1 to 8, with higher ratings indicating greater progress towards recovery.

New and All Clients

Like the IMR and RMQ analyses, **New clients** are those individuals with 1) a MORS assessment during FY 2025-26 (Most Recent Assessment), 2) a corresponding MORS assessment four to eight months prior to their most recent assessment (Intake Assessment), and 3) a first service date within 30 days of their first assessment. **All clients** include every individual served by SDCBHS during FY 2025-26 who had at least one follow-up MORS assessment completed within the fiscal year (Most Recent Assessment) and a MORS assessment completed four to eight months prior (Previous Assessment), regardless of how long they have been receiving services.



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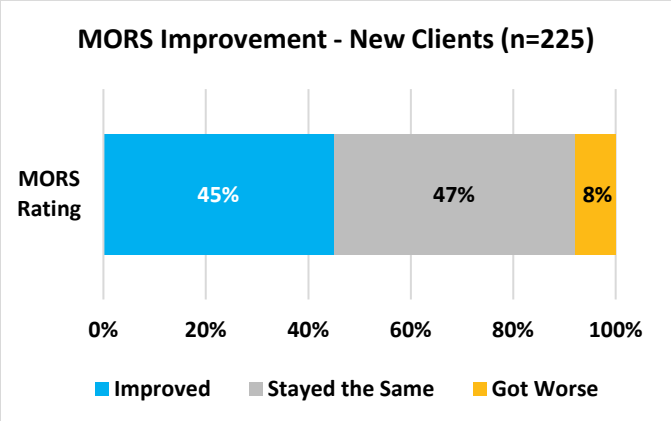

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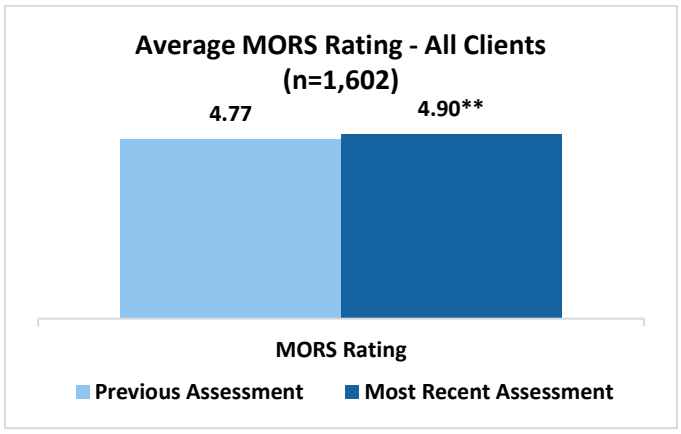

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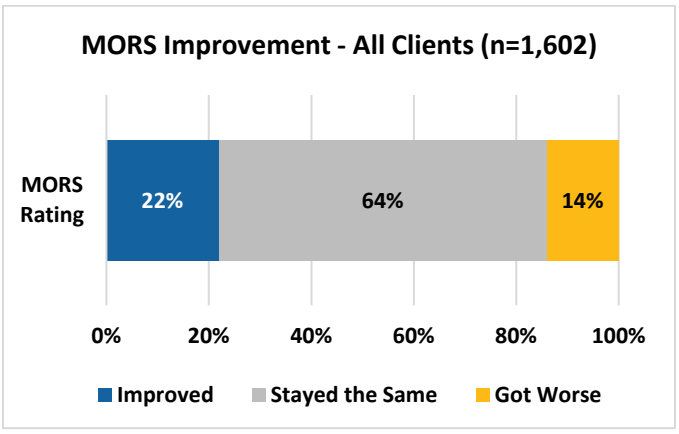


Note: *Percentages and mean scores do not include missing values*

MORS Ratings for New and All Clients at Intake and Most Recent Assessments

	New Clients (n=225)			All Clients (n=1,602)		
	Intake	Most Recent	Change	Previous	Most Recent	Change
	n (%)	n (%)		n (%)	n (%)	
1. Extreme Risk	0 (0%)	0 (0%)	▶	<5 (<1%)	0 (0%)	▼
2. High Risk/Not Engaged	9 (4%)	<5 (<1%)	▼	16 (1%)	<5 (<1%)	▼
3. High Risk/Engaged	33 (15%)	14 (6%)	▼	140 (9%)	115 (7%)	▼
4. Poorly Coping/Not Engaged	69 (31%)	22 (10%)	▼	179 (11%)	119 (7%)	▼
5. Poorly Coping/Engaged	110 (49%)	162 (72%)	▲	1,128 (70%)	1,183 (74%)	▲
6. Coping/Rehabilitating	<5 (1%)	24 (11%)	▲	130 (8%)	168 (11%)	▲
7. Early Recovery	<5 (<1%)	<5 (1%)	▲	<5 (<1%)	11 (1%)	▲
8. Advanced Recovery	0 (0%)	0 (0%)	▶	<5 (<1%)	<5 (<1%)	▶

Legend:
- ▼ *a decrease in the number of clients with a MORS rating at this level*
- ▶ *no change in the number of clients with a MORS rating at this level*
- ▲ *an increase in the number of New clients with a MORS rating at this level*
- ▲ *an increase in the number of All clients with a MORS rating at this level*

MORS Results for New and All Clients

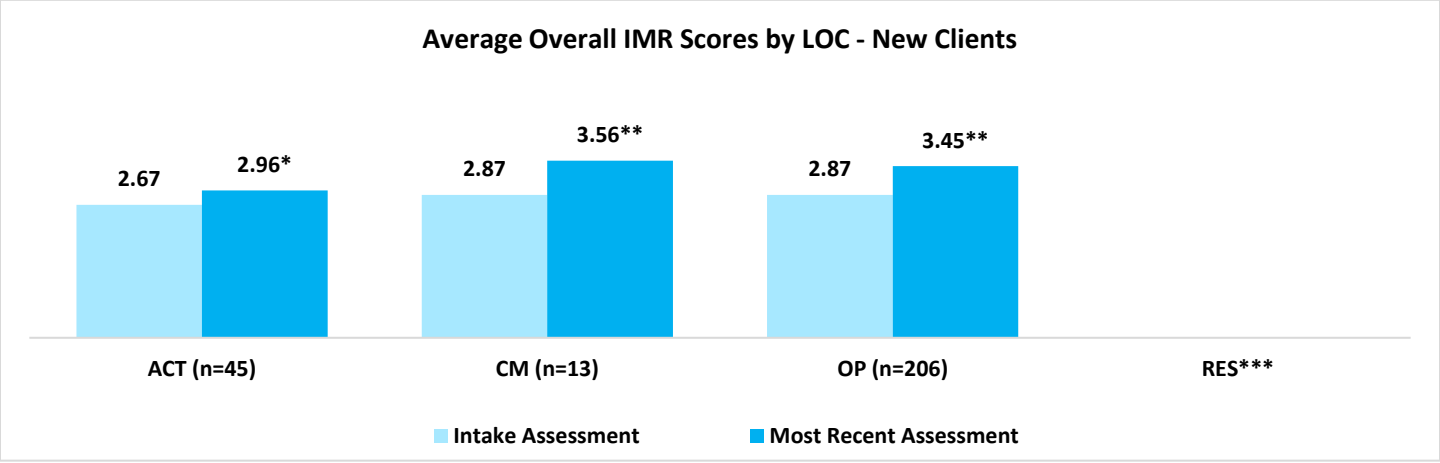
The charts displayed above and on the previous page present MORS data for clients who had a follow-up assessment completed during FY 2025-26 and an intake or previous assessment completed within the prior four to eight months. The method of comparing two assessments completed at different time points (also known as paired assessments) enables reporting on changes in average scores and the percentage of clients with an improvement in scores from their previous assessment. Since trends and changes in outcomes may differ for **New clients** and clients who are already engaged in services, results for **New clients** are presented separately first, followed by the results for **All clients**.

- **New clients** had **lower MORS ratings at intake** compared to **All clients'** previous assessment. This trend is expected, as clients who have been receiving services for several months or years would have more opportunities to make progress towards their recovery than clients new to services.

- **MORS ratings improved** for more than two-fifths **(45%)** of **New clients** between the intake and most recent assessment and **remained consistent** for almost half **(47%)** of **New clients**. Only 17 **New clients** **(8%)** had a **worse MORS rating** at the most recent assessment, compared to intake.
- **MORS ratings remained consistent** for the majority **(64%)** of **All clients** from the previous assessment to most recent assessment. More than one-fifth **(22%)** of **All clients** had a **higher MORS rating** at the most recent assessment compared to the previous assessment and **14%** had a worse rating at the most recent assessment.
- Most **New clients** were rated by clinicians as **poorly coping/engaged (49%)** or **poorly coping/not engaged (31%)** at intake.
- At the most recent assessment, **72%** of **New clients** were rated as **poorly coping/engaged** by clinicians and **12%** of **New clients** had a **MORS rating of 6 or higher**.
- Over two-thirds **(70%)** of **All clients** were rated by clinicians as **poorly coping/engaged** at the previous assessment and a slightly higher proportion **(74%)** had this **MORS rating** at the most recent assessment.
- The changes in **MORS ratings** from the previous assessment to the current follow-up assessment were **statistically significant** for **New** and **All clients.**

Recovery Outcomes by Level of Care

The data presented in the next section highlight differences in progress towards recovery by LOC: ACT, CM, OP, and TAY RES programs. Like the previous section, **New clients** are those individuals who 1) had an IMR, RMQ, or MORS assessment during FY 2025-26 (Most Recent Assessment), 2) had a corresponding IMR, RMQ, or MORS intake assessment (Intake) four to eight months prior to their most recent assessment, and 3) had a first service date within 30 days of their first assessment. **All clients** include every individual served by SDCBHS during FY 2025-26 who had at least one follow-up assessment completed during the fiscal year (Most Recent Assessment) and a corresponding assessment completed four to eight months prior (Previous Assessment), regardless of how long they have been receiving services.



**Indicates statistical significance (p ≤ .05)*
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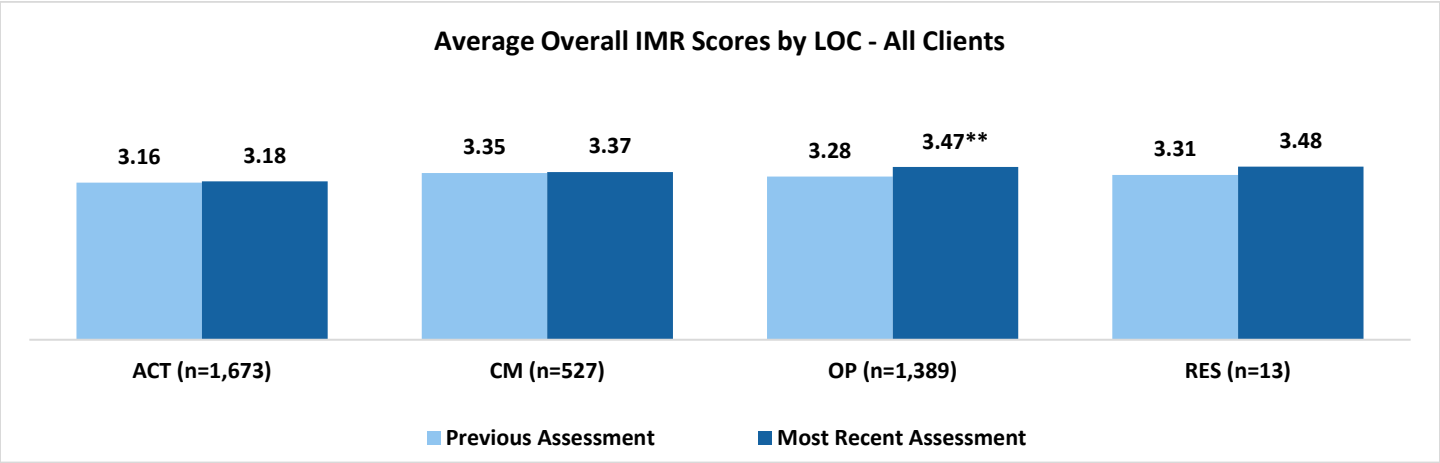
****Means have been masked to de-identify client data*
Note: *Mean scores do not include missing values*



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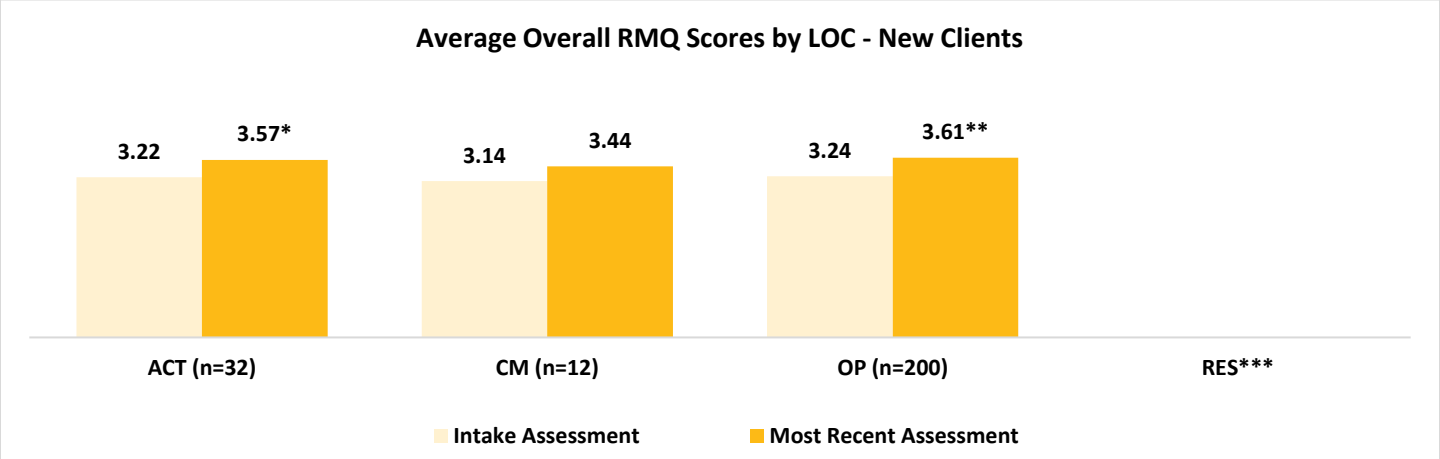

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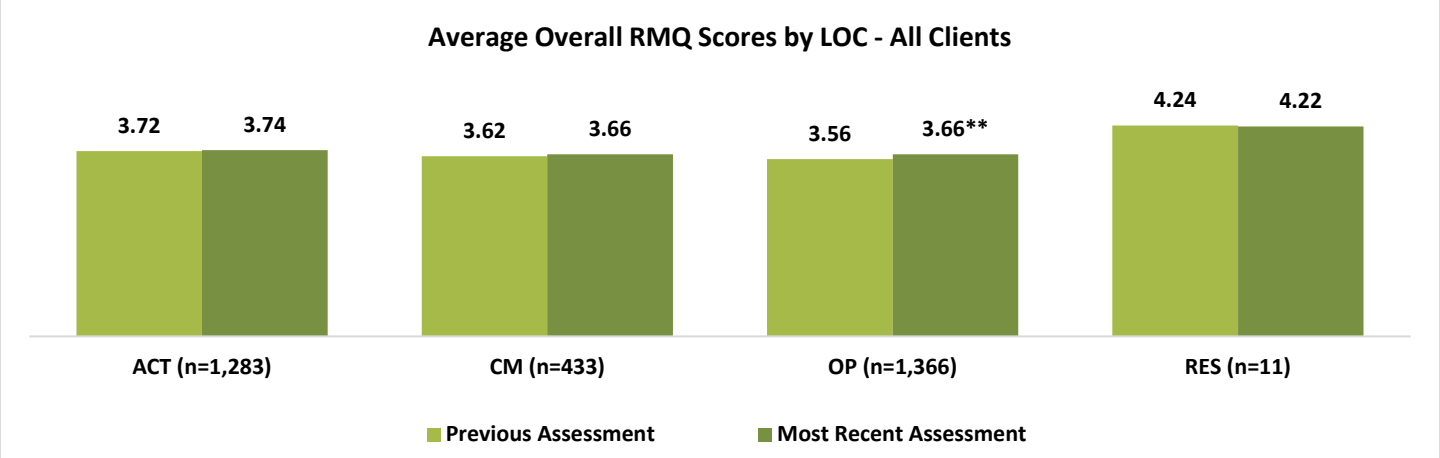
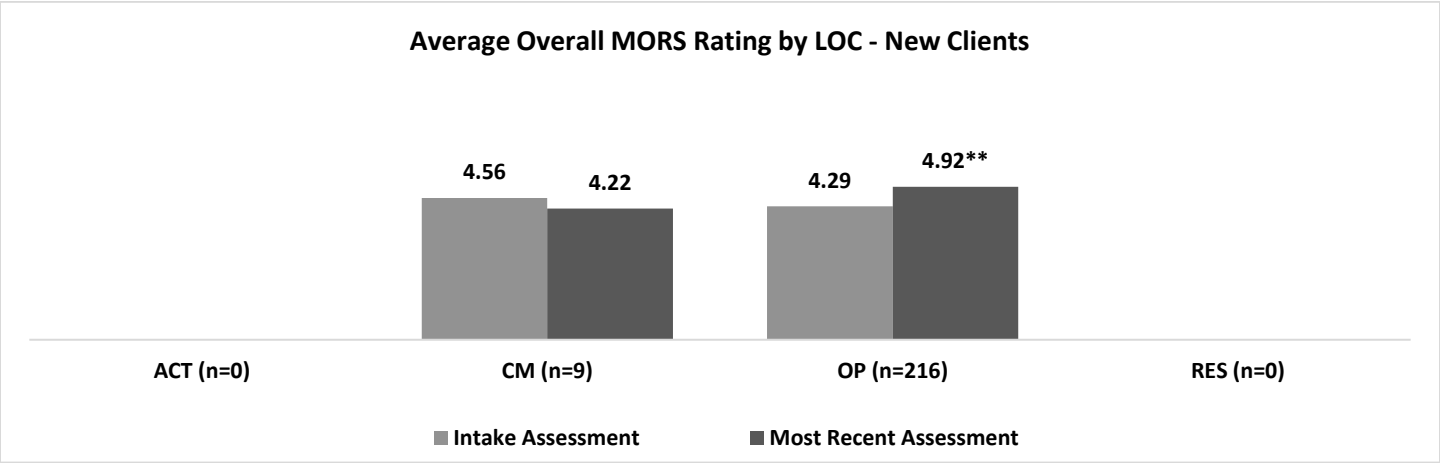
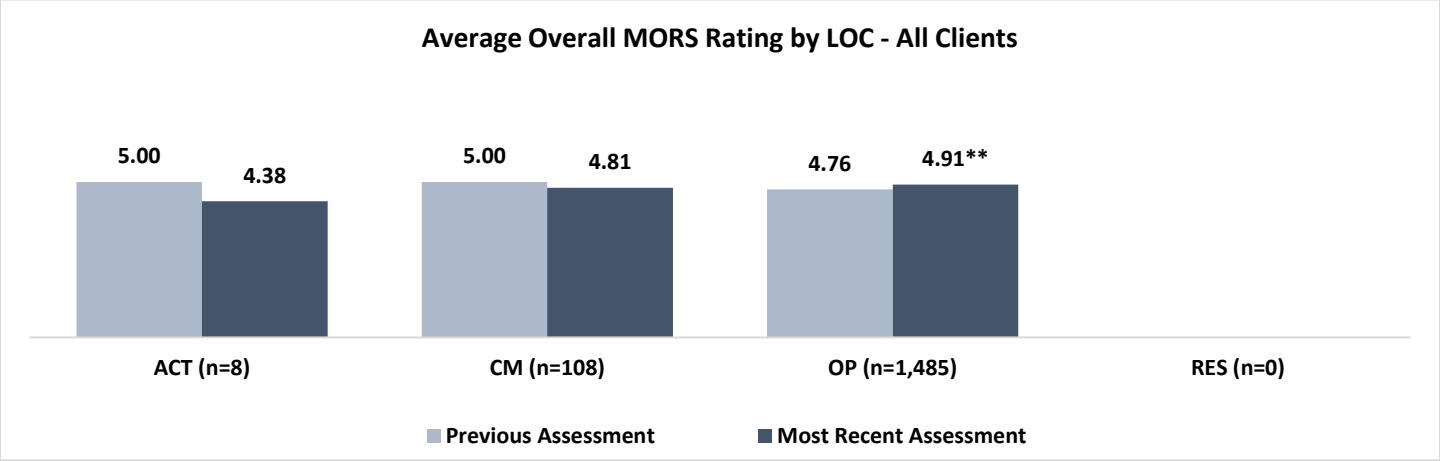


***Indicates statistical significance (p ≤ .001)*
Note: *Mean scores do not include missing values*



***Indicates statistical significance (p ≤ .001)*
Note: *Mean scores do not include missing values*



***Indicates statistical significance (p ≤ .001)*
Note: *Mean scores do not include missing values*

Results by LOC for New and All Clients

- During FY 2025-26, there was a **statistically significant increase in Overall IMR scores, Overall RMQ scores, and MORS ratings for both New and All clients** who received services from **Outpatient programs**. These findings suggest that, for Outpatient programs, clients showed progress toward recovery during FY 2025-26.
- More clients in **ACT, CM, and OP programs had a pair of IMR assessments than RMQ assessments** during FY 2025-26. This is unsurprising, as self-report measures completed by clients are encouraged, but are not a mandatory part of care.
- Across most LOCs, **New clients** had **lower average IMR and RMQ scores** and **experienced a greater change in scores** during the fiscal year, compared to **All clients**. This trend is expected, as clients new to services may be in crisis or experiencing greater symptom distress than **All clients** who have been receiving services for several months or years.

IMR Scores by IMR Item – Means for Previous and Most Recent Assessments

Each of the 15 individual items comprising the IMR addresses a different aspect of illness management and recovery. IMR scores range from 1 to 5, with 5 representing the highest level of recovery. IMR scores for **New clients** increased significantly on all items and all three subscales. For **All clients**, Overall IMR scores, IMR Recovery subscale scores, IMR Management subscales, and a majority of the IMR items showed a statistically significant increase. There was a significant change in IMR Substance subscale scores for **New clients** and **All clients**.

		New Clients				All Clients			
Item	**Illness Management and Recovery Scale (IMR)**	N	**Intake**	**Most Recent**	△	N	**Prev.**	**Most Recent**	△
1	Progress towards personal goals	263	2.58	3.19	↑	3,832	3.00	3.11	↑
2	Knowledge	264	2.69	3.32	↑	3,859	3.10	3.19	↑
3	Involvement of family and friends in my treatment	262	3.04	3.22	↑	3,831	3.05	3.08	↑
4	Contact with people outside of my family	262	2.81	3.22	↑	3,822	3.02	3.11	↑
5	Time in structured roles	254	2.37	2.57	↑	3,677	1.99	2.01	↑
6	Freedom from symptom distress	263	1.90	2.56	↑	3,849	2.44	2.57	↑
7	Ability to function	263	1.89	2.55	↑	3,857	2.42	2.54	↑
8	Relapse prevention planning	221	2.67	3.32	↑	3,532	3.20	3.34	↑
9	Freedom from relapse symptoms	234	1.87	3.05	↑	3,586	3.26	3.46	↑
10	Avoidance of psychiatric hospitalization	257	3.61	4.38	↑	3,719	4.25	4.40	↑
11	Coping	264	2.40	3.00	↑	3,833	2.93	3.05	↑
12	Involvement with self-help activities	240	2.45	2.96	↑	3,676	2.82	2.88	↑
13	Using medication effectively	171	4.25	4.45	↑	3,413	4.44	4.46	↑
14	Alcohol use does not impair functioning	247	4.28	4.60	↑	3,556	4.51	4.58	↑
15	Drug use does not impair functioning	250	4.15	4.54	↑	3,573	4.31	4.37	↑
	Overall Mean IMR Score	**265**	**2.84**	**3.37**	↑	**3,873**	**3.23**	**3.33**	↑
Subscales	Recovery subscale (average of items 1, 2, 4, 8, & 12)	265	2.64	3.19	↑	3,862	3.03	3.12	↑
	Management subscale (average of items 6, 7, 9, & 11)	265	2.03	2.78	↑	3,867	2.76	2.90	↑
	Substance use subscale (minimum of items 14 & 15)	250	4.53	4.78	↑	3,618	4.64	4.71	↑

Note: *Arrows indicate the direction of change between assessments. Blue colored arrows indicate a statistically significant change ($p \leq .05$). Grey arrows indicate change that is not statistically significant.*

RMQ Scores by RMQ Item – Means for Previous and Most Recent Assessments

Each of the 24 individual items comprising the RMQ measures the clients' preferences, needs and desires, and perceptions of their recovery. RMQ scores range from 1 to 5, with 5 representing strong agreement with each statement. RMQ scores for **New** and **All** clients increased on most items. Many of these increases were statistically significant, suggesting that clients perceived an improvement in their recovery during FY 2025-26. For both **New** and **All** clients, RMQ scores overall showed a statistically significant increase.

		New Clients				All Clients			
Item	**Recovery Marker Questionnaire (RMQ)**	N	**Intake**	**Most Recent**	△	N	**Prev.**	**Most Recent**	△
1	Safe living situation that feels like home	245	3.69	3.78	↑	3,237	3.92	3.95	↑
2	Trusted people available to help	244	3.91	4.05	↑	3,234	4.06	4.10	↑
3	At least one close mutual relationship	243	3.88	4.00	↑	3,225	3.94	3.98	↑
4	Involvement in meaningful productive activities	242	3.04	3.53	↑	3,226	3.57	3.63	↑
5	Psychiatric symptoms under control	241	2.80	3.51	↑	3,227	3.56	3.67	↑
6	Enough income to meet needs	241	2.26	2.70	↑	3,205	2.88	2.97	↑
7	See self working within six months	239	3.05	2.98	↓	3,192	2.68	2.62	↓
8	Learning new things	242	3.41	3.72	↑	3,212	3.71	3.74	↑
9	Good physical health	242	3.06	3.19	↑	3,217	3.30	3.33	↑
10	Positive spiritual/life connection	243	3.39	3.65	↑	3,218	3.76	3.79	↑
11	Respect for self	245	3.38	3.69	↑	3,222	3.86	3.91	↑
12	Using personal strengths skills or talents	242	3.23	3.58	↑	3,222	3.64	3.72	↑
13	Working towards goals	244	3.67	3.99	↑	3,225	3.92	3.97	↑
14	Have reasons to get out of bed	244	3.61	3.90	↑	3,223	3.92	3.96	↑
15	More good days than bad	243	2.94	3.49	↑	3,215	3.56	3.65	↑
16	Decent quality of life	243	3.04	3.56	↑	3,215	3.68	3.76	↑
17	Control of important decisions	244	3.44	3.75	↑	3,226	3.78	3.84	↑
18	Contribute to community	242	2.86	3.23	↑	3,217	3.31	3.35	↑
19	Growing as a person	242	3.40	3.85	↑	3,213	3.86	3.93	↑
20	Sense of belonging	243	3.09	3.50	↑	3,215	3.65	3.72	↑
21	Feel alert and alive	244	3.07	3.65	↑	3,215	3.70	3.78	↑
22	Hopeful about future	243	3.24	3.70	↑	3,220	3.75	3.83	↑
23	Able to deal with stress	244	2.74	3.25	↑	3,221	3.39	3.46	↑
24	Can make positive changes in my life	242	3.61	3.95	↑	3,204	3.93	3.99	↑
	Total Mean RMQ Score	**245**	**3.24**	**3.59**	↑	**3,251**	**3.64**	**3.69**	↑

Note: *Arrows indicate the direction of change between assessments. Blue colored arrows indicate a statistically significant change ($p \leq .05$). Grey arrows indicate change that is not statistically significant.*

Appendix A: FY 2025-26 Assessment Completion by ProgramID

	New Clients			Existing Clients		
Program ID	IMR	RMQ	No IMR or RMQ	IMR	RMQ	No IMR or RMQ
1000010	0	0	0	28	28	0
1000116	24	22	3	404	391	37
1000117	37	39	0	631	628	121
1000118	50	50	6	440	446	88
1000120	5	3	5	95	63	238
1000122	12	9	4	161	115	98
1000136	75	72	16	197	183	165
1000138	57	57	14	477	486	127
1000139	61	63	8	293	296	55
1000140	2	2	1	15	16	6
1000141	2	1	0	12	12	7
1000142	25	25	3	236	213	125
1000143	78	75	27	545	531	158
1000144	47	48	119	177	217	684
1000145	85	84	1	348	352	55
1000146	131	129	9	516	507	129
1000147	10	8	16	104	99	49
1000148	117	111	4	649	592	138
1000149	0	0	0	0	0	0
1000151	51	51	2	102	50	28
1000152	103	99	21	304	305	214
1000153	19	15	7	119	111	30
1000155	3	3	0	389	386	111
1000156	0	0	0	30	30	9
1000158	8	8	0	383	357	14
1000161	4	4	1	251	174	18
1000162	0	0	0	179	141	1
1000164	11	9	0	229	194	70
1000165	1	1	1	180	179	21
1000166	2	2	2	349	331	41
1000168	3	3	0	217	197	17
1000169	0	0	0	1	1	12
1000172	3	3	0	229	218	21
1000201	0	0	0	0	0	0
1000207	2	2	0	81	68	6
1000209	0	0	0	70	59	1
1000211	2	2	0	127	87	40
1000214	1	1	0	116	114	19
1000215	0	0	0	78	45	44

	New Clients			Existing Clients		
Program ID	IMR	RMQ	No IMR or RMQ	IMR	RMQ	No IMR or RMQ
1000216	5	4	0	220	193	15
1000217	0	0	0	1	1	9
1000218	2	2	21	7	7	89
1000220	2	2	0	125	112	3
1000222	0	0	0	117	96	57
1000225	0	0	101	0	0	87
1000226	70	69	4	280	292	98
1000227	0	0	0	100	94	35
1000228	0	0	0	9	6	9
1000229	0	0	0	0	0	0
1000231	0	0	0	0	0	0
1000232	0	0	0	0	0	0
1000239	35	34	12	157	156	132
1000241	73	27	22	487	262	247
1000242	5	5	0	5	4	15