March 6, 2025
Behavioral Health Advisory Board
Meeting Minutes

MEMBERS PRESENT IN PERSON
Janice Luna-Reynoso – District 1
Gaurav Mishra – District 1
Joel San Juan – District 1
Robert Alm – District 2
Julie Hayden, Member-At-Large – District 2
Serita Polinaire, 1st Vice Chair – District 2
Robin Sales, Chair – District 3
Stuart Gaiber – District 3
Minola Clark Manson – District 4
Kathy Watkins – District 4
Judith Yates, 2nd Vice Chair – District 4
Amanda Berry, Member-At-Large – District 4
Donald Romo – District 5
Aaron Byzak – District 5

MEMBERS NOT PRESENT IN PERSON
Bill Stewart – District 1
Jessica Kramer – District 3

MEMBERS PRESENT VIA TELECONFERENCE
N/A

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD
Luke Bergmann, Director, Behavioral Health Services (BHS)
Dania Barroso-Conde, Program Coordinator, BHS
Maria Molina-Melendez, Behavioral Health Advisory Board Coordinator, BHS

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) was called to order by Chair Robin Sales at 2:30 pm in person and via Zoom.

II. CONSENT CALENDAR

On motion of Joel San Juan seconded by Serita Polinaire, BHAB approved the meeting minutes from February 6, 2025.

AYES: 14 NAYS: 0 ABSTENTIONS: 0

III. NON-AGENDA PUBLIC COMMENT

Total of five (5) In-person and two (2) E-comments

In-Person Comments:

- Purita A. Javier, a community volunteer raised awareness of a home business that uses a ceramics kiln, leading to toxicity and creating health concerns in a populated residential community zone.

DRAFT

- Cesar B. Javier, a community volunteer raised awareness of a home business that uses a ceramics kiln in a residential area.
- Tom Packard, member of Showing Up for Racial Justice – North County and a professor at SDSU, requesting more data on implementation and evaluation of the MCRT, SB43, and CARE Act programs.
- Yusef Miller, from the North County Equity & Justice Coalition and am expressing concerns regarding Proposition 36 and the effect it will have on wrongfully policed people with mental health issues.
- Stuart Gaiber, BHAB member, expressing concerns regarding cutbacks for Medi-Cal, increasing the wait times and services at the VA Hospital. He would like to request the County develop a forecast to deal with the upcoming changes.

E- Comments:

- Megan Stuart, a person that works with youth, addresses the role of marijuana commercialization through marketing, kid friendly packaging, high potency, and availability, which hinders mental health wellness in youth. She expressed we advocate for strong prevention strategies to protect our youth.
- Sandra Robinson, NAMI member, comments for solutions regarding the homeless mentally ill problems. She suggests to strength CARE court and establish an excellent board and care program.

IV. <u>DISCUSSION ITEM: DISTRICT 3 CHILDREN, YOUTH AND TRANSITIONAL AGE YOUTH BEHAVIORAL HEALTH CONTINUUM FRAMEWORK BOARD MEMO</u>

Public Comments:

- Cesar B. Javier commented on health concerns with toxins in air and water that impact our health. Local authorities and assigned leadership need to take accountability and need to have better problem-solving skills to address these issues.

<u>DISCUSSION ITEM: DISTRICT 3 CHILDREN, YOUTH AND TRANSITIONAL AGE YOUTH BEHAVIORAL HEALTH CONTINUUM FRAMEWORK BOARD MEMO</u>

Nicole Esposito, MD, Chief Population Health Officer Population Health Unit, BHS led a discussion on the following:

- Optimal Care Pathways Model (OCP)
- Questions that were discussed:
    - Think about your best healthcare experience for your child.
    - What stood out?
    - What stood out when you had a bad experience?
- 2) What challenges have you had in accessing behavioral health care for youth?

V. <u>DISCUSSION ITEM: SUBCOMMITTEE SUNSETTING REPORT OUTS</u>

Public Comments:

- Cesar B. Javier commented that crime has a strong correlation between poverty and lack of education.

<u>DISCUSSION ITEM: SUBCOMMITTEE SUNSETTING REPORT OUTS</u>

Robin Sales, Chair, BHAB led a discussion on the following:

- The Participation of Partnership Subcommittee – Janice Luna-Reynoso, Chair
    - Including community-based organizations (CBOs) and how to support their need so they can support the community.

- Justice Nexxus Subcommittee – Robin Sales, Chair
    - Received great support from BHS, Public Safety Group, Alternatives to Incarnation and Community members – how the systems are set up that enable folks to go into jail who have behavioral health issue and concerns of what kind of care they receive in jail.
- Substance Use Prevention Subcommittee – Bill Stuart, Chair
    - No report out on Substance Use Prevention Subcommittee at this time.

VI. PRESENTATION ITEM: BHS COMMUNITY ENGAGEMENT UPDATES

Public Comments:

- Cesar B. Javier commented that the community of Asian Americans do not engage in behavioral sickness. These communities are targets for home invasion because they trust society. These communities are labeled as improvised.

PRESENTATION ITEM: BHS COMMUNITY ENGAGEMENT UPDATES

Kat Briggs, MPH, Chief, Communication & Engagement Operations, BHS presented on the following Community Engagement Updates:

- Provided timeline updates for the final Mental Health Services Act (MHSA) Annual Update report and upcoming Behavioral Health Services Act (BHSA) Integrated Plan (IP).
- Discussed recently released updates on BHSA from the Department of Health Care Services, including the contents of an IP Template that will be provided to all counties and the increased stakeholder populations list.
- Reviewed the department's general approach for stakeholder planning.
- Promoted State resources for staying up to date on BHSA information.
- Discussed key areas/priorities identified by stakeholders through Community Planning Process (CPP) and other community engagement activities for more frequent, tailored engagement and future dialogues.
- Shared initial listing of planned 2025 discussions the department will hold based on key areas/priorities and BHSA.

VII. DIRECTOR'S REPORT

Public Comments:

- Cesar B. Javier commented that money is always a problem. Everything that is transitional is through war.

DIRECTOR'S REPORT

Luke Bergmann, Director, provided updates on the following:

- Update on Enhancing BH Accessibility
    - BHS developed OCP model outlining the existing and optimal future capacity necessary across community crisis diversion services, subacute care, and within community-based care based on data and lengths of stay more optimal for patient care.
    - The County continues pursuing partnerships across the region that will enhance the continuum of care
- BH-CONNECT Waiver
    - the San Diego County Board of Supervisors (Board) authorize agreements and documents required to implement BH-CONNECT, receive additional Medi-Cal funding through BH-

CONNECT, and pursue additional funding opportunities to support successful BH-CONNECT implementation

VIII. CHAIR'S REPORT

Public Comments:

- Cesar B. Javier commented that they did their share as soldiers for 30 years and sacrificed. They are here to inspire and accompany the burden of protecting our people.

CHAIR'S REPORT

- Robin Sales shared that Julie Hayden gave a tour of the East County Transitional Living Center that is a private owned supportive living environment for the homeless community.
- Chair, Robin Sales had the opportunity to attend the Cal Voices' Annual Statewide ACCESS Conference, Forging the Future, on Friday, February 28th, 2025, in Sacramento.

IX. ANNOUNCEMENT

None.

X. MEETING ADJOURNMENT

On motion of Serita Polinaire, second by Stuart Gaiber, the BHAB meeting was adjourned at 4:57 p.m.