12th Annual Mental Health and Wellness Celebration

Saturday, May 2, 2026,
12:30PM - 5:30PM

Self care kits!

Face Painting!

BRICK IN LIBERTY STATION
2863 HISTORIC DECATUR RD,
SAN DIEGO, CA 92106

Enjoy a fun, free, family friendly event that promotes mental wellness for adults and youth!

Featuring local San Diego mental health organizations, free food, fun activities...this event isn't to be missed!

Vision Boards!

Fun & Games!

QR Code to register for this event. It isn't required, but highly recommended

COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY

NAMI San Diego & Imperial Counties
National Alliance on Mental Illness

LIVE WELL SAN DIEGO