Procurements & Contract Extensions for Behavioral Health Services (BHS) Contracts

BHS is a specialty behavioral healthcare provider that serves approximately 113,000 residents annually through an network of County-operated programs and through more than 350+ community-based contracts.

- A majority of contracts are procured through a competitive solicitation process.
- Periodically, contracts for highly specialized services are procured through a single service provider.
- In general, contracts are procured for one (1) initial year, plus four (4) option years for a five (5) year contract term.
- As part of an administrative function, BHS requests authority on a semi-annual basis from the San Diego County Board of Supervisors (Board) to issue competitive procurements, single source contracts, or extend contracts.

The table below is a summary of recommendations that will be brought to the Board for approval **on June 9, 2026**. Actions support continuity of critical behavioral health care to beneficiaries, as required by Medi-Cal, and align with the BHS Optimal Care Pathways (OCP) models, to increase capacity based on projected community need.

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
Recommendation 1 – Authorize Competitive Procurements					
Children's Services				**Total Value FY 27/28 - $30.2M FY 28/29 - $31.0M**	
1	**Acute Psychiatric Inpatient Services for Children and Adolescents**	Inpatient comprehensive acute psychiatric services for children. Services include intensive physical and mental assessment, evaluation, treatment, psychosocial rehab, and education services for children and adolescent patients in involvement with families.	Y	FY 27/28 - $7.3M FY 28/29 - $7.5M	Countywide
2	**Center for Child and Youth Psychiatry**	Outpatient psychiatric evaluation and medication support services utilizing face-to-face and telepsychiatry / telehealth practices and technology at multiple locations in the County of San Diego. *(MHSA Innovation Program) Youth OCP alignment: Early Intervention and Outpatient Services*	Y	FY 27/28 - $2.9M FY 28/29 - $3.0M	Countywide
3	**Foster Family Agency Stabilization and Treatment**	Full range of Title 9 outpatient diagnostic and treatment services including Therapeutic Family Care Services to children and youth who require specialty mental health services and are full scope Medi-Cal beneficiaries or	Y	FY 27/28 - $2.9M FY 28/29 - $3.0M	Countywide

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		eligible through the Mental Health Services Act, who reside in County of San Diego Foster Family homes. *Youth OCP alignment: Early Intervention and Outpatient Services*			
4	**Our Safe Place**	Individual/group/family services provided at schools, home, drop-in center or office/clinic location. Utilizing a team approach that offers case management, family or youth partner support, and/or co-occurring substance treatment. Supportive services at 5 drop-in centers. *Youth OCP alignment: Early Intervention and Outpatient Services*	Y	FY 27/28 - $1.5M FY 28/29 - $1.5M	Countywide
5	**Para Las Familias**	Outpatient mental health services to SED young children ages 0-5. *Youth OCP alignment: Early Intervention and Outpatient Services*	Y	FY 27/28 - $1.8M FY 28/29 - $1.9M	Countywide
6	**Perinatal Outpatient Substance Use Disorder (6 contracts)**	Substance Use Disorder Perinatal Outpatient Treatment for parenting women and adolescent females ages 15 and older. *Substance Use Disorder OCP Alignment: Residential Care and Outpatient Care*	Y	FY27/28 - $13.8M FY28/29 - $14.1M	Countywide
Adult Residential				**Total Value FY 26/27 - $3.1M FY27/28 - $37.3M FY28/29 - $38.4M**	
7	**Adult Transitional Rehabilitative Services**	Full-range of bio-psychosocial rehabilitative services to seriously mentally ill adults who have Medi-Cal coverage and benefits in a residential setting within the County of San Diego. These services are an integral component of the long-term care system in that the program serves as both a step-down and diversion function from higher level and more costly services. *Mental Health OCP alignment: Community-Based Care*	Y	FY27/28 - $2.3M FY28/29 - $2.3M	Countywide

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
8	**Crisis Residential Treatment Program in Central Region**	24/7/365 - Short-term acute residential mental health treatment services for clients with severe mental illness. This service is a voluntary alternative to hospitalization. *Mental Health OCP alignment: Community Crisis Diversion*	Y	FY27/28 - $5.4M FY28/29 - $5.6M	Central
9	**Crisis Residential Treatment Program in Downtown Central Region**	24/7/365 - Short-term acute residential mental health treatment services for clients with severe mental illness. This service is a voluntary alternative to hospitalization. *Mental Health OCP alignment: Community Crisis Diversion*	Y	FY27/28 - $4.7M FY28/29 - $4.9M	Central
10	**Crisis Residential Treatment Program in South Central Region**	24/7/365 - Short-term acute residential mental health treatment services for clients with severe mental illness. This service is a voluntary alternative to hospitalization. *Mental Health OCP alignment: Community Crisis Diversion*	Y	FY27/28 - $4.3M FY28/29 - $4.4M	South Central/Central
11	**Crisis Residential Treatment Program in East Region**	24/7/365 - Short-term acute residential mental health treatment services for clients with severe mental illness. This service is a voluntary alternative to hospitalization. *Mental Health OCP alignment: Community Crisis Diversion*	Y	FY27/28 - $5.0M FY28/29 - $5.1M	East
12	**Crisis Residential Treatment Program in North Coastal Region**	24/7/365 - Crisis Residential Treatment Program as an alternative to hospitalization or step down from acute in-patient care within a hospital for adults with acute and serious mental illness, including those who may have a co-occurring substance use conditions, and are residents of San Diego County. *Mental Health OCP alignment: Community Crisis Diversion*	Y	FY27/28 - $3.7M FY28/29 - $3.8M	Countywide
13	**Crisis Residential Treatment Program in North Inland Region**	24/7/365 - Short-term acute residential mental health treatment services for clients with severe mental illness. This service is a voluntary alternative to hospitalization. *Mental Health OCP alignment: Community Crisis Diversion*	Y	FY27/28 - $4.3M FY28/29 - $4.5M	North Inland
14	**Crisis Residential Treatment Program in South Region**	24/7/365 - Short-term acute residential mental health treatment services for clients with severe mental illness. This service is a voluntary alternative to hospitalization. *Mental Health OCP alignment: Community Crisis Diversion*	Y	FY27/28 - $4.0M FY28/29 - $4.2M	South
15	**Substance Use Residential Treatment Program**	24-hour, non-medical, residential SUD treatment combining detoxification, pre-treatment, and referral services for adults as they withdraw from substance use.	Y	FY26/27 - $3.1M FY27/28 - $3.6M FY28/29 - $3.6M	Countywide

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
		Services are comprehensive, preventive, rehabilitative, and therapeutic behavioral health care delivered in the least restrictive environment and in the most effective mode based on the American Society of Addiction Medicine criteria. Services are provided countywide with the program located in the Central Region. *Substance Use Disorder OCP alignment: Residential Care*			
Adult Outpatient				**Total Value FY27/28 - $19.6M FY28/29 - $20.2M**	
16	**Biopsychosocial Rehabilitation**	Integrated services for persons with serious mental illness (SMI) and substance use (SU) who have a co-occurring condition.	Y	FY27/28 - $5.7M FY28/29 - $5.9M	Central
17	**Biopsychosocial Rehabilitation**	Specialty outpatient mental health treatment, urgent walk-in services, rehabilitation, and recovery services to adults aged 18 and older who have serious mental illness (SMI), including those who may have a co-occurring substance use disorder.	Y	FY27/28 - $3.6M FY28/29 - $3.7M	Central
18	**Biopsychosocial Rehabilitation**	Specialty outpatient mental health treatment, urgent walk-in services, rehabilitation, and recovery services to adults aged 18 and older who have serious mental illness (SMI), including those who may have a co-occurring substance use disorder.	Y	FY27/28 - $5.2M FY28/29 - $5.4M	South
19	**Biopsychosocial Rehabilitation**	Specialty outpatient mental health treatment, urgent walk-in services, rehabilitation, and recovery services to adults aged 18 and older who have serious mental illness (SMI), including those who may have a co-occurring substance use disorder.	Y	FY27/28 - $5.1M FY28/29 - $5.2M	South
Adult Case Management				**Total Value FY27/28 - $7.9M FY28/29 - $8.1M**	
20	**Full-Service Partnership**	Recovery-oriented and field-based services for adults with serious mental illness who experience significant functional impairments, frequent crises, or high service	Y	FY27/28 - $7.9M FY28/29 - $8.1M	North Coastal and North Inland

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
	Intensive Case Management	needs, and who would benefit from intensive, community-based care coordination to support stability and independence.			
		Recommendation 2 – Authorize Competitive Procurements			
Adult Crisis Services				**Total Value FY 27/28 - $25.8M FY 28/29 - $27.4M**	
21	**North Inland Crisis Stabilization Unit**	Voluntary behavioral health services lasting less than 24 hours to people in a psychiatric emergency due to a behavioral health condition that requires a timelier response than a regularly scheduled visit to prevent decompensation. CSU services include, but are not limited to, psychiatric evaluations, behavioral health assessments, crisis intervention, crisis stabilization, brief outpatient counseling, case management and medication management to adults and older adults. Services are designed to divert individuals from high-acuity services and connect them to ongoing care. *Mental Health OCP alignment: Community Crisis Diversion* *Potential Youth OCP alignment: Crisis Services (CSU being evaluated to serve youth)*	Y	FY 27/28 - $13.3M FY 28/29 - $14.1M	North Inland/ Countywide
22	**North Coastal Crisis Stabilization Unit**	Voluntary behavioral health services lasting less than 24 hours to people in a psychiatric emergency due to a behavioral health condition that requires a timelier response than a regularly scheduled visit to prevent decompensation. CSU services include, but are not limited to, psychiatric evaluations, behavioral health assessments, crisis intervention, crisis stabilization, brief outpatient counseling, case management and medication management to adults and older adults. Services are designed to divert individuals from high-acuity services and connect them to ongoing care. *Mental Health OCP alignment: Community Crisis Diversion*	Y	FY 27/28 - $12.5M FY 28/29 - $13.3M	North Coastal/ Countywide

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
Recommendation 3 – Authorize Single Source Procurements for School-Based Outpatient Behavioral Health Services					
Children Outpatient Programs				**Total Value FY27/28 - $50.0M FY28/29 - $50.0M**	
23	**SBCS Corporation** *Current Contractor:* **SBCS Corporation**	School-based outpatient mental health services to SED children & adolescents, up to age 21. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $2.2M FY 28/29 - $2.2M	South
24	**Sweetwater** *Current Contractor:* **Sweetwater Union High School District**	School-Based outpatient mental health services to SED children & adolescents, up to age 21. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $0.6M FY 28/29 - $0.6M	South
25	**VIVA Counseling** *Current Contractor:* **North County Lifeline, Inc.**	School based outpatient mental health services for SED children & youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $2.4M FY 28/29 - $2.4M	North Coastal
26	**Family Wellness Center - East County Outpatient Program** *Current Contractor:* **San Diego Center for Children**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.8M FY 28/29 - $1.8M	East
27	**East County Behavioral Health Clinic** *Current Contractor:* **San Diego Youth Services**	School-based outpatient children's mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.1M FY 28/29 - $1.1M	East

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
28	**CHAP-IDEA-MERIT Wellness Center** *Current Contractor:* **Vista Hill Foundation**	School based outpatient mental health services for SED children & youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $0.4M FY 28/29 - $0.4M	Countywide
29	**TIDES School-Based Outpatient Services (FSP)** *Current Contractor:* **YMCA of San Diego County**	School based outpatient mental health services for SED children & youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.1M FY 28/29 - $1.1M	Central, North Central
30	**Community Circle Central/East (FSP)** *Current Contractor:* **Family Health Centers of San Diego, Inc.**	School based outpatient mental health services for SED children & youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.9M FY 28/29 - $1.9M	Central, East
31	**Cornerstone School-Based Outpatient Services (FSP)** *Current Contractor:* **Pathways Community Services, LLC**	School based outpatient mental health services for SED children & youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.7M FY 28/29 - $1.7M	Central
32	**North County Outpatient School Based Services** *Current Contractor:* **New Alternatives, Inc.**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.3M FY 28/29 - $1.3M	North Inland

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
33	**San Diego Outpatient Program** *Current Contractor:* **San Diego Unified School District**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $2.2M FY 28/29 - $2.2M	Central, North Central
34	**Crossroads** *Current Contractor:* **Community Research Foundation**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $3.2M FY 28/29 - $3.2M	East
35	**Douglas Young** *Current Contractor:* **Community Research Foundation**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $3.4M FY 28/29 - $3.4M	Central, North Central
36	**Nueva Vista** *Current Contractor:* **Community Research Foundation**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $4.7M FY 28/29 - $4.7M	South
37	**Mobile Assessment Services Team** *Current Contractor:* **Community Research Foundation**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $2.3M FY 28/29 - $2.3M	Countywide
38	**Central Outpatient Psychiatry** *Current Contractor:* **Rady Children's Hospital**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $3.0M FY 28/29 - $3.0M	Central

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
39	**Central-East-South (CES)** *Current Contractor:* **Rady Children's Hospital**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.4M FY 28/29 - $1.4M	Central, East, South
40	**Children's Mental Health** *Current Contractor:* **Union of Pan Asian Communities**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $2.0M FY 28/29 - $2.0M	Central, North Coastal
41	**North/N coastal & Fallbrook** *Current Contractor:* **Palomar Family Counseling Services, Inc.**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $2.1M FY 28/29 - $2.1M	North Inland/North Coastal
42	**No. Inland Outpatient Psychiatry** *Current Contractor:* **Rady Children's Hospital**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.5M FY 28/29 - $1.5M	North Inland
43	**No. Coastal Outpatient Psychiatry** *Current Contractor:* **Rady Children's Hospital**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $3.4M FY 28/29 - $3.4M	North Coastal
44	**Learning Assistance Center Esc & No. Inland** *Current Contractor:* **Vista Hill Foundation**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $3.0M FY 28/29 - $3.0M	North Inland

	Program Name	Description	Medi-Cal	Proposed Budget	Region Served
45	**Community & School Based Counseling** *Current Contractor:* **Mental Health Systems**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.1M FY 28/29 - $1.1M	Central and North Central
46	**San Ysidro School Based Outpatient** *Current Contractor:* **SBCS**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $1.3M FY 28/29 - $1.3M	South
47	**ChildNET** *Current Contractor:* **Vista Hill Foundation**	School based outpatient mental health services for SED children and youth. *Youth OCP alignment: Early Intervention & Outpatient*	Y	FY 27/28 - $0.9M FY 28/29 - $0.9M	North Coastal/North Inland
Recommendation 4 – Authorize an Agreement with The Regents of the University of California for the Community Psychiatry Residency Program					
Workforce Development				**Total Value** **FY27/28 - $4.4M** **FY28/29 - $4.4M**	
48	**Community Psychiatry Residency Program** *Current contractor:* **UCSD Community Psychiatry Program**	Training for psychiatry residents and public mental health nurse practitioners who are interested in working in public behavioral health, in alignment with the 2022 workforce report. This is not a direct services contract, and residents are selected through the University's application process.	Y	FY27/28 - $4.4M FY28/29 - $4.4M	Countywide
Recommendation 5 – Authorize an Amendment to Extend Tenant Housing Support and Housing Navigation Services with Alpha Project for the Homeless					
Housing and Peer Support Services				**Total Value** **FY26/27 - $1.7M**	
49	**Tenant Housing Support and Housing Navigation Services**	Tenant housing support and housing navigation services to people experiencing homelessness and people at-risk of homelessness with behavioral health conditions who are	N	FY 26/27 - $1.7M	Countywide

Program Name	Description	Medi-Cal	Proposed Budget	Region Served
Current contractor: **Alpha Project for the Homeless Contract #566652**	connected to or will be connected to permanent supportive housing. **Reason for Contract Extension:** The extension will allow for uninterrupted service delivery while departmental planning and program alignment activities continue. Due to the upcoming shift to BHSA, a majority of the current contract activities are not allowable expenses. However, BHS is continuing to explore alternative funding opportunities or transferring the activities to another County department to continue the work.			