



April 2, 2015
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Vanessa Mapula – District 1
Gloria Harris, Ph.D. – District 2
Michael Matthews – District 2
Jenifer Mendel – District 2
Colin MacKinnon – District 3
Julie Martin – District 3
Ed Weiner – District 3
Tom Behr – District 4
Jerry Hall – District 4
John Sturm – District 4
Phil Deming – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5
Supervisor Dave Roberts – BOS

MEMBERS NOT PRESENT

Rebecca Hernandez – District 2
Shannon Lerach, Ph.D. – District 3

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Local Behavioral Health Services Division Director

I. CALL TO ORDER/ROLL CALL

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Tom Behr, Chairperson, at 4:04 p.m. at the County Administration Center, Room 302/303, 1600 Pacific Highway, San Diego, California 92101.

II. INTRODUCTIONS OF THE BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Lindsey Masukawa representing Supervisor Dave Roberts' office.

On behalf of the BHAB, Supervisor Dave Roberts presented Velia Fematt with a plaque of appreciation, recognizing her 26 years of phenomenal service to the county and dedicated support to the BHAB.

III. APPROVAL OF AGENDA

M/S to change order of agenda: Sturm/Hall with discussion. All ayes

Changes to the agenda were as follows: approval of minutes to follow action items. Public comments specific to an action item will follow the action items.

M/S amended agenda: Sturm/Harris. All ayes

IV. PUBLIC COMMENTS NOT RELATED TO ACTION ITEMS

None

V. APPROVAL OF THE MINUTES FROM FEBRUARY 5, 2015 AND MARCH 5, 2015

The minutes for the BHAB meeting held February 5, 2015, were approved as written.

M/S: Sturm/MacKinnon 11 ayes, 1 abstention

The minutes for the BHAB meeting held March 5, 2015, were approved as written.

M/S: Sturm/Matthews 11 ayes, 1 abstention

VI. ACTION ITEM – Establishing a Suicide Prevention Workgroup (A. Aguirre/D. Roberts)

It is proposed by Behavioral Health Advisory Board (BHAB) member, Supervisor Dave Roberts, that the BHAB approves the establishment of a Suicide Prevention Workgroup. Supervisor Roberts spoke about his reasons for wanting to establish a Suicide Prevention Workgroup. Attention was directed to the overview included in the BHAB packet, which lays out the need to do more in this area.

In July 2014, the Medical Examiner (ME) released a report stating suicides made up about 15% of the nearly 3,000 deaths investigated by the ME's office in 2013. The workgroup would strive to better understand and monitor metrics of attempted and completed suicides in the general population of San Diego County and especially those in our schools, military and county programs. It would strive to determine what is working, what challenges are there, and how the County can become leaders in suicide prevention and abatement. The workgroup would work along with the Suicide Prevention Council to conduct ongoing analysis of suicide data from a systems approach in order to further refine prevention strategies and to develop a comprehensive vision to end suicides in San Diego.

Supervisor Roberts would chair the workgroup and appoint two members of the BHAB that reflect the interests of the alcohol and drug and mental health communities. The workgroup would also include a member of the Suicide Prevention Council, along with members of other organizations within the county.

IT IS, THEREFORE, staff's recommendation that the Board support the following recommendation: Establish the Suicide Prevention Workgroup.

Public Comments

- Beth Sise, Nurse, Attorney and Director of Trauma and Injury Research Prevention at Scripps Mercy Hospital Trauma Center and Co-Chair of the Suicide Prevention Council of San Diego County (SPC), came before the BHAB to commend the board for focusing on this important public health problem. She gave background on Community Health Improvement Partners (CHIP) and summarized work CHIP has been doing on suicide prevention since 1999. In 2010, the County awarded CHIP a contract to craft a Suicide Prevention Action Plan, and as a result CHIP's SPC has become a large community collaborative to reduce suicides countywide. While supporting the workgroup, it is her hope that the workgroup works in partnership with the SPC, taking into consideration all the groundwork that has already been laid so that work is not duplicated but moved forward by the momentum that is already present.

- Carol Skiljan, Executive Director of the San Diego Chapter of Yellow Ribbon Suicide Prevention Program, a teen suicide prevention program and Co-Chair of the SPC, spoke in support of the BHAB establishing a Suicide Prevention Workgroup and further summarized the work and data collection already done in this area by SPC. Packets were distributed to the BHAB members, which contained the membership roster of the SPC, the Suicide Prevention Action Plan Executive Summary, the latest edition of the "It's Up To Us" campaign newsletter and fliers detailing some of the collaborative work being done with families, the media, law enforcement and the medical community. Carol referred to the document included in the SPC packet entitled: "2014 Suicide Prevention Council Report to the Community." This Report was created to share the most recent information available on the status of suicide and local suicide prevention efforts in the county. The SPC recognizes that there is room for the scope of work to be broadened in preventing suicides and further recognizes the potential of the proposed workgroup to help advance these efforts with them.

The motion was made that the BHAB consider the recommendation to establish the formation of a Suicide Prevention Workgroup.

M/S: Sturm/Deming with discussion. All ayes

Extensive discussion ensued regarding whether or not to move forward with establishing the Suicide Prevention Workgroup, with various changes proposed to the purpose, direction, structure, and membership composition.

The motion was made by Phillip Deming to table this item until the May meeting, by which time more information can be gathered and a vote on the main motion can be held.

A friendly amendment to Phillip Deming's motion was made by Jerry Hall to have Supervisor Roberts and/or his office, along with representatives of BHS and BHAB, meet with the currently existing Suicide Prevention Council leadership to come up with recommendations as to what the problems and potential solutions are and to create a collaborative document to bring back to the next BHAB meeting. This would give more direction and focus to the proposed workgroup.

A more comprehensive document will be brought back in May and members will vote for establishing the workgroup at that time. In the meantime, any BHAB members interested in joining the workgroup should submit their names to Tom Behr, who will take them to the BHAB Executive Committee for review and subsequent submission in May to the BHAB for approval.

The vote was then taken to adopt the Deming motion as amended by the Hall amendment.

M/S: Deming/Hall. 8 ayes, 5 nays, 0 abstentions

VII. PRESENTATION – Laura's Law/Assisted Outpatient Treatment (AOT) Implementation Plan Process Overview - Piedad Garcia, Ed.D., LCSW, Deputy Director of Adult/Older Adult System of Care, Behavioral Health Services

As a follow up to the Laura's Law/Assisted Outpatient Treatment (LL/AOT) 101 presentation given to the BHAB at last month's meeting, Dr. Garcia briefly summarized the points contained in today's slide presentation, specifically related to the Implementation Plan (draft included in the BHAB packets), background on what the LL/AOT Workgroup has completed in the last two months and the LL/AOT flow chart process.

VIII. ACTION ITEM – Draft Board Letter dated April 21, 2015: “Implementation of California Welfare and Institutions Code Sections 5345 *Et Seq*, Laura’s Law, to Provide Assisted Outpatient Treatment to Persons with Serious Mental Illness (Districts: All)”.

This Board Letter is scheduled to go before the Board of Supervisors on Tuesday, April 21 for their consideration.

In 2002, the California Legislature passed Assembly Bill 1421, Laura’s Law, now codified in the California Welfare and Institutions Code Section 5345 *et seq* in response to widely publicized tragedies involving seriously mentally ill persons who are resistant to treatment, have histories of multiple hospitalizations and incarcerations, and have violent or threatening incidents regarding self or others. The law provides for a court-ordered process to engage those persons who meet all nine eligibility criteria for Laura’s Law/Assisted Outpatient Treatment, an intensive level of services with a ten-to-one client to service provider ratio.

The law also left implementation of Laura’s Law an option for counties and provided no funding. To date, only four California counties have adopted Laura’s Law and are providing services; three other counties have adopted the law but have yet to start services. The County of San Diego Board of Supervisors (Board) and the Health and Human Services Agency have been closely following issues relating to this highly vulnerable population, and in 2012, the Board authorized the In-Home Outreach Team (IHOT) program as a voluntary alternative to a Laura’s Law program, first as a pilot in three of the HHSA regions and subsequently expanded countywide in 2014. With outcome data for the countywide expansion indicating an increase in persons served by IHOT who would potentially qualify for a Laura’s Law program, the Board requested an implementation plan for Laura’s Law/Assisted Outpatient for San Diego County as a necessary step to implement Laura’s Law. This item includes the Board’s acceptance and approval of the implementation plan, adoption of an implementing Resolution, authority for service procurement and accepting IHOT and Laura’s Law reports every six months.

IT IS, THEREFORE, staff’s recommendation that the Board support the following recommendations: accept and approve the Laura’s Law/Assisted Outpatient Treatment Implementation Plan; adopt the Resolution entitled RESOLUTION OF THE BOARD OF SUPERVISORS OF THE COUNTY OF SAN DIEGO AUTHORIZING THE APPLICATION OF LAURA’S LAW (CALIFORNIA WELFARE AND INSTITUTIONS CODE SECTION 5345 *ET SEQ.*) WITHIN THE COUNTY OF SAN DIEGO; authorize a competitive solicitation for Assisted Outpatient Treatment services specified in Welfare and Institutions Code Section 5345 *et seq.*; and accept IHOT and Laura’s Law outcomes reports every six months.

Public Comments

None

The motion was made that the BHAB support the recommendations described in the related draft RESOLUTION OF THE BOARD OF SUPERVISORS

M/S: Matthews/Martin 11 ayes, 1 abstention

IX. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

• **Informational Items**

- Drug Medi-Cal Waiver Update – Alfredo Aguirre
The Department of Health Care Services (DHCS) has submitted an amendment to the Centers for Medicare and Medicaid Services (CMS) for the existing 1115 Waiver for Drug Medi-Cal. The County is still waiting to receive the approval from CMS. After CMS approves the Drug Medi-Cal Waiver, counties then have a choice to opt in or not. The County of San Diego is continuing its process of conducting an analysis to determine if opting in is something the County will do. The goal of the Drug Medi-Cal Waiver is to improve the quality and availability of substance use disorders services through the establishment of an organized service delivery system, and it will support coordination of integration across systems. A thorough presentation on this topic will be given before the BHAB in June.

X. CHAIRPERSON REPORT – Tom Behr, Behavioral Health Services Advisory Board Chair

• **Discussion on Selecting Volunteer Advocates to be voted on at May meeting**

- Person in Recovery (Consumer) - TBD
- Child Advocate – Julie Martin,
- Older Adult Advocate – Mike Matthews,
- Advocate for Multi-Ethnic Concerns - TBD
- CAMB/C Advocate – John Sturm

In addition to the above advocate positions, the following were added to the list:

- Woman's Mental Health Advocate - TBD
- Open Data Advocate – Jerry Hall

Tom Behr will prepare a list based on which positions BHAB members are interested in.

- Tom Behr proposed extending the BHAB meeting by one-half hour to begin at 3:30 p.m. beginning with the May meeting. In addition, the BHAB will not go dark this year to make up for not having a meeting in January and an organizational meeting in February. BHAB members agreed to this change.

XI. ANNOUNCEMENTS

- May is Mental Health Month. Attention was called to flyers included in Informational Section of BHAB packets detailing the various activities taking place around the County.

XII. MEETING ADJOURNMENT – M/S: Sturm/Harris. All Ayes. Meeting adjourned at 6:02 p.m.

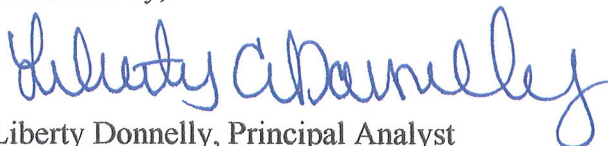
Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



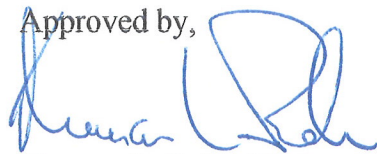
Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Liberty Donnelly, Principal Analyst
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson
Behavioral Health Advisory Board

For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:
<http://sandiego.networkofcare.org/mh/content.aspx?id=257>