



August 6, 2015
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Michael Matthews – District 2
Jenifer Mendel, 2nd Vice Chair – District 2
Colin MacKinnon – District 3
Julie Martin – District 3
Ed Weiner – District 3
Tom Behr, Chair – District 4
Jerry Hall – District 4
John Sturm, Member-at-Large (MH) – District 4
Phil Deming, 1st Vice Chair – District 5
Supervisor Dave Roberts – BOS

MEMBERS NOT PRESENT

Vanessa Mapula – District 1
Judith Yates – District 4
Richard McGaffigan – District 5
K.C. Strang – District 5

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Tom Behr, Chairperson, at 3:34 p.m. at the County Administration Center, Room 310, 1600 Pacific Highway, San Diego, California 92101.

II. BHAB MISSION STATEMENT

Colin MacKinnon read the Mission Statement.

III. INTRODUCTION OF THE BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance were Stephanie Gioia, Policy Advisor to Supervisor Ron Roberts, District 4; and Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3.

IV. APPROVAL OF THE MINUTES FROM JULY 2, 2015

ON MOTION of John Sturm, seconded by Jenifer Mendel, the BHAB approved the July 2 meeting minutes as written.

AYES: 7, NAYS: 0, ABSTENTIONS: 3

V. PUBLIC COMMENTS FOR ITEMS OTHER THAN ACTION ITEMS

None

VI. ACTION ITEM – Appointment of New Advocates (T. Behr)
BHAB advocate information (extracted from the County of San Diego BHAB Bylaws).

ARTICLE V
Advocates and Representatives

The Chairperson shall, subject to approval by the Advisory Board, make the following advocate and representative appointments to represent areas of special Advisory Board interest and to make recommendations to the Advisory Board:

1. Person in Recovery Advocate: **Colin MacKinnon (Jenifer Mendel as alternate)**
It shall be the duty and responsibility of the Person in Recovery Advocate to make recommendations on behavioral health matters relating to or affecting the recovering population.

Possible meeting to attend: Recovery Innovations monthly peer meetings are held on the fourth Tuesday of each month from 1-3p at Health Services Complex, 3851 Rosecrans St, San Diego

2. Child Advocate: **Rebecca Hernandez**
It shall be the duty and responsibility of the Child Advocate to make recommendations on behavioral health matters relating to or affecting children, youth and families.

Possible meeting to attend: Children, Youth, and Families Behavioral Health System of Care monthly council meeting held on the second Monday of each month from 9-10:30a at Behavioral Health Services, 3255 Camino del Rio South, San Diego

3. Advocate for Multi-Ethnic Concerns: **John Sturm**
It shall be the duty and responsibility of the Advocate for Multi-Ethnic Concerns to make recommendations on behavioral health matters relating to or affecting the multi-ethnic population.

Possible meeting to attend: Cultural Competency Resource Team (CCRT) monthly meeting held on the first Friday of each month from 10-11:30a at Behavioral Health Services, 3255 Camino del Rio South, San Diego

4. Older Adult Advocate: **Mike Matthews**
It shall be the duty and responsibility of the Older Adult Advocate to make recommendations on behavioral health matters relating to or affecting the older adult population.

Possible meeting to attend: Older Adult Council monthly meeting held on the third Wednesday of each month from 1-3p at Behavioral Health Services, 3255 Camino del Rio South, San Diego

5. Representative to the California Association of Local Mental Health Boards/Commission (CALMHB/C): **Tom Behr (John Sturm as alternate)**

The representative to CALMHB/C shall represent the Advisory Board to the CALMHB/C and attend regional and state-wide meetings and provide reports to the Advisory Board.

Additional advocates shall be selected as determined by the Advisory Board and designated by the Chairperson.

6. Women's Mental Health Advocate – **Julie Martin**
Advocate may attend meeting of choice related to above subject matter.

7. Open Data Advocate – **Jerry Hall**
Advocate may attend meeting of choice related to above subject matter.
8. Adult Council Advocate – **Dr. Gloria Harris**
Possible meeting to attend: Adult Council meetings occur on the third Tuesday of each month from 10-11:30a at Behavioral Health Services, 3255 Camino del Rio South, San Diego
9. Men's Mental Health Advocate – **Phillip Deming**
Advocate may attend meeting of choice related to above subject matter.

Two additional advocates suggested by Jerry Hall for the BHAB Executive Committee to take into consideration include one for Homeless and one for Alcohol Licensing and Enforcement. After discussion by the BHAB Executive Committee at their earlier meeting, it was decided to bring the position of Homeless Advocate to discussion and vote before the BHAB today and leave for further discussion the more extensive subject of alcohol licensing and enforcement. Tom Behr recommended a presentation be given to the BHAB on this topic at a later meeting.

ON MOTION of Jerry Hall, seconded by John Sturm, the BHAB voted to establish a Homeless Advocacy role to advocate for homeless related issues throughout the year on behalf of the BHAB.
AYES: All

Mike Matthews was nominated as the Homeless Advocate, with Jerry Hall acting as alternate.

ON MOTION of John Sturm, seconded by Jenifer Mendel, the BHAB voted to accept the appointment of Mike Matthews and Jerry Hall as Homeless Advocate and Alternate, respectively.
AYES: All

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

VII. PUBLIC HEARING

- Mental Health Services Act (MHSA) Fiscal Year 2015-16 Annual Update (A. Yancey)
Adrienne Yancey gave a summary of the substantive public input received as detailed in the handout to the BHAB: "Draft MHSA Fiscal Year 2015-2016 Annual Update Public Input." Changes made to the Annual Update as a result of public input have been uploaded to the MHSA website. Those changes, in addition to any public input received at today's meeting, will be incorporated into a final document to be presented to the BHAB for their support at the September 3 meeting. The update will then be submitted to the Board of Supervisors on September 29 before finally going to the Mental Health Services Oversight and Accountability Commission by October 29, 2015.
- Public Comment for MHSA Annual Update (A. Yancey)
Comments were solicited from the public. BHAB members Dr. Gloria Harris, Jerry Hall, Phil Deming, Mike Matthews, John Sturm and Rebecca Hernandez made comments/observations as follows:
 - Concern was raised about the continuing unmet need for augmented board and care facilities and other supportive housing options (e.g., Independent Living Facilities) for the severely mentally ill. It was suggested that the County could find creative ways to ensure increased funding for board and care facilities and the Independent Living Association. In addition, the issue of landlords/owners discontinuing board and care services needs to be addressed. Dr. Piedad Garcia went through the different funding sources currently available to address the homeless needs for the severely mentally ill and mentioned some of the ongoing contracts with licensed board and cares to increase/expand their capacity. She acknowledged the continuing hurdle of landlords/owners feeling they are not receiving sufficient reimbursement

per bed (e.g., SSI has a cap), and with no incentives, many landlords/owners are closing up shop.

- Consider uploading to the MHSA website a calendar or timeline of upcoming community activities or meetings along with instructions on how someone would go about championing an innovations program that would be considered by the group or entity that decides on funding these types of programs.
- Consider adding a glossary of terms to the MHSA update material so that members of the public understand better what they are reading and can become more engaged at the public forums.
- Regarding public input for the Annual Update, consider an emphasis on data collection and increased services to address child and adolescent undiagnosed and/or diagnosed and untreated mental health or behavior health issues, especially for our socioeconomically disadvantaged adolescents.

VIII. PRESENTATIONS: ALCOHOL AND OTHER DRUG (AOD) RESIDENTIAL PROGRAMS

Alfredo Aguirre introduced the program presenters and explained County Behavioral Health Services' goal of having the community and the BHAB become familiar with the comprehensive behavioral health systems of care, especially with the integration of mental health and alcohol and drug services. The three programs today span the spectrum of residential programs committed to serving the various age groups. Each program helps individuals overcome alcohol and drug addictions and meet recovery goals.

- Phoenix House Academy – Youth Residential
Dr. Peggy Edel, Clinical Psychologist and Clinical Supervisor at Phoenix House Academy, presented a PowerPoint: "Profile of Adolescent Clients & Services." Phoenix House Academy is located in Descanso and is a residential house for adolescent males and females ages 12 to 18 struggling with various substance use disorders (alcohol and/or drug addiction).
- McAlister Institute for Treatment and Education (MITE) – Perinatal Residential
Jeanne McAlister, Founder and CEO of McAlister Institute, and Marcia Robinson, Clinical Supervisor of Kiva Women and Children's Learning Institute, presented a PowerPoint: "McAlister Institute – Kiva Women and Children's Learning Center." Kiva is located in Lemon Grove and is a long-term (six- to 12-month) residential program which addresses the treatment and recovery needs of pregnant and parenting women and their children, including residential perinatal detox. Services are offered in both English and Spanish.
- The Fellowship Center – Adult Residential
Ray DiCiccio, Program Director of The Fellowship Center, presented a PowerPoint: "The Fellowship Center – the Home of Well Recovery." The Fellowship Center is an adult residential alcohol and drug treatment center located in Escondido that serves males 18 and over to recover from alcoholism and other drug addiction. The residential treatment program involves three phases over 120 days. Non-residential treatment options include 30-, 60-, or 90-day programs.

IX. SUMMARY OF DASHBOARD INDICATORS TRAINING (J. Mendel)

Due to time constraints, this item will be covered at the September meeting.

X. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- Recovery Happens event – Saturday, September 12, 2015, 10:00 a.m. – 2:00 p.m. at Balboa Park (President's Way). Recovery Happens is a free annual celebration for those affected by substance abuse and the community that embraces their efforts to recover.
- BOS approved the BHS Procurement Board Letter at their August 4 meeting. BHS staff will distribute the final docketed Board Letter to the BHAB.

XI. CHAIRPERSON'S REPORT – Tom Behr, Behavioral Health Services Advisory Board Chair

- Resignation of Dr. Shannon Lerach, appointee of Supervisor Dave Roberts.
- Need to complete BHAB vacancies – BHAB Vacancy Recommendation Form included in packets. Traci Finch went over the vacancies and their categories per district and will follow up with an email to the BHAB with a description of the categories along with the current BHAB roster.
 - District 1 – Supervisor Greg Cox
 - Person in recovery
 - Prevention specialist
 - Treatment and recovery specialist
 - District 3 – Supervisor Dave Roberts
 - Treatment and recovery specialist
 - District 5 – Supervisor Bill Horn
 - Family member
- BHAB Fall Retreat – Saturday, October 10, at County Behavioral Health Services (9:00 am-1:00 pm). BHAB Executive Committee is working on the agenda, which should be finalized by September.
- BHAB Ethics Training – reminder to complete by August 31.
- Election of BHAB Officers coming up in November. A minimum of three members of the BHAB need to be on the Nominating Committee. Interested individuals should submit their names to Tom Behr or Traci Finch in the next two weeks. The following actions are set forth in the bylaws to conduct elections for the BHAB Executive Committee:
 - 9/3 – Nominating Committee appointed by Chair and approved by the Board
 - 10/1 – Nominating Committee presents slate of Officers to the Board for acceptance of the slate
 - 11/5 – BHAB votes on slate including any additional nominations from the floor
 - 1/7 – Elected Officers are seated

XII. ADVOCATE REPORTING

- Written Reports - None
- Oral Reports - None

XIII. BOARD MEMBER ANNOUNCEMENTS

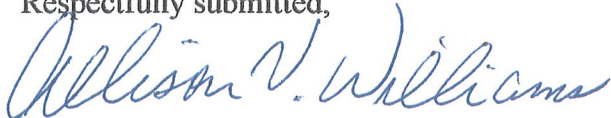
- Tom Behr announced the death by suicide of one of his friends and clients, Shaun Brewer.

XIV. MEETING ADJOURNMENT

ON MOTION of Phil Deming, seconded by Jenifer Mendel, the meeting adjourned at 6:01 p.m.
AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



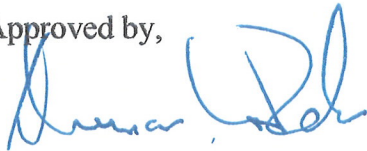
Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson
Behavioral Health Advisory Board

**For BHAB documents, agenda, minutes and Director's Reports, please read or download from
the Network of Care Behavioral Health Advisory Board at:**
<http://sandiego.networkofcare.org/mh/content.aspx?id=257>