



December 3, 2015
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Vanessa Mapula – District 1
Eyra Leeper – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Jenifer Mendel, 2nd Vice Chair – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr, Chair – District 4
Jerry Hall – District 4
John Sturm, Member-at-Large (MH) – District 4
Judith Yates – District 4
Phil Deming, 1st Vice Chair – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Michael Matthews – District 2
Julie Martin – District 3
Supervisor Dave Roberts – BOS

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Tom Behr, Chairperson, at 3:37 p.m. at the County Administration Center, Room 302-303, 1600 Pacific Highway, San Diego, California 92101.

II. BHAB MISSION STATEMENT

Chairperson Tom Behr read the Mission Statement.

III. INTRODUCTION OF THE BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3.

IV. APPROVAL OF THE MINUTES FROM NOVEMBER 5, 2015 REGULAR MEETING AND OCTOBER 10, 2015 FALL RETREAT

ON MOTION of Jenifer Mendel, seconded by John Sturm, the BHAB approved the November 5 Regular Meeting minutes and the October 10 Fall Retreat minutes as written.

AYES: All

V. PUBLIC COMMENTS FOR ITEMS OTHER THAN ACTION ITEMS

None

VI. ACTION ITEM – Van Horn Regional Treatment Facility Joint Powers Agreement (JPA) Dissolution Board Letter (A. Aguirre)

On January 29, 1991 (8), the San Diego County Board of Supervisors authorized this County's participation in the Joint Powers Agreement (JPA) for the Establishment and Operation of the Van Horn Regional Facility for Emotionally Disturbed Minors. The JPA consisted of five counties including Riverside, Orange, Los Angeles, San Bernardino and San Diego. In 1995, the facility was constructed and remained in operation until 2010. Financial difficulties and the lack of a suitable vendor to operate the facility resulted in the closure of the facility approximately five years ago. Subsequent efforts to find a suitable vendor were unsuccessful and the facility currently cannot reopen without significant rehabilitation of the structure. In April 2015, San Bernardino gave notice of its withdrawal from the JPA. On November 6, 2015, the JPA Board of Directors voted in favor of dissolution of the JPA. Termination of the JPA requires an amendment of the JPA's term that must be approved by the board of supervisors of each participating county. Upon amendment of the JPA, the JPA's Board of Directors intends to conclude the affairs of the JPA on or about February 12, 2016.

Board of Supervisors authority will be sought on January 5, 2016, for the following two actions:

- a. Approve and authorize the Clerk of the Board of Supervisors to amend the JPA to include a February 12, 2016, termination date and to utilize the JPA's fund balance for the Van Horn Regional Facility's obligations.
- b. Authorize the San Diego County representatives on the JPA Board of Directors to take any other necessary action to dissolve the JPA and conclude the affairs of the JPA.

It is, THEREFORE, staff's recommendation that the Board support the above actions to assist with the dissolution of the Joint Powers Agreement (JPA).

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

ON MOTION of Jerry Hall, seconded by Rebecca Hernandez, the BHAB voted to accept staff's recommendation to support the above actions as noted, with discussion.

AYES: All

VII. ACTION ITEM – Pharmaceutical Distribution Services Board Letter (A. Aguirre)

Board of Supervisors authority will be sought on December 15, 2015, for the competitive solicitations of two contracts for the purchase of pharmaceuticals at wholesale prices through a Pharmaceutical Group Purchasing Organization (GPO) consortium. The County of San Diego has participated in various pharmaceutical group purchasing plans and consortiums since 1990 and prior solicitations resulted in the award of two contracts. These two contracts provide services that are utilized by the Sheriff's Medical Services Division, Edgemore Distinct Part Skilled Nursing Facility and Health and Human Services Agency (HHS) Pharmacy.

The following services are to be competitively reprocured:

- a. Pharmaceutical Services:
Pharmaceutical products and delivery services that serve the Sheriff's Medical Services Division, Edgemore Distinct Part Skilled Nursing Facility and HHS Pharmacy.
- b. Group Purchasing Services - Pharmaceutical Supplies:
A Pharmaceutical Group Purchasing Organization (GPO) to access wholesale pharmaceutical supplies at a discounted rate.

It is, THEREFORE, staff's recommendation that the Board support the recommendation to issue competitive solicitations for pharmaceutical services in an effort to reduce costs and maximize efficiency.

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

ON MOTION of Jenifer Mendel, seconded by John Sturm, the BHAB voted to accept staff's recommendation to support the above actions as noted, with discussion.

AYES: All

VIII. ACTION ITEM – Vote on Recommendations of the Suicide Prevention Workgroup (T. Behr)

Background

In July 2014, the Medical Examiner's (ME) office released a report stating suicides comprised 15% of the nearly 3,000 deaths investigated by the ME's office in 2013. The number of suicides totaled 441, a great loss to the County of San Diego. In April 2015, it was proposed by Behavioral Health Advisory Board (BHAB) member Supervisor Dave Roberts that BHAB establish a Suicide Prevention Workgroup (Workgroup) and on May 4, 2015, BHAB voted and approved the creation of the Workgroup.

The Workgroup met seven times from May-October 2015 to hear from a variety of subject matter experts and develop recommendations to address challenges, identify gaps and develop ways to enhance current efforts toward suicide prevention. On November 5, 2015, the Workgroup presented their report to BHAB for consideration with a follow up request to vote on the recommendations BHAB would like to move forward. These twelve recommendations are presented below (see attached Action Item for list of recommendations), in no particular order, with a voting column to assist in your evaluation.

It is, THEREFORE, the Suicide Prevention Workgroup's recommendation that the Board accept or not accept each of the twelve recommendations listed below (see attached Action Item for list of recommendations). Accepted recommendations will then be submitted to the Behavioral Health Services Director for feasibility and analysis which will be reported back to the Behavioral Health Advisory Board. This information will then be forwarded to the Board of Supervisors.

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

Barbara Lee, Sheriff Medical Administrator, and Dr. Alfred Joshua, Chief Medical Officer from the Sheriff's Department, spoke on Recommendation #2 and what the feasibility of screening incoming prisoners/juveniles utilizing the Columbia Suicide Severity Rating Scale (C-SSRS) looks like realistically in a correctional environment. Dr. Joshua spoke on what the Sheriff's Department is currently doing in the jails that addresses many of the suicide prevention tactics they have put in place. Due to the large number of inmates that come through their facilities every year, many of the severity scales, including the C-SSRS, would be in the "high risk" category for many of the inmates that come through just based on the nature of the charges, whether the inmate is under the influence of drugs, and many other things.

Based on this, the jails have to create a standardized tool which they are in the process of developing but that is validated in a correctional environment. The fear is that solely using the C-SSRS would put the Sheriff's Department at further risk of not being able to successfully identify a multitude of people who really need care. Therefore, at this time the Sheriff's Department is asking for some flexibility in the structure of implementing the use of the C-SSRS screening tool while at the same time looking at other

alternatives tools that may be more conducive to their jail environment and population. One of the challenges they have found is that there really has been no tool that has been validated in a correctional environment. A screening tool that works well for the outpatient might not necessarily work well for the correctional population based on the unique factors.

Dorothy Thrush, Chief Operations Officer with the Public Safety Group, was also in attendance. Speaking on behalf of Juvenile Probation, she expressed that they are also grateful to be able to be included in this discussion and work with their partners in behavioral health to take a look at this tool. Dr. Geoff Twitchell, who is the Clinical Director for Probation, will also be involved in these conversations.

DISCUSSION

Recommendation #2 – The San Diego County Sheriff's Department (which administers all adult jails) and the San Diego County Probation Department (which administers all juvenile facilities) should screen each incoming prisoner/juvenile utilizing the Columbia Suicide Severity Rating Scale (C-SSRS)

Jerry Hall made the friendly amendment to add "or an alternative validated instrument specifically appropriate for the incarcerated population" to the rest of the statement. Colin MacKinnon seconded.

ON MOTION of John Sturm, seconded by Colin MacKinnon, the BHAB voted to accept the amended language for Recommendation #2, after discussion.

AYES: 12 NAYS: 0 ABSTENTIONS: 1

Recommendation #10 – Create an internal countywide alert system to communicate and share information, in a confidential manner, with appropriate officials to best assist individuals identified as at-risk of committing suicide.

ON MOTION of John Sturm, seconded by Jerry Hall, the BHAB voted to accept Recommendation #10, with discussion.

AYES: 0 NAYS: 10 ABSTENTIONS: 3

Recommendation #12 – Working with our congressional delegation, seek changes to federal legislation or other regulatory changes requiring U.S. military base commanders in San Diego County to report active duty military suicide data, to include toxicology reports, in a timely fashion to the County Medical Examiner.

ON MOTION of John Sturm, seconded by Jerry Hall, the BHAB voted to accept Recommendation #12, with discussion.

AYES: 4 NAYS: 6 ABSTENTIONS: 3

ON MOTION of John Sturm, seconded by Rick McGaffigan, the BHAB voted to accept Recommendations 1 as written, 2 as amended above, and 3, 4, 5, 6, 7, 8, 9 and 11 as written.

AYES: 11 NAYS: 0 ABSTENTIONS: 2

IX. PRESENTATION – Alcohol Licensing and Enforcement (J. Hall and L. Bridgeman-Smith)

Linda Bridgeman-Smith from the County Behavioral Health Services Prevention and Planning Unit, presented a PowerPoint on "Alcohol Policy in San Diego County." Points covered in the presentation included:

- The price tag for alcohol in California and San Diego County
- San Diego County Alcohol Beverage Control (ABC) Licenses
- Environmental Prevention
- Identified Environments
- Effective Prevention

- Enforcement and Community Organizing
- Board of Supervisor Policy I-121 – Determining Public Convenience or Necessity for Alcohol Beverage License Applications

Jerry Hall, BHAB member, presented a PowerPoint on “Alcohol & San Diego County – Alcohol Licensing Opportunities.” Points covered in the presentation included:

- Goal: Safe & Thriving Communities
- Stakeholders: State, County & City
- Economic Impacts
- Poor Alcohol-Outlet Practice Impact
- Training & Self-Policing
- Alcohol Beverage Control (ABC) Allows Local Control
- Model Policies Work
- Place of Last Drink (POLD)
- Open Data – Engaging Supporters
- Licensing Input & Tools
- Desired Outcomes
- Alcohol in San Diego County – Information & Recommendations

The following handout was also included as an attachment to the presentation: “Recommendations for New Behavioral Health Advisory Board (BHAB) 2015 Focus” dated October 16, 2014, by the County of San Diego Alcohol and Drug Advisory Board (ADAB) Alcohol Licensing and Enforcement (ALE) Committee.

K.C. Strang suggested an Alcohol Workgroup be formed similar in structure, intent and timeline as the Suicide Prevention Workgroup to look into the ALE committee’s recommendations in more detail and outlined in the handout. Perhaps this can be taken up at the January meeting as an action item to form a workgroup.

X. DIRECTOR’S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- New MHSA Housing Development (Villa Serena, San Marcos)
 - Dr. Piedad Garcia spoke briefly on this development which is being funded by MHSA. It is an 8-unit development for adults who were previously homeless. The 30-day public posting just ended two weeks ago.
- Edgemoor Sunset Review
 - Handout included in packet: “County of San Diego, California, Board of Supervisors Policy E-22 on the Role and Function of Edgemoor Hospital.” The policy will be going before the Board of Supervisors and basically aligns the mission statement of Edgemoor to the County’s *Live Well* vision for healthy, safe and thriving communities.
- MHSA Community Engagement Forums Update: Preliminary Impressions
 - “Fall 2016 Community Engagement Forums Executive Summary” distributed. A more detailed summary of the results will be coming out January or February. Recommendations for mid-year MHSA enhancements will be discussed at the next BHAB meeting.
- Alfredo recognized and congratulated Tom Behr for his service as BHAB Chair during this inaugural year of an integrated board.

XI. CHAIRPERSON'S REPORT – Tom Behr, Behavioral Health Services Advisory Board Chair

- Report on Joint Executive Meeting
 - The current BHAB Executive Officers along with the incoming Executive Officers met to review the priorities that had been recommended by all BHAB members. Seventeen priorities, including those of HHSA/BHS, were reviewed. The BHAB will meet again in January to establish a structure on how those priorities will be addressed over the next year.
- Tom thanked the advocates for continuing in their role into the coming year.

XII. ADVOCATE REPORTING

There were no written or oral reports given.

XIII. BOARD MEMBER ANNOUNCEMENTS

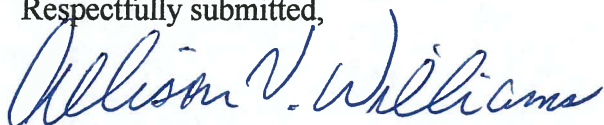
Rebecca Hernandez reminded BHAB members of the upcoming BHS Provider Holiday Luncheon on December 14, 11:00 am – 1:00 pm at the Anchors Catering and Conference Center.

XIV. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Rebecca Hernandez, the meeting adjourned at 6:03 p.m.
AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



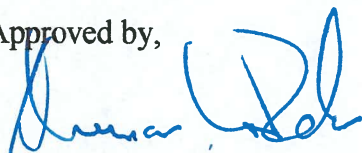
Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson
Behavioral Health Advisory Board

For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:
<http://sandiego.networkofcare.org/mh/content.aspx?id=257>