



LIVE WELL
SAN DIEGO

June 4, 2015
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Vanessa Mapula – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Michael Matthews – District 2
Jenifer Mendel, 2nd Vice Chair – District 2
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr, Chair – District 4
John Sturm, Member-at-Large (MH) – District 4
Judith Yates – District 4
Phil Deming, 1st Vice Chair – District 5
Richard McGaffigan – District 5

MEMBERS NOT PRESENT

Shannon Lerach, Ph.D. – District 3
Julie Martin – District 3
Jerry Hall – District 4
K.C. Strang – District 5
Supervisor Dave Roberts – BOS

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER/ROLL CALL

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Tom Behr, Chairperson, at 3:35 PM at the County Administration Center, Room 302/303, 1600 Pacific Highway, San Diego, California 92101.

II. INTRODUCTIONS OF THE BOARD MEMBERS

Members of the BHAB introduced themselves. Judith Yates, the latest appointee to the BHAB, told a little about her background, area of interest within behavioral health, appointment category and district, and any other boards on which she has served.

III. PUBLIC COMMENTS FOR ITEMS OTHER THAN ACTION ITEMS

None

IV. APPROVAL OF THE AGENDA

ON MOTION of John Sturm, seconded by Jenifer Mendel, the BHAB approved the agenda as written, with no discussion.
AYES: All

V. APPROVAL OF THE MINUTES FROM MAY 7, 2015

ON MOTION of Phil Deming, seconded by John Sturm, the BHAB approved the May 7 meeting minutes as written, with no discussion.

AYES: 13, NAYS: 0, ABSTENTIONS: 1

VI. ACTION ITEM – Appointment of New Advocates (T. Behr)

BHAB advocate information (extracted from the County of San Diego BHAB Bylaws). Appointees were named at the BHAB meeting on Thursday, May 7, 2015:

ARTICLE V

Advocates and Representatives

The Chairperson shall, subject to approval by the Advisory Board, make the following advocate and representative appointments to represent areas of special Advisory Board interest and to make recommendations to the Advisory Board:

1. Person in Recovery Advocate: Colin MacKinnon (Jenifer Mendel as alternate)

It shall be the duty and responsibility of the Person in Recovery Advocate to make recommendations on behavioral health matters relating to or affecting the recovering population.

Possible meeting to attend: Recovery Innovations monthly peer meetings are held on the fourth Tuesday of each month from 1-3p at Health Services Complex, 3851 Rosecrans St, San Diego

2. Child Advocate: Rebecca Hernandez

It shall be the duty and responsibility of the Child Advocate to make recommendations on behavioral health matters relating to or affecting children, youth and families.

Possible meeting to attend: Children, Youth, and Families Behavioral Health System of Care monthly council meeting held on the second Monday of each month from 9-10:30a at Behavioral Health Services, 3255 Camino del Rio South, San Diego

3. Advocate for Multi-Ethnic Concerns: John Sturm

It shall be the duty and responsibility of the Advocate for Multi-Ethnic Concerns to make recommendations on behavioral health matters relating to or affecting the multi-ethnic population.

Possible meeting to attend: Cultural Competency Resource Team (CCRT) monthly meeting held on the first Friday of each month from 10-11:30a at Behavioral Health Services, 3255 Camino del Rio South, San Diego

4. Older Adult Advocate: Mike Matthews

It shall be the duty and responsibility of the Older Adult Advocate to make recommendations on behavioral health matters relating to or affecting the older adult population.

Possible meeting to attend: Older Adult Council monthly meeting held on the third Wednesday of each month from 1-3p at Behavioral Health Services, 3255 Camino del Rio South, San Diego

5. Representative to the California Association of Local Mental Health Boards/Commission (CALMHB/C): Tom Behr (John Sturm as alternate)

The representative to CALMHB/C shall represent the Advisory Board to the CALMHB/C and attend regional and state-wide meetings and provide reports to the Advisory Board.

6. Additional advocates shall be selected as determined by the Advisory Board and designated by the Chairperson.

Additional advocates appointed at the May 7, 2015 meeting:

- Women's Mental Health Advocate – **Julie Martin**
- Open Data Advocate – **Jerry Hall**

Additional advocates added at the May 7 meeting to be voted on at the June 4 meeting:

- Adult Council Advocate – **Dr. Gloria Harris**
 - Adult Council meetings occur on the third Tuesday of each month from 10-11:30a at BHS
- Men's Mental Health Advocate – **Phillip Deming**

Public Comments for Above Action Item

None

ON MOTION of Jenifer Mendel, seconded by Mike Matthews, the BHAB voted to accept the two additional advocates, for a total of nine advocate appointments as noted and described above.

AYES: All

VII. PRESENTATION – Drug Medi-Cal Waiver (T. Lang)

PowerPoint: "Drug Medi-Cal" – presented by Tabatha Lang, Chief of Quality Improvement Unit, Performance Improvement, Quality Management & Management Information Systems for the County Behavioral Health Services Division. Tabatha gave an overview on the background of the Drug Medi-Cal Waiver, the requirements for counties to opt in, what is entailed with this organized service system (services and rates), implementation plan, next steps and timeline.

VIII. PRESENTATION – Directing Change Videos (S. Collins & J. Sczersputowski)

PowerPoint: "Directing Change Program and Student Film Contest" – presented by Stan Collins, Suicide Prevention and Education Specialist; and Jana Sczersputowski, Project Director for Directing Change.

The Directing Change program is part of Each Mind Matters, one of several statewide efforts to prevent suicide, reduce stigma and discrimination related to mental illness, and to promote the mental health and wellness of students. These initiatives are funded by counties through the Mental Health Services Act (MHSA-Prop 63) and administered by the California Mental Health Services Authority (CalMHSA). The program opens the door to introduce prevention programs in schools and encourages young people to learn about the topics of suicide prevention and mental health in a non-textbook kind of way through a film contest.

Samples of local 60-second film submissions in two categories, "suicide prevention" and "ending the silence about mental illness," were shown to the BHAB. Over the past three years, more than 3,000 students around California have submitted over 1,200 films. This year the program received 420 films from 1,226 students representing 112 schools, seven University of California campuses and 31 counties. About 200 community judges are engaged each year to choose the finalists. A DVD containing the films of all regional winners and statewide finalists was distributed to all in attendance. Free download of films and more information can also be found at their website: <http://www.directingchange.org>. The DVDs as well as a link to the film will also be promoted at the It's Up to Us website.

A 16-year-old student, Connor Davis, from Mira Mesa high School who starred in one of the films, spoke about his struggles with depression and gave his heartfelt impressions after participating in the film contest and becoming a spokesperson among his peers to help spread awareness on this topic.

IX. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- Alfredo thanked everyone for contributing toward a successful May is Mental Health Month campaign. At the Behavioral Health Recognition Dinner last week at the Mission Valley Marriott, awards were presented to Vista Hill's SmartCare Program in Ramona for Behavioral Health Program of the Year and Marlene Nadler-Moodie, a Psychiatric Nurse Specialist at Scripps, for Behavioral Health Person of the Year. More than 600 health providers and clients attended the gala event.
- **Client Advocate Update (M. Phillips)**
Mike Phillips, Director and Supervising Attorney for the Jewish Family Service Patient Advocacy Program, gave a broad overview of some of the activities staff have been involved in to date. Fliers were distributed with information about a free of cost upcoming seminar, "Coordinated Care Initiative & Cal MediConnect" on June 24, 1:00-3:00 p.m., to be held at Paradise Valley Hospital.
- **Clinical Director's Update (M. Krelstein)**
 - Dr. Michael Krelstein, Clinical Director for Behavioral Health Services, called attention to two important resources available in San Diego: the Psychiatric Nurse Practitioner Training program at the University of San Diego and Cal State San Marcos and the Psychiatric Nurse Practitioner Consortium. The Consortium meets on the fourth Friday of every month to take a look at workforce challenges and the development of inter-professional models for Behavioral Health. Their second annual public forum is coming up in September.
 - This year San Diego will be hosting the California Institute for Behavioral Health Solution's (CIBHS) 2015 California Crisis Intervention Training Update and Conference to promote and support collaborative efforts to create and sustain more effective interactions among law enforcement, mental health care providers, individuals with mental illness, their families and communities and also to reduce the stigma of mental illness. The event will be held June 25-26 at Marina Village. More information and registration details can be found online at www.cibhs.org.
- Tabatha Lang, Chief of the Quality Improvement Unit for Behavioral Health Services, will be holding two trainings on June 12 and June 24 for BHAB members on the Behavioral Health Dashboard Indicators. An email will go out to board members with the details.

X. CHAIRPERSON'S REPORT – Tom Behr, Behavioral Health Services Advisory Board Chair

- Phil Deming reported on the Suicide Prevention Workgroup meeting held May 26 following the Suicide Prevention Council (SPC) meeting. The Workgroup met with several members of the SPC board to get more detail on what their process is and all the different areas they are working in. The focus of the next Suicide Prevention Workgroup will be to take a look at the landscape of services and funding available for suicide prevention in San Diego County.
- Tom Behr is continuing his meet and greets with the individual Board of Supervisors. In addition to these meetings, Tom will also reach out to the local mental health boards and their chairs.
- A poll was taken by BHAB members in attendance to determine if we will have a quorum for the July meeting since the date falls right before the July 4 holiday. A sufficient number plan to be in attendance, so the BHAB will not go dark in July. It was suggested that only action items be covered and any planned presentations moved to the August meeting.

XI. ADVOCATE REPORTS

Tom Behr noted that the method of Advocate reporting is under discussion by the BHAB Executive Committee and the decision will be shared at the June meeting.

- Person in Recovery (C. MacKinnon) - None
- Child Advocate (R. Hernandez) - None
- Advocate for Multi-Ethnic Concerns (J. Sturm) - None

- Older Adult Advocate (M. Matthews) - Mike Matthews reported on the Behavioral Health Older Adult Council meeting attended on Wednesday, May 20.
- Representative to CALMHB/C (T. Behr) - None
- Women's Health (J. Martin) - None
- Open Data (J. Hall) - None

XII. BOARD MEMBER ANNOUNCEMENTS

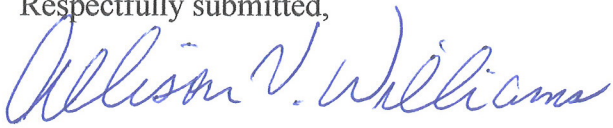
- Judith Yates announced that the San Diego Housing Federation along with hospital and other health service providers will be hosting a Roundtable Discussion on Thursday, June 11, 8:30-10:20 a.m. at NTC. The dialogue will revolve around the topic of how health and housing can be better connected and what are the unique challenges that each face. Fliers were provided with more information.
- Rebecca Hernandez shared a booklet produced by New Life House Recovery Community for Young Men entitled "Drugs & Youth: An informative guide to the most commonly used drugs in youth culture today." Copies of the booklet were distributed to the BHAB.
- John Sturm reminded BHAB members of the helpful board trainings and webinars found at www.cibhs.org. Mental Health Boards 101 is one such training. A tool-kit containing a manual and PowerPoint guide is also available at the website.

XIII. MEETING ADJOURNMENT

ON MOTION of Mike Matthews, seconded by Phil Deming, the meeting adjourned at 6:00 p.m.
AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



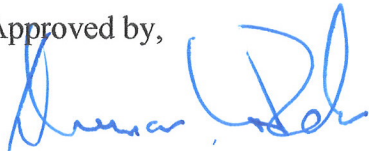
Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson
Behavioral Health Advisory Board

For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:
<http://sandiego.networkofcare.org/mh/content.aspx?id=257>