



LIVE WELL
SAN DIEGO

November 5, 2015
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Vanessa Mapula – District 1
Eyra Leeper – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Michael Matthews – District 2
Jenifer Mendel, 2nd Vice Chair – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr, Chair – District 4
Jerry Hall – District 4
John Sturm, Member-at-Large (MH) – District 4
Judith Yates – District 4
Phil Deming, 1st Vice Chair – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Julie Martin – District 3
Supervisor Dave Roberts – BOS

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Tom Behr, Chairperson, at 3:35 p.m. at the County Administration Center, Room 302-303, 1600 Pacific Highway, San Diego, California 92101.

II. BHAB MISSION STATEMENT

Eyra Leeper read the Mission Statement.

III. INTRODUCTION OF THE BOARD MEMBERS

Members of the BHAB introduced themselves. Attending for the first time were newly-appointed BHAB members Deanne George, District 3; and Eyra Leeper, District 1. Also in attendance was Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3.

IV. APPROVAL OF THE MINUTES FROM OCTOBER 1, 2015

ON MOTION of John Sturm seconded by Colin MacKinnon, the BHAB approved the October 1 meeting minutes as written.

AYES: 11, NAYS: 0, ABSTENTIONS: 4

V. PUBLIC COMMENTS FOR ITEMS OTHER THAN ACTION ITEMS

None.

VI. ACTION ITEM – Election of the Behavioral Health Advisory Board Executive Officers (T. Behr)

Background

The Behavioral Health Advisory Board (BHAB) Bylaws provide for establishing a Nominating Committee in September of each year. The following BHAB Members were appointed to serve on the Nominating Committee: Colin MacKinnon, Mike Matthews, K.C. Strang and Judith Yates.

In October, the Nominating Committee presented a recommended slate of 2016 Executive Officers (below) to stand for election today. Bylaws state one Executive Officer shall be a Person in Recovery.

Chairperson	Phillip Deming
1 st Vice-Chairperson	Jenifer Mendel
2 nd Vice-Chairperson	John Sturm
Member at Large <i>Representing the alcohol and substance abuse community</i>	Rebecca Hernandez
Member at Large <i>Representing the mental health community</i>	Vanessa Mapula

ACTION ITEM: Elect Behavioral Health Advisory Board (BHAB) Executive Officers by vote of seated BHAB Members.

ON MOTION of Mike Matthews, seconded by Jerry Hall, the BHAB voted to accept the new slate of 2016 Behavioral Health Advisory Board as listed above, with discussion.

AYES: All

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

VII. PRESENTATION – BHAB Role in *Live Well San Diego* (N. Macchione)

Chairman Tom Behr introduced Nick Macchione, Director of the County of San Diego Health and Human Services Agency. Nick gave background and summarized the *Live Well San Diego* initiative. The work of Behavioral Health Services and the BHAB is an important pillar which supports the entire *Live Well San Diego* vision by Building Better Health, Living Safely and Thriving.

In light of the observations and concerns raised by BHAB members around the lack of quality housing and long term care treatment and residential facilities, Ellen Schmeding, Director of the County's Aging and Independence Services, will be invited to a future BHAB meeting to speak on this topic. Dale Fleming, Director of the County's Office of Strategy and Innovation, is another possibility to present on the Resident Leadership Academy (RLA). The RLA is a multiple-week, specialized, comprehensive curriculum empowering community residents to make improvements to their communities that will encourage healthy eating, physical activity, safety and other policy, systems and environmental changes. The RLA brings cutting-edge knowledge about how to create healthier neighborhood environments to local grassroots networks, where residents can decide for themselves how they would like to see their neighborhoods improved, and act on it. Use of this curriculum has been broadened to the social services arena, training residents to perform needs assessments for federal poverty program funds, effectively

harnessing the voice of the community in the state and federally required community needs assessment for Community Services Block Grants.

VIII. PRESENTATION – Report of the Suicide Prevention Workgroup (P. Deming)

Phillip Deming, on behalf of the Suicide Prevention Workgroup, spoke on the “Suicide Prevention Workgroup Report to the Behavioral Health Advisory Board” included in BHAB packets and distributed to those in attendance. Areas summarized were: background of workgroup, mission and purpose, summary of workgroup meetings, and the twelve recommendations identified as gaps in the County’s work toward suicide prevention and the rationale for each recommendation. The list of links to resources used to compile the report will be sent electronically to the BHAB.

The report will be brought back to the December BHAB meeting as an action item for BHAB members to vote on each of the 12 recommendations and discuss next steps.

IX. DIRECTOR’S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- Community Engagement Forums and Next Steps
 - Twelve community engagement forums were held during the month of October in all of our health and human services agency regions. There were a total of 828 attendees. Several Supervisors and/or their representatives attended as well. On November 24 a final forum will be held for our consumers at the Health Services Complex located at 3851 Rosecrans Street, from 1:00 to 3:30 pm in the Coronado Room.
 - Next steps: at the January BHAB meeting, recommendations for mid-year enhancements will be discussed. The goal is to initiate the enhancements by February.
- The Prescription Drug Abuse Summit is taking place today and will continue tomorrow at Catamaran Resort Hotel.

X. CHAIRPERSON’S REPORT – Tom Behr, Behavioral Health Services Advisory Board Chair

- Fall Retreat Recap
 - Tom reported the Fall Retreat was well attended with great substantive, effective dialogue by all. Minutes will be provided at the December BHAB meeting.
- Establishing Priorities
 - Tom reminded BHAB members of list of priorities created at the Fall Retreat for the upcoming year. New board members can still submit their priority area to Traci Finch before next month’s meeting. Traci may be contacted at Traci.Finch@sdcounty.ca.gov
- Where do we go from here?
 - A joint meeting of BHAB Executive Boards will be held in December to discuss the priorities as a roadmap before we transition to the new Executive Board at the January meeting.

XI. ADVOCATE REPORTING

- Written Reports – None
- Oral Reports – None

XII. BOARD MEMBER ANNOUNCEMENTS

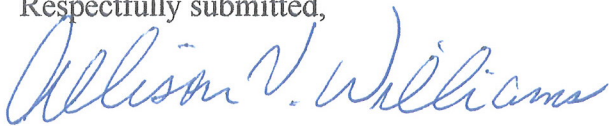
Jerry Hall announced that the Secretary of State gave approval for a group to gather signatures for a petition to be put on the ballot for next November that would reduce the drinking age to 18. This should be something for the BHAB to look into and decide on whether or not to oppose this legislation.

XIII. MEETING ADJOURNMENT

ON MOTION of Ed Weiner, seconded by Jenifer Mendel, the meeting adjourned at 6:00 p.m.
AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



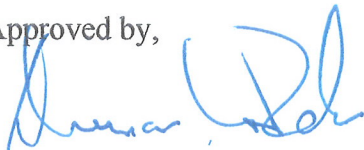
Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson
Behavioral Health Advisory Board

For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:

<http://sandiego.networkofcare.org/mh/content.aspx?id=257>