



October 1, 2015  
Behavioral Health Advisory Board  
Meeting Minutes

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P.O. BOX 85524  
San Diego, CA 92186-5524  
(619) 563-2700 • FAX (619) 563-2775/2705

**MEMBERS PRESENT**

Vanessa Mapula – District 1  
Gloria Harris, Ph.D. – District 2  
Rebecca Hernandez, Member-at-Large (ADS) – District 2  
Michael Matthews – District 2  
Jenifer Mendel, 2<sup>nd</sup> Vice Chair – District 2  
Colin MacKinnon – District 3  
Tom Behr, Chair – District 4  
John Sturm, Member-at-Large (MH) – District 4  
Judith Yates – District 4  
Phil Deming, 1<sup>st</sup> Vice Chair – District 5  
Richard McGaffigan – District 5  
K.C. Strang – District 5  
Supervisor Dave Roberts – BOS

**MEMBERS NOT PRESENT**

Julie Martin – District 3  
Ed Weiner – District 3  
Jerry Hall – District 4

**STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD**

Alfredo Aguirre, Director, County Behavioral Health Services Division  
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

**I. CALL TO ORDER**

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Tom Behr, Chairperson, at 3:35 p.m. at the County Administration Center, Room 302-303, 1600 Pacific Highway, San Diego, California 92101.

**II. BHAB MISSION STATEMENT**

Phil Deming read the Mission Statement.

**III. INTRODUCTION OF THE BOARD MEMBERS**

Members of the BHAB introduced themselves. Also in attendance were Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3; and Stephanie Gioia-Beckman, Senior Policy Advisor, Supervisor Ron Roberts, District 4. Alfredo Aguirre introduced Holly Salazar, Behavioral Health Services' Assistant Director of Departmental Operations, who joined BHS in August.

**IV. APPROVAL OF THE MINUTES FROM SEPTEMBER 3, 2015**

ON MOTION of John Sturm, seconded by Jenifer Mendel, the BHAB approved the September 3rd meeting minutes as written.

AYES: All

**V. PUBLIC COMMENTS FOR ITEMS OTHER THAN ACTION ITEMS**

None

**VI. ACTION ITEM – Mental Health Services – Fiscal Year 2015-16 Federal Block Grant Spending Plan (A. Aguirre)**

The County's Health and Human Services Agency (HHS) receives funding from a federal block grant source, Substance Abuse and Mental Health Services Administration (SAMHSA). The federal Community Mental Health Block Grant funds are administered and distributed by the State of California to the counties for services to children, youth, adults and seniors with mental illness. The State requires submission of an annual spending plan, and to comply with this requirement, the County of San Diego submits an annual request to the Board of Supervisors for acceptance of the funds and approval of the spending plan. The Board approved the Fiscal Year (FY) 2014-15 SAMHSA spending plan on October 28, 2014 (8).

The FY 2015-16 initial allocation of \$4,021,109 is \$555,742 higher than the FY 2014-15 initial allocation. The FY 2015-16 initial allocation will be used to continue funding existing programs such as Social Advocates for Youth (SAY), the Center for Consumer Health Education and Advocacy, Juvenile Probation Facilities Mental Health Services, medications to support non Medi-Cal clients, Emergency Psychiatric Unit (EPU) dual-diagnosis services at San Diego County Psychiatric Hospital (SDCPH) and the Kickstart program for the First Episode Psychosis (FEP) Set-Aside. FEP Set-Aside was included as part of the revised allocation that was awarded by the State in FY 2014-15. Dual-diagnosis services at SDCPH, medications to support non Medi-Cal clients and Juvenile Probation Facilities will be increased with the additional initial allocation. This action supports the County's *Live Well San Diego* vision by promoting the health and well-being of children, youth, adults and seniors.

**It is, THEREFORE, staff's recommendation that the Board support 1) acceptance of SAMHSA Federal Block Grant funding in the amount of \$4,021,109 and approval of the Community Mental Health Block Grant Spending Plan for Fiscal Year 2015-16, and 2) authorization for the Director, Health and Human Services Agency, to approve all mid-year revisions to the FY 2015-16 Spending Plan and to accept future funding and annual Spending Plans that do not materially impact or alter the services or funding level.**

ON MOTION of John Sturm, seconded by Phillip Deming, the BHAB voted to support the spending plan as outlined above, with discussion.

AYES: All

**PUBLIC COMMENTS FOR ABOVE ACTION ITEM**

None

**VII. PRESENTATION – Teen Marijuana Use and the Developing Adolescent Brain (Mary Boyle, Ph.D.)**

K.C. Strang introduced Dr. Mary Boyle from the Department of Cognitive Science at UCSD who presented a PowerPoint on "Adolescent Brains and Marijuana Use."

**VIII. PRESENTATION – Legal Aid Society of San Diego Update (C. Neidenberg)**

Tom Behr introduced Carol Neidenberg, Program Manager for Mental Health at the Consumer Center for Health Education and Advocacy (CCEA) and the Legal Aid Society. Carol spoke about the number of cases, types, and outcome/resolution CCEA and the Legal Aid Society have handled. A few copies of their 2014-15 Annual Report entitled: "Celebrating Our Success in Helping San Diegans Live Well" were distributed, and a soft copy will be emailed to all BHAB members.

**IX. PRESENTATION – System of Care Overview (A. Aguirre)**

Alfredo Aguirre presented a PowerPoint on “County of San Diego Behavioral Health Services System of Care Overview” which provided an overview of the services BHS provides, the organizational structure, and ongoing efforts to fully integrate services into both mental health and alcohol and drug services. Questions were deferred to the BHAB retreat. In the meantime, BHAB members can email any questions to Traci Finch.

**X. DIRECTOR’S REPORT – Alfredo Aguirre, Behavioral Health Services Director**

- October Mental Health Services Act Community Program Planning Forums. The first one takes place, Monday, October 5, in North County. Attention was directed to the flier included in BHAB packets that lists all Forum locations and times. BHAB members are encouraged to try to attend at least one.
- California Institute for Behavioral Health Services (CIBHS) Behavioral Health Policy Forum on Whole Person Care taking place in Carlsbad September 30-October 2.
- The Mental Health Services Act (MHSA) Annual Update for FY 2015-16 and assignment of dollars was approved by the Board of Supervisors at their September 29 meeting.

**XI. CHAIRPERSON’S REPORT – Tom Behr, Behavioral Health Services Advisory Board Chair**

- Report of the Nominating Committee – (K.C. Strang)  
Recommended 2016 Slate of Executive Officers to be considered (handout):
  - Chairperson – Phillip Deming
  - 1<sup>st</sup> Vice-Chairperson – Jenifer Mendel
  - 2<sup>nd</sup> Vice-Chairperson – John Sturm
  - Member-at-Large (representing the alcohol and substance abuse community) – Rebecca Hernandez
  - Member-at-Large (representing the mental health community) – Vanessa Mapula
- Election of Officers in November – Voting will take place at the November meeting. Additional nominations can also be taken from the floor at that time in the event the slate of officers as a whole is not accepted by a majority BHAB quorum.
- Fall Retreat Update – Packets of materials were hand distributed to members at today’s meeting. An additional publication will be sent out via email to members prior to the retreat. Members not in attendance today will have their packets mailed to them.

**XII. ADVOCATE REPORTING**

- Written Reports – Child Advocate, Rebecca Hernandez
- Oral Reports – None

**XIII. BOARD MEMBER ANNOUNCEMENTS**

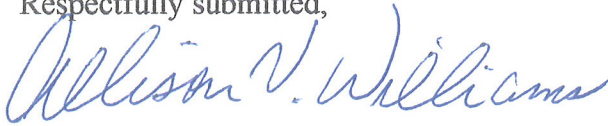
None

**XIV. MEETING ADJOURNMENT**

ON MOTION of Phillip Deming, seconded by Jenifer Mendel, the meeting adjourned at 5:53 p.m.  
AYES: All

*Brown Act Procedure: As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,

A handwritten signature in blue ink, reading "Allison V. Williams".

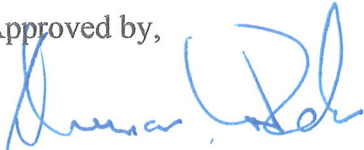
Allison V. Williams, Secretary to the Director  
Behavioral Health Services

Reviewed by,

A handwritten signature in blue ink, reading "Traci Finch".

Traci Finch, Administrative Analyst III  
Behavioral Health Advisory Board Support Staff

Approved by,

A handwritten signature in blue ink, reading "Thomas L. Behr".

Thomas L. Behr, Chairperson  
Behavioral Health Advisory Board

**For BHAB documents, agenda, minutes and Director's Reports, please read or download from  
the Network of Care Behavioral Health Advisory Board at:**

**<http://sandiego.networkofcare.org/mh/content.aspx?id=257>**