



September 3, 2015
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Vanessa Mapula – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Michael Matthews – District 2
Jenifer Mendel, 2nd Vice Chair – District 2
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr, Chair – District 4
Jerry Hall – District 4
John Sturm, Member-at-Large (MH) – District 4
Judith Yates – District 4
Phil Deming, 1st Vice Chair – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5
Supervisor Dave Roberts – BOS

MEMBERS NOT PRESENT

Julie Martin – District 3

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Tom Behr, Chairperson, at 3:33 p.m. at the County Administration Center, Room 302-303, 1600 Pacific Highway, San Diego, California 92101.

II. INTRODUCTION OF THE BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3.

III. APPROVAL OF THE MINUTES FROM AUGUST 6, 2015

ON MOTION of John Sturm seconded by Phil Deming, the BHAB approved the August 6 meeting minutes as written.

AYES: 11, NAYS: 0, ABSTENTIONS: 2

IV. PUBLIC COMMENTS FOR ITEMS OTHER THAN ACTION ITEMS

Jennifer Clark, community member, spoke about her challenges in finding housing for individuals with mental and physical health disabilities and a very limited income. She is requesting help specifically for SSI applicants. Greg Knoll, Executive Director of the Legal Aid Society, will be consulted to help.

V. ACTION ITEM – Appointment of Nominating Committee for 2016 Slate of Executive Officers (T. Behr)

The Behavioral Health Advisory Board Bylaws provide for establishing a Nominating Committee in September of each year. The task of the Nominating Committee is to select a recommended slate of 2016 Executive Committee Officers to present to the entire Behavioral Health Advisory Board in October 2015, for an election in November 2015. The Bylaws call for a minimum of three Nominating Committee members to be appointed by the Chairperson followed by confirmation of the entire Behavioral Health Advisory Board.

Colin MacKinnon, Vanessa Mapula, Mike Matthews, K.C. Strang and Judith Yates have stated their willingness to participate on the Nominating Committee.

IT IS, THEREFORE, staff's recommendation that the Board support the Appointment of a Nominating Committee and accept the Nominating Committee Members as stated above.

ON MOTION of Phil Deming, seconded by Rick McGaffigan, the BHAB voted to support the appointment of a Nominating Committee and accept the Nominating Committee Members as stated above, with discussion.

AYES: All

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

VI. ACTION ITEM – Board Letter dated September 29, 2015: Mental Health Services Act Fiscal Year 2015-16 Annual Update and Special Needs Loan Program (Districts: All) (A. Aguirre)

The County of San Diego is in the second year of implementing an integrated MHSA three-year program and expenditure plan for Fiscal Year 2014-15 through Fiscal Year 2016-17. The Plan incorporates all five MHSA components and provides expenditure projections for each component per year. The MHSA Fiscal Year 2015-16 Annual Update (Annual Update) contains newly proposed programs identified through a stakeholder input process and modifications to the Fiscal Year 2015-16 expenditure plan originally proposed in the Plan. The majority of services listed in the Annual Update are a continuation of programs previously approved by the Board of Supervisors and stakeholders. The proposed total expenditures for Fiscal Year 2015-16 are \$135,516,860. Furthermore, the Annual Update proposes to add up to \$10,000,000 to the Special Needs Loan Program (SNLP) which will provide permanent supportive housing to clients with a serious mental illness who are homeless should the SNLP be established by the California Housing Finance Authority.

Behavioral Health Services is seeking Board of Supervisors' approval to: 1) accept and approve the County of San Diego Mental Health Services Act Fiscal Year 2015-16 Annual Update; and 2) approve the addition of up to \$10,000,000 to the Special Needs Loan Program for future permanent supportive housing units to serve homeless individuals who also have a serious mental illness.

It is, THEREFORE, staff's recommendation that the Board support the Mental Health Services Act Fiscal Year 2015-16 Annual Update and Special Needs Loan Program.

Adrienne Yancey called the BHAB's attention to the Annual Update included as an attachment to this Action Item and summarized the changes incorporated since the last BHAB meeting.

Judith Yates suggested a BHAB presentation on overall housing needs and what the county has done incrementally in the past so that Board members can better understand the big picture and thus be in a better position to advise County staff on where future dollars should be spent.

ON MOTION of Judith Yates, seconded by John Sturm, the BHAB voted to support the Mental Health Services Act Fiscal Year 2015-16 Annual Update and Special Needs Loan Program as stated above.

AYES: All

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

VII. ACTION ITEM – BHAB/BHS Staff Submission of the 2015 Data Notebook to the California Mental Health Planning Council (T. Lang)

The California Mental Health Planning Council (CMHPC) has requested the Behavioral Health Advisory Board (BHAB), with assistance from Behavioral Health Services (BHS), to complete an annual survey of mental health services in the County of San Diego. This survey, known as the *2015 Data Notebook*, is designed to meet three specific goals:

1. Assist local boards meet their legal mandates to review the local county mental health services and report on performance every year;
2. Function as an educational resource about mental health data for local boards, and;
3. Enable the CMHPC to fulfill its mandate to review and report on the public mental health system in our state.

The CMHPC serves under the umbrella of the Department of Health Care Services (DHCS) and must fulfill certain legal mandates to report on the public mental health system each year. This year, the *2015 Data Notebook* focuses on two areas: alternatives to involuntary or locked facilities and substance abuse services. BHS has completed the majority of the information requested in the *2015 Data Notebook* by answering general questions on services provided, reporting client outcomes, completing statistical and demographic data, etc.

To complete the survey, BHS is requesting input from BHAB on three key questions to be presented and discussed at today's Board Meeting:

1. Question 7 – Describe unmet needs (page 11)
2. Question 8 – Suggest top three priorities to address urgent mental health needs (page 11)
3. Question 13 – Identify four factors most essential to client success in Substance Use Disorder (SUD) recovery (page 20)

The BHAB will refer to Attachment A, San Diego County *Data Notebook 2015* for California Mental Health Boards and Commissions, to review questions in their entirety along with suggested answers from BHS Staff. Upon consensus of final answers of these three questions, BHS will submit the final report to CMHPC.

IT IS, THEREFORE, staff's recommendation that the Board approve the BHAB/BHS Staff submission of the 2015 Data Notebook to the California Mental Health Planning Council.

ON MOTION of John Sturm, seconded by Rick McGaffigan, the BHAB voted to approve the BHAB/BHS staff submission of the *Data Notebook 2015* to the California Mental Health Planning Council as stated above, along with the following amendments:

- Question 7: add one additional sentence to read: "Need resources to address opioid dependence in seniors and dual diagnosis."
- Question 8: in the order of the top 3 priorities: make "additional supervised living options" as the top priority
- Question 13: of the four essential factors listed, change 1. to read "maintain clean and sober living through case management services"; 2. to read "employment support through job readiness"; combine 3. and 4. to read "facilitate a change in the person's culture, to build new relationships, routines, patterns not linked to alcohol or drug use, and provide community support such as peer support mentors"; and add as a new item: "sustainable housing and housing incentives" and "FSP or wraparound services for individuals in recovery."
- Question 14: look at page 12 of the MHSA Annual Update to see if there is any language to include.

AYES: All

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

VIII. PRESENTATION – Pathways to Well-Being/Katie A. (Y. Koenig, C. Palatella, S. Pauter)

Alfredo Aguirre introduced Cathy Palatella, Assistant Deputy Director of Child Welfare Services, Yael Koenig, BHS Deputy Director of Children, Youth and Family System of Care, and Sara Pauter from Family and Youth Roundtable.

PowerPoint: Pathways to Well-Being (also known as Katie A. settlement agreement). Pathways to Well-Being has to do with how the county can do better in serving children in the foster system and, specifically, making sure that all kids who enter the foster system get screened to determine if they have mental health needs, and if they do have mental health needs, that we provide them with appropriate treatment. The presentation covered who is Katie A., summarized the lawsuit and settlement agreement, local implementation, data and next steps.

IX. PRESENTATION – System of Care Overview (A. Aguirre)

Due to time constraints, this item will be covered at the October BHAB meeting.

X. SUMMARY OF DASHBOARD INDICATORS TRAINING (J. Mendel)

Due to time constraints, this item will be covered at the BHAB retreat in October.

XI. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- Alfredo summarized the issue regarding the San Diego Union-Tribune article and follow-up editorial on the County's MHSA Fund, which expressed criticism that the county is amassing dollars while unmet needs are not addressed. Hard copies of the investigative report and editorial were distributed to BHAB members. Alfredo Aguirre briefly explained the factors involved in the MHSA reserves and how these resources are allocated. An Op-Ed rebuttal was submitted to the Union-Tribune but was rejected with the recommendation that the county instead submit a pared-down version as a Letter to the Editor. BHAB members will be sent electronic copies of the Op-Ed along with a link to the Letter to the Editor. Staff will also send the information to our community stakeholders as well as the link to the locations of our MHSA Community Planning Forums.
- Reminder that Saturday, September 12, is the Recovery Happens event at Balboa Park.

XII. CHAIRPERSON'S REPORT – Tom Behr, Behavioral Health Services Advisory Board Chair

- The BHAB Fall Retreat is still on schedule for Saturday, October 10, at Behavioral Health Services, 9:00 am-1:00 pm.

- Discussion was held on sharing of the BHAB roster. By a show of hands, BHAB members did not have a concern with sharing a list of phone numbers and emails among each other. Traci will reach out to members not in attendance prior to distributing the list.

XIII. ADVOCATE REPORTING

- Written Reports – a copy of the Open Data Advocate Report by Jerry Hall was included in BHAB packets.
- Colin MacKinnon distributed a flyer with the list of Peer Liaison monthly meetings throughout San Diego County and encouraged other BHAB members to attend a meeting in their respective area.

XIV. BOARD MEMBER ANNOUNCEMENTS

- K.C. Strang called attention to pending legislation on six tobacco control bills. Distributed handout with summaries of the bills.

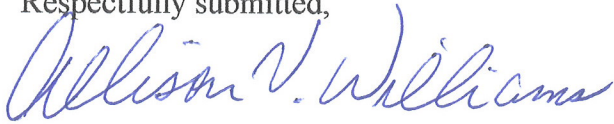
XV. MEETING ADJOURNMENT

ON MOTION of Jenifer Mendel, seconded by Phil Deming the meeting adjourned at 6:03 p.m.

AYES: All

Brown Act Procedure: As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.

Respectfully submitted,



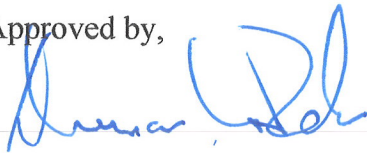
Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Thomas L. Behr, Chairperson
Behavioral Health Advisory Board

**For BHAB documents, agenda, minutes and Director's Reports, please read or download from
the Network of Care Behavioral Health Advisory Board at:**

<http://sandiego.networkofcare.org/mh/content.aspx?id=257>