



LIVE WELL
SAN DIEGO

April 7, 2016
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
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MEMBERS PRESENT

Eyra Leeper – District 1
Joel San Juan – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Michael Matthews – District 2
Jenifer Mendel, 1st Vice Chair – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Ed Weiner – District 3
Jerry Hall – District 4
John Sturm, 2nd Vice Chair – District 4
Judith Yates – District 4
Phil Deming, Chair – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5

MEMBERS NOT PRESENT

Vanessa Mapula – Member-at-Large – District 1
Julie Martin – District 3
Tom Behr – District 4
Supervisor Dave Roberts – BOS

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Phil Deming, Chairperson, at 3:35 pm at the County Administration Center, Room 302-303, 1600 Pacific Highway, San Diego, California 92101.

II. INTRODUCTION OF BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3. A warm welcome was given to Joel San Juan, the newest BHAB member. Joel served as the Chief Executive Director of Operation Samahan Community Health Centers for 26 years, stepping down in July 2015. He noted he is not ready to withdraw from community service and welcomes being appointed to the BHAB.

III. ACKNOWLEDGEMENT OF SERVICE: DR. GLORIA HARRIS (A. Aguirre)

Dr. Gloria Harris, a longtime member of the Mental Health Board and the Behavioral Health Advisory Board, is resigning her position effective this meeting to attend to personal family matters as well as co-author a book on "Remarkable Women of San Diego," which will be out in the fall of 2016. Alfredo Aguirre gave a few highlights of both her illustrious career as well as the 10 years she's served on the Boards. Dr. Harris received her Doctorate in Psychology from the University of Washington. She was appointed by Supervisor Pam Slater-Price to the Mental Health Board in 2006 and to the Behavioral Health Advisory Board by Supervisor Dianne Jacob in 2015. On behalf of the BHAB, Alfredo Aguirre presented

Dr. Harris with a Certificate of Appreciation. Her commitment, energy, sense of humor, and insight will be greatly missed.

IV. APPROVAL OF THE MINUTES – MARCH 3, 2016

ON MOTION of Jenifer Mendel, seconded by Mike Matthews, the BHAB approved the minutes of March 3 with the following change: remove Joel San Juan who was erroneously listed as present.

AYES: 12 NAYS: 0 ABSTENTIONS: 2

V. PUBLIC COMMENT FOR ITEMS OTHER THAN ACTION ITEMS

- Valerie Sanfilippo, SSI caregiver and payee for her bi-polar, schizoaffective father and son, came before the BHAB to draw attention to the needs of offenders who are mentally ill. She highlighted the plight of her mentally ill son and his experiences to date trying to get treatment inside and outside the prison system.
- Helen Gomes, NAMI Support Group Facilitator and family member, came before the BHAB to present her concerns for loved ones with serious mental illness. She outlined her concerns in a handout that was given to the BHAB.
- Mary Liem from Mental Health America's Visions Clubhouse came before the BHAB to address the shortage of Peer Specialist staff at the Clubhouse. Homeless individuals make up 21-25% of the membership. The Clubhouse also has new members with co-occurring drug and alcohol issues. Mary noted that the Clubhouse has a great need for more Peer Specialist staff with experience serving and supporting the homeless, individuals on probation and parole, those requiring support with overcoming substance abuse, obtaining SSI and housing, and those undergoing painful medical conditions while they await appointments for medical care.
- Carol Neidenberg from the Consumer Center for Health Education and Advocacy (CCHEA) and Legal Aid Society briefly summarized the Traffic Amnesty Program. Fliers were left for distribution. Carol also announced a free training taking place April 22, 11:30 am – 2:00 pm at 211 San Diego on how to help people with psychiatric disabilities use fair housing laws to remain living in the community. Fliers with more information were left for distribution.

VI. PRESENTATION – School-Based Behavioral Health Services (Y. Koenig/J. McPherson)

Yael Koenig, Deputy Director for Behavioral Health Services Children, Youth and Families (CYF), presented a PowerPoint on "Mental Health Treatment in Schools." The presentation covered the following areas:

- Children, Youth and Families System of Care Vision
- Partnerships and Cross Systems Collaboration
- Coordinated System of Care
- Children, Youth and Families Continuum
- FY14-15 Cross System View
- Children, Youth and Families Mental Health Treatment (Most Common Diagnoses)
- Schools
- School-Based Services through County Mental Health
- Schools and Mental Health
- Utilization Management (Short-term Outpatient Treatment Model)
- Kids Are Getting Better (Outcome Measures)
- Satisfaction Surveys
- Funding

Copies of the CYF Provider Resource Manual were distributed to the BHAB.

Julie McPherson, Vice President of Child, Youth, and Family Services for Community Research Foundation, presented a PowerPoint entitled "Community Research Foundation (CYF) - Douglas Young

Youth and Family Services (DYYFS)." DYYFS is a program funded by the Health and Human Services Agency, Behavioral Health Services. The presentation covered the following areas:

- Who We Serve
- DYYFS School-Based Services
- School-Based Children & Youth Served
- Services Provided
- Treatment Modalities
- Benefits of School-Based Services

VII. PRESENTATION – BHS Cultural Competence Plan Overview (Dr. P. Garcia/T. Lang)

Dr. Piedad Garcia, Deputy Director for Behavioral Health Services Adult and Older Adult Systems of Care, and Tabatha Lang, Chief of Behavioral Health Services Quality Improvement, presented a PowerPoint on "Cultural Competence Plan Overview." Dr. Garcia began with an overview of the Cultural Competence Plan, and Tabatha Lang followed up with an overview of some of the outcomes and findings included in the Cultural Competence Plan as well as the cultural competence requirements of the programs that contract with Behavioral Health Services. The presentation covered the following areas:

- Primary Focus of the Plan
- Commitment to Cultural Competence
- Identified San Diego County Behavioral Health Services Disparities
- Select Programs Serving Diverse Children, Youth and Families Populations
- Select Programs Serving Diverse Adult and Older Adult Populations
- Recent Innovation Initiatives
- Program Requirements
- Culturally and Linguistically Appropriate Services (CLAS) Standards
- Training Activities
- BHS Technical Resource Library (TRL)

VIII. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- Patient Advocate Updates (Mike Phillips, Director of Patient Advocacy, Jewish Family Service)
 - Mike Phillips provided an update on JFS activities to date. JFS provides advocacy for all the San Diego County residential and acute inpatient settings where mental health services are provided, i.e., adult residential board and care, San Diego County Psychiatric Hospital, crisis centers, group homes, long term care facilities, safe haven facilities, and most recently skilled nursing facilities. JFS works in partnership with Carol Neidenberg and CCHEA, the agency that works with patient advocacy through the outpatient system.
- MHSA Update/Timeline (Adrienne Yancey Coordinator for Behavioral Health Services Mental Health Services Act (MHSA))
 - Adrienne Yancey updated the BHAB on upcoming activities. Each year the County is required to develop an update on how the County is spending MHSA funds. The update for fiscal year 2016-17 will be released for public comment on May 2, and the BHAB will receive the update at the May 5 meeting, followed by the public hearing scheduled for the June 2 BHAB meeting. The Annual Update will then go before the Board of Supervisors on July 19.
- San Diego County was honored earlier this afternoon by the College of Behavioral Health Leadership that had its first annual summit on the West Coast April 6-8. The County's *Live Well San Diego* initiative won the Innovators Award, and it was presented to the Health and Human Services agency at an awards luncheon held during the summit. Nick Macchione, Health and Human Services Agency Director, and Alfredo Aguirre, Behavioral Health Services Director, were present to receive the award.
- Alfredo Aguirre reminded BHAB that the NAMI Walk featuring the Health and Human Services Wellness Expo is taking place Saturday, April 30, at Liberty Station NTC Park. These events kick off May is Mental Health Month. Fliers with more information were left for distribution.

- CalMHSA is sponsoring a "Walk in Our Shoes" campaign around issues of youth mental health and bullying targeted to 9- to 13-year-olds. The show will take place April 19 at Warner Springs Elementary in Warner Springs, which is in Supervisor Bill Horn's District. More information will be sent out to the BHAB.

IX. CHAIRPERSON'S REPORT – Phil Deming, Behavioral Health Services Advisory Board Chair

- Drug Medi-Cal (DMC) Implementation Workgroup Update
 - An informational handout was included in the BHAB Supplemental packet listing the DMC Workgroup members and giving the background and summary of the Workgroup's purpose, structure, and term. Judith Yates will serve as Chair, and the other members include Eyra Leeper, Colin MacKinnon, Jenifer Mendel, and Rick McGaffigan.
- BHAB Annual Report
 - A draft of the BHAB was sent to all BHAB members for their review and input prior to the report being disseminated.
- Tour of Downtown Jail/Booking Unit – April 12
 - A total of five BHAB members and County BHS staff have been vetted and will be attending this tour. If other BHAB members are interested in touring the facility, Traci Finch can arrange for another tour sometime this summer.
- Behavioral Health Recognition Dinner
 - The annual Behavioral Health Recognition Dinner will be held June 10 at the San Diego Marriott Mission Valley. BHAB members are encouraged to attend.
- Focus for May BHAB meeting
 - Changes in advocate assignments and positions will be one of the topics for the June BHAB meeting.

X. ADVOCATE REPORTING

- Jerry Hall – Open Data Report
 - Handout included in BHAB Supplemental Packet: "Building Better Health – Living Safely – Thriving Through Open Data Policies and Practices"

XI. BOARD MEMBER ANNOUNCEMENTS

- Phil Deming announced that the San Diego Police Department will give a presentation to the BHAB at the July meeting. Any questions BHAB members would like to pose to the police department should be sent to Traci Finch by the May meeting. Traci will then submit the questions to the presenters to give them time to review for inclusion in their presentation.
- Directing Change student videos on suicide prevention will be presented again to the BHAB at the June meeting. Phil Deming noted that the BHAB had a valuable and enjoyable experience at last year's presentation. This year, brand new videos have been created and submitted by students through the schools, and the BHAB would like to recognize and support their efforts once again. The plan is to have a regular, shortened BHAB meeting first, and then the last hour would be reserved for viewing the videos that made it to the final round. Light refreshments will be provided.
- Rebecca Hernandez announced that May 14 is the Annual Open House at the juvenile detention facility for the County. Also, this past Tuesday the Senate Caucus on International Narcotics Control held a hearing on the Department of Justice collecting data on the harms of marijuana legalization and what that is looking like in the states that have violated Federal law. Specifically addressed were the harms to children in Denver since the legalization of marijuana. Rebecca will forward the link of the hearing to Traci Finch to send out to the BHAB.
- Jenifer Mendel and Mike Matthews attended the San Diego County Wellness and Recovery Summit held March 17. The Summit was well attended with lots of great resources; however, two areas that were not addressed as thoroughly as they could have been were information on older adults and youth.

- John Sturm mentioned that he was in Sacramento for a training last weekend where he had the opportunity to speak to Laura's mother of "Laura's Law" on San Diego County's IHOT program and Laura's Law initiative. She seemed very appreciative of the programs San Diego County has put into place, and John will give more details of his chat with her at next month's BHAB meeting.
- K.C. Strang gave a brief legislative update. About a month ago the State Legislature passed six significant tobacco control and reduction bills that will be going before the Governor. Indications are that they will be signed into law. One of the bills increases the age for tobacco purchase from 18 to 21, and in another bill e-cigarettes and vaping products are now defined as tobacco products and will be regulated as such. A handout summarizing each of the six bills was distributed.

XII. MEETING ADJOURNMENT

ON MOTION of John Sturm, seconded by Jenifer Mendel , the meeting adjourned at 6:10 p.m.
AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Phillip R. Deming, Chairperson
Behavioral Health Advisory Board