



January 7, 2016
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Vanessa Mapula – Member-at-Large – District 1
Eyra Leeper – District 1
Gloria Harris, Ph.D. – District 2
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Jenifer Mendel, 1st Vice Chair – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Jerry Hall – District 4
John Sturm, 2nd Vice Chair – District 4
Judith Yates – District 4
Phil Deming, Chair – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5
Supervisor Dave Roberts – BOS

MEMBERS NOT PRESENT

Michael Matthews – District 2
Julie Martin – District 3
Ed Weiner – District 3
Tom Behr – District 4

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Phil Deming, Chairperson, at 3:38 p.m. at the County Administration Center, Room 302-303, 1600 Pacific Highway, San Diego, California 92101.

II. INTRODUCTION OF THE BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3.

III. APPROVAL OF THE MINUTES FROM DECEMBER 3, 2015

ON MOTION of John Sturm, seconded by Gloria Harris, the BHAB approved the minutes as written.
AYES: All

IV. PUBLIC COMMENTS FOR ITEMS OTHER THAN ACTION ITEMS

None

V. ACTION ITEM – Medical Services Group Board Letter (A. Aguirre, Dr. M. Krelstein)

The County of San Diego provides a comprehensive array of mental health services, medical and clinical care for children, youth, families, adults, and older adults. Services are provided through County operated outpatient clinics, the San Diego County Psychiatric Hospital (SDCPH), Edgemoor Distinct Part Skilled Nursing Facility (DPSNF), and the Emergency Screening Unit (ESU). Services include psychiatric

evaluation, crisis intervention-oriented acute and subacute treatment, and care for internal medicine or family practice medicine clinicians.

Due to the current salary structure, Health and Human Services Agency (HHSA) continues to have difficulty recruiting, hiring and retaining psychiatrists, physicians and clinicians. The Department of Human Resources has undertaken several steps to fill vacant positions, however, staff positions remain vacant for long periods as HHSA does not have a competitive advantage when hiring for these classifications. As a result, HHSA has relied on several locum tenens agencies to provide temporary psychiatric, medical and clinical coverage due to staff vacancies, leaves of absence, and increased staffing needs. The reliance on temporary healthcare professionals has resulted in a workforce with a high turnover rate, increasing the potential risks to the safety of both patients and staff, and to the County of San Diego.

Board of Supervisors authority will be sought on January 26, 2016 for the competitive solicitation of a Medical Services Group to provide continuous mental health services and medical care using a stable workforce to ensure a consistent and standardized quality of care for residents of San Diego County.

It is, THEREFORE, staff's recommendation that the Board support the above action in an effort to deliver a more consistent level of patient care across HHSA facilities.

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

ON MOTION of John Sturm, seconded by Jenifer Mendel, the BHAB voted to accept staff's recommendation to support the above action as noted, with discussion.

AYES: 11 NAYS: 0 ABSTENTIONS: 2

VI. ACTION ITEM – Mid-Year Enhancement Board Letter (A. Aguirre, H. Salazar)

In a series of actions since 1999, the Board of Supervisors has approved initiatives to redesign and implement an expanded continuum of comprehensive behavioral health care for children, adolescents, adults, older adults and families. In pursuit of these initiatives, the Board of Supervisors has approved the procurement of contracted services.

Board of Supervisors authority will be sought on January 26, 2016, to allow the expansion of current services, and associated increases to further this Fiscal Year, to continue implementing and enhancing the delivery of behavioral health services in San Diego County. Recommendations include:

1. Accept the report from the Behavioral Health Services on expanded mid-year mental health services, with a total annual funding increase in FY 15/16 of approximately \$5,800,000, subject to the approval of the Director, Health and Human Services Agency.
2. Subject to successful negotiations, approve an increase in annual funding to Vista Knoll (contract #521711) from \$625,720 to approximately \$1,000,000, as required, to meet critical and emergency service needs to the County's Behavioral Health Services, subject to approval of the Director, Health and Human Services Agency.

These actions align with priorities identified during the recent Behavioral Health Services (BHS) Community Engagement Forums and the creation of Health and Human Services Agency's Behavioral Health Services Ten-Year Roadmap, a call-to-action addressing the most serious behavioral health issues affecting the San Diego County.

It is, THEREFORE, staff's recommendation that the Board support the expansion of current services and associated increases to funding.

PUBLIC COMMENTS FOR ABOVE ACTION ITEM

None

ON MOTION of John Sturm, seconded by Judith Yates, the BHAB voted to accept staff's recommendation to support the above action as noted, with discussion.

AYES: 13 NAYS: 0 ABSTENTIONS: 0

DISCUSSION

BHAB Members expressed the need to be provided with data in order to make informed decisions on recommendations seeking Board support/approval. As noted, the triangulation of data is necessary to meet the needs of subpopulations, such as children in foster care, children with parents who are incarcerated, commercially and exploited children, etc. Alfredo Aguirre acknowledged the need for data-driven decisions and will work to incorporate in future presentations.

Other areas for future discussion include PERT, Suicide Prevention Workgroup Recommendations, and the North County Inland Long-term Residential Program.

VII. ACTION ITEM – Vote on Priorities of the Behavioral Health Advisory Board for 2016 (P. Deming)

Background

On October 10, 2015, the Behavioral Health Advisory Board (BHAB) held a Fall Retreat where each BHAB Member was asked to state a priority for consideration in 2016. The Behavioral Health Services (BHS) Director, Alfredo Aguirre, shared priority issues on the horizon for BHS in 2016. All responses were recorded and subsequent discussions were held by the BHAB Executive Committee at the November and December meetings. On December 3, 2015, the BHAB Executive Committee concluded the majority of priority issues stated by BHAB Members aligned with priorities stated by Mr. Aguirre in the following categories:

1. Drug Medi-Cal Plan Implementation (Alfredo Aguirre)
 - a. Augment services to individuals in jails and prisons (Deanne George)
 - b. Increase Mental Health (MH) and Alcohol and Other Drug (AOD) services for teens (Rebecca Hernandez)
 - c. Increase capacity at Residential Recovery Centers and incorporate MH services (Vanessa Mapula)
 - d. Increase MH and AOD treatment services (Rick McGaffigan)
 - e. Develop oversight plan for methadone clinics (Jenifer Mendel)
 - f. Strive for shorter wait times for screenings, assessment and treatment (John Sturm)
2. Addressing the Homeless Crisis Countywide (Alfredo Aguirre)
 - a. Strive for better housing options / address preventative issues for Board and Care facilities to continue with licensing (Eyra Leeper)
 - b. Address homelessness with a provision for homeless Veterans (Ed Weiner)
3. Mental Health Services Act (MHSA) Spending Plan (Alfredo Aguirre)
 - a. Increase services for caregivers and families (Tom Behr)
 - b. Stay informed on Laura's Law planning and Assisted Outpatient Treatment (AOT) implementation (Gloria Harris)
 - c. Increase MH and AOD services for teens (Rebecca Hernandez)

- d. Strive for better housing options / address preventative issues for Board and Care facilities to continue with licensing (Eyra Leeper)
 - e. Increase capacity at Residential Recovery Centers and incorporate MH services (Vanessa Mapula)
 - f. Increase MH and AOD treatment services (Rick McGaffigan)
 - g. Strive for shorter wait times for screenings, assessment and treatment (John Sturm)
 - h. Address homelessness with a provision for homeless Veterans (Ed Weiner)
 - i. Perform continuum of care gap analysis (Judith Yates)
4. Alcohol and Other Drug (AOD) Prevention Plan (Alfredo Aguirre)
- a. Address alcohol licensing enforcement and related community issues (Jerry Hall)
 - b. Increase MH and AOD services for teens (Rebecca Hernandez)
 - c. Move toward the legalization of marijuana (Colin MacKinnon)
 - d. Increase MH and AOD treatment services (Rick McGaffigan)
 - e. Support, facilitate and advocate for environmental Alcohol, Tobacco and Other Drugs (ATOD) prevention policies (K.C. Strang)
 - f. Perform continuum of care gap analysis (Judith Yates)
5. Additional Priorities
- a. Support data collection, open data policies and public reporting – it was determined this priority would be led by the current Open Data Advocate, Jerry Hall.
 - b. Continue the development of BHAB, its structure, and its processes – at this time, BHAB Executive Committee members will accept responsibility of this priority.

ON MOTION of Colin MacKinnon, seconded by John Sturm, the BHAB voted to amend item 4c to read:
Examine any action that seeks to legalize recreational use of marijuana, considering the serious impact it may have on AOD funding, treatment, and recovery programs

AYES: 13 NAYS: 0 ABSTENTIONS: 0

ON MOTION of Jenifer Mendel, seconded by Supervisor Dave Roberts, the BHAB voted on the above priority areas of focus for the 2016 calendar year.

AYES: 13 NAYS: 0 ABSTENTIONS: 0

DISCUSSION

Supervisor Dave Roberts discussed the need to prepare for the potential challenges with the legalization of recreational marijuana on the November 2016 ballot. Of concern is the correlation between legalizing marijuana and sex trafficking, as well as the increase in people with mental illness. The consensus of the BHAB is to take a proactive approach on this issue in the coming months.

VIII. PRESENTATION – Homeless and Housing Initiative (P. Garcia)

Dr. Piedad Garcia, Deputy Director of Behavioral Health Services Adult and Older Adult Systems of Care, presented a PowerPoint on “Homeless and Housing Initiative.” Points covered in the presentation included:

- Historical overview
- County-wide subsidies
- Homeless Data for FY 13/14
- Housing Summary of Enrolled Clients
- Veterans Data for FY 13/14
- Prevention and Early Intervention efforts for Veterans
- Homeless Expenditure Funding Matrix for FY 13/14

IX. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- Alfredo called attention to the “Final Recommendations of the Suicide Prevention Workgroup” summary document included in BHAB packets as an informational item.
- MHSA Spending Plan Update
 - 30-day review to be initiated on March 3, 2016.
- Laura's Law / Assisted Outpatient Treatment Update (P. Garcia)
 - Telecare Corp was the contractor selected via the Source Selection Process. The contract was executed on January 1, and the first client is anticipated by April, pending staffing.
 - BHS staff is currently meeting regularly with Telecare to address start-up, clinicians, training, etc.
 - Staff met with Judge Stone from San Diego Superior Court to discuss any areas of concern.
 - The County is drafting the Memorandum of Understanding with Superior Court, District Attorney, Public Defender, Sheriff, etc.
 - Development of a Steering Committee is in process with the goal of meeting monthly with contractors and partners to ensure implementation is on track.
 - Working on media/communication strategy to discuss next steps and answer questions.
 - Data to be collected for comparison to previous year.
- Crisis Residential in Escondido
 - The roof is up, and the facility is on schedule to be completed before June.
- Storm Damage, San Diego Psychiatric Hospital/Health Services Complex
 - The roof was breached due to storm at the Health Services Complex at Rosecrans; looking at restoration for that part of the facility.
 - In the meantime, no services are being offered at this time. Pharmacy and Medical Records are working in an open unit at the psychiatric hospital.
 - Outpatient medications are being distributed utilizing the Mobile Book Mobile.
 - There has been no disruption to inpatient services.

X. CHAIRPERSON'S REPORT – Phil Deming, Behavioral Health Services Advisory Board Chair

- Ethics Training
 - BHAB members must complete the Ethics Training to remain in compliance.
- Advocates
 - As Advocate Reporting is a standing item on the BHAB agenda, advocates are encouraged to regularly attend their designated council/community meeting to give input on behalf of the BHAB and in turn report back to the BHAB at each meeting.

XI. ADVOCATE REPORTING

None

XII. BOARD MEMBER ANNOUNCEMENTS

- John Sturm announced that opponents to the Assisted Suicide Law were not successful in meeting the required number of signatures to oppose the implementation of the law.
- Gloria Harris announced that an educational event, “Substance Abuse Disorder in My Family,” will be held Thursday, January 21, 5:30-8:30 p.m., at Congregation Beth Israel. The event is sponsored by Jewish Family Service, and Marti Emerald will be the moderator of the panels.
- Supervisor Dave Roberts mentioned that County Grant Cycles is open to non-profits for educational programs. Two upcoming seminars will be held January 21 in Encinitas and January 29 in Escondido.
- Phil Deming reminded the BHAB that the February meeting will include discussion for potential workgroups in 2016 to assist with on-going priorities.
- Jerry Hall announced that Open San Diego, one of 33 Code for America Brigades, has new money for health-related projects. Please contact Jerry if interested in additional funding needs.

XIII. MEETING ADJOURNMENT

ON MOTION of Phil Deming, seconded by Judith Yates, the meeting adjourned at 6:08 p.m.

AYES: All

Brown Act Procedure: As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.

Respectfully submitted,



Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Phillip R. Deming, Chairperson
Behavioral Health Advisory Board

For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:
<http://sandiego.networkofcare.org/mh/content.aspx?id=257>