



LIVE WELL
SAN DIEGO

July 7, 2016
Behavioral Health Advisory Board
Meeting Minutes

P.O. BOX 85524
San Diego, CA 92186-5524
(619) 563-2700 • FAX (619) 563-2775/2705

MEMBERS PRESENT

Eyra Leeper – District 1
Joel San Juan – District 1
Rebecca Hernandez, Member-at-Large (ADS) – District 2
Jenifer Mendel, 1st Vice Chair – District 2
Deanne George – District 3
Colin MacKinnon – District 3
Ed Weiner – District 3
Tom Behr – District 4
Jerry Hall – District 4
John Sturm, 2nd Vice Chair – District 4
Judith Yates – District 4
Phil Deming, Chair – District 5
Richard McGaffigan – District 5
K.C. Strang – District 5
Supervisor Dave Roberts – BOS

MEMBERS NOT PRESENT

Michael Matthews – District 2
Julie Martin – District 3

STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD

Alfredo Aguirre, Director, County Behavioral Health Services Division
Traci Finch, Administrative Analyst III, County Behavioral Health Services Division

I. CALL TO ORDER

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Phil Deming, Chairperson, at 3:33 pm at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302/303.

II. INTRODUCTION OF BOARD MEMBERS

Members of the BHAB introduced themselves. Also in attendance was Janie Hoover, Policy Advisor to Supervisor Dave Roberts, District 3.

III. APPROVAL OF THE MINUTES – JUNE 2, 2016

ON MOTION of Joel San Juan, seconded by John Sturm, the BHAB approved the minutes of June 2 as written.

AYES: 14 NAYS: 0 ABSTENTIONS: 0

IV. PUBLIC COMMENTS

Colin MacKinnon, BHAB member and member of the recovering community, came before the BHAB to share an email he received regarding an individual who completed suicide. The sender described a person who had been sober for 20 years, a member of a 12-step program for over 30 years, and characterized as a stern and rigid man with a diagnosis of senile dementia and cancer. The sender stressed the need to understand the disease thoroughly and the toll it can take on an individual. He

described the disease as not needing alcohol for a tragic end. The sender emphasized the need to properly treat the disease and successful completion of a program for recovery.

V. PRESENTATION – Updates from San Diego Police Department

Lieutenant Carole Beason, San Diego Police Department, and Dr. Mark Marvin, Psychiatric Emergency Response Team (PERT), provided the updates and clarifications for the following:

- Jurisdictions for the City of San Diego and the State of California
 - City of San Diego, jurisdiction begins at the border and goes up North of Lake Hodges.
 - County of San Diego, Sheriff's Department provides contract law enforcement for areas with no police department, such as, Santee, Poway, and Lakeside. Sheriff's Department also provides services to unincorporated (non-city) areas.
 - State, California Highway Patrol has jurisdiction through the entire state.
 - Federal, jurisdictions includes FBI, DEA, and Border Patrol.
 - In the State of California, anyone involved in law enforcement has jurisdiction in the entire State.
- Incidence reports/crisis calls
 - Recent data and trends
 - Officer training on assisting the behavioral health population

Due to lack of time, BHAB members were directed to submit any questions to Traci Finch.

VI. ACTION ITEM – MHSA Annual Update / Ten Year Roadmap Board Letter (Alfredo Aguirre)

Alfredo Aguirre, Director, County Behavioral Health Services (BHS) provided a presentation on the Mental Health Services Act (MHSA) Fiscal Year 2016-17 Annual Update including the addition of language related to Whole Person Wellness and Justice System Updates. Strategic Framework of the Ten Year Roadmap was also provided, outlining priorities with short, mid and long term strategies to guide us in the next planning process.

On July 19, 2016, BHS will appear before the Board of Supervisors to request acceptance and approval of the MHSA Annual Update Fiscal Year 2016-17. The County of San Diego is in the third year of implementing an integrated MHSA three-year program and expenditure plan. It incorporates all five MHSA components and provides expenditure projections for each component per year. The MHSA Fiscal Year 2016-17 Annual Update contains increased funding for programs identified through a stakeholder input process and modifications to the Fiscal Year 2016-17 expenditure plan originally proposed in the Plan. The majority of services listed are a continuation of programs previously approved by the Board of Supervisors and stakeholders.

The Annual Update also assigns \$1.1 million in unencumbered funds on deposit with California Housing Finance Agency (CalHFA) to be transferred to their new Special Needs Housing Program (SNHP) to develop new permanent supportive housing units. The proposed total expenditures for Fiscal Year 2016-17 are \$182,226,222.

In addition, BHS will seek acceptance for the Ten Year Roadmap. The goal of the Roadmap is to work in partnership with our communities to provide quality behavioral health services, guide BHS to achieve key results, guide funding decisions (including MHSA spending), and assist BHS in measuring progress toward meeting priorities. The Roadmap will be updated annually based on factors that may impact the ability to respond to each priority provided.

It is, THEREFORE, staff's recommendation that the Board support the acceptance of the Mental Health Services Act Fiscal Year 2016-17 Annual Update (which includes participation in the new CalHFA Special Needs Housing Program) and the Ten Year Roadmap.

DISCUSSION

- Joel San Juan asked if we have the full support by the Board of Supervisors.
 - Alfredo Aguirre noted funding involved in these enhancements is already in the Operational Plan which has been approved by the Board of Supervisors. He is confident we will receive their support. The Annual Update describes our progress and allows us to elaborate on our enhancements; however, it has to be approved by the Board of Supervisors.
- Jerry Hall asked if metrics could be provided with presented data in order to make informed contributions, i.e., real numbers, real milestones.
 - Alfredo Aguirre explained the goal of the Community Forums is to help establish specific outcomes in ten years. He encouraged members to suggest metrics or parameters that can help to meet the needs of the community.
 - Building on Jerry Hall's comment about data, Richard McGaffigan noted the benefits in providing follow-up evaluations of these programs in order to accurately enhance them.
- Rebecca Hernandez asked about the Ten Year Roadmap priority Collaboration with Schools. What will be done within the 10 year period to bridge relationships with HHSA and the School Districts?
 - Alfredo Aguirre noted the Agency has already started this process and has a consultant working with all the school districts on how to operationalize the goals of Live Well San Diego. In addition, BHS staff will meet with key district representatives to enhance relationships.
- Jenifer Mendel asked about the Ten Year Roadmap priority Collaboration with Public Safety, specifically the short term goal to "Develop and implement a co-occurring treatment program to support youth placed in a residential program being established through Public Safety." What will that look like?
 - Alfredo Aguirre noted the lack of co-occurring residential treatment programs. BHS is working with Child Welfare Services, Probation, and the Court to establish a program in San Diego. BHS is also looking at the benefit with Drug Med-Cal funding (30 days).
- John Sturm asked for clarification with the Workforce Education and Training (WET) funding related to Mental Health Career Pathway Programs enhancements. Specifically, \$325,000 for Peer Specialist Training and \$75,000 for Public Health Work Certificate of Achievement Program. Are these true enhancements or old WET funds?
 - Lauren Chin, WET Coordinator clarified that a number of the WET programs are now self-sustaining. The Peer Specialist Training was slated to end. Therefore, \$325,000 was a new allocation transferred over from Community Services and Supports. The Public Work Certificate of Achievement Program is almost self-sustaining; the \$75,000 is to fund the portion that could not be sustained by the community college and will allow the program to continue. Other WET programs that are self-sustaining include the Community Academy at Alliant University and Health Sciences High at Middle College. A number of the stipend programs are not continuing as there are State resources.
- Due to the large document and large action item presented, Judith Yates expressed the need to further discuss the Ten Year Roadmap, noting information was only received a day prior, and item had not been previously discussed or debated. Judith asked for a formal amendment to the Action Item; removing the Ten Year Roadmap.
 - Jerry Hall and Phil Deming concurred information had only been received a day prior.
 - Colin MacKinnon asked if the Roadmap could be approved as a draft. Alfredo noted the Ten Year Roadmap is a compilation of community and stakeholder input and will evolve.
 - Holly Salazar, Assistant Director, Departmental Operations, noted the Ten Year Roadmap sets the strategic framework and is a compilation of community forums meant to guide us in the next planning process. In addition, in the upcoming community planning process we are going to engage a consultant for a BHS system-level analysis and help develop those data driven decisions.
 - Supervisor Roberts informed the group of his push to create the Ten Year Roadmap due to the available MHSA funding available and existing priorities and encouraged BHAB to support this item.

After the above discussion, ON MOTION of Judith Yates, seconded Jerry Hall, an amendment to the original motion was proposed to remove the Ten Year Roadmap from the Board Letter Action Item to allow the BHAB more time to review the contents of the Ten Year Roadmap in greater detail prior to making a decision.

AYES: 3 NAYS: 10 ABSTENTIONS: 1

As the amendment to the motion was voted down, the BHAB resumed voting on the original Action Item as follows:

ON MOTION of John Sturm, seconded by Jenifer Mendel, the BHAB voted to support the acceptance of the Mental Health Services Act Fiscal Year 2016-17 Annual Update (which includes participation in the new CalHFA Special Needs Housing Program) and the Ten Year Roadmap.

AYES: 10 NAYS: 0 ABSTENTIONS: 4

PUBLIC COMMENT FOR ABOVE ACTION ITEM

None

VII. SPECIAL ELECTIONS – Vote to Fill BHAB Officer Vacancy (Phil Deming)

The BHAB voted to elect Judith Yates to the vacant Member-at-Large on the Executive Board.

AYES: 13 NAYS: 0 ABSTENTIONS: 1

VIII. DIRECTOR'S REPORT – Alfredo Aguirre, Behavioral Health Services Director

- Presentation of Suicide Prevention Workgroup Feasibility Report with Discussion (Holly Salazar)
As a result of the Suicide Prevention Workgroup, recommendations were developed to address challenges, identify gaps and develop ways to enhance efforts toward suicide prevention. Several of these recommendations were incorporated in the MHSA Annual Update and Ten Year Roadmap. The following is a summary of the ten recommendations identified as Full Implementation, Partial Implementation, or Feasible depending on resources:
 - Recommendation #1. Adopt Columbia Suicide Severity Rating Scale (C-SSRS) on a countywide basis. Partial Implementation.
 - Recommendation #2. Utilize the C-SSRS as the primary screening tool to all incoming prisoners and juveniles. Partial Implementation.
 - Recommendation #3. Enhance and expand psychiatric emergency response services. Partial implementation.
 - Recommendation #4. Expand child and adolescent psychiatric beds. Partial implementation.
 - Recommendation #5. Expanding funding for the suicide prevention advisory council to implement suicide prevention programs and activities. Partial Implementation.
 - Recommendation #6. Bolster senior services by pursuing the "village" concept in San Diego. Feasible depending on resources and additional research.
 - Recommendation #7. Create more outreach efforts for Veterans including peer-to-peer support. Full Implementation.
 - Recommendation #8. Enhance and expand suicide prevention resources for LGBTQ youth and TAY. Partial Implementation.
 - Recommendation #9. Increase funding for transportation services for senior citizens. Feasible depending on resources and additional research.
 - Recommendation #10. Expand crisis intervention services using text messaging to provide therapeutic feedback and referrals. Feasibility dependent upon resources and additional research.

Questions can be sent to Holly Salazar via Traci Finch at traci.finch@sdcounty.ca.gov. Full report can be accessed on the "Reports" page located on the Network of Care:

www.sandiego.networkofcare.org/mh

- State Updates
 - Whole Person Wellness application submitted to the State.
 - The House of Representatives has arrived at some consensus between both parties around mental health reform. The relieving of the IMD exclusion would allow for managed care plans, fifteen days of potential federal reimbursement.

IX. CHAIRPERSON'S REPORT – Phil Deming, Behavioral Health Services Advisory Board Chair

- The BHAB will go dark in August; next meeting is September 1.
- Appointment of the BHAB Nominating Committee will take place at next meeting. Interested members should respond by July 31 by contacting Traci Finch at traci.finch@sdcounty.ca.gov.
- Update on Fall Retreat Topics; to be discussed at next meeting.
- Health Services Advisory Board Retreat
 - Phil Deming and Judith Yates participated.
- California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) Annual Meeting.
 - Phil Deming represented the BHAB and was elected as a Director, with a service-term of one year. He was also asked to be the Chair of the Internal Audit Committee due to his background in accounting.
- Drug Medi-Cal Workgroup
 - Judith Yates reported on the June 30 meeting which focused on standards, terms and conditions (expectations for the County). The Workgroup has a better understanding of the response plan directly following the requirements of the State. September meeting to discuss Operational Plan should the County decide to opt-in.

X. ADVOCATE REPORTING

- Child and Youth Advocate Update (Rebecca Hernandez)
 - Handout distributed to BHAB members.
 - Members who are interested in resources for Teens and Substance Abuse may contact Rebecca directly.

XI. BOARD MEMBER ANNOUNCEMENTS

- Jenifer Mendel shared an email communication from President Obama Administration regarding Drug Poisoning Deaths in the State and his task on taking better control of prescription Opioids and Heroin epidemic. Contact Jenifer directly if interested in reading more about this topic.

XII. STAFF ANNOUNCEMENTS

- Live Well 5K on Saturday: July 30, 2016, beginning at 7:00 a.m. at Waterfront Park.
- Recovery Happens Celebration: Saturday, September 17, 2016, 10:00 a.m. to 1:00 p.m. at Liberty Station.

XIII. MEETING ADJOURNMENT

ON MOTION of Tom Behr, seconded by Jenifer Mendel, the meeting adjourned at 6:00 p.m.

AYES: All

Brown Act Procedure: *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

Respectfully submitted,



Allison V. Williams, Secretary to the Director
Behavioral Health Services

Reviewed by,



Traci Finch, Administrative Analyst III
Behavioral Health Advisory Board Support Staff

Approved by,



Phillip R. Deming, Chairperson
Behavioral Health Advisory Board

For BHAB documents, agenda, minutes and Director's Reports, please read or download from the Network of Care Behavioral Health Advisory Board at:
<http://sandiego.networkofcare.org/mh/content.aspx?id=257>