



County of San Diego

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October 27, 2017

TO: Behavioral Health Advisory Board (BHAB)

FROM: Alfredo Aguirre, LCSW, Director
Behavioral Health Services

BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – NOVEMBER 2017

1. ACTION ITEM(S):

1.1 BEHAVIORAL HEALTH SERVICES' MULTI-YEAR CONTRACT FOR SUBSTANCE USE DISORDER SERVICES FOR FISCAL YEAR 2017-18 THROUGH FISCAL YEAR 2019-20 BOARD LETTER

The California Department of Health Care Services (DHCS) provides funding to counties in California for alcohol and drug services through the Substance Use Disorder Services Contract that is renewed every three years. On January 6, 2015 (6), the Board of Supervisors approved a multi-year contract for Fiscal Years (FY) 2014-15 through 2016-17 to cover non-Drug Medi-Cal and Drug Medi-Cal substance use treatment services. Effective FY 2017-18, the multi-year contract will be issued separately to cover Drug Medi-Cal and non-Drug Medi-Cal substance use treatment services respectively. This new three-year contract only covers Drug Medi-Cal substance use treatment services and federal and State funding reimbursement. The multi-year non-Drug Medi-Cal contract is planned for renewal in FY 2017-18 pending receipt of the State Contract. Revenue from this contract will be used to fund an array of alcohol and drug services included in the Health and Human Services Agency's Operational Plan for Drug Medi-Cal.

It is, THEREFORE, staff's recommendation that your Board support the request to authorize the Clerk of the Board to execute the multi-year Substance Use Disorder Services Contract with DHCS and accept funding for FY 2017-18 through 2019-20; and to execute any future amendments to the contract, subject to the approval of the Agency Director, Health and Human Services Agency.

1.2 BEHAVIORAL HEALTH SERVICES AUTHORIZATION FOR COMPETITIVE SOLICITATIONS; AMEND AUTHORIZATION OF PAYMENT TO CALIFORNIA MENTAL HEALTH SERVICE AUTHORITY BOARD LETTER

In a series of actions since 1999, the Board of Supervisors approved initiatives to redesign and implement an expanded continuum of comprehensive behavioral health care for children, adolescents, transition age youth, adults, older adults and families. In pursuit of these initiatives, the Board approved the procurement of contracted services.

Approval of today's recommended actions authorizes competitive solicitations for behavioral health programs to continue implementing and enhancing the delivery of behavioral health services in the San Diego region. These actions for services are as follows:

Competitive Solicitations for:

- a. Full Service Partnership/Assertive Community Treatment (FSP/ACT) Program
- b. Behavioral Health Treatment Services for youth involved or at-risk of becoming involved in the juvenile justice system

Additionally, the California Mental Health Service Authority (CalMHSA), a joint-powers authority, was established to expedite implementation and administration of statewide Prevention and Early Intervention (PEI) projects funded under Mental Health Services Act (MHSA). On January 25, 2011, the Board authorized San Diego County's membership in CalMHSA through a Joint Exercise of Powers Agreement in order to jointly develop statewide or regional mental health projects with other counties. To maintain successful PEI projects, CalMHSA is requesting participating counties continue supporting statewide PEI activities through special member fees, including contributing to a three-year effort to secure outside funding to fully implement the next phase of a statewide "Forging California's Culture of Mental Wellness" campaign.

On April 25, 2017, the Board authorized payment to CalMHSA, utilizing MHSA funds, for a private fund development special member fee for the Statewide PEI campaign. Approval of this item will amend previous authority to authorize payment to CalMHSA of the remaining balance of \$81,922 in FY 2017-18, for a grand total of \$122,883, for a private fund development special member fee for the Statewide Prevention and Early Intervention campaign, utilizing MHSA funds.

It is, THEREFORE, staff's recommendation that your Board support the recommendations for authorization for competitive solicitations and amend previous authority to authorize payment to CalMHSA in FY 2017-18.

1.3 ELECTION OF BEHAVIORAL HEALTH ADVISORY BOARD EXECUTIVE OFFICERS

The Behavioral Health Advisory Board (BHAB) Bylaws provide for establishing a Nominating Committee in September of each year. The following BHAB members were appointed to serve on the Nominating Committee: Colin MacKinnon, K.C. Strang and Judith Yates.

In October, the Nominating Committee presented a recommended slate of 2018 Executive Officers to stand for election at the BHAB meeting on November 2nd.

Chairperson	Jenifer Mendel
1 st Vice-Chairperson	John Sturm
2 nd Vice-Chairperson	Rebecca Hernandez
Member at Large <i>Representing the alcohol and substance use disorder community</i>	Jerry Hall
Member at Large <i>Representing the mental health community</i>	Richard McGaffigan

ACTION ITEM: Vote to approve the recommended slate of 2018 Behavioral Health Advisory Board (BHAB) Executive Officers.

2. LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS

2.1 Upcoming events

- **National Prescription Drug Take Back Day – October 28, 2017**
The annual National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing prescription drugs, and educate the general public about the potential for medication abuse. For more information, visit www.deadiversion.usdoj.gov
- **Recovery International Western Conference - November 4-5, 2017**
This year, Recovery International is celebrating 80 years of supporting mental wellness and this conference will feature general sessions, breakout sessions and a resource fair. Participants will enjoy creative learning opportunities, information exchange, inspiring speakers and panels. Conference information and registration details are available at www.recoveryinternational.org/resources/.
- **Western States Marijuana Summit - November 6-7, 2017**
The Western States Marijuana Summit will be held at the Catamaran Resort Hotel, and features numerous panels and discussions, including the impacts of marijuana on communities, and legalization implications. More information is available at <https://www.eventbrite.com/e/western-states-marijuana-summit-tickets-36445810400?aff=erelpanelorg>
- **Live Well San Diego Advance – November 8, 2017**
The 2nd annual *Live Well San Diego* Advance will be held once again at the Town & Country Hotel in Mission Valley. The event brings together partners, County government leaders and other stakeholders and offers an opportunity to collaborate and learn about best practices and new tools.

After lunch and a “year in review” presentation, participants will have their choice of breakout sessions including: Food Systems; Developing a Dynamic Community for the 21st Century; Volunteers; Workforce of the Future: Opportunity Youth; and Resident Leadership Academy. *Live Well San Diego* data will be woven through all tracks. For more information and to register, please visit: <http://211sandiego.org/live-well-advance-2017/>
- **California Opioid Policy Summit – November 8-9, 2017**
The Statewide Opioid Policy summit will be held in Mission Bay at the Catamaran Resort Hotel. The theme of the summit is *Getting to Zero Overdose Deaths Together*, and the event will feature multiple breakout sessions and panels. More information is available at <https://www.eventbrite.com/e/california-opioid-policy-summit-tickets-36450659905>
- **Walk in Remembrance with Hope - November 12, 2017**
This event is hosted by Survivors of Suicide Loss and was previously known as the Save-A-Life Walk. The event will be held in Balboa Park and features music, activities, resource

tables, a dove release and is family and pet friendly. Information and registration details are available at www.walkinginhopesd.rallybound.org/.

- **Integration Summit - December 7, 2017**

The 8th Annual Primary Care and Behavioral Health Integration Summit will be held at the Jacob Center. The keynote speakers are Anna Lembke, MD, Elizabeth Morrison, LCSW, MAC, and Katie Hirst, MD who will be speaking about "The Power of Addiction." Registration is free, and required to attend. For more information, and to register, visit [www://hcpsocal.org/event/2017-integration-summit/](http://hcpsocal.org/event/2017-integration-summit/).

3. UPDATE FROM THE SAN DIEGO COUNTY PSYCHIATRIC HOSPITAL (SDCPH)

3.1 Technology

SDCPH is working to implement more efficient and modern methods of care delivery. The clinical/administrative staff has begun preparing for the implementation of a system called Policy Tech which will streamline manual tracking systems and make it easier and faster to comply with regulatory requests and provide proof of staff training. The hospital is continuing to increase mobility in care delivery by bringing nurses directly to the point of service. This involves decreasing desktop computer use and increasing laptop use so that nursing staff can spend more time on the floor with patients, utilizing mobile computers on wheels to administer medications while simultaneously charting to patient electronic health records. SDCPH is investigating purchasing improved communication devices to increase staff safety and a quick response to patient care concerns directly in the situation.

3.2 Facility Improvements

The SDCPH management team is collaborating with other HHSA Divisions, as well as other County departments, to address needed facility improvements. This is an ongoing effort and priority. The goal of the environmental improvements is to increase patient safety and reduce the trauma associated with entering a locked psychiatric facility. Gradual changes are being made with trauma informed principles and regulatory requirements in mind. Environmental improvements include a more attractive and normative living environment that supports patient dignity and minimizes risky behavior. Improvements in ergonomics in workspaces are also being completed to promote staff health and productivity. SDCPH strives to foster a balanced work/living environment for patients and staff alike.

3.3 Public Health Interventions

Hepatitis A:

SDCPH is an active Public Health Partner. In early September, the County declared a public health emergency, which mobilized additional resources to fight the Hepatitis A outbreak. SDCPH has been part of that effort by increasing vaccination efforts with elevated urgency. In the role of Safety Net Hospital and serving a very vulnerable population, hospital leadership approved a standardized nursing protocol which authorizes nurses to administer vaccinations to all patients who are willing to give consent. This standardized protocol is being administered under the authority of the Medical Director. Nurses are following a Center for Disease Control (CDC) protocol which screens patients for contraindications, such as allergies. The goal is to assess and offer the vaccination to 100% of SDCPH patients.

Influenza:

SDCPH medical staff approved a separate standardized nursing protocol which allows nurses to administer Influenza vaccinations to all patients who consent. Nurses follow a CDC approved protocol which screens for contraindications. As with Hepatitis A, SDCPH has a goal to offer and encourage vaccination for 100% of patients. These two protocols will be ongoing for the next six months and will be reevaluated for continuation.

4. UPDATE FROM EDGEWOOD DISTINCT PART NURSING FACILITY

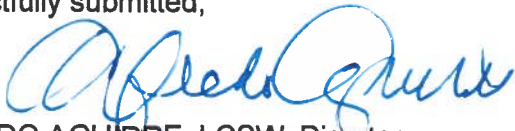
4.1 Gold Excellence in Quality Award

Edgewood has earned the Gold Excellence in Quality Award from the American Health Care Association. Over a 22 year period this prestigious award has only been awarded 34 times. The award is the third level progressing toward the Baldrige Award for Professional Excellence in Healthcare. All levels are highly competitive and have a rigorous evaluation process. The gold award recognizes superior performance in the areas of leadership, strategic planning, and consumer and staff satisfaction.

4.2 Semi-Annual Car Show

Edgewood will hold the 13th Semi-Annual Car Show on October 27th. The event is put on by staff and volunteers with the help of a donor who underwrites the event. The show is a tradition which is done for the benefit of residents and staff, who can enjoy music outdoors and pose for picture with both contemporary and vintage cars. It is anticipated that there will be approximately 70 cars at this event, which is open to all makes and models of cars, as well as trucks and motorcycles.

Respectfully submitted,



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AA:bp

cc: Nick Macchione, MS, MPH, FACHE, HHSA Director
Holly Salazar, MPH, BHS Assistant Director of Departmental Operations