



County of San Diego

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TO: Behavioral Health Advisory Board (BHAB)

FROM: Alfredo Aguirre, LCSW, Director
Behavioral Health Services

BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – JUNE 2018

1. ACTION ITEMS:

1.1 BEHAVIORAL HEALTH SERVICES AUTHORIZATION FOR COMPETITIVE SOLICITATIONS AND AMENDMENT OF CONTRACTS

In a series of actions since 1999, the Board of Supervisors (Board) approved initiatives to redesign and implement an expanded continuum of comprehensive behavioral health care for children, adolescents, transition age youth, adults, older adults and families. In pursuit of these initiatives, the Board approved the procurement of contracted services.

Approval of these recommended actions by the Board authorizes competitive solicitations for behavioral health programs and services, and the amendment of existing contracts to continue implementing and enhancing the delivery of behavioral health services in the San Diego region. These actions for services are as follows:

Competitive Solicitations for:

- a. Augmented Services Programs
- b. Behavioral Health Outpatient Services for Homeless/Runaway Children and Youth
- c. Evidence-Based Parenting Training and Behavioral Therapy for Children and Families Involved with Child Welfare Services
- d. Intensive Case Management Wraparound Services for Youth and Families Involved with Child Welfare Services or San Diego County Probation

Contract Amendments for:

- a. INN-16 Urban Beats (552663 Pathways Community Services)

- b. INN-17 Cognitive Rehabilitation and Exposure/Sorting Therapy Mobile Hoarding Units (552936 University of California, San Diego)

It is, THEREFORE, staff's recommendation that your Board support the recommendations for procurement authorization for the listed services.

1.2 ALLOCATE UP TO \$10 MILLION TO THE SPECIAL NEEDS HOUSING PROGRAM FOR PERMANENT SUPPORTIVE HOUSING

The Mental Health Services Act (MHSA), provides funding for counties to address a broad continuum of prevention, early intervention and service needs, and the necessary infrastructure, technology and training elements to effectively support the public mental health system.

Funding from one component of the MHSA, Community Services and Supports, may be used to provide housing for adults, older adults, and transition age youth with serious mental illness (SMI), children with severe emotional disturbance (SED), and their families, who are homeless or at risk of homelessness, and receive MHSA-funded services. MHSA housing program continues to transform the mental health system by providing consumers housing and support services to enable them to live more independently. The program establishes partnerships at the local level, resulting in housing development that reflects local priorities while expanding safe, affordable housing options for individuals with SMI or SED and their families. The funds are utilized for capital loans for the development, acquisition, construction and/or rehabilitation of permanent supportive housing. Funding may also be used to provide operating subsidies.

The California Housing Finance Agency (CalHFA) operates the Local Government Special Needs Housing Program (SNHP) on behalf of jurisdictions throughout California. As required by the SNHP, counties are required to receive Board of Supervisors authorization for the assignment of new SNHP funds to CalHFA.

This recommended action requests the Board of Supervisors to approve the transfer of up to an additional \$10 million to CalHFA for the SNHP to develop new permanent supportive housing units. The MHSA funds will be reflected in the Fiscal Year (FY) 2018-19 MHSA Annual Update of the MHSA Three-Year Program and Expenditure Plan for FYs 2017-18 through 2019-20, which will be presented to the Board in FY 2018-19 following the 30-day public comment period.

It is, THEREFORE, staff's recommendation that your Board support the recommendations for the transfer of up to an additional \$10 million to CalHFA for the SNHP to develop new permanent supportive housing units.

2. LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS/ANNOUNCEMENTS

2.1 McAlister Institute Receives Live Well San Diego's Public Health Champion Award

The McAlister Institute received the *Live Well San Diego* 17th Annual Public Health Champion Award for Behavioral Health Services in the East County Region. The award recognizes extraordinary achievements by individuals and organizations in the areas of public health that protect and promote the health of the local population. The names of recipients are added to a permanent plaque in the HHSA Public Health Services lobby.

McAlister Institute was founded in 1977 and has earned recognition as one of San Diego County's leading resources in the care and treatment of individuals and families suffering from addiction. They serve approximately 9,000 patients annually.

2.2 May is Mental Health Awareness Month Recap

Each year, the County of San Diego celebrates *May Is Mental Health Awareness Month* and strives to raise awareness of mental health issues by planning and participating in activities to support those living with mental health conditions.

This year, the County again partnered with NAMI San Diego to kick-off May is Mental Health Month at the NAMI 5K Walk and HHSA Wellness Expo. Other activities included the Children's Mental Health Awareness Day Celebration and several community events such as Sharp's Changing Minds Mental Health Fair and The Fellowship Center's Walk for Recovery.

The month will close with the Behavioral Health Recognition Dinner on June 1. The dinner is an event where the behavioral health community takes time to recognize and celebrate the people who work to support clients and family members.

2.3 Upcoming Event

Live Well San Diego 5K Run and Discovery Expo

On Sunday, July 29, *Live Well San Diego* joins the San Diego Blood Bank to host the 5th annual 5K Walk and Discovery Expo on San Diego Bay. The event draws thousands of San Diegans each year to a day at Waterfront Park and this year features a 1-mile Fun Run to make the event even more kid-friendly.

This year's event celebrates the hero in all of us with a super-hero themed race and activities throughout the morning. Join in the fun and:

- Interact with local heroes from our military, police and fire departments,
- Enjoy family-friendly activities and vendors,
- Nosh on local food truck offerings,
- Visit the many provider resource tables.

Visit LIVEWELLSD5K.COM for more information and to register for the walk.

2.4 Edgemoor's Walter Hekimian wins Leadership Award

Walter Hekimian, Administrator of Behavioral Health Services' Edgemoor Distinct Part Skilled Nursing Facility, was honored with the Eli Pick Facility Leadership Award. This prestigious award is given by the American College of Health Care Administrators and recognizes excellence in Administrators of skilled nursing facilities. Stringent criteria are used in determining the recipients, and fewer than 11% of facilities nationwide qualify for the award. Congratulations to Walter Hekimian for being selected and for his continued service to the County.

3. UPDATE FROM THE CLINICAL DIRECTOR'S OFFICE (CDO)

Drug Medi-Cal Organized Delivery System

On March 1, 2018, the Behavioral Health Advisory Board unanimously voted to approve staff's recommendation to support the approvals and authorizations needed to implement the Drug Medi-Cal Organized Delivery System (DMC-ODS). On March 27, 2018, on motion of Supervisor Gaspar, seconded by Supervisor Roberts, the Board of Supervisors took action as recommended, and also directed the Chief Administrative Officer to provide an annual progress report and to return to the Board of Supervisors. BHS staff plan to implement DMC-ODS with services to begin July 1, 2018.

Given the need for additional training, technical assistance, and consultation services necessary to support the County of San Diego DMC-ODS implementation, a contract between BHS and the California Institute for Behavioral Health Solutions (CIBHS) became effective April 16, 2018. CIBHS has unique and extensive expertise and experience in working directly with Counties and County providers specific to DMC-ODS implementation.

BHS staff began the development of a website focusing specifically on DMC-ODS: www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/dmc_ods/. In addition, BHS has made available a dedicated email address for questions specific to DMC-ODS: Info-DMC-ODS.HHSA@sdcounty.ca.gov

Long Term Care

BHS continues to implement a three year Long Term Care (LTC) Expansion Plan with a focus on the development and expansion of LTC resources for our Behavioral Health System of Care. Implementation of the expansion plans includes:

- An additional 64 Institution for Mental Diseases (IMD) beds have been added;
- A new Transitional Residential Care contract with Crestwood Behavioral Health is being developed to add 16 IMD stepdown beds in August/September 2018 on the Crestwood San Diego campus;
- A Request of Information was issued to identify interested LTC providers for a Skilled Nursing Facility with Special Treatment Program services and for a Residential Care for Elderly Licensed Board and Care serving as a step-down placement from hospitals and;
- Increased negotiated rates for Inpatient Psychiatric Providers for Medi-Cal Services for nine County contracted hospitals.

Workforce, Education, and Training

Effective July 1, 2018, BHS will provide County BHS staff and BHS contracted staff with further trainings focused on clinical and recovery interventions for multicultural populations. The Cultural Competency Academy will provide awareness, knowledge and skill-based trainings, ensuring continued focus on being trauma informed in environmental and clinical applications.

This has been an exciting year for the UCSD Community Psychiatry Program. The program has seen strong interest from trainees desiring to enter the public sector track residency and engage in community mental health issues. The program expands the number of psychiatry residents exposed to the public mental health sector and increases the number of hours each resident is placed at community sites. The UCSD Community Psychiatry Program continues to have collaborative relationships with the Community Research Foundation, Deaf Community Services San Diego, Vista Hill Foundation, Family Health Centers of San Diego, San Ysidro Health Center, and others throughout the County.

The UCSD Community Psychiatry Program's 5th cohort of psychiatric mental health nurse practitioner (PMHNP) trainees started in February 2018. This innovative program is the only one in California designed to place PMHNP students side-by-side with Psychiatry Residents throughout the entire program. The PMHNP engage in weekly multidisciplinary treatment teams and are provided formal and informal supervision from experienced staff in numerous disciplines including nursing, medical, social work, marriage and family therapy, and psychology. This program is proud to share that all of their graduates have entered careers in the public mental health sector.

Respectfully submitted,



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AA/bp

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