



County of San Diego

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TO: Behavioral Health Advisory Board (BHAB)

FROM: Alfredo Aguirre, LCSW, Director
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BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – MARCH 2018

1. ACTION ITEM: Drug Medi-Cal Organized Delivery System Authorization and Implementation

The County of San Diego is seeking to implement a Drug Medi-Cal Organized Delivery System (DMC-ODS) in order to improve care for those who are struggling with Substance Use Disorders (SUDs) and to enhance the system of care available to our San Diego County residents.

The objectives of the DMC-ODS are:

- To increase the County of San Diego SUD provider network capacity and offer new services to an expanded number of Medi-Cal beneficiaries.
- To increase local oversight of the SUD provider network with the goals of improved service quality and cost efficiencies.
- To ensure efficient care coordination and linkages among physical health, mental health, and SUD services.
- To increase public safety through the implementation of evidence based treatment services.

This transformative blend of new and expanded services, including more focused services for the criminal justice population, increased program standards and oversight, and improved care coordination, will result in a full continuum of integrated services available to support individuals with SUD based on their medical needs throughout the recovery process. This action will also increase the number of people the County can serve by 30% over a three-year period (approximately 3,000 additional Medi-Cal beneficiary admissions), some of whom may have never experienced the benefit of treatment services.

The board letter requests the Board of Supervisors approve and authorize the Clerk of the Board to execute the DMC-ODS Intergovernmental Agreement with the State of California, and subsequent amendments, to reflect revised revenue amounts allocated by the State. In addition, it requests authorization to appropriate funds, procure and amend contracts and the addition of

staff to support the expanded SUD provider network capacity, its local oversight, and system-wide care coordination.

DMC-ODS implementation supports the countywide *Live Well San Diego* vision by enhancing access to services; advancing health and well-being in children, adults and families; and promoting self-sufficiency, which leads to a healthy, safe and thriving region.

It is, THEREFORE, staff's recommendation that your Board support the approvals and authorizations needed to implement the Drug Medi-Cal Organized Delivery System.

2. LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS

2.1 All Provider Luncheon

On Tuesday, January 23, 2018, the All Provider Luncheon was held at Anchor's Catering and Conference Center. The room was packed to capacity with members of the Alcohol and Drug Services Providers Association (ADSPA) and the Mental Health Contractors Association (MHCA), along with BHS leadership and staff.

Coordination of the luncheon was provided by ADSPA and the date was moved away from the busy holiday season to January. The changes were deemed successful as participants reflected on a year with many accomplishments and enjoyed a festive luncheon.

2.2 Save the Dates - Upcoming Events

- **NAMI 5K Walk/HHSA Wellness Expo**

This annual event will be held on Saturday, April 28, 2018, and will again serve as the official kick-off for May is Mental Health Month. The 5K Walk/Run and Wellness Expo is a collaboration between BHS and the National Alliance on Mental Illness (NAMI) with the purpose of raising awareness and de-stigmatizing mental health conditions. For more information or to register, visit: www.namiwalks.org and search for San Diego County.

- **Behavioral Health Recognition Dinner**

Friday, June 1, 2018, has been set as the date for the annual Behavioral Health Recognition Dinner. The event brings the behavioral health community together to recognize people who work to support clients and family members in their efforts to achieve recovery without stigma. Details on the event and nominations for awards are forthcoming.

- **May is Mental Health Month Celebration**

The BHS Children, Youth and Families (CYF) system of care, along with NAMI-San Diego, will host the 4th Annual Children's Mental Health Well-Being Celebration on Wednesday, May 2, 2018. Details will be disseminated to the community and available in late April on the BHS website.

3. UPDATE FROM THE CHILDREN, YOUTH AND FAMILIES SYSTEM OF CARE (CYF)

3.1 Mental Health Services Act (MHSA) Innovations Updates

- The Medication Clinic Innovation plan was approved by the Mental Health Services Oversight and Accountability Commission (MHSOAC) on May 25, 2017. The countywide Center for Child and Youth Psychiatry Program will provide psychotropic medication services through office-based clinics and tele-psychiatry. This program will also benefit those children with co-occurring complex physical health conditions. The Center for Child and Youth Psychiatry Program contract is projected to be awarded July 1, 2018.
- The Telemental Health MHSOAC Innovation project was approved by the MHSOAC on October 26, 2017. The program will offer mental health treatment through Telemental Health as aftercare to psychiatry services for individuals who are not connected to outpatient mental health treatment services. This program will be available to youth and adults who are interested in receiving aftercare services through Telemental Health. This program will be competitively procured with a projected contract award date of January 1, 2019.

3.2 Pathways to Well Being (PWB) and Continuum of Care Reform

The Continuum of Care Reform (CCR) initiative is a comprehensive framework of legislation and regulations designed to improve the continuum of services that support children, youth and families across child placement settings. The CCR continues to guide PWB and allows for close collaboration across BHS, Child Welfare Services (CWS), and Probation. The following updates highlight recent work on CCR.

- Between July 2017 and September 2017, BHS and CWS conducted seven focus groups with youth, caregivers and staff to gain stakeholder input regarding the Child Family Team (CFT) process. There was consensus in the focus groups that youth and families are feeling supported through the teaming process and that the clients are benefitting from the collaborative model that providers have implemented. The strengths-based conversations that are occurring regularly in meetings were reported as being a benefit to helping team members stay focused on goals and assist youth and caregivers in addressing challenges. The information gathered from the focus groups was shared with the providers and participants, and is informing the ongoing system improvement process related to teams.
- Beginning in January 2018, PWB, in coordination with the Behavioral Health Education and Training Academy (BHETA), is offering eight, one-day classroom trainings throughout the fiscal year. This new training is entitled, "Pathways to Well-Being: Core Practice Model (CPM) and Continuum of Care Reform". The trainer group is comprised of BHS, CWS, Juvenile Probation and Family/Youth Partners. The training audience is the BHS provider system.
- Systematic efforts are underway to increase collaboration with Probation in the implementation of CCR. In an effort to educate the broader system about Juvenile Probation services, Probation Department staff developed an on-line training entitled, "San Diego County Probation Department Overview eLearning", which is available through BHETA and required of PWB providers.
- The PWB team continues to co-facilitate a Pathways to Well-Being module in the CWS Social Worker Initial Training (SWIT) with CWS in order to ensure that new

staff are informed of the County's practice model. This co-facilitation began in August 2017.

- BHS, CWS, and Probation meet regularly in a coordinated workgroup in order to address the implementation of Assembly Bill 1299, which addresses out-of-county foster youth receiving services under presumptive transfer of mental health responsibility. The County is ensuring that our practices align with the legislation, and ensure timely receipt of mental health services for foster youth who are placed out of county, including facilitating conversations in the CFT meeting.
- In January 2018, the Department of Health Care Services (DHCS) released the finalized Third Edition of the Medi-Cal Manual for Intensive Care Coordination (ICC), Intensive Home Based Services (IHBS), and Therapeutic Foster Care (TFC) Services for Medi-Cal Beneficiaries. It includes updated information regarding ICC and IHBS, and new information pertaining to TFC that was disseminated to the CYF System of Care.
- The DHCS released the Draft Integrated Core Practice Model (ICPM) on October 4, 2017, which establishes principles and practices for cross agency collaboration to guide CWS, BHS and Probation. The State will issue the finalized ICPM which will replace the Core Practice Model Guide.
- On January 9, 2018, PWB participated in the External Quality Review Organization (EQRO) session which focused upon PWB and CCR. Participants included representatives from CYF, Probation Department, CWS, training academy, and Family/Youth Partners. The attendees spoke about the benefits of cross-system collaboration work in the implementation of PWB and CCR and highlighted achievements and progress that occurred in 2017. The EQRO reviewers voiced recognition and praised San Diego for being one of the counties with the furthest and comprehensive implementation and cross-system collaboration. Through the second quarter of Fiscal Year 2017-18, a total of 559 unduplicated children and youth eligible for Enhanced Services, received ICC and IHBS services as follows:
 - 417 children/youth received ICC services
 - 142 children/youth received IHBS services
- CYF continues to work toward implementing CCR Regulations through numerous activities which include:
 - Joining CWS Foster Family Agency and group home contractor's meetings to educate and train providers of upcoming mental health requirements to prepare potential service providers;
 - Working with CWS and Probation to review Program Statements of providers to ensure compliance with State requirements and move toward establishment of Short Term Residential Treatment Programs;
 - Progressing toward a CWS, Probation and BHS joint contract to provide CFT meeting facilitation; and
 - Devoting resources to increased role and frequency of interagency Placement Committee meetings and process with both CWS and Probation.

3.3 Emergency Screening Unit

The Emergency Screening Unit (ESU) provides crisis stabilization services to children and youth experiencing an acute psychiatric crisis. ESU's team offers comprehensive screening services, crisis stabilization and facilitates inpatient hospitalization when clinically necessary.

The ESU recently expanded from four to twelve beds. An official ribbon cutting ceremony was held the morning of December 12, 2017. The ESU hosted an Open House on December 13, 2017 and began services on December 28, 2017. It is conveniently located in Hillcrest at 4309 Third Ave, San Diego. The new telephone number is 619-876-4502. From July 1, 2017, to February 1, 2018, ESU has screened a total of 768 children/youth. A total of 165 children/youth have been screened in the new facility.

3.4 CYF System of Care Training Academy

The Children Youth and Families System of Care (CYFSOC) Training Academy provides trainings to enhance the work of public systems in providing services to children, youth and families in the San Diego County. BHETA continues to work through the CYFSOC Training Academy Committee, a collaboration of the four sectors (Public, Family, Private and Education) of the CYFSOC.

In Fiscal Year 2017-18, the CYFSOC Training Academy delivered a training on Family Compassion and the Lesbian, Gay, Bi-sexual, Transgender, Questioning, Intersex, and Asexual (LGBTQIA) Community. Additional trainings for the current fiscal year include: Engaging the Immigrant Community, Teen Drug Use and Trends in San Diego, Partnering with the Refugee Community, and Social Media and our Families.

Sponsorships for professional development opportunities will be made available to parent partners, family partners and youth support partners throughout CYF to attend local and statewide conferences. Ten sponsorships will be awarded to attend the CYFSOC Training Academy annual conference, "Unpacking Hope: Understanding the Unique Needs of Children, Youth and Families Experiencing Homelessness". The conference is scheduled for April 12, 2018, at the Crowne Plaza Mission Valley Hotel. Additionally, two sponsorships will be awarded to a parent partner, family partner or youth partner to attend the California Mental Health Advocates for Children and Youth (CMHACY) conference scheduled for May 16-18 2018, in Asilomar, CA.

3.5 3rd Annual Critical Issues in Child and Adolescent Mental Health Conference (CICAMH)

In partnership with the San Diego Academy of Child and Adolescent Psychiatry, the San Diego Psychiatry Society, the California Association of Marriage and Family Therapists-San Diego Chapter, and the San Diego Psychological Association, CYF will host the 3rd Annual-CICAMH Conference. The theme for this year is "Hidden in Plain Sight: Adolescent Brain and Identify Development". The conference is scheduled for March 23-24, 2018, at the Town and Country Resort and Convention Center in Mission Valley. More information is available at: www.cicamh.com

3.6 Children, Youth and Family Liaison (CYFL)

The CYFL has the primary duty of coordinating, training, and advancing Family/Youth Professional Partnership for CYF within BHS, collaborating with CYF administrative staff to

ensure family and youth voice and values are incorporated into service development and implementation plans as well as the overall CYF service delivery. The CYFL serves as the community expert in Family/Professional Partnership and makes this expertise available to CYF providers. Highlights for the first two quarters of Fiscal Year 2017-18 included:

- Held two Family Youth Groups broadcasted on Facebook Live with a total reach of 4,099 individuals, 1131 views, and 275 engagements;
- Held 7 Family Voice Town Hall meetings throughout the County regions;
- Provided 23 presentations on children's mental health;
- 45 CYFSOC staff attended the Principles of Family Youth Professionals Partnerships online training;
- 30 CYFSOC staff attended the Working Together training; and
- Incorporated the Transition Age Youth (TAY) Troop and started hosting a monthly "meet up" on the first Wednesday of the month at 7:30 P.M. at 4876 Santa Monica Ave, San Diego.

More information about the CYFL can be found at: www.cyfliaison.namisaniego.org/.

3.7 Family Services Program Highlight: Hepatitis A Outbreak

During the recent Hepatitis A outbreak, the Perinatal Services programs stepped up to help protect the health of the clients and children at their programs. With the assistance of HHSA's Public Health Services Department (PHS), each of the Outpatient and Residential Women's programs implemented screening procedures for clients being admitted into the programs. Each program coordinated with PHS staff to either host vaccination events at their facilities or to connect the women and children to the local PHS facility where they could receive vaccinations, free of charge. Perinatal programs continue to provide education and information on Hepatitis A to their clients. These combined efforts helped to protect the women and children, and their community from the Hepatitis A outbreak and contributed to halting this local emergency. The ongoing education efforts will help protect local communities from further spreading of this disease.

Respectfully submitted,



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AA/bp

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