

COUNTY OF SAN DIEGO VOLUNTEER REPORT FORM PERIOD JULY 1, 2016 - JUNE 30, 2017

Deadline: July 14, 2017

1. DEPARTMENT INFORMATION:

Department:

HHSA-BHS-AMH-North Central Mental Health Clinic

Division/Unit:

1120/1121

2. VOLUNTEER PROGRAM BENEFITS:

a. GENERAL VOLUNTEERS (this section should include community volunteer, student intern, groups, corporations, etc.).

No. of Vol. 19 Hours 6734 X \$24.14 = \$162,558.76

Types of work performed by GENERAL VOLUNTEERS in this category:

We have interns from psychology doctoral programs. MSW programs, and marriage and family interns. These interns are an integral part of our clinic. They complete Behavioral Health Assessments, Client Plans and Discharges. They also perform 1:1 and group therapy. They assist in outreach programs, clinic committees and help out with activities in the Morena Activity Center. Another type of volunteer is a peer volunteer working in the Morena Activity Center (MAC). * The MAC peer volunteers assist the director, a mental health specialist, in managing the MAC program, including organizing and implementing a variety of activities and outings such as groups, softball league, workshops; computer classes, and other recovery focused services. The client volunteers are a welcoming face and a beacon of hope for recovery to new persons coming through the doors of the clinic.

b. INSTITUTIONAL VOLUNTEERS (this section should include honor camp inmates, PIC/RETC, GAIN, etc.)

No. of Vol. Hours X \$24.14 = \$0.00

Types of work performed by INSTITUTIONAL VOLUNTEERS in this category:

c. SPECIALIZED VOLUNTEERS (this section should include utilization of Special Volunteers in positions requiring specific skills and/or expertise levels, for example, an attorney, physician, sports figure or celebrity). These specialized positions have verifiable compensation levels

(VCL). If you have such a volunteer, please indicate the position, hours and compensation level

Position		Hours	X	<u>VCL</u> =	Dollar Benefit
					\$0.00
					\$0.00
	<u> </u>				\$0.00
					\$0.00
					\$0.00
No. of Vol.	Total Hours	0		Total Value =	S0.00

Types of work performed by SPECIALIZED VOLUNTEERS in this category:

d. TOTALS OF DEPARTMENT VOLUNTEERS (from above):

No. of Volunteers		<u> Hours</u>	Dollar Benefit
2a.	19	6734	\$162.558.76
2b.	0	0	\$0.00
2c.	0	0	\$0.00
Total Vol.	19 Hours	6,734 Total Value =	\$162,558.76

3. DONATIONS TO VOLUNTEER PROGRAM:

Please list all donations to the department's Volunteer program including monetary donations and tangible/intangible items. Items such as computers, air time, transportation, books, etc. Please assign a fair market value to each and add to the total value of the donations section.

Item Donated:		Value:	
Item Donated:		Value:	
	TOTAL VALUE	= (0.000)	\$0.00

4. **VOLUNTEER PROGRAM COSTS:**

a. Cost of supervision of volunteers (total hours of direct supervision multiplied by the hourly rate of staff person (s) directly supervising program volunteers.)

Hours 274 X Rate \$36.20	= \$9,918.8
b. Cost of program coordination (total hours of program of coordinator(s)). This section should include coordinated description preparation, volunteer placement, recognition	ation of staff, compiling statistics, job
Hours 250 X Rate \$22.00	= \$5,500.0
c. Other program costs (volunteer training materials/sup	pplies, recognition costs, etc.):
<u>Item</u>	Cost
Training materials	\$500.6
lap top computer	\$2,200.
TOTAL OF OTHER PROGRAM COSTS	= \$2,700.
d. TOTAL OF VOLUNTEER PROGRAM COST (add 4a, 4b, and 4c)	\$18,118.
NET BENEFIT TO DEPARTMENT FROM VOLU	
a. Total Dollar Benefits of Volunteers, Item 2d (Page 2)	· ·
b. Total of Donations to Volunteer Program, Item 3 (Pac. Subtract Total of Program Costs, Item 4d (Page 3)	sque 2) \$0. \$18,118.
TOTAL PROGRAM BENEFIT	\$144,439.

6. RECRUITING:

Please describe your recruiting programs:

At this clinic, we recruit both student intern/volunteers and peer/volunteers. Student intern/volunteers are recruited at various schools throughout the San Diego and California. These are generally graduate level students (PhD, MSW, Counseling) that are needing a supervised clinical experience. The psychologist in charge of intern training has attended intern fairs as both San Diego State University and National University. Outreach has included Alliant International University and The Chicago School of Professional Psychology. Additionally, we are accredited by the California Association of Psychology Internship Counsel (CCPIC) for both half-time and

full time psychology interns. * For peer volunteers Kevin Brooks, Morena Activities Center (MAC), director recruits clients who utilize county behavior health and/or north central clinic services who express an interest in volunteering at the MAC. They are then interviewed, go through a month-long orientation to make sure they interact successfully with their peers. The use of peers is part of the clubhouse model to which the MAC subscribes.

7. SPECIAL VOLUNTEER PROGRAM ACTIVITIES/ACHIEVEMENTS:

Please describe any special activities and/or achievements your program was involved in during the period of this report:

The clinic provides the student interns with supervised experience that meets school requirements for completing their degree as well as work experience for future employment. Working with clients in a public mental health clinic setting is a very valuable experience for clinicians and can greatly increase their employability. Many of our student interns go on to work for county operated or county contracted agencies with the system of care. *The Morena Activity Center (MAC) provides volunteers an opportunity to give back to the clinic that has been a part of their personal recovery experience. Additionally, the MAC supplies a means of socialization and peer support for clients as well as help with benefits, transportation, community participation, and health and wellness. Peer volunteers benefit from developing peer support skills, information on resources and transferrable skill when they want to go to work. It serves as a great place for all our volunteers to gain experience in a safe, meaningful, and fun environment as well as an

VOLUNTEER PROGRAM GOALS FOR FISCAL YEAR 2017-18: 8.

Please describe your program goals. Include activities, number of volunteers, recruitment, training, recognition and other goals:

The program plans to have five new students interns as volunteers starting in the summer and fall, including two psychology doctoral students, and three graduate-level social work students. Goals include increasing clinical training for the interns, continuing group supervision, and increasing learning opportunities and experiences. We have been newly awarded our full-time California Psychology Interrn Council status, and hope to seek a full-time doctoral candidate in the future. All student interns will receive a certificate of completion at the end of their internships. *Peer volunteers in the MAC will continue help support the program and gain experience in helping peers in recovery.

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DEPARTMENT CERTIFICATION:

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