

# COUNTY OF SAN DIEGO VOLUNTEER REPORT FORM PERIOD JULY 1, 2016 - JUNE 30, 2017 Deadline: July 14, 2017

COUNTY OF SAN DIEGO 2017 JUL 21 AM 8: 39 CLERK OF THE BOARD OF SUPERVISORS

### 1. DEPARTMENT INFORMATION:

Department:
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Health and Human Services Agency

Division/Unit:

**North County Regions - Community Health Promotion** 

## 2. VOLUNTEER PROGRAM BENEFITS:

a. GENERAL VOLUNTEERS (this section should include community volunteer, student intern, groups, corporations, etc).

No. of Vol.	3 Hours	838.5 X	\$24.14 =	\$20,241,39

Types of work performed by GENERAL VOLUNTEERS in this category:

Volunteers/student interns provided a wide range of services and support for multiple regional and countywide events, initiatives, and programs related to the County of San Diego's *Live Well San Diego* vision. Individuals had direct contact with community leaders and partners and supported project leads with a variety of public health topics, including, but not limited to, behavioral health, community safety, intergenerational strategies, military outreach, nutrition education and obesity prevention, rural health, and school-based health and wellness. Work activities included supporting the coordination of trainings, meetings and events, distributing educational resources, materials and incentive items as appropriate, creating Microsoft PowerPoint presentations and other internal/external work tools on relevant topics, researching related topics when necessary, and assisting with communications and social media for projects and special events.

b. INSTITUTIONAL VOLUNTEERS (this section should include honor camp inmates, PIC/RETC, GAIN, etc.)

No. of Vol.	Hours	X \$24.14 =	\$0.00

Types of work performed by INSTITUTIONAL VOLUNTEERS in this category:

c. SPECIALIZED VOLUNTEERS (this section should include utilization of Special Volunteers in positions requiring specific skills and/or expertise levels, for example, an attorney, physician, sports figure or celebrity). These specialized positions have verifiable compensation levels (VCL). If you have such a volunteer, please indicate the position, hours and compensation level below.)

<u>Position</u>		<u>Hours</u>	X	<u>VCL</u>	=	Dollar Benefit
						\$0
¥1						\$0
			_			\$0
			_			\$0
			_			\$0
lo. of Vol.	Total Hours	0		Total Valu	e =	\$0.
ypes of work perform	ned by SPECIALIZED	VOLUNTE	EERS in	this categor	y:	
. TOTALS OF DEPA	ARTMENT VOLUNT	EERS (from	above)	:		
No. of Volunteer	<u>rs</u>	<u>Hours</u>				Dollar Benefit
2a	3	838	<u>.5</u>			\$20,241
2b	0		0			\$0
2c			0			\$0
THE PROPERTY OF THE PROPERTY O			SSIRSING	100 12012	3337	
Total Vol.	Total 3 Hours	83	9 Total	l Value =		\$20,241.
Please list all donation angible/intangible iternarket value to each a litem Donated:  Item Donated:  Item Donated:	3 Hours OLUNTEER PROGI	RAM: Volunteer pro puters, air tii	ogram ir me, tran	ncluding mo sportation, b section. Value: Value: Value:	_	H
Please list all donation angible/intangible iternarket value to each a ltem Donated:	OLUNTEER PROGI	RAM: Volunteer pro puters, air tii	ogram in me, tran nations	ncluding mo sportation, b section. Value: Value:	_	onations and

a. Cost of supervision of volunteeers (total hours of direct supervision multiplied by the hourly rate of staff

\$27.56

person (s) directly supervising program volunteers.)

X Rate

40

Hours

3.

4.

\$1,102.40

b. Cost of program coordination (total hours of program coordination mu coordinator(s)). This section should include coordination of staff, compilir preparation, volunteer placement, recognition, etc.)	•
Hours 8 X Rate \$27.56 =	\$220.4
c. Other program costs (volunteer training materials/supplies, recognition	costs, etc.):
<u>Item</u>	Cost
	200 E3

TOTAL OF OTHER PROGRAM COSTS

\$0.00

d. TOTAL OF VOLUNTEER PROGRAM COST (add 4a, 4b, and 4c)

\$1,322.88

# 5. NET BENEFIT TO DEPARTMENT FROM VOLUNTEER PROGRAM:

- a. Total Dollar Benefits of Volunteers, Item 2d (Page 2)
- b. Total of Donations to Volunteer Program, Item 3 (Page 2)

c. Subtract Total of Program Costs, Item 4d (Page 3)

*	\$0.00
	\$1,322.88

\$20,241.39

TOTAL PROGRAM BENEFIT

\$18,918.51

### 6. **RECRUITING:**

Please describe your recruiting programs:

Contact information for HHSA North County Regions has been provided to surrounding colleges and universities for recruitment of undergraduate and graduate student volunteers and interns. Interested candidates are instructed to submit a statement of interest and current resume to the regional Volunteer Coordinator(s). Candidates are also instructed to complete the Student Worker/Tech application available through the County's Department of Human Resources website in the event that a volunteer internship position becomes available. Depending on the capacity of our regional programs to accommodate a candidate at the time of application, the candidate is invited to an interview followed by the offer of an internship position. All qualified candidates interested in fields related to health and human service professions are considered. For the Community Health Promotion Team, students enrolled in Health Science, Kinesiology, Public Health and related programs are considered.

## 7. SPECIAL VOLUNTEER PROGRAM ACTIVITIES/ACHIEVEMENTS:

Please describe any special activities and/or achievements your program was involved in during the period of this report:

One of our interns has been instrumental in the marketing and promotion of regional community activities and events through social media (i.e. Facebook), our regions' Community Calendar on www.LiveWellSD.org, and other web-based communication channels. She has worked closely with our Live Well San Diego North County Community Leadership Team and joined organizations' and collaboratives' mailing lists to gather details about upcoming events in North San Diego County to better inform residents of community efforts. Due to this student's hard work, our regional Facebook page has achieved a 46% increase in followers and maintains a strong following. This same volunteer has also been involved in priority projects related to our intergenerational programming and has provided invaluable support for region-specific events, including the 5th Annual North County Grandparents Raising Grandchildren Symposium (August 2016), Veterans Forum (November 2016), Building Better Futures (February 2017), and San Marcos Intergenerational Games (March 2016 & 2017). This student was recognized as a 2017 Volunteer of the Year for her dedication to supporting HHSA North County Regions. Another regional volunteer provided direct support to our newly established North County Health & Wellness Work Team for the San Diego Military Family Collaborative. She assisted with outreach and communication to local Military/Veteran service providers, coordination and collaboration with the North Inland Military & Veterans Resource Center, and supported all administrative tasks related to the work team's monthly meetings. Additionally, she completed an inventory of behavioral health resources available to military families living on MCAS Camp Pendleton as well as those offered to the community offbase. This has been extremely beneficial in starting a dialogue with the military base about opportunities and resources outside of the military. Another student intern has been responsible for highlighting the efforts of North County Live Well San Diego Recognized Partners through success stories for www.LiveWellSD.org, the monthly Live Well San Diego newsletter, and social media. She reaches out to various partners and consults with them about their current efforts to showcase how their work aligns with the countywide vision. This same intern is also working closely with our HHSA North County Regions Employee Wellness Committee on worksite wellness activities to improve the health, fitness, and morale of regional staff. Key activities to date have included the dissemination of useful health tips and tricks staff can apply every day and the development of visual displays to promote the July 31-Day Challenge and 2017 Live Well San Diego 5K via Screenscape (TV monitors in public office areas).

#### **VOLUNTEER PROGRAM GOALS FOR FISCAL YEAR 2017-18:** 8.

Please describe your program goals. Include activities, number of volunteers, recruitment, training, recognition and other goals:

Collaboration between local colleges and universities and County of San Diego Health and Human Services Agency is mutually beneficial. It is the hope of our department and the Community Health Promotion Team that we can continue to provide undergraduate and graduate students with volunteer/internship opportunities. Each candidate offers a variety of strengths that are assets to our team and its efforts and we recognize volunteers using regional and countywide strategies. We plan to continue accepting candidates to volunteer/internship positions as they become available with our team. In this next year, we hope to strengthen our collaboration with CSU San Marcos, in particular, as they have now launched a graduate program in Public Health with students specifically enrolled in a Health Promotion field of study.

#### 9. **GENERAL INFORMATION:**

Name of person completing report:

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Volunteer Coordinator:

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**DEPARTMENT CERTIFICATION:** 

CHUCK MATTHEWS, Director, North County Regions

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