5 EASY WAYS TO FIGHT THE BITE

1. Apply mosquito repellent before you go outdoors – especially from dusk to dawn

2. Wear long sleeves and long pants outdoors – especially from dusk to dawn

3. Report dead birds (crows, hawks and jays) to Vector Control

4. Check for standing water outside your home once a week

5. Call Vector Control to get free mosquito fish for green pools, ponds and fountains (858) 694-2888

Protect Yourself, Your Family and Your Neighborhood From Mosquitoes

Help Fight the Bite of West Nile Virus. **Scan this QR code and download the Fight the Bite!** app from the County App Center to anonymously report green swimming pools, mosquito breeding and dead birds for treatment or testing.

f **t** *SD Fight the Bite*

County of San Diego Vector Control Program
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PHONE (858) 694-2888 | EMAIL vector@sdcounty.ca.gov

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Get the Facts and Join the Fight!

FIGHT the Bite!

Protect yourself, your family and your neighborhood from mosquitoes

◉ **Prevent!**   ⚠ **Protect!**   📱 **Report!**

MOSQUITOES

are one of the deadliest creatures on earth, spreading diseases like West Nile virus, encephalitis, and others

Prevent!

Stop mosquitoes and mosquito breeding around your home

- Follow the steps listed in the illustration

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Protect!

Keep mosquitoes from biting

- Use a mosquito repellent from dusk to dawn

- Repellents containing DEET, Oil of Lemon Eucalyptus, Picaridin and IR3535 are effective and safe for everyone two months and older

- Wear long sleeves and long pants outside from dusk to dawn, when mosquitoes are most active

- Check for and repair holes in window and door screens

Report!

- Dead birds such as crows, hawks and jays to be tested for West Nile virus and other diseases

- Green swimming pools and other standing water in your neighborhood. Vector Control can treat them free of charge — and you can report anonymously

Quick Facts About West Nile virus

West Nile virus can be a serious, and sometimes fatal, disease

- West Nile virus affects people of all ages

- There is no cure or treatment for WNV

- The effects of WNV may be permanent

- Despite its name, West Nile virus has spread across the United States and has been present in San Diego County since 2003

Is your home a mosquito breeding ground?

Change water in birdbaths weekly

Add free mosquito fish to backyard ponds and fountains

Check for and repair holes in door and window screens

Unclog rain gutters

Store children's toys

Keep swimming pools clean

Repair leaking faucets

Store wheelbarrows upright

Cover trashcans

Drain old tires

Keep storm drains clean

Empty watering cans and flower pots