

Naftaada ilaali iyo kuwa kale oo ka socda COVID-19

Fadlan guriga joog haddii...

Waxaad la kulantay
astaamaha COVID-19,
sida

- Qufac
- qandho
- neefsashada oo dhib
noqota ama neefta
oo gaabisa



Dhaq gacmahaaga
marka hore.

Fadlan ku dhaq
gacmahaaga saabuun
iyo biyo ama isticmaal
gacmo nadiifiye.



Kala fageynta bulshada waa in la ilaaliyaa

Ka ilaali ugu
yaraan 6 fiit
masaafad kuwa
kale.



Nidaamyada hawlgalka maqaayadaha ee COVID-19 ayaa la dhajiyay

si aad u arki karto sida
aan ugu shaqeyno si
badbaado leh



6 ft.

Ka ilaali naftaada iyo dadka kale COVID-19

**Dhaq
gacmahaaga
marka hore.**

Fadlan ku dhaq
gacmahaaga saabuun
iyo biyo ama isticmaal
gacmo nadiifiye.



Ka ilaali naftaada iyo dadka kale COVID-19

Fadlan guriga joog haddii...

Waxaad la kulantay
astaamaha COVID-19,
sida

- Qufac
- qandho
- neefsashada oo dhib ah ama neefta oo ku qabata



Ka ilaali naftaada iyo dadka kaleba COVID-19

Kala fogeeynta
bulshada waa in la
ilaaliyaa.

Ka ilaali ugu
yaraan 6 fiit
masaafad kuwa
kale.

