Cheese can be dangerous if homemade or bought from street vendors. Make sure your cheese is safe!

Do not buy cheese from street vendors! It is unsafe

Germs found in unsafe cheese can cause severe illness among infants, pregnant women, the elderly, and those with health problems, including:

- Miscarriage
- Illness to unborn babies
- Vomiting
- Diarrhea (may be bloody)
- Fever
- Stomach cramps
- Swollen neck glands
- Death

If you have any of these symptoms after eating cheese, see your doctor immediately!

Types of cheese sold by street vendors

Queso Cotija  Queso Oaxaca  Asadero  Queso Seco  Panela  Queso Fresco  Crema  Paneer  Feta  Queso Ranchero
What You Can Do

- Do not buy cheese from swap meets, door to door vendors, or street vendors.
- Buy cheese from a licensed seller or cheese maker.
- Make sure your cheese is cold and refrigerated at all times.
- Wash your hands when handling food.
- Use different clean utensils to cut cheese, meat, poultry, and seafood.
- Buy cheese from the refrigerated section of your grocer.
- Buy cheese that is factory sealed and labeled.
- Look for pasteurized milk listed in the ingredients.

How do you know if your cheese is safe?

CONTAINS
PASTEURIZED
GRADE A MILK AND CULTURES
Milk, Sea Salt
AND ENZYMES

Casa de Queso Fresco

If you become ill from eating cheese or dairy products, call your doctor or a local clinic. If you have any questions or suspect illegal manufacturing or sales of cheese or other dairy products in your community, please contact the following:

CA Department of Food & Agriculture
Milk & Dairy Food Safety
(916) 900-5008
www.cdfa.ca.gov

Orange County Department of Environmental Health
(714) 433-6000
www.ochealthinfo.com

Riverside County Department of Environmental Health
(888) 722-4234
www.rivcoeh.org

San Diego County Department of Environmental Health
(858) 505-6900
www.sdcdeh.org

Los Angeles County Department of Environmental Health
Food and Milk Program
(626) 430-5400
www.publichealth.lacounty.gov

U.S. Food & Drug Administration
1-888-SAFEFOOD
1-888-723-3366
www.fda.gov