



County of San Diego

# PREVENT CLOGS, PROPERLY DISPOSE OF F.O.G.s

Over 50% of San Diego County residents believe pollution of our waterways directly affects them and their families.<sup>1</sup> Follow these tips from the County of San Diego Watershed Protection Program on proper disposal of **fats, oils, and grease (F.O.G.s)** to keep our water bodies clean.

F.O.G.s can clog pipes resulting in costly repairs and sewer overflows which can pollute our waterways. Keep things running smooth by placing F.O.G. waste in your green organics bin instead of down your drain.

## COMMON HOUSEHOLD F.O.G.S INCLUDE:



Butter



Condiments



Cooking Oil



Fat Trimmings



Gravy



Meat Grease



Salad Dressing



Yogurt

## Most residents are already doing the right thing to dispose of F.O.G.s by:

- ❖ Wiping dishes clean with a paper towel and placing it into your green organic waste bin or trash bin if you do not have a curbside organics pickup date yet (contact your trash service provider for more information).
- ❖ Allowing liquids like melted butter and grease to cool and harden, then scraping into the green organic waste bin or trash bin. (TIP: utensils or rubber scrapers work great for this!)

## Prevent odors and pests with these easy tips:

- ❖ Store F.O.G. and other organic waste in a reusable container (coffee cans or plastic storage container) until your pickup date, then transfer waste from the container to your outdoor green waste bin.
  - » Request a dishwasher-safe kitchen caddy from your trash service provider.
- ❖ Place your caddy, container, or paper bags containing F.O.G. waste in the freezer or refrigerator then transfer waste to your outdoor green waste bin the night before the pickup date.
- ❖ Line the bottom of your indoor container and outdoor green waste bin with newspaper, paper bags, or yard trimmings.

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<sup>1</sup>Based on recent countywide surveys.