



county of san diego

Our Sweetwater Watershed



Watersheds are land areas that drain water through streams, lakes and rivers to a common low point – usually the ocean.

The Sweetwater Watershed is 1 of 11 watersheds within San Diego County. It is one of three distinct watersheds that make up the San Diego Bay Watershed Management Area. The Sweetwater Watershed begins in the mountains east of Cuyamaca Rancho State Park and drains all the way to the San Diego Bay in National City. If you live within this watershed, actions you take at your home and within your community can help improve the water quality in our rivers, lakes, and ocean.

We rely on our watershed more than you might think.

Whenever we fish at Sweetwater Reservoir, camp at Sweetwater Regional Park, or simply take a sip of water, we are using our watershed's resources.



Sweetwater Watershed Map



We Can Protect Our Watersheds with Just a Few Steps!

The water that flows through our watershed picks up pollutants like trash, and bacteria, which can contaminate our waterways. **The top priority in the Sweetwater Watershed is preventing trash pollution, including green waste.** As residents, it is up to us to keep it clean. Every individual action can add up to big changes.

You can help protect our watershed by taking these simple actions to prevent pollution:



Trash | *including green waste*

- Throw all trash away in designated containers and keep the lids closed.
- Visit <https://wastefreesd.org/> to find out how to dispose or recycle specific items.



Bacteria | *found in waste and sewage*

- Keep your yard free of pet waste. Carry bags when walking your pet and properly dispose of their waste in designated containers.
- Take care of your sewer or septic system. Report sewage leaks or spills immediately to 858-505-6657.
- Properly dispose of RV sewage at a designated dump station.

The County of San Diego and its partners also work together to keep our watersheds healthy.

If you would like to learn more about these efforts in the Sweetwater Watershed as part of the San Diego Bay Watershed, visit www.projectcleanwater.org/san-diego-bay-wma/

Call Us For More Information or to Report Pollution. 1-888-846-0800

watersheds@sdcounty.ca.gov ■ www.sandiegocounty.gov/stormwater