



County of San Diego

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BASE STATION PHYSICIANS' COMMITTEE MEETING Christopher Wiesner, M.D., Chairperson

Sharp Spectrum Auditorium
8695 Spectrum Center Court, Kearny Mesa
San Diego, CA 92123

Tuesday, January 16, 2018 – Minutes

Present Members

Donofrio, D.O., Joelle – Rady/Children's
Kahn, M.D., Chris – City of SD Med. Director
Klingensmith, Todd – SD Co. Paramedics Assn.
Koenig, M.D., Kristi – County EMS Med. Dir.
Levine, M.D., Saul – Sharp Memorial BHMD
Marsan, M.D., Robert – Scripps Mercy BHMD
Marzec, M.D., Karl – Palomar BHMD
Schwartz, M.D., Brad – AMR/RCCP Director
Scott, M.D., Christopher – Kaiser Permanente
Smith, D.O., Ryan – Tri-City BHMD
Smith, R.N., Susan – Prehospital Coordinator
Vilke, M.D., Gary – Carlsbad Fire
Weinstein, M.D., Steven – Sharp Grossmont
Wiesner, M.D., Christopher – Scripps La Jolla

County Staff

Kirkpatrick, Jim
Koenig, M.D., Kristi
Mahoney, R.N., Meredith
Smith, R.N., Susan
Stepanski, Barbara
Vassiliou, Elaine/recorder

In Attendance

Ayers, R.N., Kathi – Sharp TPM
Bourdon, R.N., Darlene – Scripps Mercy BHNC
Branning, Mark – San Diego Health Connect
Cochran, Jennifer – REACH Air

In Attendance (cont'd)

Cote, R.N., Chara – Tri-City Medical Center
Covell, Brian – Scripps Mercy
deKlerk, R.N., Maude -- RCCP
Dotson, R.N., Melody – UCSD BHNC
Duffy, R.N., Jenny – San Marcos Fire
Farah, M.D., Jennifer – UCSD
Ferguson, Brian -- NMCS
Garron, Jennifer -- AHA
Graydon, R.N., Cheryl – Palomar Medical Ctr BHNC
Gurney, Michael – NCFPD
Healy, R.N., Marla – Sharp Memorial
Hoover, R.N., Ann -- UCSD
Ideman-Gervais, R.N., Dianne – Sharp Grossmont
Lord, Scott – Mercy Air
Mahr, Kevin – North County Fire
Marlin, Stephanie – REACH Air
Matsushita, Justin – Santee FD
McEwan, Mike -- USBP
Meadows-Pitt, R.N., Mary – Sharp Grossmont
BHNC
Neill, Mark – REACH Air
Peck, Sean -- FFD
Rosenberg, R.N., Linda – Sharp Memorial
Seabloom, R.N., Lynne – Oceanside Fire
Sloane, M.D., Christian – Mercy Air
Sullivan, Don – AMR
Virgen, Carlos -- SYCFD
Wells, R.N., Christine – Scripps La Jolla BHNC

I. CALL TO ORDER/INTRODUCTIONS/ANNOUNCEMENTS

Chris Wiesner, M.D. called the meeting to order at 11:03 am.

Dr. Wiesner was formally approved as BSPC chairperson for 2018.

II. APPROVAL OF MINUTES

A motion was made and seconded to approve the minutes from Nov. 21, 2017. Motion carried.

II. POLICY REVIEW (Jim Kirkpatrick, County EMS) S-005 EMS Medical Director’s Advisory Committee, BSPC

The BSPC purpose, policy, membership, responsibilities and election of officers were all reviewed.

The purpose of BSPC is to provide consultation, medical protocol review and recommendations regarding prehospital medical care issues to the County of San Diego EMS Medical Director.

Guests and interested parties should direct their input to the committee members who are tasked with discussing and reaching consensus on these issues.

Due to room scheduling conflicts, the BSPC meetings may be held in a smaller meeting space in the future. More information will be available soon.

IV. COUNTY REPORT (Susan Smith, R.N.)

1. Surveillance:

- a. Influenza season officially began on November 1, 2017. Everyone is encouraged to get a flu shot.
 - There is an elevated level of new cases of influenza.
 - As of January 6, 2018: 10,000 cases, 91 deaths. The strain is predominantly H3N2. The flu outbreak is peaking earlier this year.
 - The Capacity Plan has been moved from Level 1 to Level 2. There are now weekly phone conferences to manage the outbreak of flu.
The CDC regulations are being followed in regards to administration of Tamiflu. Tamiflu should be administered as soon as possible to high risk groups (ideally within 48 hours of onset).
Even outside the 48 hour window, Tamiflu should be administered as early as possible to all patients. Some local shortages have been reported.

2. Policies and Protocols

- a. EMT Regulations
 - EMTs who have received documented training in the new regulations will be allowed to use the new skills now. Skills include administration of Epi auto-injector, intranasal Naloxone and the finger stick blood glucose testing.
- b. Protocol Review
 - Protocols will be reviewed later in the meeting today.

c. LEMSIS

- The next opportunity for agencies to migrate to the LEMSIS PCR is estimated to be June 19, 2018. The request form must be submitted by March 31, 2018.

d. The dispatch and responder data is being collected. Thank you for submitting this data.

3. Initiatives

a. Love Your Heart

- Love Your Heart will take place on February 14, 2018. The HHSA staff will be coordinating the event. Please let Jim Kirkpatrick know if you or your agency would like to participate.

V. SAN DIEGO HEALTH CONNECT

SAFR inquiries have increased by 20-25%. Several local hospitals would like to expand the system in their emergency rooms.

The POLST e-registry will tie data to SAFR. This data will be available for query from the HIE. The information will be available to paramedics in March 2018.

Work is continuing on the Emergency Department Notifications and Alerts (EDNA) system. The community will be queried on several factors such as whether the patient is a high utilizer, etc. This information will be entered into the ED tracking system.

VI. SAN DIEGO HEALTHCARE DISASTER COUNCIL (Chris Wells, R.N.)

This meeting will take place tomorrow.

VII. CARDIAC ARREST TASK FORCE (Brad Schwartz, M.D.)

A letter and data collection tool will be sent out requesting cardiac arrest data. Please submit your data collection tool for analysis. The results will be available after all data has been analyzed.

Dr. Koenig is working with the dispatch agencies regarding CPR and other issues.

VIII. PROTOCOL REVIEW (Meredith Mahoney, R.N.)

The following protocols were reviewed:

S-100 – Introduction

--Add #3: EMT skills which took effect July 1, 2017 (includes: finger stick blood glucose testing, naloxone, epinephrine auto-injector) may only be performed when on-duty with a provider that is part of the organized EMS system and in the prehospital setting and/or during interfacility transport.

S-103 - BLS/ALS Ambulance Inventory

--Add to optional items: glucometer, epinephrine auto-injector and naloxone intranasal.

S-104 – Skills

--Delete: ET Depth Pediatrics: Age in years plus 10. Assess for right main stem intubation.

--Add: Sports Injury Patient-If a patient is helmeted and/or shoulder padded patient helmet and pads should be removed.

S-122 – Allergic Reaction

--Remove: EpiPen or...

--Add under BLS: Epinephrine auto-injector 0.3mg IM. MR x 2 q5”.

--Add under ALS for Angioedema: lip/tongue/face swelling/difficulty swallowing/throat tightness, hoarse voice.

--Move: Info under Anaphylaxis moved from the top section to the bottom section.

--Add: Note: EMTs not yet trained in Epinephrine auto-injections may still assist patient to self-medicate with patient’s prescribed EpiPen.

S-123 – Altered Neurologic Function

--Add under BLS: Monitor blood glucose prn SO. Symptomatic suspected opioids OD (with respiratory rate <12): (Use caution in opioid dependent pain management patients) Narcan 2 mg|N x 1.

--Add under Note: EMTs not yet trained in naloxone IN administration may still assist family or friend to medicate with patient’s prescribed naloxone symptomatic suspected opioids OD.

S-127 – Dysrhythmias

--Delete under BLS on pages 4, 5 & 6: TAH patients DO NOT perform compressions unless instructed otherwise by VAD or TAH coordinator or Base hospital.

--Change under ALS page 7: change from 30 minutes to 20 minutes in both sections.

S-134 – Poisoning/Overdose

--Delete under BLS: Symptomatic suspected opioids OD: May assist family or friend to medicate with patient’s own naloxone.

--Add: Symptomatic suspected opioids OD with respiratory rate <12: (use with caution in opioid dependent pain management patients). naloxone 2 mg IN x 1.

--Add to the bottom under Note: EMTs not training in naloxone IN administration may still assist family or friend to medicate with patient prescribed naloxone in symptomatic suspected opioids OD.

S-136 – Respiratory Distress

Add: Fireline Paramedics (FEMP) without access to oxygen may use MDI delivery for albuterol in place of nebulizer.

S-150 – Nerve Agent Exposure-Auto Injector Use

--Add under BLS: Strip off all clothing, turning inside out to avoid contact with outer clothing surfaces. Flush affected area(s) with copious amounts of water

--Add: (Use “SLUDGE” mnemonic) Salivation, Lacrimation, Urination, Defecation, Gastric complications, Emesis.

--Add under ALS for Moderate: Headache, weakness, miosis, rhinorrhea, dyspnea/wheezing (if inhaled), increased secretions, generalized...

--Add under ALS for Severe: Unconscious, seizures, muscle weakness, fatigue, flaccid, paralysis, apnea, bradycardia, heart blocks or tachycardias.

--Add under Note: ...treatment of patients ONLY by prehospital personnel who have completed the County of San Diego approved training or on scene just-in-time training by trained personnel) specific to the use of autoinjectors.

General discussion by the group.

IX. ITEMS FOR FUTURE DISCUSSION/ADJOURNMENT

Darlene Bourdon is retiring, and this will be her last BSPC meeting. The group thanked her for her excellent work with the EMS community and BSPC.

The meeting was adjourned at 1:05pm.

X. SPECIAL SESSION IMMEDIATELY FOLLOWING PAC

*The next Base Station Physicians' Committee meeting will be held on February 20, 2018.

The meeting will be from 12:00pm-2:00pm in the Board Room. Official time and location will be confirmed at a later time.