

SAN DIEGO COUNTY HEALTH CARES INITIATIVE

IMPROVING PREVENTION AND RESPONSE PRACTICES
FOR
DOMESTIC VIOLENCE AND STRANGULATION





SAN DIEGO COUNTY HEALTH CARES INITIATIVE ANNOUNCEMENT

PRESENTERS

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IS IT IMPORTANT TO IDENTIFY NONFATAL STRANGULATION?



True or False?

Non-fatal strangulation of an intimate partner is associated with an increased in risk of future homicide.



NONFATAL STRANGULATION AND HOMICIDE

TRUE

One of the most lethal forms of domestic violence and sexual assault

Associated with a

- SIX-fold increased risk of attempted homicide
- SEVEN-fold increased risk of completed homicide (some sources say 8x)







WHY IMPORTANT?

- Non-fatal strangulation is a strong indicator of future lethality in intimate partner relationships.
- Healthcare staff have an important role in screening for intimate partner violence (IPV) and strangulation.
- Referral for a Domestic Assault Forensic Examination (DAFE) can make a difference in the investigation and prosecution of these crimes.
- 13% of domestic violence homicides in our county in the past 22 years were the result of strangulation.
- Domestic violence can have short and long-term health impacts such as hypertension, chronic pain, heart disease, traumatic brain injury, stroke, anxiety, depression, substance use, miscarriage.

SAN DIEGO COUNTY HEALTH CARES

- Conduct Screening for current and former intimate partner abuse
- Assess for signs and symptoms of strangulation
- Report suspicious injuries to law enforcement
- **Evaluate** patient (evidence collection by a Forensic Examiner)
- Safety Plan and connect patient to resources



VICTIM APPEARANCE

Recognizing strangulation signs and symptoms during medical examinations can save lives!

However, >50% of victims have NO EXTERNAL SIGNS

SIGNS AND SYMPTOMS OF _ **STRANGULATION** · Loss of memory Fainting Petechiae Bald spots (from heir being pulled) Defecation Loss of sensation Bump to the head from blunt force trauma or falling to the ground Dizziness **EYES & EYELIDS** Petechiae to eveball Ringing in ears · Petechiae on earlobe(s) · Petechiae to evelid · Bruising behind the ear Bloody red eyeball(s) . Bleeding in the ear Vision changes Droopy eyelid MOUTH FACE Bruising · Petechiae (tiny rad spotsslightly red or florid) Swollen tongue Scratch marks Swollen lins Facial drooping Cuts/abrasions Internal Petechiae Swelling NECK CHEST Redness Scratch marks Chest pain Finger nail impressions Redness Bruising (thumb or fingers) Scratch marks Bruising Ligature Marks **VOICE & THROAT CHANGES** BREATHING CHANGES Raspy or hoarse voice ● Coughing Unable to speak Nausea Difficulty breathing Trouble swallowing Drooling · Respiratory distress · Painful to swallow Sore throat Unable to breathe







STRANGULATION IS SERIOUS!

Only 4 pounds or external pressure required to occlude jugular veins

Only 5 to 11 pounds of pressure required to occlude carotid arteries

Unconsciousness can occur within seconds

Death can occur within 3 to 5 minutes

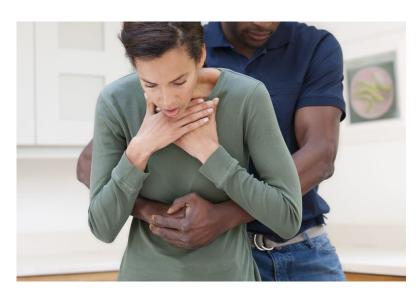




CHOKING vs. STRANGULATION

Strangulation is not "choking"

 Choking involves INTERNAL airway obstruction rather than an external force applied to the neck

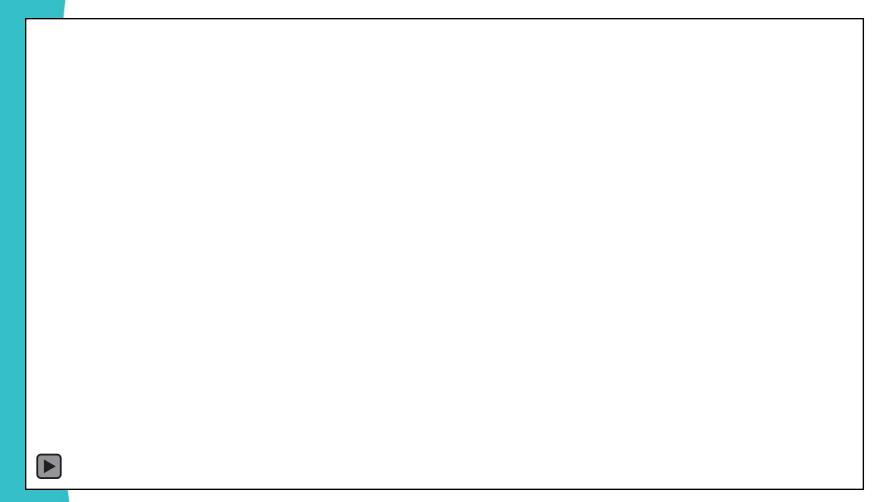








UNCONSCIOUSNESS WITHIN SECONDS







PASSING THE TORCH

FROM CRIMINAL JUSTICE TO HEALTHCARE





INITIATIVE GOALS

* STRANGULATION **ASSESSMENT TOOLS & TRAINING FOR HEALTHCARE STAFF** *UNIVERSAL SCREENING FOR INTIMATE PARTNER ABUSE *FURTHER EVALUATION & REFERRALS FOR FORENSIC EXAMS *SUSPICIOUS INJURY REPORTING *PATIENT SAFETY PLANNING



*CONNECTIONS TO RESOURCES



TARGET SETTINGS

Civilian and Military Hospitals and Health Systems

Colleges/Universities Student Health Centers

Community Clinics (FQHC's)

Medical/Nursing Schools

Professional Organizations

 American Academy of Family Physicians, Hospital Association of San Diego & Imperial County (HASDIC), Stroke Consortium

County Public Health Nurses



INITIATIVE LAUNCH

- ☐ Press Conference 10/15/19
- ☐ Prevention Kits Roll-Out
 - Information, tools, resources for healthcare staff and for patients
- ☐ Train-the-Trainer Event 10/16/19
- ☐ Posters/wallet cards for healthcare sites
- Website



SEEKING CHAMPIONS

ROLE OF A CHAMPION

- ✓ Attend the train-the-trainer on October 16th (*Health Cares about DV Day*)
- ✓ Receive a set of Prevention Kits for your healthcare system
- ✓ Hang the posters and place the wallet cards in key areas of your healthcare site
- ✓ Request originals from HHSA Public Health after 10/16 for further duplication of kit items
- ✓ Become a spokesperson for the campaign within your organization



SAN DIEGO COUNTY HEALTH CARES INITIATIVE

CONTACT US TO BECOME A CHAMPION

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LIVE WELL SAN DIEGO