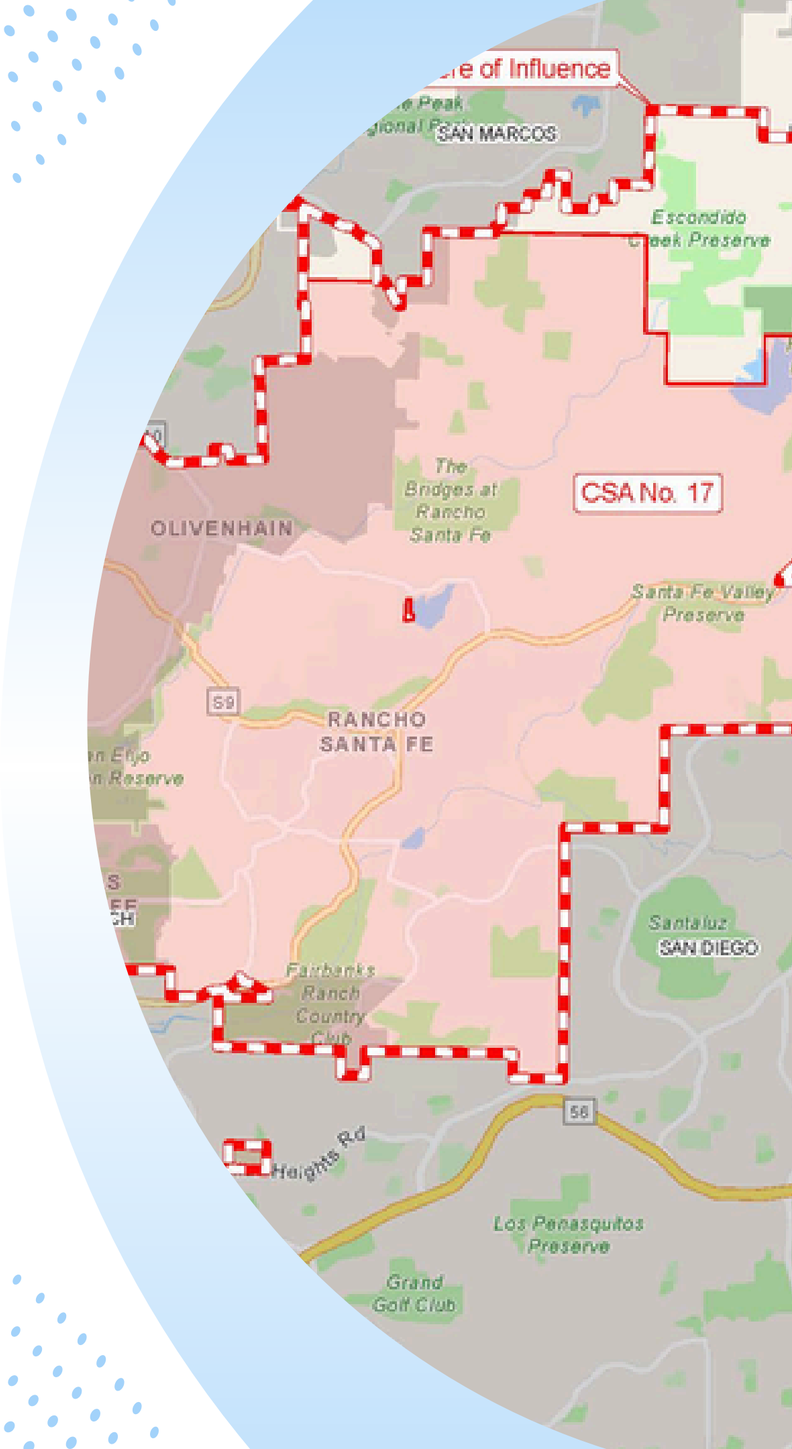
Q3 REPORT - OCTOBER 2026

CSA 17
COMMUNITY OUTREACH

COUNTY OF SAN DIEGO
SAN DIEGUITO AMBULANCE DISTRICT

Prepared by:

AMR®
A Global Medical Response Solution



YTD SUMMARY

68 EVENTS SUPPORTED

264 BLOOD PRESSURE CHECKS

56 FOTS TRAINED

4106 HANDS ONLY CPR TRAINED

16 CAR SEAT CHECKS/INSTALLS

804 AMR HOURS DEDICATED

Event data from Jan 1 thru Oct 26 - 2026

AMR
A Global Medical Response Solution

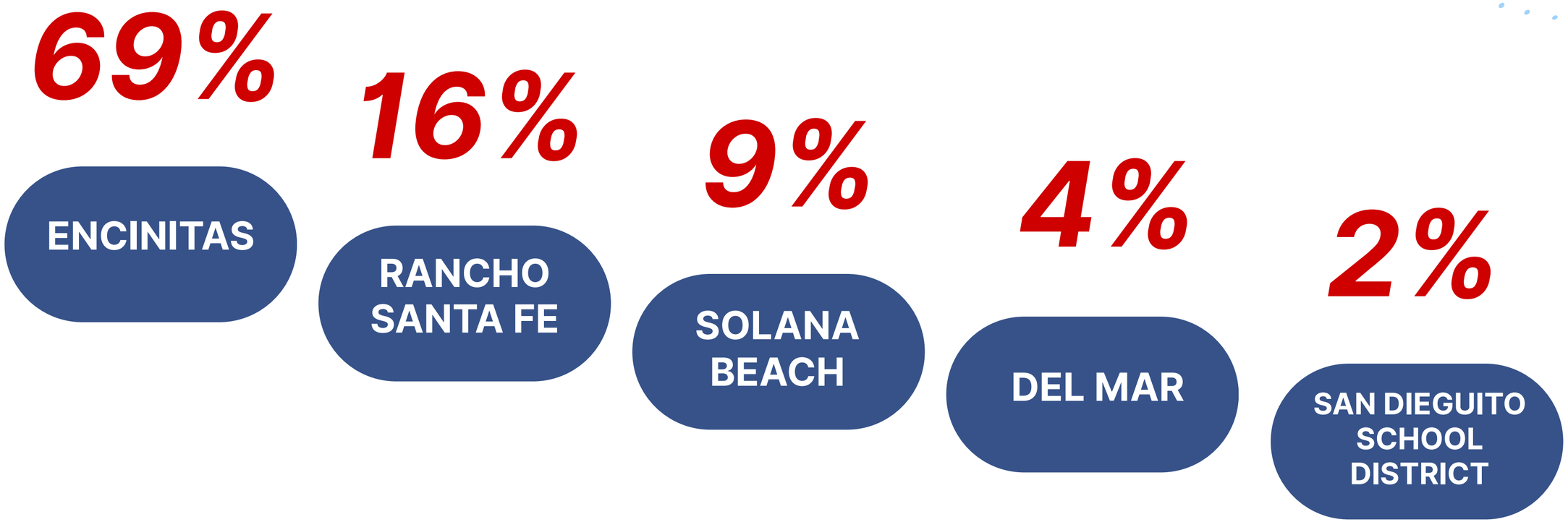
BREAKDOWN BY QUARTER

Q1: JANUARY-MARCH	(22) Events / (2254) CPR / (113) BP / (5) CS / (11) FOTS / (308) Hours
Q2: APRIL - JUNE	(22) Events / (1475) CPR / (66) BP / (3) CS / (32) FOTS / (275) Hours
Q3: JULY - SEPTEMBER	(18) Events / (86) CPR / (60) BP / (4) CS / (13) FOTS / (187) Hours
Q4: OCTOBER TO DATE	(6) Events / (291) CPR / (25) BP / (4) CS / (0) FOTS / (34) Hours

A list of all events completed is at the end of this presentation.

AMR
A Global Medical Response Solution

YTD EVENT ACTIVITY BY AREA



Percentages have been rounded to one decimal point.

AMR
A Global Medical Response Solution

TRENDS & SUGGESTIONS

According to regional data from the City of San Diego Open Data Portal and county public health trends, during the fall months, the EMS system experiences a distinct shift in 911 dispatch volume driven heavily by regional weather changes and seasonal transitions.

There tends to be a surge in heat-related illnesses triggered by late-season Santa Ana winds, severe respiratory distress from dry air and wildfire smoke, and a high baseline of traumatic injuries from falls and cardiac emergencies. Additionally, shorter daylight hours and changing weather conditions contribute to an increase in traffic collisions.

Based on these trends, and the impending threat of El Niño, it's suggested to do more community outreach and education around the following topics:

- EL NINO PREP WORKSHOPS
- HEAT RELATED ILLNESS PREVENTION
- HEART ATTACK & STROKE AWARENESS
- FALL PREVENTION WORKSHOPS
- E-BIKE & PEDESTRIAN SAFETY
- RESPIRATORY DISTRESS AWARENESS

NEW:
CPST TRAINING COURSE (4 SPOTS)



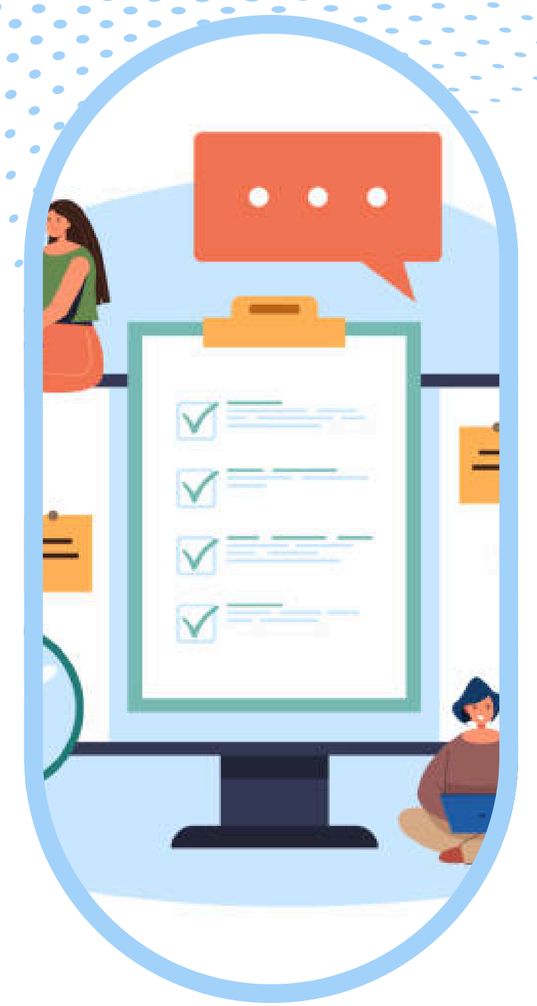
AMR and Rady Children's Hospital are offering a 4 Day certification course to become a Child Passenger Safety Technician. In addition, AMR is partnering with County Fire to use their world class new training center. Cost of instructors will be covered by a grant, and AMR will cover the costs for snacks and refreshments. The total cost will be $95 per person. For this first cohort, **there are 4 spots reserved for CSA 17.**

Dates/Times: November 10th thru 13th, 8am to 5pm each day and you must attend all days/hours.

Location: San Diego County Fire Protection District Willow Creek Training Center

Please reach out by WEDNESDAY NOVEMBER 4th to secure your spot!

AMR®
A Global Medical Response Solution



NEW: ONLINE COMMUNITY EDUCATION REQUEST FORM

To help track and manage events more efficiently, we are launching an online event request form. This will help make requesting event support much easier.

The process is simple and easy!

- YOU SUBMIT YOUR REQUEST
- WE CONFIRM THE DETAILS
- WE GET YOU ON THE SCHEDULE
- WE SUPPORT YOUR EVENT

Planned launch date mid-November 2026.

AMR
A Global Medical Response Solution

Q1: EVENTS



1/2/2026	Bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
1/5/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
1/10/2026	Bleeding Control & Hands Only CPR/ AED w/ RSF CERT Team	Rancho Santa Fe
1/15/2026	Bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas
1/17/2026	Fire Ops 101	Rancho Santa Fe
2/2/2026	CPR in Schools at Diegueño Middle School	Encinitas
2/2/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
2/6/2026	Bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
2/9/2026	CPR in Schools at Canyon Crest Academy	San Dieguito School District
2/10/2026	Love Your Heart Event at Moonlight Beach	Encinitas
2/10/2026	CPR/Activating 9-1-1/Senior Fall Prevention/Bleeding Control at Lo Colonia in Solana	Solana Beach
2/13/2026	CPR/ AED training Mt Carmel HS	Rancho Santa Fe
2/14/2026	Hotcakes & Heartbeats with Solana Beach FD	Solana Beach
2/19/2026	Bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas
2/23/2026	CPR Certification class at The Graur School in Encinitas Day 1	Encinitas
2/24/2026	CPR Certification class at The Graur School in Encinitas Day 2	Encinitas
2/28/2026	HoH w/ Solana Beach LL	Solana Beach
3/2/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
3/6/2026	Bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
3/16/2026	CPR in Schools Earl Warren Middle School	Solana Beach
3/17/2026	Spanish First aid at La Colonia	Solana Beach
3/19/2026	bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas

Q2: EVENTS



4/3/2026	Bi-monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
4/4/2026	Encinitas Spring Egg Hunt	Encinitas
4/4/2026	RSF Fire Easter Event	Rancho Santa Fe
4/6/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
4/9/2026	CPR in Schools Torrey Pines HS Day 1	Del Mar
4/10/2026	CPR in Schools Torrey Pines HS Day 2	Del Mar
4/16/2026	FOTS w/ Encinitas Staff	Encinitas
4/16/2026	Bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas
4/26/2026	Bleeding control & Hands Only CPR w/ Girl Scouts of Del Mar	Del Mar
5/1/2026	Bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
5/4/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
5/14/2026	FOTS w/ Encinitas Staff	Encinitas
5/17/2026	HoH Cyclovia	Encinitas
5/21/2026	bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas
5/29/2026	Heartsaver CPR at The Graur School	Encinitas
6/1/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
6/5/2026	Bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
6/13/2026	Bro-Am 2026	Encinitas
6/18/2026	Bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas
6/20/2026	HoH w/ Encinitas Youth Commission	Encinitas
6/25/2026	FOTS w/ Encinitas Staff	Encinitas
6/28/2026	Elfin Forest 4th of July Parade	Rancho Santa Fe

Q3: EVENTS



7/2/2026	RSF IMCI Drill (Day 1)	Rancho Santa Fe
7/3/2026	Bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
7/6/2026	RSF IMCI Drill (Day 2)	Rancho Santa Fe
7/6/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
7/9/2026	RSF IMCI Drill (Day 3)	Rancho Santa Fe
7/16/2026	Bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas
7/28/2026	RSF Live Fire Drill (Day 1)	Rancho Santa Fe
7/29/2026	FOTS w/ Encinitas Staff	Encinitas
7/30/2026	RSF Live Fire Drill (Day 2)	Rancho Santa Fe
7/31/2026	RSF Live Fire Drill (Day 3)	Rancho Santa Fe
8/5/2026	National Night Out La Colonia	Solana Beach
8/6/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
8/7/2026	Bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
8/20/2026	Bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas
9/4/2026	bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
9/5/2026	HoH Kids Day Cardiff Farmers Market	Encinitas
9/7/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
9/17/2026	bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas

Q4: EVENTS
(TO DATE)



10/2/2026	Bi-Monthly BP Checks at ENC Senior Center (1 of 2)	Encinitas
10/3/2026	Del Mar Fire Open House	Encinitas
10/3/2026	Encinitas Fire Open House	Encinitas
10/5/2026	Monthly Car Seat Inspections at ENC senior Center	Encinitas
10/10/2026	RSF Fire Open House	Encinitas
10/15/2026	Bi-Monthly BP Checks at ENC Senior Center (2 of 2)	Encinitas

THANK YOU

FOR QUESTIONS OR COMMENTS
PLEASE CONTACT:

TINA INDALECIO, MPH, MS, CPST
Community Education and Public Affairs Manager
San Diego and Imperial Counties

c: 858-392-5628
e: tina.indalecio@gmr.net

