

# **EMS Medical Director Report**

**Emergency Medical Care Committee June 26, 2025** 



# Topics



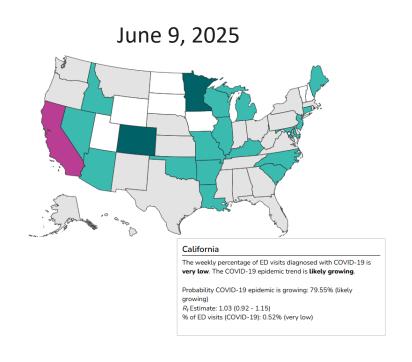
- 1. Emerging Threats
- 2. EMS Protocols
- 3. Cross-Border EMS Pilot
- 4. State of California Updates
- 5. Cardiac Resuscitation Initiatives
  - Revive & Survive San Diego
  - ECPR Pilot
- 6. Quality Improvement (QI) Initiatives
  - Stroke
  - EMS for Children (EMSC)
- 7. Prehospital Blood

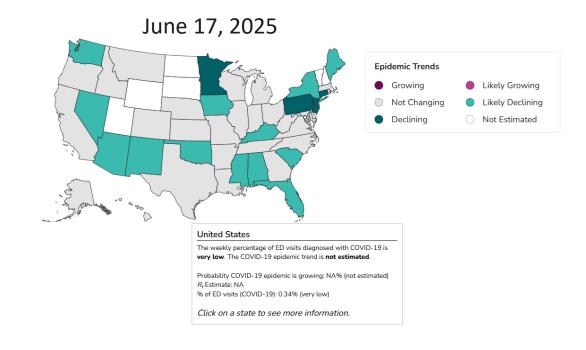


# 1. Emerging Threats

#### **Summer COVID Wave?**

As of June 17, 2025, CDC estimates that COVID-19 infections are growing or likely growing in 0 states, declining or likely declining in 17 states, and not changing in 27 states.







Current Epidemic Trends (Based on Rt) for States | CFA: Modeling and Forecasting | CDC

# 1. Emerging Threats

### **Summer COVID Wave?**

#### **Potential reasons**

- Waning immunity
- Increased travel
- Increased indoor activity (air conditioning in cooling centers)
- New highly transmissible mutated subvariants spreading in U.S.
  - Family of JN.1 lineage descendants including KP.2 and JN.1.7 ("FLiRT")
  - Omicron descendent NB.1.8.1 ("Nimbus") "Razor-blade throat"

### What can you do to protect yourself?

- Stay up-to-date with vaccinations
  - <u>Immunization Schedules | Vaccines & Immunizations</u>
- Use caution in crowded indoor settings
  - e.g., traveling through international airports



# 1. Emerging Threats

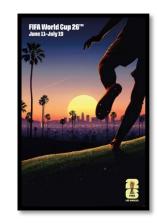
### **Viral Hemorrhagic Fevers**

#### **Tranquil Passport**

- FIFA World Cup 26
- Four-day Full Scale Exercise (FSE)

#### **New Federal Biocontainment Unit (PBCU)**

 Isolate and safely transfer multiple patients with high-consequence infectious diseases







## 2. EMS Protocols

2025-2026

- Protocols and policies posted on the **EMS website** 
  - Available on the <u>EMS Mobile App</u> July 1
- BSPC Protocol Workgroup





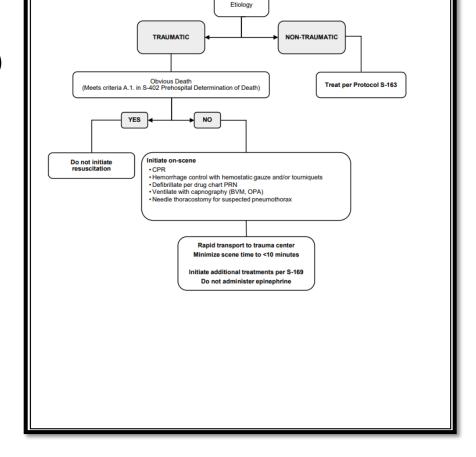


# 2. EMS Protocol Clarification

#### **Pediatric Traumatic Cardiac Arrest**

- Rapid transport of <u>all</u> patients <15 years not meeting obvious death criteria
- Destination
  - Rady Children's (unless unmanageable airway)
- Preliminary Data (prior to this change) (includes non-transports as well as transports)
  - 2024 CY: (5) traumatic cardiac arrests
  - 2025 YTD: (2) traumatic cardiac arrests (captures ~90%)





PEDIATRIC TRAUMATIC CARDIAC ARREST



# 3. Cross-Border EMS Pilot

### Challenge & Solution (Mission & Goal)

#### Challenge

- Patients arriving to border in Mexican ambulances with no advanced notice
- Receiving treatments not within paramedic scope of practice

#### Mission & Goal

- Ensure a patient-centered approach to interfacility transfers between Mexico and San Diego and Imperial Counties
- Initial pilot: improve communications for Mexican ambulances arriving at San Ysidro Port of Entry





## 3. Cross-Border EMS Pilot

### Partnership between CRUM\*, Metro Dispatch, CBP

### **New Communications Pathway**

- Established dedicated phone lines
- Performed multiple practice drills
- Conducted agency-specific trainings
- Collaborative in-person strategic partner training
- Developed Quality Management metrics















# 3. Cross-Border EMS Pilot

### Go Live!

July 2025						
S	M	I	W	Т	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		





# 4. State of California Updates

### **EMDAC** Meeting June 17, 2025

- California's 9-1-1 EMS Obstetric Protocols
  - Presentation by Dr. Diana Ramos, State Surgeon General
  - Local BSPC EBM presentation May 20 (<u>flyer | video</u>)
- Law enforcement response to behavioral health calls (panel discussion)





# 4. State of California Updates

# The Commission on Emergency Medical Services Meeting June 18, 2025

- Unanimously passed emergency temporary regulations
  - Chapter 1, Article 1.2. Ambulance Patient Offload Time (APOT)
  - ~200 public comments received during a 5-day public comment period
  - Planned implementation on or around July 1 (pending OAL approval)

Title 22. Social Security

Division 9. Pre-hospital Emergency Medical Services

Chapter 1.2 Delivering Equitable and Person-Centered Care - Ambulance Patient Offload Time

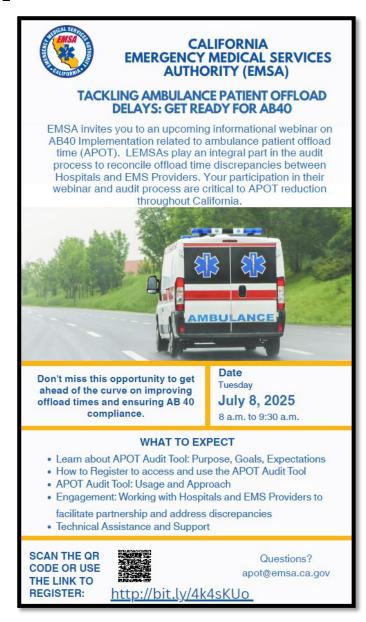


EMS Commission reviews and approves regulations developed by EMSA

# 4. State of California Updates

### **EMSA APOT Webinar (July 8)**

- APOT Audit Tool
- Technical assistance
- Email <u>APOT@emsa.ca.gov</u>
- Register for Webinar





## 5. Cardiac Resuscitation Initiatives

### Revive & Survive San Diego

Partnership between County of San Diego EMS and UC San Diego SPH

Goal: One Million

**522,037 trained** 

since January 2024

revivesurvive.ucsd.edu









# 5. Cardiac Resuscitation Initiatives

Extracorporeal Cardiopulmonary Resuscitation (ECPR) Pilot Program 2-year anniversary, July 1, 2025

Survivor celebrations ongoing! Reunion on Sunday, June 29: 7 invited survivors with 7 hours of CPR between them



## 5. Cardiac Resuscitation Initiatives

Dead for 86 Minutes, Local Mom is Brought Back to Life

# EMMY® AWARD RECIPIENTS June 21, 2025 Health/Medical



The National Academy of Television Arts & Sciences Pacific Southwest Chapter



**Anita Lightfoot, County Of San Diego** 



# 6. QI Initiative

### **Stroke**

#### Witness Availability

By Dec 2025



- 1. Decrease time-to-treatment for stroke patients receiving intervention by 10-minutes (outcome)
- 2. Improve immediate availability of witness information to stroke treatment team to 75% (process)
- 3. Improve documentation of witness contact information in ePCR to 50% (process)
- 4. Improve documentation of last-known well time in Stroke Registry to 90% (process)



# 6. QI Initiative

### EMS for Children (EMSC): Pediatric OHCA

- Cardiac/Chest Compression Fraction (CCF)
  - Proportion of time during CPR that chest compressions are performed
  - Key metric to evaluate CPR quality
  - Directly linked to *improved patient outcomes*

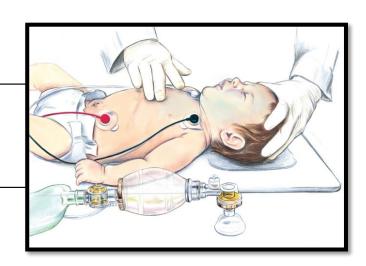
Aim 1: 90% of all Pediatric OHCA will have a CCF > 80% by December 2025

Aim 2: 90% of all Pediatric OHCA will receive epinephrine on-scene by December 2025

Aim 3: 90% of all Pediatric OHCA will have ventilations initiated on-scene by December 2025

Aim 4: Improve neurologically intact survival of Pediatric OHCA by 10% for 2025 compared to 2024

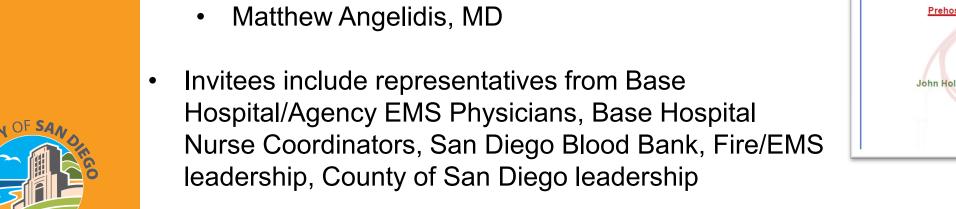




# 7. Prehospital Blood

### **HOT TOPIC** (No decision has been made)

- Starting discussion at July MAC meeting
- National speakers confirmed
  - Jon R. Krohmer, MD
    - Chair, Prehospital Blood Transfusion Coalition
  - John Holcomb, MD







# 7. Prehospital Blood

### **Sample Questions**

- How commonly is prehospital blood being used across the country?
- What type of blood products should be used?
- What are the details of the prehospital protocols?
- What are the key components of education and training?
- How can we get blood to the scene in a timely matter?
- Would a prehospital blood program increase scene time?
- Can 9-1-1 dispatchers identify potential candidates?
- How can we increase the overall blood supply?





# Questions?

