

COUNTY OF SAN DIEGO EMERGENCY MEDICAL SERVICES
 POLICY/PROCEDURE/PROTOCOL
 SUBJECT: TREATMENT PROTOCOL – ALS MEDICATION LIST

No. **P-115**
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 Date: **07/01/2021**

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
ACETAMINOPHEN	MILD pain (score 1 - 3) or MODERATE pain (score 4 - 6) or SEVERE pain (score 7 - 10) or Refusal / contraindication to ketamine	S-141, S-173	Maximum total daily dose: 4000 mg in 24 hours. Give over 15 minutes. May be co-administered with other analgesics with appropriately adjusted doses (i.e., a lower dose of ketamine/fentanyl/morphine).	Severe hepatic impairment or active liver disease. Known hypersensitivity or allergic reaction history. If known or suspected total dose exceeding 4000 mg in a 24-hour period. Acetaminophen IV < 2 years of age. Pediatric administration requires signs of adequate perfusion.
ADENOSINE	Stable (symptomatic) SVT	S-127, S-163	Patients with history of bronchospasm or COPD may suffer bronchospasm following administration.	Second or third-degree AV block. Sick Sinus Syndrome (without pacemaker).
ALBUTEROL	Anaphylaxis with respiratory involvement Burns with respiratory distress with bronchospasm Respiratory distress of suspected non-cardiac origin (Adult) Respiratory distress with bronchospasm (Pediatric) Suspected hyperkalemia in hemodialysis patient in presence of widened QRS complex or peaked T waves	S-122, S-124 S-131, S-136 S-162, S-167 S-170	Continuous administration via O ₂ powered nebulizer or MDI. If concerned about aerosolized infectious exposure, substitute with albuterol MDI, if available.	Avoid in croup.
AMIODARONE	Persistent pulseless VF/VT after 3 defibrillation attempts Pulse ≥60 status post-defibrillation (defibrillation/AED) Reported/witnessed ≥2 AICD firing and pulse ≥60 Stable VT	S-127 S-163	Cardioversion first if unstable with severe symptoms.	

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MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
ASPIRIN	Pain/discomfort of cardiac origin	S-126	Aspirin 324 mg chewable PO should be given regardless of prior daily dose(s).	
ATROPINE SULFATE	Unstable bradycardia Symptomatic organophosphate poisoning	S-127, S-163 S-134, S-165	In organophosphate poisoning, titrate atropine to SLUDGEM symptoms, not to tachycardia.	
CALCIUM CHLORIDE (CaCl ₂)	Crush injury with compression of extremity or torso ≥2 hours (Adult) Suspected calcium channel blocker OD with SBP <90 mmHg (Adult) Suspected hyperkalemia in hemodialysis patient in presence of widened QRS complex or peaked T waves (Adult) Suspected hyperkalemia in PEA/asystole	S-127, S-163 S-131 S-134 S-139	Hemodialysis patients with suspected hyperkalemia and widened QRS complex should immediately receive CaCl ₂ . Give IV over 30 seconds. Avoid use in small veins (feet/hands) as extravasation of CaCl ₂ can cause necrosis.	

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
CHARCOAL (no Sorbitol)	Ingestion	S-134, S-165	Assure patient has gag reflex and is cooperative. If not vomiting and ingestion within 60 min, activated charcoal SO with any of the following: 1. Acetaminophen 2. Colchicine 3. Beta blockers 4. Calcium channel blockers 5. Salicylates 6. Sodium valproate 7. Oral anticoagulants (including rodenticides) 8. Paraquat 9. Amanita mushrooms For pediatric ingestions, if ingestion within 60 minutes and recommended by Poison Center SO.	Isolated alcohol, heavy metal, caustic agents, hydrocarbons, or iron ingestion.
DEXTROSE 50% (D ₅₀) (Adult) OR DEXTROSE 10% (D ₁₀) (Pediatric)	Symptomatic hypoglycemia with altered LOC or unresponsive to oral glucose agents with BS <60 mg/dL (Neonate <45 mg/dL)	S-123, S-161	Repeat BS not indicated en route if patient improving. Repeat BS must be done if patient left on scene and initial was abnormal (AMA/Release).	
DIPHENHYDRAMINE	Allergic reaction Anaphylaxis Extrapryramidal reactions	S-122, S-162 S-134, S-165	Administer slow IV.	

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
EPINEPHRINE (PUSH-DOSE)	Anaphylaxis with hypotension for age (Pediatric) Anaphylaxis with SBP <90 mmHg (Adult) Discomfort/Pain of cardiac origin with associated shock Neurogenic shock (Adult) Neurogenic/cardiogenic/anaphylactic shock (Pediatric) Newborn deliveries with sustained HR<60 Non-traumatic, hypovolemic shock (Adult) ROSC with hypotension for age (Pediatric) ROSC with SBP <90mmHg (Adult) Sepsis Unstable bradycardia (after atropine or TCP)	 S-122, S-162 S-126 S-127, S-163 S-133, S-166 S-138, S-168 S-143, S-177	 Titrate to maintain systolic SBP \geq 90 (Adult) or adequate perfusion (Pediatric). Administer slowly and stop administration when clinical effect is achieved. Check BP and monitor perfusion status after each 1 mL dose (or per drug chart for pediatric). Continue close monitoring to identify need for repeat dosing.	 Mixing instructions: 1. Remove 1 mL normal saline (NS) from the 10 mL NS syringe 2. Add 1 mL of epinephrine 1:10,000 (0.1 mg/mL) to 9 mL NS syringe The mixture now has 10 mL of epinephrine at 0.01 mg/mL (10 mcg/mL) concentration.

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
EPINEPHRINE	Anaphylaxis Cardiac arrest (VF/VT/PEA/Asystole) Cardiac arrest with hypothermia No improvement after epinephrine via nebulizer x2 or impending respiratory/airway compromise Respiratory distress with stridor Severe respiratory distress/failure or inadequate response to albuterol/ipratropium bromide Unstable bradycardia (Pediatric)	S-122, S-162 S-127, S-163 S-136, S-167 S-168 S-170 S-176	Cardiac arrest with hypothermia: Limit epinephrine to 1 dose and withhold antiarrhythmic medications until temperature $\geq 86^{\circ}\text{F}$ / $\geq 30^{\circ}\text{C}$. Epinephrine IM: Use caution if known cardiac history, history of hypertension, SBP >150 mmHg, or age >40.	
FENTANYL CITRATE	MODERATE pain (score 4 - 6) or SEVERE pain (score 7 - 10) or Refusal/contraindication to acetaminophen or ketamine	S-141, S-173	Changing route of administration requires BHO (e.g., IV to IM or IM to IN). May be co-administered with other analgesics with appropriately adjusted doses (i.e., a lower dose of ketamine/fentanyl/morphine). Changing analgesic requires BHO (e.g., fentanyl to ketamine). Treatment with opioids if SBP <100 mmHg requires BHO . BHPO required for: <ul style="list-style-type: none"> • Isolated head injury • Acute onset severe headache • Drug/ETOH intoxication • Major trauma with GCS <15 • Suspected active labor 	

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
GLUCAGON	Suspected beta blocker OD with cardiac effects (e.g., bradycardia with hypotension) Unable to start IV in patient with symptomatic hypoglycemia with altered LOC or unresponsive to oral glucose agents if BS <60 mg/dL (Neonate <45 mg/dL)	S-123, S-161 S-134 S-144	High doses of glucagon may cause nausea/vomiting.	
IPRATROPIUM BROMIDE	Anaphylaxis with respiratory involvement Respiratory distress with bronchospasm (Pediatric) Respiratory distress of non-cardiac origin (Adult)	S-122, S-162 S-136, S-167	Added to first dose of albuterol via continuous O ₂ powered nebulizer. If concerned about aerosolized infectious exposure, use patient's ipratropium bromide MDI, if available, or withhold ipratropium bromide.	

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
KETAMINE	For moderate to severe pain (score ≥ 5) with trauma, burns, or envenomation injuries	S-141	Must meet all requirements: <ul style="list-style-type: none"> • ≥ 15 years old • GCS of 15 • Not pregnant • No known or suspected alcohol or drug intoxication May be co-administered with other analgesics with appropriately adjusted doses (i.e., a lower dose of ketamine/fentanyl/morphine). Administer very slowly IV (over 1-2 min). Changing route of administration requires BHO (e.g., IV to IM or IM to IN). Changing analgesic requires BHO (e.g., fentanyl to ketamine). BHPO required for: <ul style="list-style-type: none"> • Isolated head injury • Acute onset severe headache • Drug/ETOH intoxication • Major trauma with GCS < 15 • Suspected active labor 	Pediatric patients (14 years of age or younger).
LIDOCAINE	Persistent pulseless VF/VT after 3 defibrillation attempts Prior to IO fluid infusion in the conscious patient Pulse ≥ 60 status post-defibrillation (defibrillation/AED) Reported/witnessed ≥ 2 AICD firing and pulse ≥ 60 Stable VT	S-104 S-127, S-163	Adult doses should be given in increments rounded to the nearest 20mg amount. In the presence of shock, CHF, or liver disease, the repeat bolus is recommended at 10 min intervals.	Second and third-degree heart block and idioventricular rhythms.

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
LIDOCAINE JELLY (2%)	Intubation or nasopharyngeal airway placement	S-104	Apply to ET tube or nasal airway PRN	
MIDAZOLAM	Consider prior to cardioversion Consider prior to external pacemaker Eclampsia (seizures) Partial seizure lasting >5 min (includes seizure time prior to arrival of prehospital provider) Severely agitated and/or combative patient requiring restraint for patient or provider safety Status epilepticus seizure	S-123, S-161 S-127, S-163 S-133, S-166 S-142, S-175	Pre-cardioversion sedation is recommended whenever possible. Consider lower dose of midazolam for pre-cardioversion with attention to age and hydration status. For severely agitated or combative patients, IN or IM midazolam is the preferred route to decrease risk of injury to the patient and personnel. Alert: Co-administration of midazolam in patients with alcohol intoxication can cause respiratory depression. Consider avoiding or reducing midazolam dose. Severely agitated and/or combative patient requiring restraint for patient or provider safety midazolam SO ≥8 years, BHO < 8 years.	

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
MORPHINE SULPHATE	MODERATE pain (score 4 - 6) or SEVERE pain (score 7 - 10) or Refusal /contraindication to acetaminophen or ketamine	S-141, S-173	Changing route of administration requires BHO (e.g., IV to IM or IM to IN). Changing analgesic requires BHO (e.g., fentanyl to ketamine). May be co-administered with other analgesics with appropriately adjusted doses (i.e., a lower dose of ketamine/fentanyl/morphine). Treatment with opioids if SBP <100 mmHg requires BHO . BHPO required for: <ul style="list-style-type: none"> • Isolated head injury • Acute onset severe headache • Drug/ETOH intoxication • Major trauma with GCS <15 • Suspected active labor 	
NALOXONE	Symptomatic suspected opioid OD with respiratory depression (RR<12], SpO2<96%, or EtCO2 ≥40 mmHg). Titrate slowly in opioid-dependent patients. (Adult) Symptomatic suspected opioid OD with respiratory depression (RR low for age, SpO2<96%, or EtCO2 ≥40 mmHg). Titrate slowly in opioid-dependent patients. (Pediatric)	S-123, S-161 S-134, S-165	If patient refuses transport, give additional naloxone IM SO. If patient refuses transport, consider dispensing Leave Behind Naloxone 4 mg nasal spray preloaded device with education for patient and household members SO.	
NITROGLYCERIN (NTG)	Discomfort/pain of suspected cardiac origin with SBP ≥100mmHg Fluid overload with rales in hemodialysis patient Respiratory distress with suspected CHF/cardiac origin	S-126 S-131 S-136		Suspected intracranial bleed. NTG is contraindicated in patients who have taken: <ul style="list-style-type: none"> • erectile dysfunction medications such as sildenafil (Viagra®), tadalafil (Cialis®), and vardenafil (Levitra®) within 48 hours; and • pulmonary hypertension medications such as sildenafil (Revatio®) and epoprostenol sodium (Flolan® and Veletri®).

MEDICATION	INDICATIONS	PROTOCOL	COMMENTS	CONTRAINDICATIONS
NORMAL SALINE	Definitive therapy	All	Definitive therapy defined as immediate or anticipated immediate need for administration of a fluid bolus or medications.	Rales is a relative contraindication for fluid bolus. Fluid bolus may be administered regardless of lung sounds in adult sepsis (S-143), and one time only in pediatric sepsis (S-177).
ONDANSETRON	Nausea and/or vomiting	S-120 S-174	BHPO in the pediatric patient with suspected head injury.	
SODIUM BICARBONATE (NaHCO ₃)	Crush injury with compression of extremity or torso ≥2 hours Suspected hyperkalemia in hemodialysis patient in presence of widened QRS complex or peaked T waves Suspected hyperkalemia in PEA/asystole Suspected tricyclic antidepressant OD with cardiac effects (e.g., hypotension, heart block, or widened QRS)	S-127, S-163 S-134, S-165 S-131 S-139, S-169	Flush IV tubing between medication administration.	